



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

5580 Calle Real
Goleta, CA 93111-1646

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-968-2448

Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached priest

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

Dn. Rico Paul Monge

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

Parish Council:

Dana Alexander, President

Dan Braun, Treasurer

Douglas Meyer, Secretary

Katie AbuGhazaleh

Karen Jacobs

Jon King

Laurence Lander

Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, December 2, 2012

**Tone 1 / Eothinon 4; Twenty-Sixth Sunday after
Pentecost & Fourteenth Sunday of Luke**

**The Holy Prophet Habakkuk; Martyr Habib the New;
Martyr Myrope of Chios; Venerable John, Heraclemon,
Theophilos and Andrew of Egypt; Martyr Stephen Urosh,
the Serbian king; Venerable Ioannikios of Devitch**



Habakkuk the Holy Prophet

WELCOME TO OUR VISITORS!

*We are glad you are with us this morning. If you are not
Orthodox, we invite you to partake of the
blessed bread during communion.*

Please join us at Coffee Hour ~ we'd love to meet you!

Calendar for this Week

Sunday, December 2

- 8:45 a.m. Religious Ed. Age 3-12
9:00 a.m. Fr. Nicholas will meet with all teens and their parents at the Elk's Lodge in teen classroom upstairs.
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Monday, December 3

- 6:45 a.m. Daily Matins
4:30 p.m. Outreach Meal served at St. Michael's in Isla Vista (High Schoolers serve dessert)
5:00 p.m. Vigil at St. Barbara Monastery
6:00 p.m. Vespers at St. Barbara parish

Tuesday, December 4-St. Barbara

- 9:00 a.m. Liturgy at St. Barbara parish
10:00 a.m. Liturgy at St. Barbara Monastery
10:30 a.m. Catechesis Level I
5:30 p.m. Daily Vespers

Wednesday, December 5

- 6:45 a.m. Daily Matins
12:00 p.m. Women's Prayer Group
6:00 p.m. Vespers-Liturgy for Feast of St. Nicholas

Thursday, December 6-St. Nicholas

- 5:30 p.m. Daily Vespers
7:00 p.m. Choir Rehearsal
7:00 p.m. Parish Council Meeting

Friday, December 7

- 6:45 a.m. Daily Matins

Saturday, December 8

- 4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers/Confessions
7:00 p.m. Rite-13 Tree Decorating Party

Sunday, December 9

- 8:45 a.m. Religious Ed. Age 3-12
9:00 a.m. Matins
10:00 a.m. Divine Liturgy/
Paul Wintz Chrismation
11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

- December 2 Giordani
December 9 Gish
December 16 Meyer
December 23 Washburn
December 24 Fr. Nicholas

Coffee Hour

- December 2 Lander
December 9 Berari
December 16 Lenhart/Ballew (in memory of Fr. Richard Ballew)
December 23 Vander Laan

Greeters

- December 2 P. King/D. Lewis
December 9 K. & L. Jacobs
December 16 S. & C. Shackelford
December 23 D. & D. Alexander
December 24 Genatone/Morrison

Ushers

- December 2 Jon King, G. Braun Jr., P. King
December 9 Scott & Luke Speier, P. Brunner
December 16 D. Meyer, Barre, Lewis
December 23 Craig & Gabe Speier, P. King
December 24 Jon King, G. Braun Jr., P. King

CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
**(“Glory to You, Who have shown us the light...” - Complete text is
in the front of the Liturgy Book.)**

THE LITURGY OF THE WORD

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto thy name, O Most High; To proclaim thy mercy in the morning, and thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him.
[Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits thy house, O Lord, forevermore. [Refrain]

Glory...now and ever and unto ages of ages, Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

The choir sings each verse of the Beatitudes, after which the congregation responds:
“Remember us, O Lord, when you come in your Kingdom.”

