



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

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5580 Calle Real
Goleta, CA 93111-1646
Office hours: Tues-Fri.
11:00 a.m.—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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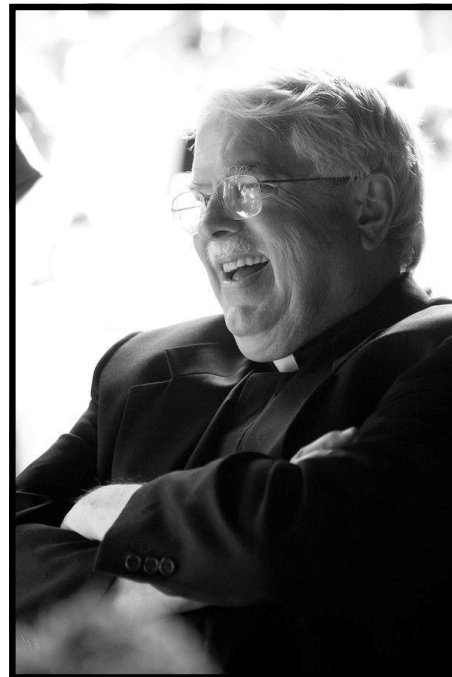
Parish Council:

Dana Alexander, President
Dan Braun, Treasurer
Douglas Meyer, Secretary
Katie AbuGhazaleh
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, September 22, 2013

Tone 4 / Eothinon 2; Thirteenth Sunday after Pentecost & First Sunday of Luke

Apostle Quadratos & Hieromartyr Phocas the Bishop,
Martyr Phocas the Gardener; New-martyrs Isaac and Martin;
Twenty-six Venerable-martyrs and Venerable Cosmas the Bulgarian,
all of Zographou monastery on Athos



In loving memory of Deacon Howard Shannon

September 10, 1943—September 21, 2012

*“And what does the Lord require of you? To act justly
and to love mercy and to walk humbly with your God.”*

Micah 6:8

Calendar for this Week

Sunday, September 22

Blessing of the Ministry Leaders

8:45 a.m. Religious Ed. 3-12 years;
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Monday, September 23

6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal at St. Michael's
University Church in Isla Vista

Tuesday, September 24

3:00 p.m. Catechesis Level I
5:30 p.m. Daily Vespers/St. Thekla

Wednesday, September 25

6:45 a.m. Daily Matins
12:00 p.m. Women's Prayer Group

Thursday, September 26

5:30 p.m. Daily Vespers
7:00 p.m. Choir Rehearsal

Friday, September 27

ANNUAL GOLF TOURNAMENT, GALA DINNER/DANCE/AUCTION

6:45 a.m. Daily Matins
10:00 a.m. Golf Registration
11:00 a.m. Putting Contest
12:00 p.m. Golfing begins
5:00 p.m. Gala Dinner/Dance/Auction

Saturday, September 28

RITE 13 HOLLISTER BUILDING CLEAN-UP

4:30 p.m. Adult Catechism begins
6:00 p.m. Great Vespers/Confession

Sunday, September 29

Blessing of the Musicians

8:45 a.m. Religious Ed. 3-12 years;
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour at Hollister building
5-7 p.m. "Fire on Father" for teens in grades 9-12
at Fr. Nicholas & Jan's home

Sunday Morning Ministries Schedule

Eucharist Bread

September 22 Giordani
September 29 Gish
October 6 Dn. G. Braun and Meyer
October 13 Dillon

Coffee Hour

September 22 Gail Shannon in memory of
Deacon Howard Shannon
September 29 Choir and Junior Highers
AT THE NEW BUILDING
October 6 Giordani Family
October 13 Craig Speier Family

Greeters

September 22 D. Washburn & D. Lewis
September 29 P. Morrison & D. Genatone
October 6 P. King & P. Matthews
October 13 K. & L. Jacobs

Ushers

September 22 C. Speier, Rita Schneider, P. King
September 29 Jon King, G. Braun, P. King
October 6 S. & L. Speier, P. Brunner
October 13 D. Meyer, R. Barre, D. Lewis

CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
(“Glory to You, Who have shown us the light...” - Complete text is
in the front of the Liturgy Book.)

THE LITURGY OF THE WORD

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

PROCESSION OF THE CLERGY

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY:**

Troparion of the Resurrection
(Music on page 45 of Liturgy Book)

Tone 4

Having learned the joyful message
of the Resurrection from the angel,
the women disciples of the Lord cast from them
their parental condemnation,
and proudly broke the news to the disciples
saying death has been spoiled.
Christ God is risen, granting the world great mercy.

Troparion for Apostle Quadratus

Tone 3

Holy Apostle Quadratus,
entreat the merciful God, //
to grant our souls forgiveness of transgressions!

Troparion for Hieromartyr Phocas**Tone 4**

By sharing in the ways of the Apostles,
you became a successor to their throne.

