



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

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Goleta, CA 93111-1646

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Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

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Fr. John Carrillo 805-968-2448
Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached priest

Deacons:

Dn. Howard Shannon
Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young
Dn. Rico Paul Monge

Music Director/Administrator:

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Parish Council:

Dana Alexander, President
Dan Braun, Treasurer
Douglas Meyer, Secretary
Katie AbuGhazaleh
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, September 9, 2012

Tone 5 / Eothinon 3

Sunday before the Exaltation of the Holy Cross,
After-Feast of the Nativity of the Theotokos &
Synaxis of the ancestors of God, Joachim and Anna
Great-martyr Severian of Sebastia; Holy Fathers of the
Third Ecumenical Council



WELCOME TO OUR VISITORS!

We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion. Please join us at Coffee Hour ~ we'd love to meet you!

Calendar for this Week

Sunday, September 9

- 9:00 a.m. Matins
10:00 a.m. Divine Liturgy & blessing of Religious Education teachers and College Students
11:45 a.m. Coffee Hour/Showing of Final Video from Project Mexico Team

Monday September 10

- 6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal

Tuesday, September 11

- 5:30 p.m. Daily Vespers

Wednesday, September 12

- 6:45 a.m. Daily Matins
12:00 p.m. Women's Prayer Group

Thursday, September 13

- 5:30 p.m. Daily Vespers
7:00 p.m. Vesperal-Liturgy for
FEAST OF THE CROSS

Friday, September 14-Elevation of the Cross

- 6:45 a.m. Daily Matins

Saturday, September 15

- 7:30 a.m. Clergy Meeting
4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers/Confessions

Sunday, September 16

- 8:45 a.m. Religious Ed. Ages 3-17
9:00 a.m. Matins
10:00 a.m. Divine Liturgy & blessing of Students
11:45 a.m. Coffee Hour
3:00 p.m. Wedding (Phil Brewer & Monica Cardenas)

Sunday Morning Ministries Schedule

Eucharist Bread

- Sept. 9 Mark Kern
Sept. 16 Gish
Sept. 23 McConnell
Sept. 30 Meyer

Coffee Hour

- Sept. 9 Wallace
Sept. 16 Nikolov
Sept. 23 Olga Gabrie & Family
(for her birthday on 9/28)
Sept. 30 CHOIR for St. Romanos

Greeters

- Sept. 9 K. & L. Jacobs
Sept. 16 S. & C. Shackelford
Sept. 23 D. & D. Alexander
Sept. 30 P. Morrison/D. Genatone

Ushers

- Sept. 9 K. Jacobs, G. Braun, P. King
Sept. 16 Scott & Luke Speier, P. Brunner
Sept. 23 D. Meyer, Barre, Lewis
Sept. 30 Craig & Gabe Speier, K. Jacobs

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
(“Glory to You, Who have shown us the light...” - Complete text is
in the front of the Liturgy Book.)

THE LITURGY OF THE WORD

THE GREAT LITANY

First Antiphon verses for the feast of the Nativity of the Theotokos with refrain:

Vs. O Lord, remember David and all his meekness. Lo, we heard of it at Ephratha;
we found it in the fields of the wood.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Glorious things are spoken of thee, O city of God. *[Refrain]*

Vs. God is in the midst of her; she shall not be moved. *[Refrain]*

Vs. *Glory...now & ever...Amen. [Refrain]*

Second Antiphon verses for the feast of the Nativity of the Theotokos & refrain

Vs. The Lord hath sworn in truth unto David; and He will not turn from it. Of the
fruit of thy body will I set upon thy throne.

**Refrain: O Son Of God Who rose from the dead, save us who sing to
Thee, Alleluia!**

Vs. There will I make the horn of David to bud; I have ordained a lamp for mine
anointed. *[Refrain]*

Vs. For the Lord hath chosen Zion; He hath desired it for His habitation.
[Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

Third Antiphon

Vs. Here will I dwell, for I have desired it.

Refrain:

**Your nativity, O Virgin,
has proclaimed joy to the whole universe!
The Sun of righteousness, Christ our God,
has shone from you, O Theotokos.
By annulling the curse,
He bestowed a blessing.//
By destroying death, He has granted us eternal life.**

Vs. The most high hath sanctified his tabernacle. [**Refrain**]

Vs. Holy is Thy temple, and wonderful in righteousness. [**Refrain**]

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY:

Troparion of the Resurrection

Tone 5

(Music on p. 47 of Liturgy Book)

Let us believers praise and worship the Word,
co-eternal with the Father and the Spirit,
born of the Virgin for our salvation.
For He took pleasure in ascending the Cross in the flesh
to suffer death and to raise the dead by His glorious resurrection.

