



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

5580 Calle Real
Goleta, CA 93111-1646
Office hours: Tues-Fri.
11:00 a.m.—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-968-2448

Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

Parish Council:

Dana Alexander, President

Dan Braun, Treasurer

Douglas Meyer, Secretary

Katie AbuGhazaleh

Karen Jacobs

Jon King

Laurence Lander

Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, September 15, 2013

Tone 3 / Eothinon 1

Sunday after the Exaltation of the Holy Cross

Great-martyr Nikitas the Goth and those with him;
Martyr Porphyrios the Mime; Vissarion, Bishop of Larisa;
New-martyr John of Crete; Joseph the New of Partosh



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, September 15

Blessing of Students

RELIGIOUS ED. CLASSES BEGIN

- 8:45 a.m. Religious Ed. 3-12 years;
Meeting with Jr. High & High
School students & their parents
- 9:00 a.m. Matins
- 10:00 a.m. Divine Liturgy
- 11:45 a.m. Coffee Hour

Monday, September 16

- 6:45 a.m. Daily Matins
- 5:00 p.m. Outreach Meal at St. Michael's
University Church in Isla Vista

Tuesday, September 17

- 3:00 p.m. Catechesis Level I
- 5:30 p.m. Daily Vespers
- 7:00 p.m. Teen Leaders Meeting

Wednesday, September 18

- 6:45 a.m. Daily Matins
- 12:00 p.m. Women's Prayer Group

Thursday, September 19

- 5:30 p.m. Daily Vespers
- 7:00 p.m. Parish Council Meeting

Friday, September 20

- 6:45 a.m. Daily Matins

Saturday, September 21

- 10:00 a.m. Ministry Leaders Meeting
- 6:00 p.m. Great Vespers/Confession

Sunday, September 22

Blessing of the Ministry Leaders

- 8:45 a.m. Religious Ed. 3-12 years;
- 9:00 a.m. Matins
- 10:00 a.m. Divine Liturgy
- 11:45 a.m. Coffee Hour

- REMAINING FAITHFUL -

S.A.O.C. BUILDING FUND

Total donations received in the
month of August:

\$16,245

Sunday Morning Ministries Schedule

Eucharist Bread

- September 15 Dan Braun
- September 22 Giordani
- September 29 Gish
- October 6 Dn. G. Braun and Meyer

Coffee Hour

- September 15 Wallace Family
- September 22 Gail Shannon -
In Memory of Dn. Howard
- September 29 Choir for St. Romanos
- October 6 Giordani Family

Greeters

- September 15 S. & C. Shackelford
- September 22 D. Washburn & D. Lewis
- September 29 P. Morrison & D. Genatone
- October 6 P. King & P. Matthews

Ushers

- September 15 D. Meyer, R. Barre, D. Lewis
- September 22 C. Speier, Rita Schneider, P. King
- September 29 Jon King, G. Braun, P. King
- October 6 S. & L. Speier, P. Brunner

CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
(“Glory to You, Who have shown us the light...” - Complete text is
in the front of the Liturgy Book.)

THE LITURGY OF THE WORD

THE GREAT LITANY

First Antiphon verses for the Feast of the Cross with refrain:

Vs. O God, my God, attend to me; why hast Thou forsaken me? Far from my salvation are the words of my transgressions.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. My God, I will cry by day, and wilt Thou not hearken? But as for Thee, Thou dwellest in the sanctuary, O Praise of Israel. **[Refrain]**

Vs. Glory...now & ever...Amen. **[Refrain]**

Second Antiphon verses for the Feast of the Cross & refrain

Vs. O God, why hast Thou cast us off unto the end? Remember Thy congregation which Thou hast purchased from the beginning.

Refrain: O Son Of God Who rose from the dead, save us who sing to Thee, Alleluia!