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY:

Troparion of the Resurrection (music on p. 40 of Liturgy Book) Tone 1

While the stone was sealed by the Jews,
and the soldiers were guarding Thy most pure body,
Thou didst arise on the third day,
O Savior, granting life to the world.
For which cause the heavenly pow’rs cried aloud unto Thee, O Giver of life;
Glory to Thy resurrection, O Christ!
Glory to Thy kingdom!
Glory to Thy providence, O Thou
Who alone art the lover of mankind.

Troparion to St. Athanasius (Music is on p. 54 of Liturgy Book) Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Preparation of Christ’s Nativity Tone 3

The virgin cometh today to the cave
to give birth, ineffably to bring forth the Word eternal.
Therefore, rejoice, O earth, at the message;
with the angels and shepherds give glory to Him
Who shall appear by His own will as a young child,
He who is from eternity God.

Preparatory Psalm Verses before the Epistle (Prokeimenon)**Tone 1**

Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

Verse: Rejoice in the Lord, O you righteous! Praise is becoming to the upright.
(Ps 32/33:1)

EPISTLE READING FOR THE DAY

Ephesians 5:8-19

Brethren, walk as children of light (for the fruit of light is found in all that is good and right and true), and try to learn what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is a shame even to speak of the things that they do in secret; but when anything is exposed by the light it becomes visible, for anything that becomes visible is light. Therefore it is said, "Awake, O sleeper, and arise from the dead, and Christ shall give you light."

Look carefully then how you walk, not as unwise men but as wise, making the most of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery; but be filled with the Spirit, addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with all your heart.

Alleluia Refrain and Psalm verses before the Gospel**Tone 1****(Music on p. 64 of Liturgy Book)****Chanter:** Alleluia, Alleluia, Alleluia!**People:** Alleluia, Alleluia, Alleluia!

Verse: It is God Who avenges me, and subdues people under me. (Ps 17/18:47)

Verse: He gives great deliverance to His King, and shows mercy to His anointed, to David and his seed forever. (Ps 17/18:50)

GOSPEL READING FOR THE DAY**Luke 18:35-43**

At that time, when Jesus drew near to Jericho, a blind man was sitting by the roadside begging; and hearing a multitude going by, he inquired what this meant. They told him, "Jesus of Nazareth is passing by." And he cried, "Jesus, Son of David, have mercy on me!" And those who were in front rebuked him, telling him to be silent; but he cried out all the

more, "Son of David, have mercy on me!" And Jesus stopped, and commanded him to be brought to him; and when he came near, Jesus asked him, "What do you want me to do for you?" He said, "Lord, let me receive my sight." And Jesus said to him, "Receive your sight; your faith has made you well." And immediately he received his sight and followed Jesus, glorifying God; and all the people, when they saw it, gave praise to God.

LITURGY OF THE FAITHFUL

Meglynarion (Hymn to the Mother of God)

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Hymn sung as the clergy receive the Eucharist:

Praise the Lord from the heavens; praise Him in the Highest!

Hymn during Communion of the People

Receive the Body of Christ, taste the fountain of immortality. Alleluia, alleluia, alleluia.

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

Orthodox wall calendars for 2013 are now available in the narthex of the church. One per family, please.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

ST. NICHOLAS LITURGY on December 5th

We will commemorate St. Nicholas of Myra this Wednesday evening, December 5th (on the eve of his feast day) at 6:00 p.m. with a Vesperal-Liturgy.

ADVENT PARAKLESIS

We will pray the beautiful Paraklesis service for Advent on Wednesday, December 12 and December 19 at 6:00 p.m.

THE PARISH COUNCIL will meet this Thursday at 7:00 p.m.

FREDERICA MATHEWES-GREEN will be speaking twice at Westmont College tomorrow, Monday, December 3rd. She will be in chapel speaking on the Annunciation (10:30 in the gymnasium). She will also give a talk on abortion at 4 p.m. that day in the Founders' Dining Room —Kerr Student Center, sponsored by Westmont's Pro-life Club.

