



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

5580 Calle Real  
Goleta, CA 93111-1646  
**Office hours:** Tues-Fri.  
11:00 a.m.—5:00 p.m.

## Senior Pastor:

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## Deacons:

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## Music Director/Administrator:

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## Parish Council:

Dana Alexander, President  
Dan Braun, Treasurer  
Douglas Meyer, Secretary  
Katie AbuGhazaleh  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

## *LITURGY OF* *ST. JOHN CHRYSOSTOM* Sunday, September 8, 2013 Sunday before the Exaltation of the Holy Cross, Feast of the Nativity of the Theotokos



## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

## ***Calendar for this Week***

### **Sunday, September 8**

Nativity of the Theotokos

**Blessing of Religious Education Teachers**

9:00 a.m. Matins

10:00 a.m. Divine Liturgy

11:45 a.m. POTLUCK

### **Monday, September 9**

6:45 a.m. Daily Matins

5:00 p.m. Outreach Meal at St. Michael's  
University Church in Isla Vista

### **Tuesday, September 10**

5:30 p.m. Daily Vespers

6:00 p.m. Men's Ministry

6:30 p.m. Catechists Meeting

### **Wednesday, September 11**

6:45 a.m. Daily Matins

12:00 p.m. Women's Prayer Group

### **Thursday, September 12**

5:30 p.m. Daily Vespers

7:00 p.m. Choir Rehearsal

### **Friday, September 13**

6:45 a.m. Daily Matins

### **Saturday, September 14**

**Feast of the Cross**

8:00 a.m. Liturgy for Feast of the Cross

6:00 p.m. Great Vespers/Confession

### **Sunday, September 15**

**Blessing of Students**

**RELIGIOUS ED. CLASSES BEGIN**

8:45 a.m. Religious Ed. 3-12 years;  
Meeting with Jr. High & High  
School students & their parents

9:00 a.m. Matins

10:00 a.m. Divine Liturgy

11:45 a.m. Coffee Hour

**- REMAINING FAITHFUL -**

**S.A.O.C. BUILDING FUND**

Total donations received in the  
month of August:

**\$16,245**

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

September 8 Mark Kern

September 15 Dan Braun

September 22 Giordani

September 29 Dn. Gary Braun

### **Coffee Hour**

September 8 Potluck for the Feast of the  
Nativity of the Theotokos

September 15 Wallace Family

September 22 Gail Shannon -

In Memory of Dn. Howard

September 29 Choir for St. Romanos

### **Greeters**

September 8 D. & D. Alexander

September 15 S. & C. Shackelford

September 22 D. Washburn & D. Lewis

September 29 P. Morrison & D. Genatone

### **Ushers**

September 8 S. & L. Speier, P. Brunner

September 15 D. Meyer, R. Barre, D. Lewis

September 22 C. Speier, Rita Schneider, P. King

September 29 Jon King, G. Braun, P. King

## CHANGEABLE TEXTS FOR THE DAY

**AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.**  
("Glory to You, Who have shown us the light..." - Complete text is  
in the front of the Liturgy Book.)

### THE LITURGY OF THE WORD

#### THE GREAT LITANY

**FIRST ANTIPHON verses for the feast of the Nativity of the Theotokos with refrain:**

*Vs.* O Lord, remember David and all his meekness. Lo, we heard of it at Ephratha;  
we found it in the fields of the wood.

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

*Vs.* Glorious things are spoken of thee, O city of God. *[Refrain]*

*Vs.* God is in the midst of her; she shall not be moved. *[Refrain]*

*Vs.* *Glory...now & ever...Amen. [Refrain]*

**SECOND ANTIPHON verses for the feast of the Nativity of the Theotokos & refrain:**

*Vs.* The Lord hath sworn in truth unto David; and He will not turn from it. Of the  
fruit of thy body will I set upon thy throne.

**Refrain: O Son Of God Who rose from the dead, save us who sing to  
Thee, Alleluia!**

*Vs.* There will I make the horn of David to bud; I have ordained a lamp for mine  
anointed. *[Refrain]*

*Vs.* For the Lord hath chosen Zion; He hath desired it for His habitation.  
*[Refrain]*

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

**THIRD ANTIPHON verses for the feast of the Nativity of the Theotokos with refrain:**

Vs. Here will I dwell, for I have desired it.

