



# ST. ATHANASIOS ANTIOCHIAN ORTHODOX CHURCH

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5580 Calle Real  
Goleta, CA 93111-1646

## Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-968-2448

Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached priest

## Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

Dn. Rico Paul Monge

## Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

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## Parish Council:

Dana Alexander, President

Dan Braun, Treasurer

Douglas Meyer, Secretary

Katie AbuGhazaleh

Karen Jacobs

Jon King

Laurence Lander

Craig Speier

## LITURGY OF ST. JOHN CHRYSOSTOM

February 10, 2013

Tone 3 / Eothinon 3

**Hieromartyr Haralambos, Bishop of Magnesia &**

**Sixteenth Sunday of Matthew**

The companions of Haralambos;

Venerable Zenon the ascetic of Antioch



**Hieromartyr Haralambos**

## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion.*

*Please join us at Coffee Hour ~ we'd love to meet you!*

## *Calendar for this Week*

### **Sunday, February 10**

8:45 a.m. Rel. Education ages 3-18  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:30 a.m. Coffee Hour  
5:00 p.m. YAC—Fire on Father

### **Monday, February 11**

6:45 a.m. Daily Matins  
10:30 a.m. Religious Ed.-Level I Atrium  
4:15 p.m. St. Brigid Outreach dinner at  
St. Michael's in Isla Vista  
7:00 p.m. Financial Peace University

### **Tuesday, February 12**

5:30 p.m. Daily Vespers  
6:00 p.m. Men's Fellowship

### **Wednesday, February 13**

6:45 a.m. Daily Matins  
12:00 p.m. Women's Prayer Group  
6:00 p.m. Outreach Team Meeting  
7:00 p.m. Choir Rehearsal

### **Thursday, February 14**

**HAPPY VALENTINES DAY!**

**HAPPY BIRTHDAY, FR. NICHOLAS!**

5:30 p.m. Daily Vespers

### **Friday, February 15**

6:45 a.m. Daily Matins

### **Saturday, February 16**

**RITE-13 SERVICE PROJECT**

8am-4pm Icon Guild Class  
4:30 p.m. Adult Catechism  
6:00 p.m. Great Vespers/Confessions

### **Sunday, February 17**

**PARISH ANNIVERSARY CELEBRATION**

8:45 a.m. Rel. Education ages 3-18  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:30 a.m. Coffee Hour

### ***Sunday Morning Ministries Schedule***

#### **Eucharist Bread**

February 10 Dn. G. Braun  
February 17 Gish  
February 24 Giordani  
March 3 Meyer

#### **Coffee Hour**

February 10 Ben Hedges Family commemorating St. Theodora the Empress in honor of Sydney Theodora  
February 17 Adult Singles  
February 24 Dillon  
March 3 Franzen Family

#### **Greeters**

February 10 P. Morrison/D. Genatone  
February 17 P. Matthews/D. Washburn  
February 24 E. Fryer/L. Shackelford  
March 3 C. & C. Giordani

#### **Ushers**

February 10 Craig & Gabe Speier, R. Schneider  
February 17 Jon King, G. Braun Jr., R. Barre  
February 24 S. & L. Speier, P. Brunner  
March 3 Meyer, Barre

## **CHANGEABLE TEXTS FOR THE DAY**

**AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.**  
**(“Glory to You, Who have shown us the light...” - Complete text is**  
**in the front of the Liturgy Book.)**

### **THE LITURGY OF THE WORD**

#### **GREAT LITANY**

##### **FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto thy name, O Most High; To proclaim thy mercy in the morning, and thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

##### **SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.  
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.  
Blessed are those who mourn, for they shall be comforted.  
Blessed are the meek, for they shall inherit the earth.  
Blessed are those who hunger and thirst after righteousness, for they shall be filled.  
Blessed are the merciful, for they shall obtain mercy.  
Blessed are the pure in heart, for they shall see God.  
Blessed are the peacemakers, for they shall be called the sons of God.  
Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.  
Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.  
Rejoice and be exceedingly glad, for great is your reward in heaven.

### **AT THE LITTLE ENTRANCE WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY:**

#### **Troparion of the Resurrection**

**Tone 3**

**(Music on page 44 of Liturgy Book)**

Let the heavens rejoice and the earth be glad,  
for the Lord hath done a mighty act with His own arm.  
He hath trampled down death by death  
and become the first born from the dead.  
He hath delivered us from the depths of Hades,  
granting the world the great mercy.

#### **Troparion for St. Haralambos, Bishop of Magnesia**

**Tone 4**

You became a firm pillar in the Church of Christ, wise Haralambos;  
a lamp of everlasting light to the world:  
well known to the world through your martyrdom,  
you dispelled the dark night of idolatry.//  
Boldly intercede with Christ God that He may save our souls!