Troparion for the Feast of the Nativity of the Theotokos

Tone 4

Your nativity, O Virgin,
has proclaimed joy to the whole universe!
The Sun of righteousness, Christ our God,
has shone from you, O Theotokos.
By annulling the curse,
He bestowed a blessing.//
By destroying death, He has granted us eternal life.

Troparion for Joachim and Anna**Tone 1**

Since you were righteous under the law of grace,
O Joachim and Anna,
you gave birth to the God-given infant for our sake.
Therefore, the divine Church radiantly keeps feast today,
Joyfully celebrating your honorable memory and giving ^glory to God, //
Who has raised up a horn of salvation from the house of David.

Troparion to St. Athanasius (Music on p. 54 of Liturgy Book)**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Feast of the Nativity of the Theotokos**Tone 4**

By your nativity, most pure Virgin, Joachim and Anna are freed from barrenness,
Adam and Eve from the corruption of death.
And we, your people, freed from the guilt of sin, celebrate and sing to You:
“The barren woman gives birth to the Theotokos, the Nourisher of our Life.”

TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)**Tone 6**

O Lord save Thy people and bless Thine inheritance. (Ps. 28:9)

Verse: *To Thee will I cry, O Lord, O my God, do not be silent unto me. (Ps. 28:1)*

EPISTLE READING

Galatians 6:11-18

Brethren, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised and only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the Law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me and I to the world. For neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all, who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 1

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Vs. 1 I have exalted one chosen out of My people. **Alleluia** (Ps 88/89:20)

Vs. 2 For My hand shall defend him, and My arm shall strengthen him.
Alleluia (Ps 88/89:22)

THE GOSPEL READING

John 3:13-17

The Lord said, "No one has ascended into heaven but He who descended from heaven, the Son of man. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in Him should not perish but have eternal life."

For God so loved the world that He gave his only Son, that whoever believes in Him should not perish but have eternal life. For God sent His Son into the world, not to condemn the world, but that the world might be saved through Him.

LITURGY OF THE FAITHFUL

Meglynarion for the Nativity of the Theotokos (Hymn to the Mother of God)

Virginity is alien to mothers;

childbearing is strange for virgins.

But in you, O Theotokos, both are found.

Therefore without ceasing, we magnify you.

Hymn sung as the clergy receive the Eucharist:

Praise the Lord from the heavens; praise Him in the Highest!

For the feast of the Nativity of the Theotokos:

I will receive the cup of salvation and call on the name of the Lord.

(Ps 115/116:13) Alleluia, Alleluia, Alleluia!

Hymn during Communion of the People

Receive the Body of Christ, taste the fountain of immortality. Alleluia, alleluia, alleluia.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

THE NATIVITY OF THE MOST PURE VIRGIN

The Holy Virgin Mary was born of aged parents, Joachim and Anna. Her father was of the lineage of David, and her mother of the lineage of Aaron. Thus, she was of royal birth by her father and of priestly birth by her mother. In this, she foreshadowed Him Who would be born of her as King and High Priest. Her parents were quite old and had no children. Because of this they were ashamed before men and humble before God. In their humility they prayed to God with tears, to bring them joy in their old age by giving them a child, as He had once given joy to the aged Abraham and his wife Sarah by giving them Isaac. The Almighty and All-seeing God rewarded them with a joy that surpassed all their expectations and all their most beautiful dreams; for He gave them not just a daughter, but the Mother of God. She was Mary, Full of grace, Blessed among women, the Temple of the Holy Spirit, the Altar of the Living God, the Table of the Heavenly Bread, the Ark of God’s Holiness, the Tree of the Sweetest Fruit, the Glory of the race of man, the Praise of womanhood, and the Fount of virginity and purity.

CELEBRATIONS for THIS WEEK

Birthdays

- 9/09 Stephanie Braun
9/10 Dn. Howard Shannon
9/11 Joseph Ballew, Pablo John Monge
9/12 Tom Johnson
9/14 Michael Easbey
9/15 Dean Brunner

Patronal Feast Days

9/9 St. Anna, the Mother of the Theotokos

Shirley Dillon, Ginger Kronman, Michelle Madrigal, Sherie Shackelford,
Rebekah Cash

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

COFFEE HOUR SIGN-UP TIME

We still need Coffee Hour hosts for 13 Sundays during the 2012-2013 Liturgical Year. If you are a communing member of the parish, please take a look at the sign-up list and choose a date that works for you. Thanks!

TODAY DURING COFFEE HOUR we will view the final video summarizing the experience of our mission team to Mexico this past summer and we will hear from a few of the participants about their life-changing mission experience.

RELIGIOUS EDUCATION CLASSES BEGIN NEXT SUNDAY!