**Refrain:**

**Your nativity, O Virgin,**  
**has proclaimed joy to the whole universe!**  
**The Sun of righteousness, Christ our God,**  
**has shone from you, O Theotokos.**  
**By annulling the curse,**  
**He bestowed a blessing!//**  
**By destroying death, He has granted us eternal life.**

Vs. The most high hath sanctified his tabernacle. [**Refrain**]

Vs. Holy is Thy temple, and wonderful in righteousness. [**Refrain**]

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL  
HYMNS FOR THE DAY:**

**Troparion of the Resurrection**

**Tone 2**

**(Music on page 42 of Liturgy Booklet)**

When Thou didst submit Thyself unto death,  
O Thou deathless and immortal One,  
then Thou didst destroy Hell with Thy Godly pow'r,  
and when Thou didst raise the dead from beneath the earth,  
all the pow'rs of heaven did cry aloud unto Thee.  
O Christ, Thou art the Giver of life, Glory to Thee.

**Troparion for the Feast of the Nativity of the Theotokos**

**Tone 4**

Your nativity, O Virgin,  
has proclaimed joy to the whole universe!  
The Sun of righteousness, Christ our God,  
has shone from you, O Theotokos.

By annulling the curse,  
He bestowed a blessing.//  
By destroying death, He has granted us eternal life.

**Kontakion for the Feast of the Nativity of the Theotokos**

**Tone 4**

By your nativity, most pure Virgin,  
Joachim and Anna are freed from barrenness,  
Adam and Eve -- from the corruption of death.  
And we, your people, freed from the guilt of sin, celebrate and sing to you://  
“The barren woman gives birth to the Theotokos, the nourisher of our Life.”

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm verses before the Epistle (Prokeimenon)**  
**(Music on p. 61 of Liturgy Book)**

**Tone 6**

O Lord save Thy people and bless Thine inheritance. (Ps. 28:9)

**Verse:** *To Thee will I cry, O Lord, O my God, do not be silent unto me. (Ps. 28:1)*

**THE EPISTLE READING**  
**Galatians 6:11-18**

Brethren, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised and only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the Law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me and I to the world. For neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all, who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

## **ALLELUIA before the Gospel**

**Tone 1**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

Vs. 1 I have exalted one chosen out of My people. **Alleluia** (Ps 88/89:20)

Vs. 2 For My hand shall defend him, and My arm shall strengthen him.  
**Alleluia** (Ps 88/89:22)

## **GOSPEL READING**

### **John 3:13-17**

The Lord said, "No one has ascended into heaven but He who descended from heaven, the Son of man. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in Him should not perish but have eternal life."

For God so loved the world that He gave his only Son, that whoever believes in Him should not perish but have eternal life. For God sent His Son into the world, not to condemn the world, but that the world might be saved through Him.

## **LITURGY OF THE FAITHFUL**

### **Meglynarion for the Nativity of the Theotokos (Hymn to the Mother of God)**

Magnify, O my soul, the Virgin Mary, born of a barren womb.

Virginity is alien to mothers;

childbearing is strange to virgins.

But in you, O Birthgiver of God, both were accomplished.

Therefore, all the earthly nations unceasingly glorify you.

### **Hymn sung as the clergy receive the Eucharist:**

Praise the Lord from the heavens; praise Him in the Highest!

### **For the feast of the Nativity of the Theotokos:**

I will receive the cup of salvation and call on the name of the Lord.

(Ps 115/116:13) Alleluia, Alleluia, Alleluia!

### **Hymn during Communion of the People**

Receive the Body of Christ, taste the fountain of immortality. Alleluia, alleluia, alleluia.

(See music on next page — composed at our Summer in the Arts Music Workshop.)

**MARK YOUR CALENDAR!**  
**UPCOMING 2013 FEAST DAY CELEBRATIONS**


Elevation of the Holy Cross      Saturday, September 14      Liturgy 8:00 a.m.

Receive the Body

J. Butler  
M. Meyer


Arranged by Zakkak/Yova

Soprano  
Alto



Re - ceive the bod - y of Christ,

Tenor  
Bass



2



taste the four - tain of im - mor - ta - li - ty.



3



A - le - lu - ia.



# **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

**Fr. Nicholas and Jan will be out of town from September 9-13.**

**RELIGIOUS EDUCATION CLASSES BEGIN NEXT SUNDAY, Sept. 15th,** at 8:45 a.m. for children and teens, ages 3 years through high school. Fr. Nicholas will meet with all teens and their parents in the fellowship hall at 8:45 a.m.