**Troparion to St. Athanasius (Music on p. 54 of Liturgy Book)****Tone 3**

Holy Bishop Athanasius, you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God that He may grant us abundant mercy.

**Kontakion - Ordinary Sundays****Tone 4**

O undisputed intercessor of Christians,  
O mediatrix, who is unrejected by the creator.  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith,  
for thou art good. Hasten to us with intercessions, O Theotokos,  
who dost always intercede for those who honor thee.

**TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)  
(Page 58 of Liturgy Book)****Tone 3**

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

**Verse:** Clap your hands all you peoples!

Shout to God with a voice of joy! (*Ps 46/47:1*)

**Epistle Reading— 2 Timothy 2:1-10**

Timothy, my son, be strong in the grace that is in Christ Jesus, and what you have heard from me before many witnesses entrust to faithful men who will be able to teach others also. Share in suffering as a good soldier of Christ Jesus. No soldier on service gets entangled in civilian pursuits, since his aim is to satisfy the one who enlisted him. An athlete is not crowned unless he competes according to the rules. It is the hard-working farmer who ought

to have the first share of the crops. Think over what I say, for the Lord will grant you understanding in everything.

Remember Jesus Christ, risen from the dead, descended from David, as preached in my Gospel, the Gospel for which I am suffering and wearing fetters like a criminal. But the word of God is not fettered. Therefore I endure everything for the sake of the elect, that they also may obtain salvation in Christ Jesus with its eternal glory.

### **Alleluia Refrain and Psalm verses before the Gospel**

**Tone 3**

**Chanter:** Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

**Verse:** In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

**Verse:** Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

### **Gospel Reading— Matthew 25:14-30, Luke 8:8**

The Lord spoke this parable: "A man going on a journey called his servants and entrusted to them his property; to one he gave five talents, to another two, to another one, to each according to his ability. Then he went away. He who had received the five talents went at once and traded with them; and he made five talents more. So also, he who had the two talents made two talents more. But he who had received the one talent went and dug in the ground and hid his master's money. Now after a long time the master of those servants came and settled accounts with them. And he who had received the five talents came forward, bringing five talents more, saying, 'Master, you delivered to me five talents; here I have made five talents more'. His master said to him, 'Well done, good and faithful servant; you have been faithful over a little, I will set you over much; enter into the joy of your master.' And he also who had the two talents came forward, saying, 'Master, you delivered to me two talents; here I have made two talents more'. His master said to him, 'Well done, good and faithful servant; you have been faithful over a little, I will set you over much; enter into the joy of your master'. He also who had received the one talent came forward, saying, 'Master, I knew you to be a hard man, reaping where you did not sow, and gathering where you did not winnow. So I was afraid, and I went and hid your talent in the ground. Here you have what is yours'. But his master answered him, 'You wicked and slothful servant! You knew that I reap where I have not sowed, and gather where I have not winnowed? Then you ought to have invested my money with the bankers, and at my coming I should have received what was my own with interest. So take the talent from him, and give it to him who has the ten talents. For to everyone who has will more be given, and he will have abundance; but from him who has not, even what he has will be taken away. And cast the worthless servant into the outer darkness; there men will weep and gnash their teeth'. As he said this, he called out, "He who has ears to hear, let him hear."

## LITURGY OF THE FAITHFUL

### **Meglynarion for the Feast of the Presentation of Our Lord (Hymn to the Mother of God—p. 27 of Liturgy book)**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### **Communion of the Clergy (Liturgy Book page 32)**

Praise the Lord from the heavens! Praise Him in the highest! (Ps 148:1)

### **Communion of the People (Liturgy Book page 33)**

Receive the Body of Christ, taste the fountain of immortality.

### ***HOLY COMMUNION***

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

### **Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## **CENTRAL COAST ORTHODOX CHURCHES WILL CELEBRATE THE SUNDAY OF ORTHODOXY MARCH 24th IN SANTA MARIA**

The Central Coast parishes will celebrate The Sunday of Orthodoxy this year on March 24th, the Eve of Annunciation, at Annunciation Parish in Santa Maria. We will con-celebrate Vespers for the feast of Annunciation (plus some of the hymns for Sunday of Orthodoxy). More information will follow in the coming weeks.

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: **[www.stathanasius.org](http://www.stathanasius.org)**.

### **PARISH ANNIVERSARY**

On Sunday, February 17th, we will celebrate the anniversary of our parish with a special coffee hour hosted by the adult singles of the parish.

