



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

5580 Calle Real  
Goleta, CA 93111-1646  
**Office hours:** Tues-Fri.  
11:00 a.m.—5:00 p.m.

## Senior Pastor:

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## Deacons:

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young  
Dn. Rico Paul Monge

## Music Director/Administrator:

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## Parish Council:

Dana Alexander, President  
Dan Braun, Treasurer  
Douglas Meyer, Secretary  
Katie AbuGhazaleh  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier



## *LITURGY OF ST. JOHN CHRYSOSTOM*

**Sunday, May 12, 2013**

**New Sunday or Anti-Pascha**

**Commemoration of the Act of Thomas the Apostle,  
called "The Twin"**

Germanos, patriarch of Constantinople, Epiphanius, Bishop of Cyprus; Venerable Theodore of Kythera; New-martyr John of Wallachia; Hermogenes, Patriarch of Moscow

## ***WELCOME TO OUR VISITORS!***

*We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion. Please join us at Coffee Hour ~ we'd love to meet you!*

## *Calendar for this Week*

### **Sunday, May 12—THOMAS SUNDAY**

NO ATRIUM SESSION  
for children ages 3-12 years

8:45 a.m. Religious Ed. for Teens  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
12:30 p.m. Blessing of the Graves in  
Goleta Cemetery

### **Monday May 13**

6:45 a.m. Matins of Bright Week  
10:30 a.m. Atrium Level I Religious Ed.  
5:00 p.m. Outreach Meal at St. Michaels'  
University Church in Isla Vista

### **Tuesday, May 14**

5:30 p.m. Vespers  
6:00 p.m. Men's Ministry

### **Wednesday May 15**

6:45 a.m. Matins  
8:00 a.m. Building Committee Meeting  
12:00 p.m. Women's Prayer Group

### **Thursday May 16**

5:30 p.m. Vespers

### **Friday May 17**

6:45 a.m. Matins

### **Saturday May 18**

7:30 a.m. Clergy Meeting  
8:00 a.m. YAC Teen Work Party at  
St. Barbara Monastery  
4:30 p.m. Book Study  
6:00 p.m. Vespers/Confession

### **Sunday, May 19—MYRRHBEARERS**

8:45 a.m. Religious Ed. 3 yrs-High School  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
5:00 p.m. YAC Fire on Father

## *Sunday Morning Ministries Schedule*

### **Eucharist Bread**

May 12 Dillon  
May 19 Thomas  
May 26 Hedges  
June 2 Gabriele

### **Coffee Hour**

May 12 Dn. Scott & Karen Jacobs  
May 19 Chris & Christie Robinson  
May 26 V. Gray/P. Matthews  
June 2 Chala & Gabriele Families

### **Greeters**

May 12 S. & C. Shackelford  
May 19 D. & D. Alexander  
May 26 D. Genatone/P. Morrison  
June 2 P.King/P. Matthews

### **Ushers**

May 12 J. King, G. Braun Jr., P. King  
May 19 S. & L. Speier, P. Brunner  
May 26 D. Meyer, R. Barre, D. Lewis  
June 2 C. & G. Speier, Rita Schneider

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion:**

**Troparion of Antipascha**

From the sealed tomb, You shone forth, O Life! Through closed doors You came to Your disciples, O Christ God! Renew in us, through them, an upright spirit, By the greatness of Your mercy, O Resurrection of all!

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

*The Priest begins Divine Liturgy with “Blessed is the Kingdom” and the choir responds “Amen.” Bearing the Paschal Candle, the Priest then leads the singing of the Paschal Apolytikion and censes the west side of the Altar Table.*

**Priest:** Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and unto ages of age.

**People:** Amen.

**Clergy:** Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

**People:** Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. **(2 times)**

**GREAT LITANY**

**FIRST ANTIPHON**

**Verse:** Make a joyful noise to God, all the earth! Sing of His Name, give glory to His praise!

**Refrain:** **Through the intercessions of the Theotokos, O Savior, save us.**

- Say to God: How awesome are Thy deeds! So great is Thy power that Your enemies cringe before You. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

## SECOND ANTIPHON

**Verse:** God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

**Refrain:** **O Son of God, Who arose from the dead, save us who sing to Thee, Alleluia.**

- That we may know Thy way upon the earth, and Thy salvation among all nations! [Refrain]
- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages. Amen

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

## THIRD ANTIPHON

**Verse:** Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

**Refrain:** **Christ is risen from the dead trampling down death by death, and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]

## LITTLE ENTRANCE

**Clergy:** **In the gathering places bless ye God the Lord from the Springs of Israel.**

**People:** O Son of God Who rose from the dead, save us who sing to Thee, Alleluia!

## Troparion of Antipascha

From the sealed tomb,

You shone forth, O Life!