Please be sure to register all children ages 3-12 who will be participating in the Catechesis of the Good Shepherd this school year. You can access the online Google registration form from our website. Click the button on the homepage that says "2012 Religious Ed. Registra-

tion,” or pick up the brochure/registration form on the table in the narthex and drop it in the registration box.

MEETING WITH ALL TEENS AND THEIR PARENTS NEXT SUNDAY, SEPT 16TH AT 9:00 A.M.

Next Sunday, September 16th, Fr. Nicholas will meet with ALL youth in grades 7-12 and one or both of their parents from 9-10 a.m. to introduce our new Religious Education program for teens. (Location TBA) Please plan to attend and learn how the new combined Education/Social program for teens will be structured, who will be leading the teams, and a bit about the curriculum.

ADULT CATECHISM BEGINS AGAIN ON SATURDAY, SEPT. 15 AT 4:30 P.M.

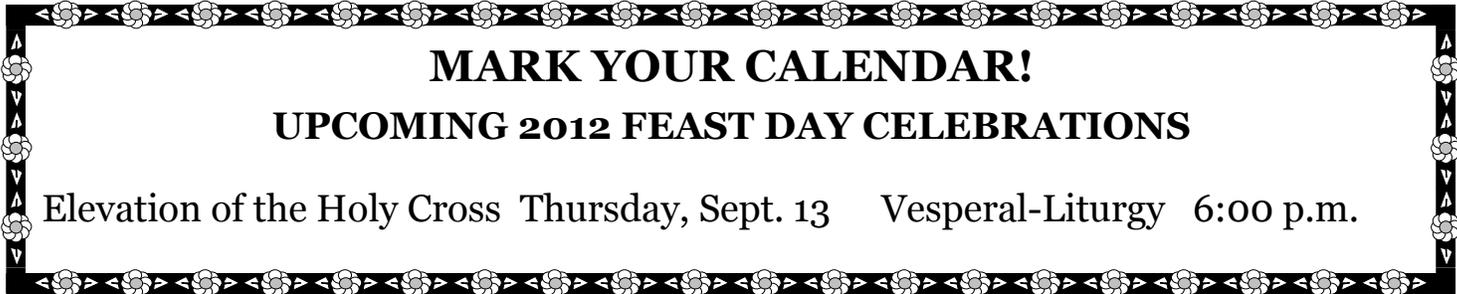
If you would like to participate in the class, please let Fr. Nicholas know, either in person or by e-mail: frnicholas@stathanasius.org.

MONTHLY MEN'S GATHERING

On Tuesday, September 25th, the men of the parish are invited to a gathering at the church, beginning with Vespers at 5:30 p.m., followed by a teaching, sharing, discussion, and ending with dinner out. Our goal is to grow together in Christ. We hope to make this a regular monthly gathering. Please consider joining us!

FOOD & TOILETRIES DRIVE FOR PROJECT MEXICO

Beginning next Sunday, September 16th, and ending on Sunday, September 30th, we will be collecting items on St. Innocent Orphanage's "Most Needed" list. Our goal is to collect 20 boxes (or jumbo bags of rice or beans) so that we can get the free shipping offered to Project Mexico by a local shipping company. A flyer will be distributed at Coffee Hour today with a shopping list and more details. On Sundays, you can drop off your donated items in the designated area underneath the T.V. screen in the fellowship hall. Help us to provide for the boys at St. Innocent Orphanage during the time of year when donations typically decrease. Growing boys need good nutrition!



MARK YOUR CALENDAR!

UPCOMING 2012 FEAST DAY CELEBRATIONS

Elevation of the Holy Cross Thursday, Sept. 13 Vespers-Liturgy 6:00 p.m.



ST. ATHANASIUS

Liturgical Arts Festival

**Exploring the Written and Spoken Word:
A Spiritual Journey through Poetry, Prose,
and the Tales of C.S. Lewis**

**Friday, October 19 &
Saturday, October 20, 2012**

St. Athanasius Orthodox Church, 5580 Calle Real, Goleta, CA 93111



Presenters:

Scott Cairns - Poet, Author, 2006 Guggenheim Fellow, Professor

**Rev. Fr. Andrew Cuneo - C.S. Lewis Scholar (D.Phil -Oxford Univ.),
Professor of English Literature - St. Katherine College**

Friday, October 19, 2012

- | | |
|-----------------|--|
| 6:00-7:00 p.m. | Icon Guild Exhibit open, book store open, tours of church |
| 7:00-8:00 p.m. | "Trusting the Word: Poetry as a Way of Knowing" - Scott Cairns |
| 8:00-9:00 p.m. | "What if Narnia were True?" - Fr. Andrew Cuneo |
| 9:00-10:00 p.m. | Reception, book signing, book store open |

