

# St. Athanasius Antiochian Orthodox Church

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

5580 Calle Real Goleta, CA 93111-1646

#### **Senior Pastor:**

Fr. Nicholas Speier 805-685-5495 frnicholas@stathanasius.org

#### **Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903 Fr. John Carrillo 805-968-2448 Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired) Fr. John Finley, Attached priest

#### **Deacons:**

Dn. Gary Braun Dn. Scott Jacobs Dn. Richard Easbey Dn. John Young Dn. Rico Paul Monge

#### Music Director/Administrator:

Valerie Yova Office phone: 805-685-5400 email: office@stathanasius.org

#### **Parish Council:**

Dana Alexander, President
Dan Braun, Treasurer
Douglas Meyer, Secretary
Katie AbuGhazaleh
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

# LITURGY OF ST. BASIL THE GREAT

**April 21, 2013** 

Tone 5 / Eothinon 2; Fifth Sunday of Great Lent Commemoration of our

## **Righteous Mother Mary of Egypt**

Hieromartyr Januarios, Bishop of Benevento & Companions; Martyr Alexandra the Queen & Companions; Maximian, Patriarch of Constantinople; Venerable Anastasios of Sinai



#### WELCOME TO OUR VISITORS!

We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us at Coffee Hour ~ we'd love to meet you!

# Calendar for this Week

Sunday, Apri 8:45 a.m. 9:00 a.m. 10:00 a.m. 11:45 a.m. 12:15 p.m. 5:00 p.m.	Rel. Education ages 3-18 Matins Divine Liturgy Coffee Hour Choir Rehearsal YAC Fire on Father	Sunday, April 8:45 a.m. 9:00 a.m. 10:00 a.m. 11:45 a.m. 5:00 p.m. 6:00 p.m.	Rel. Education ages 3-18 Matins Divine Liturgy Potluck Luncheon Choir Rehearsal Bridegroom Matins	
		Sunday Morning Ministries		
Monday, Ap		Schedule		
6:45 a.m.	Daily Matins			
10:30 a.m.	Religious EdLevel I Atrium	Eucharist Bread		
5:00 p.m.	St. Brigid outreach dinner at St.	April 21	Dn. G. Braun	
	Michael's University Church in	April 28	Gish and Meyer	
6.00	Isla Vista	May 5	Kern	
6:00 p.m.	Great Compline	May 12	Dillon	
Wednesday,	April 24			
6:45 a.m.	Daily Matins	<b>Coffee Hour</b>		
12:00 p.m.	Women's Prayer Group	April 21	D. McCalmont in memory of	
6:00 p.m.	Presanctified Liturgy		Natalia Nikolenko Lambert	
ovo o pviiiv	1100001000 =10018)	April 27	J. Braun—Lazarus Sat. morning	
Thursday, A	pril 25	April 28	PALM SUNDAY POTLUCK	
7:00 p.m.	Choir Rehearsal	May 4	Yova—Holy Saturday morning	
6:30 p.m.	Catechists Meeting	May 5	PASCHA BREAKFAST	
<b>r</b>	8	May 12	Dn. Scott & Karen Jacobs	
Friday, Apri		Greeters		
6:45 a.m.	Daily Matins	April 21	D. Lewis	
6:00 p.m.	Little Compline/Canon of Lazarus	April 28	D. Washburn/D. Lewis	
		May 5	K. & L. Jacobs	
Saturday, Ap	<u>oril 27</u>	May 12	S. & C. Shackelford	
8:00 a.m.	Liturgy—Raising of Lazarus	Way 12	5. & C. Shackehold	
9:45 a.m.	Coffee Hour	<u>Ushers</u>		
10:00 a.m.	Work Party/Rite-13 Service Project	April 21	S. & L. Speier, P. Brunner	
10:30 a.m.	Choir Rehearsal	April 28	D. Meyer, R. Barre, D. Lewis	
NO CATECH		May 5	C. & G. Speier, Rita Schneider	
6:00 p.m.	Great Vespers/Confessions	May 12	J. King, G. Braun Jr., P. King	
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# AT THE CONCLUSION OF MATINS WE SING THE GREAT DOXOLOGY:

- + Glory to You, Who have shown us the Light; Glory to God in the highest, and on earth peace, good will toward men.
- + We praise You, we bless You, we worship You, we glorify You; we thank You for Your great glory.
- + O Lord, King, heavenly God, the Father Almighty; O Lord, the Only-begotten Son, Jesus Christ; and O Holy Spirit.
- + O Lord God, Lamb of God, Who take away the sin of the world, have mercy on us; You Who take away the sin of the world.
- + Accept our prayer, You Who sit on the right hand of the Father, have mercy on us.
- + For You alone are holy, You alone are the Lord Jesus Christ, to the Glory of God the Father. Amen.
- + Every morning I will bless You and praise Your Name, now and ever; and unto ages of ages..
- + Grant, O Lord, to keep us this day without sin.
- + Blessed are You, O Lord God of our Fathers, and praised and glorified is Your Name unto ages of ages. Amen.
- + Let Your mercy, O Lord: be upon us, as we have set our hope on You.
- + Blessed are You, O Lord: teach me Your commandments; Blessed are You, O Sovereign Lord, let me understand Your commandments; Blessed art Thou, O Holy One, enlighten me with Your commandments.
- + O Lord, You have been our refuge from generation to generation. I have said: Lord, have mercy on me, heal my soul for I have sinned against You.
- + O Lord, I have fled to You for refuge: teach me to do Your will, for You are my God.
- + For with You is the fountain of life: in Your light we shall see light.
- + Extend Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal: have mercy on us. (THRICE) Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages, Amen. Holy Immortal, have mercy on us. Holy God, Holy Mighty, Holy Immortal: have mercy on us.

## POST DOXOLOGY TROPARION

Rising from the tomb, destroying the bonds of Hell, Thou hast destroyed the sentence of death, O Lord, delivering us all from the snares of the enemy, appearing to Thy apostles, Thou hast sent them to preach. and through them, Thou hast given peace to the world, O Thou Who alone art rich in mercy!

#### CHANGEABLE TEXTS FOR THE DAY

#### THE LITURGY OF THE WORD

#### **GREAT LITANY**

#### FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]
- Vs. Glory...now & ever...Amen. [Refrain]

#### **SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded himself.

Refrain: O Son Of God Who rose from the dead, save us who sing to Thee, Alleluia!

- Vs. For He hath established the world which shall not be shaken. [Refrain]
- Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory ... now and ever... Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes from the Sermon on the Mount The congregation sings the refrain: "Remember us, O Lord, when you come in your Kingdom," after each of the verses sung by the choir.

#### LITTLE ENTRANCE

# AS THE CLERGY ENTER THE ALTAR, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY:

#### **Troparion of the Resurrection**

Tone 5

Let us believers praise and worship the Word, co-eternal with the Father and the Spirit, born of the Virgin for our salvation.

For He took pleasure in ascending the Cross in the flesh to suffer death and to raise the dead by His glorious resurrection.

### **Troparion of St. Mary of Egypt**

Tone 8

The image of <u>God</u> was <u>truly</u> preserved in you, O <u>Mother</u>, for you took <u>up</u> the <u>Cross</u> and <u>fol</u>lowed Christ.

By so <u>doing</u>, you <u>taught</u> us to disregard the flesh for it <u>passes</u> away; but to care in<u>stead</u> for the <u>soul</u>, for it is im<u>mor</u>tal.//
Therefore your <u>spirit</u>, O <u>holy</u> Mother Mary, rejoices with the <u>angels</u>.

### **Troparion to St. Athanasius**

Tone 3

Holy Bishop Athanasius, you became a stronghold of Orthodoxy, strengthening the Church through your divine teachings.

Opposing the heretical opinion of Arius, you explained and taught that the Son is equal in nature with the Father.

O holy Father, intercede with Christ God that He may grant us abundant mercy.

## **Kontakion - Ordinary Sundays**

Tone 4

O undisputed intercessor of Christians, the mediatrix, who was unrejected by the creator.

Turn not away from the voice of our petitions, though we be sinners.

Come to us with aid in time, who cry unto thee in faith, for thou art good. Hasten to us with intercessions, O Theotokos, who dost ever intercede for those who honor thee.

## TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

## Preparatory Psalm Verses before the Epistle (Prokeimenon) Tone 5

Thou O Lord shall keep us and preserve us from this generation forever. (Ps 11/12:7)

**Verse:** Save me O Lord, for there is now no saint. (*Ps 11/12:1*)

#### **Epistle Reading— Hebrews 9:11-14**

Brethren, when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) He entered once for all into the Holy Place, taking not the blood of goats and calves but his own blood, thus securing an eternal redemption. For if the sprinkling of defiled persons with the blood of goats and bulls and with the ashes of a heifer sanctifies for the purification of the flesh, how much more shall the blood of Christ, who through the eternal Spirit offered Himself without blemish to God, purify your conscience from dead works to serve the living God.