Through closed doors You came to Your disciples, O Christ God!

Renew in us, through them,  
an upright spirit,  
By the greatness of Your mercy,  
O Resurrection of all!

### **Kontakion for Pascha**

Thou didst descend into the tomb O Immortal. Thou destroyed the pow'r of death. In victory Thou arose, O Christ God, proclaiming rejoice to the myrrh-bearing women, granting peace to Thy apostles, and bestowing resurrection on the fallen.

### **TRISAGION HYMN**

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

### **PROKEIMENON (Psalm verses with refrain)**

**Tone 3**

Great is our Lord, and abundant in power! His understanding is beyond measure!  
(Ps 146/147:5)

*Verse: Praise the Lord! For it is good to sing praises to our God! (Ps 146/147:1)*

### **THE EPISTLE READING—Acts 5:12-20**

In those days, many signs and wonders were done among the people by the hands of the Apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the Apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life."

## ALLELUIA BEFORE THE GOSPEL

Tone 8

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

**Verse:** *Come, let us rejoice in the Lord. Let us shout with jubilation unto God our Savior (Ps. 94:1)*

**Verse:** *For the Lord is a great God and a great king over all the earth. (Ps. 94:3)*

## THE GOSPEL READING

### John 20:19-31

On the evening of that day, the first day of the week, the doors being shut where the disciples were, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent Me, even so I send you." And when He had said this, He breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained."

Now Thomas, one of the Twelve, called the Twin, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in His hands the print of the nails, and place my finger in the mark of the nails, and place my hand in His side, I will not believe."

Eight days later, His disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said, "Peace be with you." Then he said to Thomas, "Put your finger here, and see My hands; and put out your hand, and place it in My side; do not be faithless, but believing." Thomas answered Him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen Me? Blessed are those who have not seen and yet believe."

Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His Name.

### Hymn to the Mother of God (Meglynarion)

#### Music by Pavel Makarov (adapted by Fr. John Finley)

The angel cried to the lady full of grace: Rejoice, O pure virgin! Again I say rejoice, O pure Virgin. Your Son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice all ye people. O Shine! Shine! Shine! O New Jerusalem. The glory, the glory of the Lord has shone on you. Exult, exult and be glad. Be glad, O Zion, be radiant, O Mother of God, in the Resurrection of your Son, of your Son!

## Communion Hymn

Receive the body of Christ. Taste the fountain of immortality.  
Alleluia! Alleluia! Alleluia!

## Communion Hymn of Thomas Sunday

Praise the Lord, O Jerusalem; praise thy God, O Zion. Alleluia. (Ps. 147:1)

Instead of "We have seen the true light, we sing:" "Christ is risen" **ONE** time.

**At the end of the dismissal prayer** the service then continues with the typical Paschal dialogue, as follows:

*Priest: Christ is risen.*

*Faithful: Indeed He is risen.*

*Priest: Christ is risen.*

*Faithful: Indeed He is risen*

*Priest: Christ is risen.*

*Faithful: Indeed He is risen.*

*Priest: Glory to His third-day Resurrection.*

*Faithful: Let us worship His third-day Resurrection.*

*Priest: Christ is risen from the dead, trampling down death by death, and upon those in the tombs*

***Faithful: bestowing life.***

**English: Christ is risen!**

**He is risen indeed!**

Greek: Christos anesti!

Alithos anesti!

Arabic: El Messieh kahm!

Hakken kahm!

Slavonic: Christos voskrese!

Voistinu voskrese!

Romanian: Hristos a inviat!

Adeverat a inviat!

Spanish: Christo ha resucitado!

En verdad ha resucitado!

## THOMAS SUNDAY

Some icons depicting this event are inscribed "The Doubting Thomas." This is incorrect. In Greek, the inscription reads, "The Touching of Thomas." The Slavonic inscription is, "The Belief of Thomas." When St. Thomas touched the Life-giving side of the Lord, he no longer had any doubts. This day is also known as "Antipascha." This does not mean "opposed to Pascha," but "in place of Pascha." Beginning with this first Sunday after Pascha, the Church dedicates every Sunday of the year to the Lord's Resurrection. Sunday is called "Resurrection" in Russian, and "the Lord's Day" in Greek.