### **MEETING OF MINISTRY TEAM LEADERS MOVED TO MARCH 30th**

The ministry team leaders will meet on Saturday, March 30th from 9-11 a.m. instead of February 23rd because of several scheduling conflicts, including the seminar in Riverside with Metropolitan Kallistos Ware. Team leaders will be receiving more information soon.

**MEN'S FELLOWSHIP** will meet this Tuesday, February 12, beginning with Vespers at 5:30 p.m. We will continue our study of the Book of Romans at 6:00 p.m.

**HAVE YOU MOVED RECENTLY OR CHANGED PHONE NUMBERS OR E-MAIL?** Please email your new contact information to the church office: [office@stathanasius.org](mailto:office@stathanasius.org) or call 805-685-5400.

## ***CELEBRATIONS for THIS WEEK***

### **Wedding Anniversaries**

2/13        Tom and Darbi Johnson

### **Birthdays**

2/12        Ginger Gillquist  
2/14        Fr. Nicholasl Speier  
2/15        Margaret Easbey, John Heiduk  
2/16        Lee Jacobs

### **Feast Day Celebrations**

2/10	St. Anna of Novgorod	Anya Madrigal, Anya Johnson
2/11	St. Theodora the Empress	Sydney Hedges





YOU'RE INVITED ...  
to our first

## **COFFEE HOUSE MUSIC NIGHT**

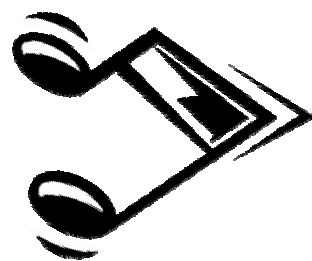
at St. Athanasius Church  
5580 Calle Real in Goleta  
(on the corner of Kellogg)

**Friday, February 22, 2013 at 6:30 p.m.**

### **It's a PLACE WHERE...**

- Our talented musicians can be heard and enjoy making music together.
  - You can hang out and relax with friends.
- You can invite your friends, neighbors and family.

**THINK casual.**  
**THINK FUN.**  
**THINK MUSIC!**



If you would like to perform on February 22nd, contact Michael Easbey: 805-705-6121

If you are able to bring a snack to share, help set-up or clean-up, contact Margaret Easbey: 805-266-9110

## TEEN SCENE

### **RITE -13 plus (Grades 7-9)**

**Saturday, February 16th—10 a.m. set-up, Activities begin at 4:30 p.m.**

Service Project: Challenger Division baseball team's annual Valentine dance at the Elk's Lodge for local physically and developmentally disabled youth.

**Saturday, February 23rd—11:00 a.m.—Family hike, picnic and games at Steven's Park.**

**Friday/Saturday, March 8-9—Annual Rite-13 Retreat at St. Barbara's Monastery.**

### **YAC (Young Adults in Church- Grades 10-12)**

**Sunday February 10—5:00 p.m.—Fire on Father at Fr. Nicholas & Jan's home.**

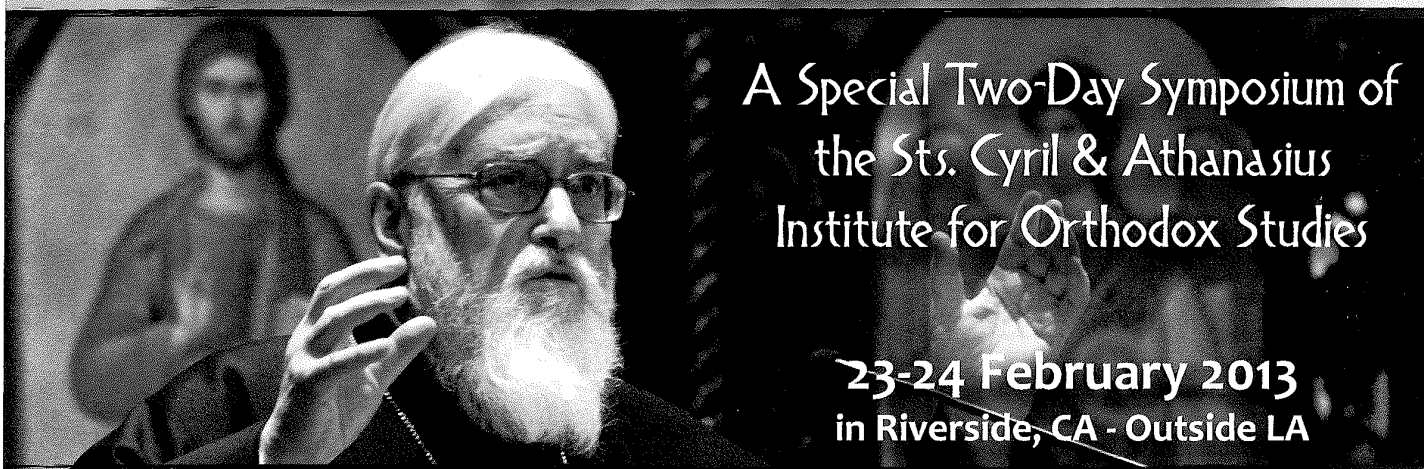
**Friday, February 22—6:30 p.m.—Teen Coffee House Night at the Church.**