## Alleluia Refrain and Psalm verses before the Gospel Tone 5

Chanter: Alleluia, Alleluia! People: Alleluia, Alleluia, Alleluia!

**Verse:** I will sing of the mercies of the Lord forever; with my mouth

I will make known Thy faithfulness to all generations. (Ps 88/89:1)

Alleluia...

**Verse:** For Thou hast said: "Mercy shall be built up forever;

In the heavens shall Thy truth be established." (Ps 88/89:2) Alleluia...

## Gospel Reading—Mark 10:32-45

At that time, Jesus took His twelve disciples, and began to tell them what was to happen to Him, saying, "Behold, we are going up to Jerusalem. And the Son of man will be delivered to the chief priests and the scribes, and they will condemn Him to death, and deliver Him to the Gentiles. And they will mock Him, and scourge Him, and spit upon Him, and kill Him; and after three days He will rise again."

And James and John, the sons of Zebedee, came forward to Him, and said to Him, "Teacher, we want you to do for us whatever we ask of You." And Jesus said to them, "What do you want Me to do for you?" And they said to Him, "Grant us to sit, one at Your right hand and one at Your left, in Your glory." But Jesus said to them, "You do not know what you are asking. Are you able to drink the cup that I drink, or to be baptized with the baptism

with which I am baptized?" And they said to Him, "We are able." And Jesus said to them, "The cup that I drink you will drink; and with the baptism with which I am baptized, you will be baptized. But to sit at My right hand or at My left is not Mine to grant, but it is for those for whom it has been prepared." And when the ten heard it, they began to be indignant at James and John. And Jesus called them to Him and said to them, "You know that those who are supposed to rule over the Gentiles lord it over them, and their great men exercise authority over them. But it shall not be so among you; but whoever would be great among you must be your servant, and whoever would be first among you must be servant of all. For the Son of man also came not to be served but to serve, and to give His life as a ransom for many."

#### LITURGY OF THE FAITHFUL

## **Meglynarion (Hymn to the Mother of God)**

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men.

O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child – our God before the ages:

He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

## **Communion of the Clergy**

Praise the Lord from the heavens! Praise Him in the highest! (Ps 148:1)

The righteous shall be in everlasting remembrance. He shall not fear evil tidings. (*Ps* 111/112:6b-7a) Alleluia, Alleluia!

## **Communion of the People (Liturgy Book page 33)**

Receive the Body of Christ, taste the fountain of immortality.

#### **HOLY COMMUNION**

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers may approach the chalice for a blessing and the blessed bread instead of the Eucharist. So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.

#### **Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## St. Mary of Egypt

Died around the year 400 A.D.

Commemorated April 1



Mary was born in Egypt and at the age of 12 entered into a life of debauchery and prostitution. She lived many years in this life, and one day, driven by an adulterous flame, boarded a boat bound for Jerusalem. In the Holy City she attempted to enter a church to venerate the Holy Cross, but an invisible force denied her entry. Stricken with fear, she gazed at an icon of the Theotokos and prayed that she might be able to enter to church to venerate the Cross. She confessed and repented of her

sinful life, and it was only after this that she was able to enter the church. She heard a voice saying, "If you cross over the Jordan you will find peace." Immediately she bought three loaves of bread and crossed the Jordan River.

She remained in the wilderness for 48 years in great torment and fear, struggling with her passionate thoughts. She ate vegetation to survive. She saw the Elder Zosimos in the wilderness and told him her story, begging him to bring her Holy Communion on the same day the next year. He did, and saw her walking upon the water of the Jordan River. She had attained great communion with God. The next year he returned to bring her Holy Communion and found her body, lifeless. He returned to the monastery and related her life and the miracles he saw performed. She is commemorated on the fifth Sunday of Great Lent as an image of great repentance and confession.

#### ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: **www.stathanasius.org.** 

#### LENTEN SERVICE SCHEDULE FOR THIS WEEK:

Mondays at 6:00 p.m. Great Compline

Wednesdays at 6:00 p.m. Presanctified Liturgy with Holy Eucharist Friday at 6:00 p.m. Little Compline with Canon of Lazarus

Saturday at 8:00 a.m. Liturgy—Raising of Lazarus followed by Coffee Hour and

Work Party

Saturday at 6:00 p.m.