FEAST OF ST. BARBARA THIS WEEK

Join the **Monastery of St. Barbara** in Santa Paula for their patronal feast day celebration.

Monday, Dec. 3rd: Vigil—5:00 p.m. Tuesday, Dec. 4th: Liturgy-10:00 a.m.

Or consider joining **St. Barbara parish** here in Santa Barbara:

Mon. Dec. 3rd: Vespers -6:00 p.m. Tues. Dec. 4th: Matins 8:00 a.m., Liturgy: 9:00 a.m.

MEN'S FELLOWSHIP will meet on Tuesday, December 11 beginning with Vespers at 5:30 p.m., followed by a 6:00 p.m. meeting and then dinner out.

ST. NICHOLAS NIGHT

On Sunday, December 16th at 5 p.m. we will recount the life of St. Nicholas through story and song, in a program presented by our children and teens. St. Nicholas will pay a visit, and the program will be followed by a reception. We need help with refreshments and clean-up. Please see the sign-up list in the hall today! Thanks! — Jan Speier, Angel Speier

NEW ADDRESS FOR RIVERA FAMILY

Helen and Angel Rivera are settled in Colorado and missing their church family. Consider dropping them a note this Christmas: 1237 S. Duquesne Circle, Aurora, CO 80018. ahriviera7@hotmail.com

DO YOUR HOLIDAY SHOPPING IN OUR BOOKSTORE!

An expanded bookstore will be set up for the next 3 Sundays so that you can purchase Christmas gifts. Be sure to take some time to take a look during Coffee Hour!

CELEBRATIONS for THIS WEEK

Birthdays

12/03 David McCalmont
12/05 Elizabeth (Lisa) Ballew
12/09 Leah Coe, Jesse Speier

Feast Day Celebrations-Dec. 2-9

Dec. 4 – Holy Great Martyr Barbara

Barbara Bohamed, Cheryl Washburn-Lander

St. Juliana

Julianna Friesen, Juliana Shackelford, Juliana Brunner

Dec. 6 – St. Nicolas the Wonderworker

Fr. Nicholas Speier, Nicholas Butler, Landon Jacobs, Nicholas Berari, Nicole Berari, Nikolay Nikolov, Kristen Rickard, Nikolai (Tinyayeva) Rice

Dec. 9 – St. Hannah

Hannah Sieck

MONDAY NIGHT “FINANCIAL PEACE UNIVERSITY” (FPU)

BASED ON THE TEACHING DVDs of DAVE RAMSEY

January 7-March 4, 2013 — Monday evenings at 7:00 p.m.,

St. Athanasius Orthodox Church, 5580 Calle Real in Goleta

Coordinated & led by Dn. Gary & Melissa Braun

Informational preview class — Monday, December 10th at 7 p.m.

The nine week class costs \$89 per couple/family/single. That includes the preview session, materials, and nine 90 minute class sessions.

Pre-registration is required. Even if you have told Dn. Gary or Melissa verbally that you would like to take the class, please also register online by using the following link:

<http://www.daveramsey.com/fpu/locations/org/42754/class/220736>

If we get at least 10 registrations by November 29, there will be no shipping charges for the materials. For those who register after that time, we'll have to charge for the shipping as well. Payment can be made when you receive your membership materials, either at the December 10th preview class or the the first class in January. Please tell your friends. This class is open to non-parish members and non-Orthodox families.

Please contact Melissa Braun(meljbraun@gmail.com) if you have any questions or if you do not have access to the internet to register. (683-8844)

Antiochian Orthodox Christian Archdiocese of North America

The Diocese of Los Angeles and the West

His Eminence, Archbishop JOSEPH

The Orthodox Advent Tradition

By: His Eminence, Archbishop JOSEPH

Contemplating the blessings of the Advent season, at times we ponder whether we have lost our blessings to the material world in which we live. Surrounded by ostentatious displays of wealth and unhealthy indulgences, we realize that they are slowly taking the place of more appropriate preparations for the celebration of Christmas. The very foundation of the Christmas Feast is the birth of an unassuming Child born quietly, humbly. The King of Glory was born of a mother who was turned away from every house, in a cave among the animals who could not speak.