## **FALL WOMEN'S BIBLE STUDY**

Ladies, we are gearing up for a 6 week study of the book of Ephesians. We will begin on Monday, October 7<sup>th</sup> at 7:00 pm. Our last study will be on Monday, November 11<sup>th</sup>. If you would like to be a part of this time together, please email Karen Jacobs by Monday, September 23<sup>rd</sup>. Our Spring study of Philippians was a full, enriching time of both study and fellowship. Please consider joining us for our Fall endeavor! Karen's email: [kjacobs@cox.net](mailto:kjacobs@cox.net)

**ALL MINISTRY HEADS WILL MEET** on Saturday, September 21st from 10 a.m.-12:00 noon.

## **MINISTRY BLESSINGS:**

**The following groups will receive a blessing on their ministries for the coming liturgical year:**

September 8	Religious Education Teachers & Youth Ministry Teams
September 15	Students
September 22	All Ministry Heads
September 29	Musicians

**A NEW CATECHISM/INQUIRERS CLASS will begin on Saturday, September 28 at 4:30 p.m.** All are welcome to come to learn or refresh! If you plan to attend, please either let Fr. Nicholas know, send an e-mail to [office@stathanasius.org](mailto:office@stathanasius.org) or leave a message at 685-5400 so that we can order the appropriate amount of materials.

## **WE NEED YOUR HELP...**

We need volunteers who can give a bit of time on Sunday mornings in the following ways:

- **Greeters** to arrive no later than 9:15 a.m., pass out the bulletin and make everyone who walks into the church feel welcome, both members and visitors. Greeters currently serve about every 5 weeks.
- **Ushers** to help visitors find seats and to maintain an orderly flow during Communion. Ushers currently serve every four weeks.

**If you can serve as an usher or greeter, please contact Peggy King at: [pking42@aol.com](mailto:pking42@aol.com) or 968-0095.**



- **Potluck Coordinators**—We need a small team of people who are willing to do the following when we have Sunday potlucks instead of coffee hour:
  - Plug in the large coffee pot and the hot water for tea at 10:00 a.m.
  - Put the food out on the buffet table after Communion
  - Make sure there are appropriate serving utensils for the food
  - Put the large coffee pot and creamer out on the counter top after Communion
  - Clean off the buffet table, wash/dry/put away coffee pot and all church dishes and utensils.
  - Clear off and wipe all tables. (No need to empty trash or vacuum.)

The following are Potlucks for which we need someone to take the lead in the coming Liturgical year:

Sept. 8, 2013	Nativity of Theotokos
Dec. 1, 2013	Thanksgiving leftovers/snacks
Dec. 29, 2013	Christmas Cookies
April 13, 2014	Palm Sunday ( <b>Lenten Potluck</b> )
June 8, 2014	Pentecost

If you can help with the potlucks, or would be willing to be the Coordinator for all of them, and recruit your own helpers, please contact Valerie at [valerie@stathanasius.org](mailto:valerie@stathanasius.org).

## *CELEBRATIONS for THIS WEEK*

### Birthdays

- 9/08 Mary Ellen Braun, Breanna Faria, Luke Hedges  
 9/09 Stephanie Braun  
 9/11 Joseph Ballew  
 9/12 Tom Johnson  
 9/14 Michael Easbey  
 9/15 Dean Brunner

### Patron Saint Commemorations

- 9/8 **St. Adriana** Adriana de Bruin
- 9/8 **Theotokos, The Nativity of the Mother of God**  
 Amanda Jacobs, Fr. John Carrillo, Mary Ellen Braun, Stephanie Braun, Ciara Giordani
- 9/9 **St. Anna, Mother of the Virgin Mary**  
 Rebekah Cash, Shirley Dillon, Ginger Gillquist, Michelle Madrigal, Sherie Shackelford

**Countdown:  
Only 3 Weeks to  
September 27, 2013!**



**Register *NOW*  
for the**

***St. Athanasius  
Annual Golf & Dinner/Dance Gala  
In Honor of Dn. Howard Shannon***

***Help Us Reach Our Goal of \$50,000!  
How can you help?***

Buy your dinner tickets! Remember you don't have to Golf to participate. (\$50/person.) Purchase at the Golf table during Coffee Hour, online at [www.stathanasius.org/golf](http://www.stathanasius.org/golf), or by check to the church at Attn.: Golf, P.O. Box 35, Goleta, CA 93116.

Donate in memory of Dn Howard Shannon.