**Sunday, March 10—5:00 p.m.—Fire on Father at Fr. Nicholas & Jan's house.**

**Saturday, March 16—Service Project —Work Day at St. Barbara Monastery.**

## Prayer in the Church Fathers

With Featured Speaker, Metropolitan Kallistos (Ware)



A Special Two-Day Symposium of  
the Sts. Cyril & Athanasius  
Institute for Orthodox Studies

**23-24 February 2013**  
in Riverside, CA - Outside LA

Exploring the heritage of Prayer in the Fathers, the Jesus Prayer & more, with one of the premier voices of Orthodox scholarship in the English-speaking world.

**Register on-line now: [www.sforthodoxinstitute.org](http://www.sforthodoxinstitute.org)**

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

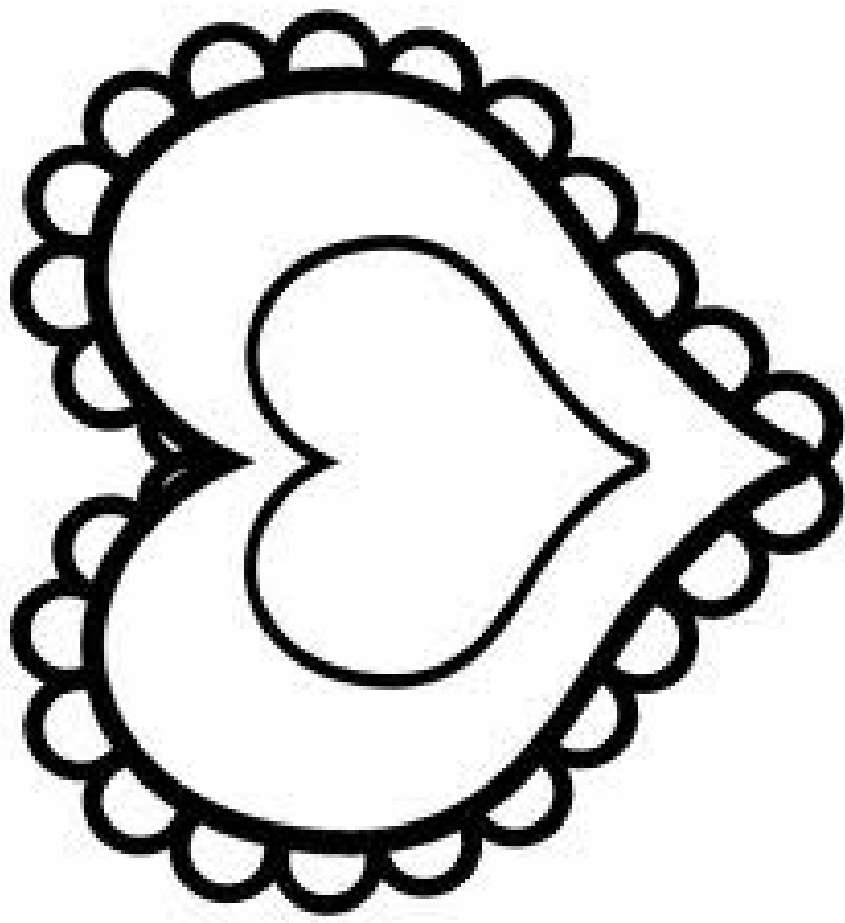
Metropolitan PHILIP	Presbytera Katherine H.	Joy
Archbp. JOSEPH	Mick K. & Family	Bob B.
Fr. Alexander Atty	Richard & Elizabeth	Mike R.
Mother Victoria	Sari W.	Mike & Shelley D.
Fr. Jim K.	Mary & Susan	Mark John
Fr. Gordon & Mary Sue W.	Fran	Duane F.
John Weldon H.	Brian S.	Christ K.
Greg & Margaret Y.	Frank A.	Dave L.
Olga G.	Pat M.	Kent F.
Leona G.	Marta C.	Carla H.

**For repose of the souls of:** Fr. Polycarp, George B., Keith K., Bethann R., Betty A.

### ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to "St. Athanasius Book Center."

**All proceeds go to the parish Building Fund.**



-For the children to color during  
the homily or at home -