Vs. This is Mount Zion wherein Thou hast dwelt. **[Refrain]**

VS. God is our King before the ages, He hath wrought salvation in the midst of the earth.
[Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON verses for the feast of the Cross

Vs. The Lord is king, let the peoples rage; He sitteth on the Cherubim,
let the earth be shaken.

Refrain (Music on next page.)

**O Lord save Thy people and bless Thine inheritance,
granting victory over all adversaries.
And by the pow'r of Thy cross protect us.**

Vs. The Lord is great in Zion, and He is high above all peoples.

Vs. Let them confess Thy great Name, for it is terrible and holy.

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY:

Troparion of the Resurrection

Tone 3

(Music on page 44 of Liturgy Book)

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Troparion of the Holy and Life-giving Cross

Tone 1

(Music on next page.)

O Lord save Thy people and bless Thine inheritance,
granting victory over all adversaries.
And by the pow'r of Thy cross protect us.

Troparion to St. Athanasius (Music on p. 54 of Liturgy Book)

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.


Troparion

Elevation of the Cross

Tone 1 Byzantine


Priest Mark Sahady
arr. by Priest John Finley

Soprano
Alto



O Lord, save Thy peo - ple and bless_ Thine in - her - i - tance,

Tenor
Bass



S.
A.



grant - ing vic - to - ry ov - er all ad - ver - sar -

T.
B.




S.
A.



ies. And by the pow'r of Thy Cross pro - tect_ us.

T.
B.



Kontakion for the Feast of the Cross

Tone 4

As You were voluntarily raised upon the Cross for our sake,
grant mercy to those who are called by Your Name, O Christ God;
Make all Orthodox Christians glad by your power,
granting them victories over their adversaries//
by bestowing on them the invincible trophy, Your weapon of peace!

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle

Tone 4

O Lord, how manifold are Thy works, in wisdom Thou hast made them all. (*Ps 103/104:24*)

Vs. Bless the Lord O my soul, O Lord my God, Thou art very great. (*Ps 103/104:1*)

EPISTLE READING FOR THE DAY

Galatians 2:16-20

Brethren, you know that a man is not justified by works of the Law, but through faith in Jesus Christ. Even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the Law, because by works of the Law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things, which I tore down, then I prove myself a transgressor. For I through the Law died to the Law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 1

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

v. Remember Your congregation, which You have purchased of old! (Ps 73/74:2)

v: God is our King before the ages; He has worked salvation in the midst of the earth. (Ps 73/74:12)

GOSPLE READING FOR THE WEEK

Mark 8:34-9:1

The Lord said, "If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the Gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and of My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels." And He said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

LITURGY OF THE FAITHFUL

Meglynarion for the feast of the Cross

You are a mystical paradise, O Birthgiver of God, in which Christ blossomed.
Through Him, the life-bearing wood of the Cross was planted on earth.
Now, at its elevation, as we bow in worship before it, we glorify You.

Hymn sung as the clergy receive the Eucharist:

Praise the Lord from the heavens; praise Him in the Highest!

For the feast of the Cross:

The light of Your countenance has shone on us, O Lord. (*Ps 4/5:6*)
Alleluia, Alleluia, Alleluia!

Hymn during Communion of the People

Receive the Body of Christ, taste the fountain of immortality. Alleluia, alleluia, alleluia.

GOLF TOURNAMENT DEADLINES

Please make your dinner reservation for the Golf Tournament by **Wednesday, September 18.**

You can register and pay online through the parish website at:

<https://www.stathanasius.org/2013-golf-tournament/>

Please turn in all items for silent auction (gift certificates, handmade goods, baskets, items to go in baskets) by **TODAY, September 15th.** It is very important to have the items in early as it takes time to put auction packages together, and complete bid sheets.

Contact Terri Speier (563-2131, stspeier@cox.net) if you have questions, need someone to pick up your items or need one more day. Thank you to all those who have helped with the auction!

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: **www.stathanasius.org**.