Advent is the time of our preparation to meet the Lord of Lords. Certainly, we desire to offer our best gifts to the Christ Child, but they must be gifts of substance - the gifts of **prayer, repentance, forgiveness** and **love**. We want to adorn Him with our virtues.

In the words of King David, "A sacrifice to God is a broken spirit, a heart that is broken and humbled God will not despise." Advent gives us the opportunity to offer Him hearts that were broken but now healed, minds that were filled with turmoil now at peace and bodies once diseased now whole and healthy. These are the gifts that He desires of us – our entire person healed, changed and renewed through the despising and renouncing of sin.

Making the effort of fasting, heightened prayer and almsgiving during Advent prepare us to receive the Christ Child. How will He recognize us as His own if we are stained with pride, self-love and the stench of un-repentant sin? Meanwhile, when we repent truly and deeply, through our tears and His mercy, our sins are washed away and we are purified. He accepts us with great joy and is well pleased.

Advent is the time of year prescribed by the Holy Orthodox Church as an opportunity for renewal, for a re-dedication of our lives to Him. Just as He was born to give His life for us, so, too we renew ourselves and are born in the Spirit. In so doing, we offer ourselves to God just as our Lord Jesus Christ offered Himself for us on the Cross.

While we speak of the birth of Christ, we remember His offering on the Cross. Just as Advent is the foreshadowing of Great Lent, one is the preparation for the joy of the Resurrection and the other lays the groundwork for the same event through His Incarnation. We are reminded that Christ was first born incarnate and then resurrected. We follow that example, seizing the opportunity for spiritual renewal.

Repentance in any moment gives us the gift of renewal. After Baptism, repentance through confession and liberating ourselves from sin, places us in a restored state and now properly prepared to experience the true joy of the Feast of the Nativity.

As my beloved in Christ, I urge you not to be 'distracted with much serving' as was Martha during Jesus' visit. In gratitude for all that He has blessed you with, "choose the good part which will not be taken from you". This Advent, make a change and prepare the best gift possible for the Greatest Guest. Prepare yourselves in order to receive the true joy of this Holy Season - the realization that the Savior is born within you.

Christ is Born! Glorify Him!

TEEN SCENE

RITE -13 plus (Grades 7-9)

Sunday, December 2—All teens and parents meet with Fr. Nicholas at 9:00 a.m.

Saturday, December 8 at 6 p.m.—Vespers, followed by tree decorating, food, cider, and fun!!!

January 18th-21st– WINTER CAMP at Camp St. Nicholas : "Following Christ to the Cross. Register at <http://www.campstnicholas.com>. Early bird price of \$130 if registered on or before December 1st. And \$140 after December 1st.

YAC (Young Adults in Church- Grades 10-12)

Sunday, December 2—All teens and parents meet with Fr. Nicholas at 9:00 a.m.

Monday December 3rd 4:15pm- 7 pm- Provide dessert and serve for St. Brigid's Outreach meal, Out to dinner as a group afterwards. **[NOTE EARLIER TIME FOR WINTER.]**

Saturday December 29th 6 pm- 9 pm – Vespers/Dinner/Christmas Party

Monday January 14th from 4:15pm- 7 pm- Provide dessert and serve for St. Brigid's Outreach meal, out to dinner as a group afterwards. **[NOTE EARLIER TIME FOR WINTER.]**

January 18th-21st– WINTER CAMP at Camp St. Nicholas : "Following Christ to the Cross." Register at <http://www.campstnicholas.com>. Early bird price of \$130 if registered on or before December 1st. And \$140 after December 1st.