Vespers for Feast of Palm Sunday
Sunday at 9:00 a.m.

Matins for Feast of Palm Sunday
Festal Liturgy of Palm Sunday
Sunday at 6:00 p.m.

Bridegroom Matins of Holy Week

NOTE: THERE ARE NO DAILY VESPERS ON TUESDAY & THURSDAY.

#### LAZARUS SATURDAY SPRING WORK PARTY—April 27

Following the 8:00 a.m. Liturgy on Lazarus Saturday, April 27th, we will have our annual work party to get the church ready for Palm Sunday, Holy Week and Pascha. We will work from 10 a.m. to 2:00 p.m. Please consider staying that day to pitch in. There will be a special activity for children in grades K-4 from 10-11 a.m., coordinated by Libby Kinman.

We need a truck and several strong guys to help cut down large palm branches. Please contact Carla Brunstead if you can help! (682-3347)

### PALM SUNDAY POTLUCK NEXT WEEK

Once again, we are asking everyone to **bring a dish to share** next Sunday for the festive Palm Sunday Potluck after Liturgy. We do not have an oven, so we ask that you bring Lenten dishes (that can include fish, wine and oil) that do not need to be heated. Crock pots are OK. Some ideas: Veggie and fruit platters, pasta salads, green salads, chips & dip, bagels and other types of bread & rolls, dessert. We ask that each household contribute a little bit so that we all share in the effort.

## **EXPANDED BOOKSTORE FOR NEXT 2 WEEKS**

From this Sunday through Good Friday, we will have an expanded bookstore set up in the fellowship hall.

Next Sunday, April 28th, Jane Meyer will be available to sign her newly released children's book, **'The Hidden Garden.'** This children's picture book has been in the works for over three years and Jane is so excited to share this story with you and the children in your

lives! http://www.janegmeyer.com/page/books/6

## CELEBRATTONS for THIS WEEK

#### **Wedding Anniversaries**

O.J. & Monica Finley 4/22

### **Birthdays**

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- 4/2.1 Carla Brunstead
- 4/22 Dn. Gary Braun
- 4/23 Cheryl Giordani
- 4/24 Julianna Ballew, Sydney Hedges, Christie Robinson
- 4/26 **Kevin Speier**
- Jennifer Ferraez, Trent Speier 4/27

### **Patronal Feast Days**

**Great Martyr George** 4/23

Richard Ballew, Austin Harris (Dn. Howard Shannon, of blessed memory)

4/25 St. Mark the Evangelist Mark Kern



## **SAVE THESE DATES!**

**Summer School 2013** 

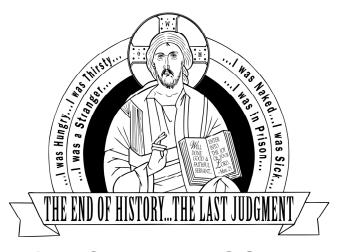
for children in grades K-6 Monday, June 24-Thursday, July 11

# **Evangelism Training Breakfast**

"These are a few of my Orthodox Things!" Saturday, June 22—9-11 a.m.

- How to talk about your Faith to non-Orthodox -

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# 2013 PARISH LIFE CONFERENCE Antiochian Diocese of Los Angeles & the West

July 3-7 in Anaheim Hosted by St. Luke's Orthodox Church

## Crowne Plaza Resort ~ Garden Grove, CA

Reservations: 888-233-9527
Mention St. Luke's 2013 Annual Conference
(www.cpranaheim.crowneplaza.com)

Conference Rate: \$119+tax/night
Or go to www.PLC2013.org and follow the Hotel link to reserve room.

Guest Speaker: Archpriest Dr. John Behr, Dean of St. Vladimir Orthodox Theological Seminary Topic: "The End of History...The Last Judgment."

Attend on Saturday evening and support our youth who will participate in this year's **Bible Bowl**:

Joshua Dillon Ciara Giordani Daniel Giordani Cole Kronman Jesse Speier Luke Speier

For Event Registration, other Conference forms, and more detailed information, please visit <a href="https://www.PLC2013.org">www.PLC2013.org</a>



## **PASCHA CELEBRATION 2013**

## It's that time of year again!

Immediately following the Divine Liturgy on Pascha we will celebrate together with our traditional BREAK-fast **OUT IN THE PARKING LOT of the church. (Please park next door at the Elk's Lodge or on the street.)** 

Due to the relatively smaller, limited kitchen facilities we will again be "downsizing" our morning festivities a bit. Please plan **now** to put together a family Easter basket. Add to it your own family favorites and include some meats, eggs, cheeses, etc.