FALL WOMEN'S BIBLE STUDY

Ladies, we are gearing up for a 6 week study of the book of Ephesians. We will begin on Monday, October 7th at 7:00 pm. Our last study will be on Monday, November 11th. If you would like to be a part of this time together, please email Karen Jacobs by Monday, September 23rd. Our Spring study of Philippians was a full, enriching time of both study and fellowship. Please consider joining us for our Fall endeavor! Karen's email: kjacobs@cox.net

THE PARISH COUNCIL WILL MEET this Thursday, Sept. 19th at 7:00 p.m.

ALL MINISTRY HEADS WILL MEET this Saturday, September 21st from 10 a.m.-12:00 noon.

MINISTRY BLESSINGS:

The following groups will receive a blessing on their ministries for the coming liturgical year:

September 15 Students
September 22 All Ministry Heads
September 29 Musicians

A NEW CATECHISM/INQUIRERS CLASS will begin on Saturday, September 28 at 4:30 p.m.

All are welcome to come to learn or refresh! If you plan to attend, please either let Fr. Nicholas know, send an e-mail to office@stathanasius.org or leave a message at 685-5400 so that we can order the appropriate amount of materials.

LEVEL ONE ICON WRITING WORKSHOP

There will be an iconography class October 20-26 at the Episcopal Cathedral Center near downtown Los Angeles, hosted by the Icon Guild of Southern California. A deposit is required by this Monday, September 16, with the tuition balance due on Friday, October 11th. For more information, see Dorothy Alexander, or call Edward Beckett at 626-791-7953. Brochures are on the long table in the narthex of the church.

CELEBRATIONS for THIS WEEK

Anniversaries

9/19 Kevin & Angel Speier

Birthdays

9/15 Dean Brunner

9/18 Andy Simonsen

9/19 Leslee Kinman

9/20 Dan Braun

9/22 Alec de Bruin

Patron Saint Commemorations

9/17 St. Sophia

Noelle Ballew, Sophia Johnson, Lauren King,
Sophia Roberts

9/17 St. Sophia & her 3 daughters

Bella Madrigal

9/17 St. Nadia, daughter of St. Sophia

Nadine de Bruin

SAINT BARBARA GREEK ORTHODOX CHURCH PHILOPTOCHOS

(Friends of the Poor)

PRESENTS

ESSENCE OF THE MEDITERRANEAN

Saturday September 21, 2013

1205 San Antonio Creek Road, Santa Barbara

from 2:00 pm until 5:00 pm

**RESERVE BY SEPTEMBER 14TH AT \$35.00 PER PERSON
OR \$40.00 AT THE DOOR**

Taste the food, olive oil and wine. Learn firsthand how to cure olives. Cooking demonstration and tasting.

Listen to the benefits of this diet from one of the area's top Cardiologists.

A portion of the proceeds will be donated to the American Heart Association.

For reservations and information please go to the St. Barbara's Greek Orthodox Church website.

www.saintbarbara.net/events or call the Church office 805-683-4492.

Building New Walls

for the Kingdom of God



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH BUILDING PROJECT

8/30/2013

Dear Friend,

I am petitioning your help in support of St. Athanasius Orthodox Church in Santa Barbara, California.

After a 25 year effort, we feel very blessed to finally be building a new church. Our project is well underway. The fellowship hall will be completed in January 2014 with plans to build the temple in the near future.

On September 27th, we will host our annual golf tournament fundraiser. This year's tournament will be played in honor of our departed friend, Deacon Howard Shannon, whose lifelong dream was to see the church built. Together, we can help fulfill his dream and honor his memory.

Please help us.

Enclosed is an invitation to the event with a return envelope. If you are unable to join us, please consider a donation to our Building Project. (www.stathanasius.org/golf)

Thank you and God's blessings,

Dr. Scott Speier
Fundraising Chair



PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Fr. Alexander Atty	Gail S.	Frank G.
Mother Victoria	Olga G.	Patrick B.
Met. Paul & Abp. John	Leona G.	Baby Christian F.
who have been	Presbytera Katherine H.	Richard
kidnapped by terrorists	Mick K. & Family	Eleni Z.
in Turkey.	Mary & Susan	Cameron W.
Fr. Gordon & Mary Sue W.	Duane F.	Bobbie B.
Greg & Margaret Y.	Marna D.	