Saturday Jan 26th from 4 pm-10 pm- Vespers @ St. Herman's Orthodox Church in Ox-nard/Dinner/Sky High

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

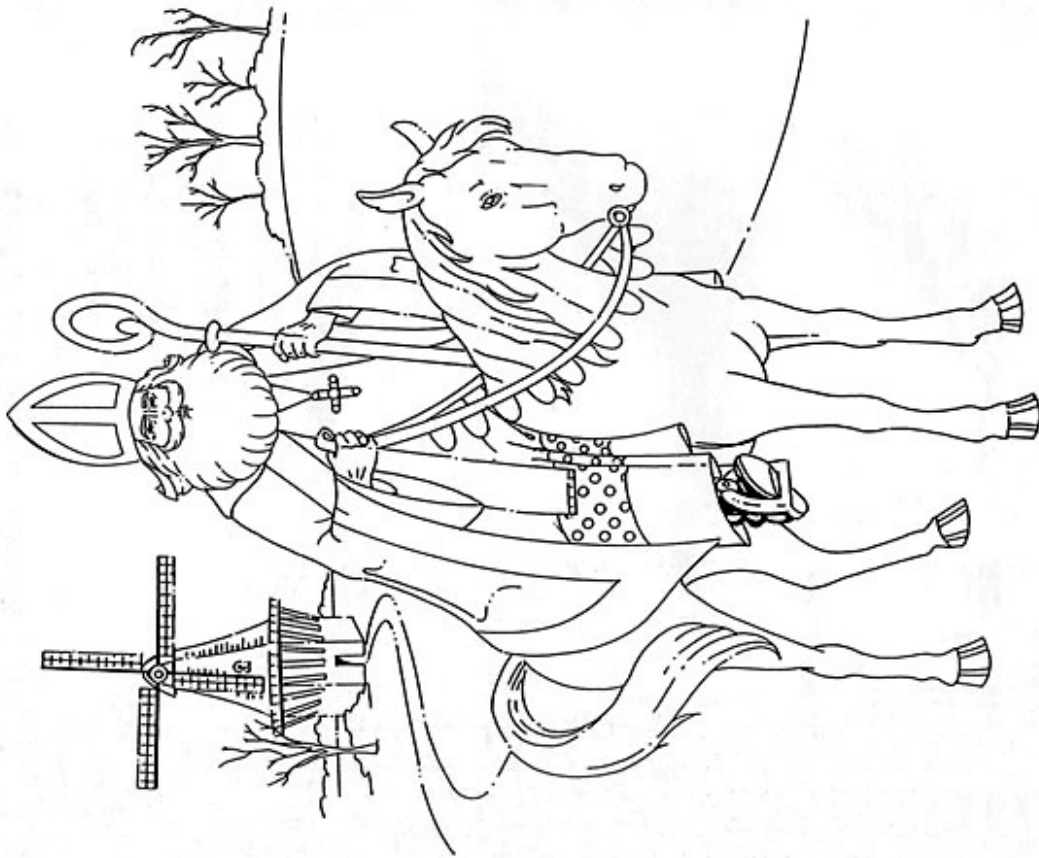
- | | | |
|--------------------------|--------------------------|----------|
| Metropolitan PHILIP | Olga G. | Fran R. |
| Archbp. JOSEPH | Leona G. | Brian S. |
| Fr. Alexander Atty | Presbyteria Katherine H. | Jim M. |
| Mother Victoria | Mick K. & Family | Frank A. |
| Fr. Gordon & Mary Sue W. | Richard & Elizabeth | Pat M. |
| John Weldon H. | Sari W. | Marta C. |
| Greg & Margaret Y. | Mary & Susan | Joy |

For repose of the souls of: Theophano, Roman, John H., Charles James B., Patriarch Maxim of Bulgaria, Fran H.

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to “St. Athanasius Book Center.”

All proceeds go to the parish Building Fund.



Holy Father, St. Nicholas, pray for us!

-For the children to color during
the homily or at home -