Back by popular demand, Stan will barbeque sausages. We will provide the Pascha Cheese, sliced ham, deviled eggs and beverages. Agape Vespers (with the Gospel

read in many languages) will follow the breakfast. Please see the food sign-up list in the fellowship hall. We need volunteers to bring:

Deviled eggs (please respond with how many)
Large fancy assorted cheese platters
Large assorted fruit platters
Homemade sweet rolls, yeast breads, sweet loaves

#### **PASCHA PICNIC**

The main focus of our celebration this year will be the afternoon PICNIC at Kiwanis Meadows/ Tuckers Grove at 3pm. The deacons will barbeque tri-tip for all. Bread will be provided. Please bring a large salad (green, potato, pasta, fruit) to share and your own place settings and beverages. There will of course be games, activities for our children, plus music and lots of wonderful fellowship. Plan to attend this special day for our church family. It is a great opportunity to bring your non-Orthodox friends and family members, as well!

**The day's festivities cost the church over \$4,000** and we typically collect only around \$2,000 from those who participate. Please help us to break even on the costs for the day. We are asking for a donation for each adult and child participating in order to help cover the cost of the day's festivities. You can pay in advance at the table set up during Coffee Hour next Sunday and on Palm Sunday, or you can pay in the food line on Pascha. Pricing is as follows:

Adults: \$10 for breakfast only

\$15 for breakfast and picnic

Children: \$7 flat fee

Maximum charge per family: \$60

Of course we could use some help with preparation and clean up and with the children's activities. Please email June @ june1211@msn.com or call 805.705.3668 to volunteer.

## SERVICES OF HOLY WEEK (Please note that the Tues-Friday morning services are at 7:00 a.m.)

	Palm Sunday, 4/28	Bridegroom Matins	6:00 p.m.
	Monday, 4/29	Bridgegroom Matins	6:00 p.m.
	Tuesday, 4/30	Presanctified Liturgy	7:00 a.m.
		Bridgegroom Matins	6:00 p.m.
	Wednesday, 5/1	Presanctified Liturgy	7:00 a.m.
		Holy Unction	6:00 p.m.
	Thursday, 5/2	Institution Liturgy	7:00 a.m.
		Matins with 12 Passion Gospels	6:00 p.m.
	Friday, 5/3	Royal Hours	7:00 a.m.
		Royal Hours	12:15 p.m.
		Burial Vespers	3:00 p.m.
		Lamentation Matins	7:00 p.m.
	Saturday, 5/4	Vesperal Liturgy celebrating	8:00 a.m.
	Christ's Victory over Hades		
		with baptism of Galen Wiley	
	Sunday, 5/5	Paschal Procession, Matins, Liturgy	5:00 a.m.
		Break-fast	8:00 a.m.
		Agape Vespers	9:30 a.m.
		Picnic at Tucker's Grove	3:00 p.m.
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# TEEN SCENE

# RITE-13 plus (Grades 7-9)

**Saturday, April 27**—8:00 a.m.—12:00 noon—Lazarus Saturday Liturgy and Clean-up/service project,

Friday, May 10—7-9:00 p.m.—Bonfire on Hendry's beach

Saturday, May 25—Animal shelter service project, time TBD

Saturday, June 1—End-of-the-year Six Flags trip

# YAC (Young Adults in Church- Grades 10-12)

Sunday April 21 —5:00 p.m. Fire on Father

**Friday May 3rd Holy Friday All-night Vigil** YAC and Rite 13+ group will read from the Tomb of Christ and fill in the gaps throughout the night. You will sleep at the church so bring your sleeping bag and pillow.

Saturday May 11—8 a.m.-4 p.m.—Work party at St. Barbara's Monastery

Sunday May 19th — 5:00 p.m.— Fire on Father

Date TBA — Celebrate the Grads BBQ

Date TBA—End of year celebration/trip to Magic Mountain

### PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Fr. Alexander Atty
Mother Victoria
Fr. Jim K.

Leona G.
Presbytera Katherine H.
Kent F.
Mick K. & Family
Carla H.

Fr. Gordon & Mary Sue W. Sari W. Tom & Darbi J.

Greg & Margaret Y. Mary & Susan Alissa T.
Gail S. Duane F. Marna D.

Olga G.

For repose of the souls of: Bethann R., Betty A., Jackie, Bodhi

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