Saturday, October 20, 2012

- | | |
|------------------|--|
| 2:00 -3:00 p.m. | Icon Guild Exhibit open, book store open, tours of church |
| 3:00 - 4:15 p.m. | "Head, Heart, and Belly: C.S. Lewis on Becoming a Complete Human Being"
- Fr. Andrew Cuneo, based on C.S. Lewis' <i>The Abolition of Man</i> . |
| 6:00 p.m. | Vespers (Evening Service of Repentance and Thanksgiving) |
| 7:00-8:15 p.m. | "Our Journey through the Valley of the Shadow" - Scott Cairns
(based on his books <i>The End of Suffering</i> and <i>Short Trip to the Edge</i>) |
| 8:15 p.m. | Reception, book signing, book store open |

*The festival is produced with the blessing of His Eminence, Abp. JOSEPH
of the Antiochian Orthodox Christian Diocese of Los Angeles and the West.*



PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

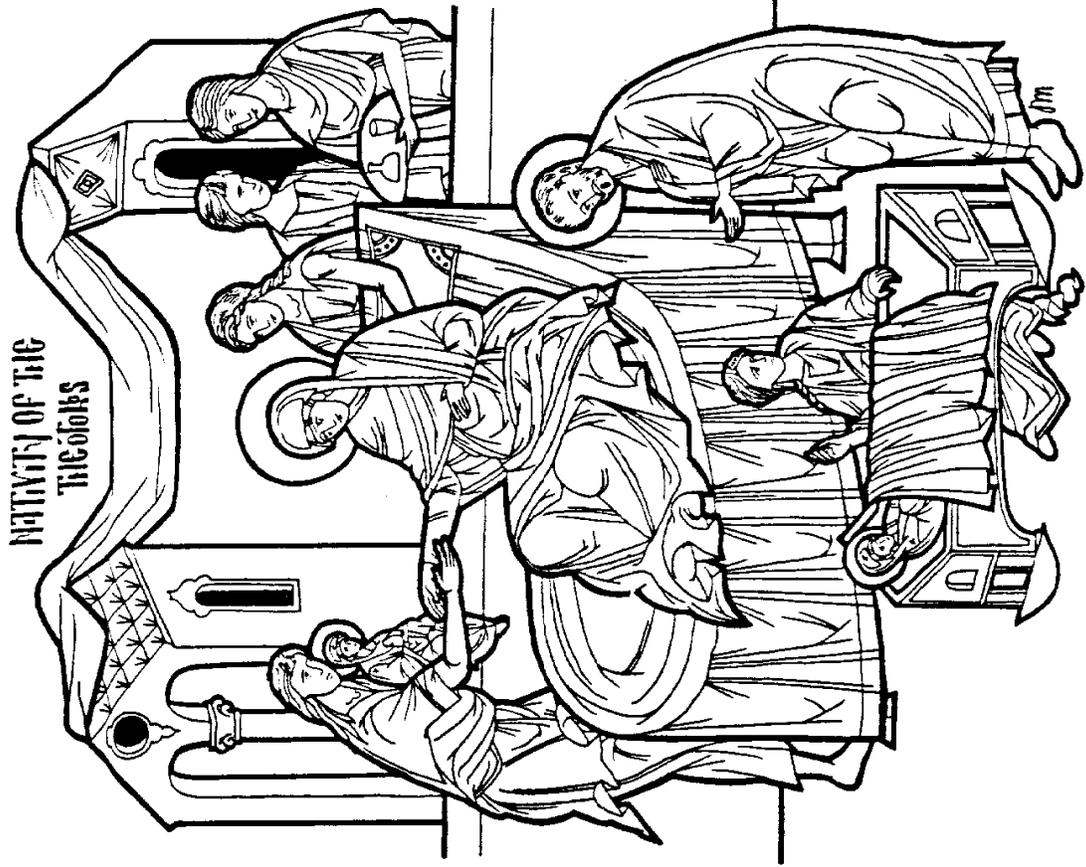
Metropolitan PHILIP	John H.	Dn. Howard S.
Archbp. JOSEPH	Leona G.	Jill B..
Kh. Marilyn G.	Presbyteria Katherine H.	Keith V.
Fr. Alexander Atty	Mick K.	Kh. Terri Elizabeth B.
Mother Victoria	Cole K.	Fran R.
Fr. Gordon & Mary Sue W.	Richard & Elizabeth	Brian S.
John Weldon H.	Jeanette	Jim M.
Josh & Dayli B.	Nataliya T. & Family	Frank A.
Greg & Margaret Y.	Sari W.	
Olga G.	Mary & Susan	

For repose of the souls of: Badia

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to "St. Athanasius Book Center."

All proceeds go to the parish Building Fund.



-For the children to color during
the homily or at home -