For repose of the souls of: Rae, Audrey L., Claudia

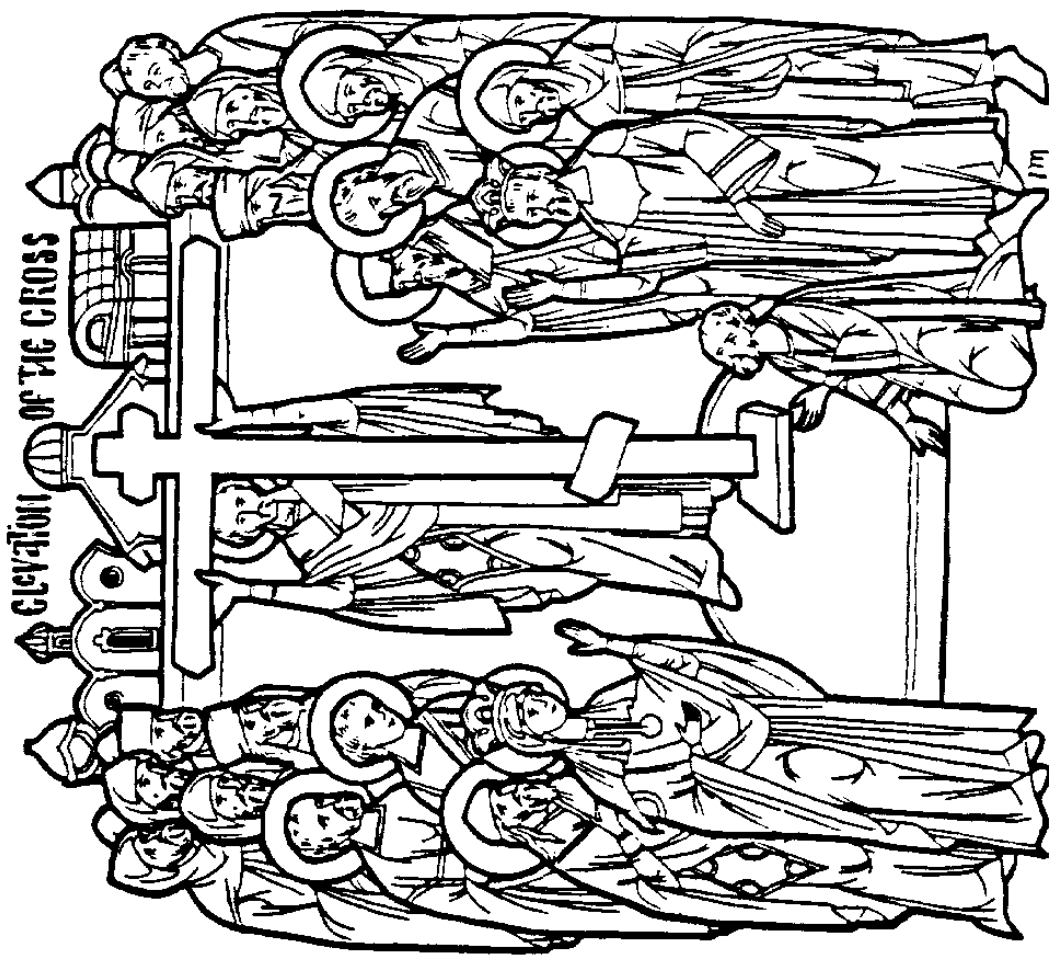
ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread.

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to "St. Athanasius Book Center."



FOR THE CHILDREN TO COLOR
DURING THE HOMILY OR AT HOME -