## ***CELEBRATIONS for THIS WEEK***

### **Anniversaries**

5/12 Larry & Cheryl Lander  
5/12 Jim & Gloria Morrison  
5/13 Hani & Katherine AbuGhazaleh  
5/17 David & Shirley Dillon

### **Birthdays:**

5/12 Kevin de Bree  
5/14 Brian Sieck  
5/17 Kent Fox  
5/19 Anastasia Brunner  
5/19 Bob Newsom

### **Patronal Feast Days:**

5/12 Thomas Sunday (St. Thomas)  
Tom Ballew, Tom Johnson, Craig Speier

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

### **PASCHAL VISIT TO CEMETERY**

Today we will visit the Goleta Cemetery to sing "Christ is risen!" to and for our beloved departed. We will leave for the cemetery at the conclusion of Coffee Hour.

### **BOOK STUDY TO BEGIN NEXT SATURDAY**

Next Saturday, May 18, Fr. Nicholas will begin a book study at 4:30 p.m. on Saturdays through June 15th, using the book, "The Truth of Our Faith," by Elder Cleopa. Please let Fr. Nicholas know if you will be attending the study. You can tell him in person, or send a message to [office@stathanasius](mailto:office@stathanasius) or 685-5400.

### **HOW WE SAY THE TRISAGION PRAYERS FROM NOW UNTIL PENTECOST**

When saying the Trisagion Prayers both at the beginning of liturgical services and in our private devotions at home, we follow this format until the Feast of Pentecost:

(Skip "O Heavenly King" until Pentecost, in anticipation of the feast.)

Holy God is replaced by "Christ is risen" 3 times

Glory ... now and ever...Amen.

All Holy Trinity....Glory...now and ever...Amen., Lord's Prayer



## **MARK YOUR CALENDAR: SUMMER SCHOOL IS JUNE 24-JULY 11!**

Summer School is right around the corner. Please reserve the dates for your children in grades 1-6. More information will follow soon about registration.

## **MANY THANKS...**

...to all those who helped to make our Holy Week and Pascha so prayerful, beautiful, and inspiring:

*Special thanks to our **Photography/Video Team** for so many beautiful photos by which to remember the services of Great Lent, Pascha, and the exciting work at the church construction site!!*

Judy Braun, Team Leader

Hani AbuGhazaleh

John Butler

Matthew Roberts

Jordan Schaefer

Rita Schneider

Nataliya Tinyayeva

## **WOMEN'S BIBLE STUDY ON BOOK OF PHILLIPIANS**

Please join us for a 5 week study of the book of Philippians. This relatively short book – only 4 chapters, is full of gems to encourage and stretch us in our faith as Christian women. We will begin on Tuesday, May 28th at the home of Karen Jacobs (7093 Scripps Crescent, Goleta). The last study will be on June 24th. We will start at 7:00 pm and end at 8:30 pm. ALL ages of women are welcome! The goals are for: 1) fellowship, 2) an opportunity to become more familiar with the Holy Scriptures and how to apply them in our daily lives, and 3) to encourage and pray for one another. If this is something you're wanting in your life, please come and be a part! You can email Karen with any questions and/or to express your interest at [kijacobs@cox.net](mailto:kijacobs@cox.net).

## **SAVE THE DATE:**

... and stay tuned for more details!

An open invitation for all the ladies of St. Athanasius,  
hosted by Cheryl Washburn-Lander!

When: Saturday, June 22, 2013, in the afternoon

What: Baby shower for Cameron (Washburn) Whittaker

# TEEN SCENE

**RITE -13 plus (Grades 7-9)**

**Date TBA — Service Project**

**Saturday, June 1—End-of-the-year Six Flags Trip**

## **YAC (Young Adults in Church- Grades 10-12)**

**Saturday May 18 — 8 a.m.-4 p.m.—Work Party at St. Barbara's Monastery**

**Sunday May 19th — 5:00 p.m.— Fire on Father**

**Date TBA — Celebrate the Grads BBQ**

**Thursday, July 11 — End-of-Year Celebration/Trip to Magic Mountain**

## **UPCOMING PASTORAL VISIT**

**by Archbishop Joseph**

*On Saturday, June 8th and Sunday June 9th*

*His Eminence, Archbishop Joseph*

*will make his annual pastoral visit to our parish.*

*Please put these dates on your calendar and plan to be with us for*

*Vespers, Matins and Liturgy that weekend to welcome*

*our beloved hierarch.*

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.**

**Please pray for the health of:**

Fr. Alexander Atty  
Mother Victoria  
Fr. Jim K.  
Fr. Gordon & Mary Sue W.  
Greg & Margaret Y.  
Gail S.  
Olga G.