Obtain gift certificates (especially restaurants) for our silent auction/raffle. (Please give to Terri Speier **by Sept. 15th**. Phone: 563-2131)

Find a business or organization to sponsor a hole on the golf course.

Organize a foursome for golf, or golf as a single. (Contact Jon King: 967-0192 )

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Fr. Alexander Atty	Gail S.	Frank G.
Mother Victoria	Olga G.	Patrick B.
Met. Paul & Abp. John	Leona G.	Baby Christian F.
who have been	Presbytera Katherine H.	Richard
kidnapped by terrorists	Mick K. & Family	Eleni Z.
in Turkey.	Mary & Susan	Cameron W.
Fr. Gordon & Mary Sue W.	Duane F.	Bobbie B.
Greg & Margaret Y.	Marna D.	

**For repose of the souls of:** Rae, Audrey L., Claudia

### ABOUT OUR PRAYER LISTS:

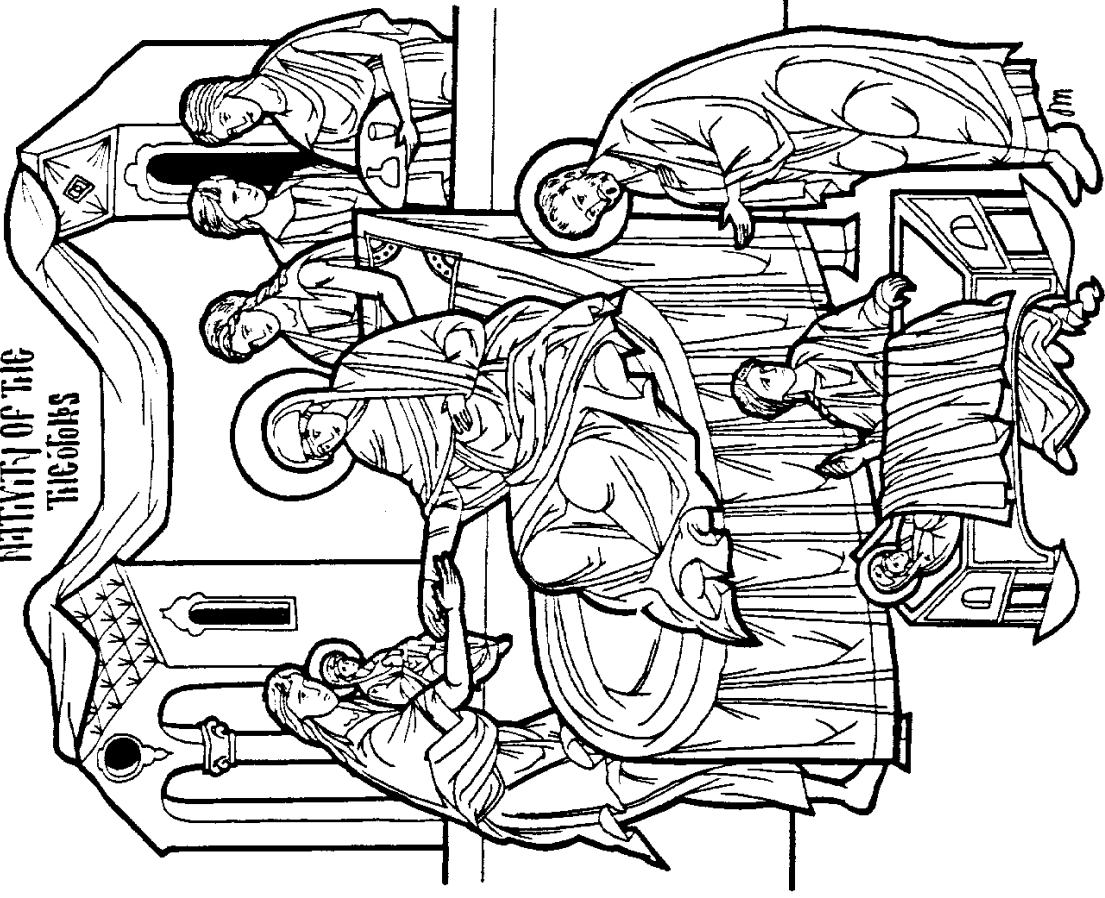
Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread.

### ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to "St. Athanasius Book Center."

**NATIVITY OF THE  
THEOPHILES**



**FOR THE CHILDREN TO COLOR  
DURING THE HOMILY OR AT HOME -**