Leona G.  
Presbytera Katherine H.  
Mick K. & Family  
Sari W.  
Mary & Susan  
Duane F.  
Dave L.  
Kent F.

Carla H.  
Tom & Darbi J.  
Alissa T.  
Marna D.  
Met. Paul & Abp. John  
who have been  
kidnapped by terrorists  
in Turkey.  
Stephen, Stephania & Alexi

**For repose of the souls of:** Jackie, Bodhi, Charles T.,

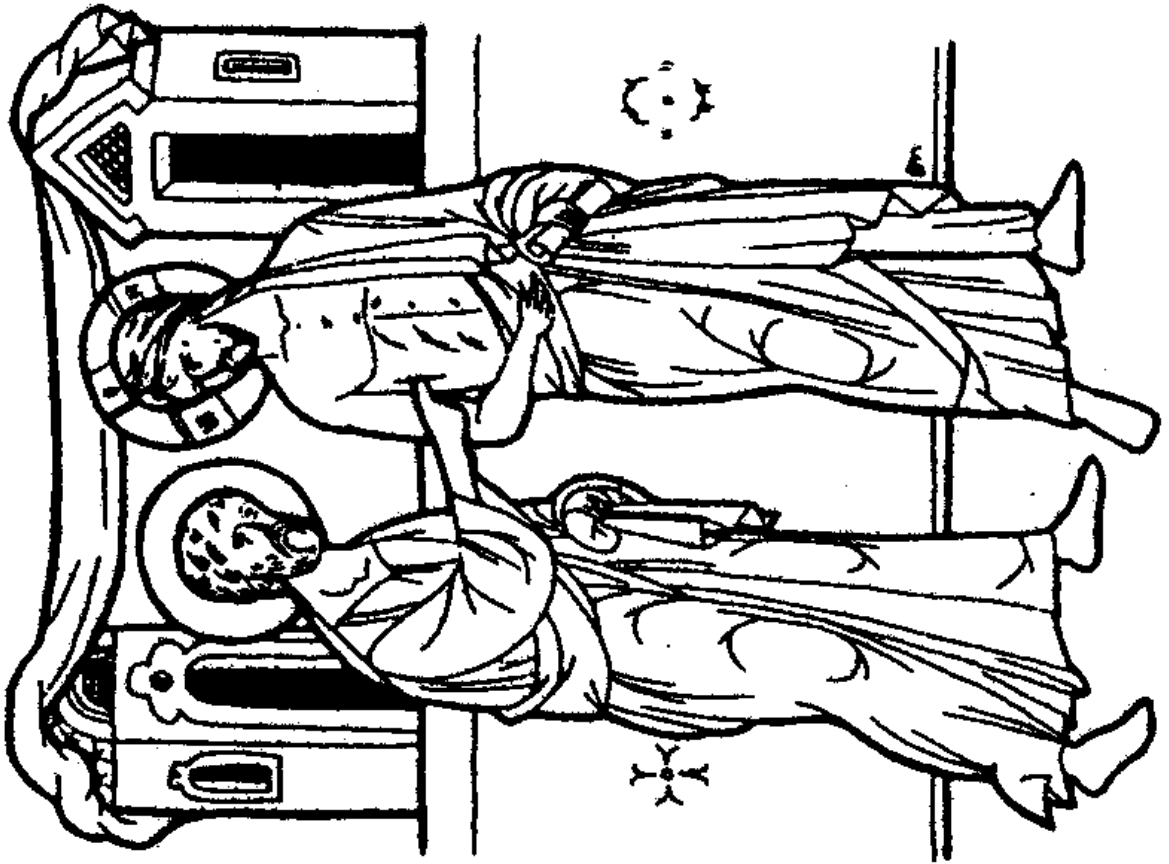
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**ST. ATHANASIUS BOOK CENTER**

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to “St. Athanasius Book Center.”

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THE DOUBTING THOMAS



- FOR THE CHILDREN TO COLOR DURING THE HOMILY OR AT HOME -