Through the practice of virtue, you found the way to divine
contemplation, O inspired one of God;

By teaching the word of truth without error, you defended the Faith, even
to the shedding of your blood.//

Hieromartyr Phocas, entreat Christ God to save our souls!

Troparion to St. Athanasius (Music on p. 54 of Liturgy Book)**Tone 3**

Holy Bishop Athanasius,

you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.

Opposing the heretical opinion of Arius,

you explained and taught that the Son is equal in nature with the Father.

O holy Father, intercede with Christ God

that He may grant us abundant mercy.

Kontakion - Ordinary Sundays Tone 4

O undisputed intercessor of Christians,

O mediatrix, who is unrejected by the creator.

Turn not away from the voice of our petitions, though we be sinners.

Come to us with aid in time, who cry unto thee in faith,

for thou art good. Hasten to us with intercessions, O Theotokos,

who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,

now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle
(Music on page 59 of Liturgy booklet)****Tone 4**

O Lord, how manifold are Thy works, in wisdom Thou hast made them all. (*Ps 103/104:24*)

Vs. Bless the Lord O my soul, O Lord my God, Thou art very great. (*Ps 103/104:1*)

EPISTLE READING FOR THE DAY

1 Corinthians 16:13-24

Brethren, be watchful, stand firm in your faith, be courageous, be strong. Let all that you do be done in love.

Now, brethren, you know that the household of Stephanas were the first converts in Achaia, and they have devoted themselves to the service of the saints; I urge you to be subject to such men and to every fellow worker and laborer. I rejoice at the coming of Stephanas and Fortunatus and Achaicus, because they have made up for your absence; for they refreshed my spirit as well as yours. Give recognition to such men.

The churches of Asia send greetings. Aquila and Prisca, together with the church in their house, send you hearty greetings in the Lord. All the brethren send greetings. Greet one another with a holy kiss.

I, Paul, write this greeting with my own hand. If anyone has no love for the Lord, let him be accursed. Our Lord, come! The grace of the Lord Jesus be with you. My love be with you all in Christ Jesus. Amen.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel **Tone 4** (Music on page 64 of Liturgy Booklet)

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Draw Thy bow and prosper and reign, in the cause of
 truth, meekness and righteousness. (*Ps 44/45:5*)

Verse: Thou hast loved righteousness and hated wickedness. (*Ps 44/45:8*)

GOSPLE READING FOR THE WEEK

Luke 5:1-11

At that time, Jesus was standing by the lake of Gennesaret. And He saw two boats by the lake; but the fishermen had gone out of them and were washing their nets. Getting into one of the boats, which was Simon's, Jesus asked him to put out a little from the land. And He sat down and taught the people from the boat. And when Jesus had finished speaking, He said to Simon, "Put out into the deep and let down your nets for a catch." And Simon answered, "Master, we toiled all night and took nothing! But at your word I will let down the nets." And when they had done this, they enclosed a great shoal of fish; and as their nets were breaking, they beckoned to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord." For he was astonished, and all that were with him, at the catch of fish, which they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not

be afraid; henceforth you will be catching men." And when they had brought their boats to land, they left everything and followed Him.

LITURGY OF THE FAITHFUL

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Hymn sung as the clergy receive the Eucharist:

Praise the Lord from the heavens; praise Him in the Highest!

Hymn during Communion of the People

Receive the Body of Christ, taste the fountain of immortality. Alleluia, alleluia, alleluia.

WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

LAST CHANCE! ACT NOW! GOLF TOURNAMENT THIS FRIDAY, 9/27!

**EXTENDED REGISTRATION DATE FOR GOLF OR DINNER IS
THIS MONDAY, SEPTEMBER 23rd!**

Highlights of the event:

- new dinner menu items
- free drink ticket with dinner and golf
- music by DJ Hectic
- Door prizes
- 50/50 raffle

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

FOR THE FALL SEASON OF COFFEE HOURS, we still need hosts for:

November 17 & 24

December 15

Please see the sign-up board in the narthex and help us to fill in the blank Sundays!

MINISTRY BLESSINGS:

The following groups will receive a blessing on their ministries for the coming liturgical year:

September 22 All Ministry Heads

September 29 Musicians

A NEW CATECHISM/INQUIRERS CLASS will begin on Saturday, September 28 at 4:30 p.m. All are welcome to come to learn or refresh! If you plan to attend, please either let Fr. Nicholas know, send an e-mail to office@stathanasius.org or leave a message at 685-5400 so that we can order the appropriate amount of materials.

COFFEE HOUR NEXT WEEK, SEPT. 29 will be at the new church building on Hollister and Sumida Gardens Lane.

PARISH COUNCIL RETREAT OCTOBER 5

The Parish Council will meet on Saturday, October 5th from 9:00 a.m.-12:00 noon, for a retreat/workshop to set goals for the coming year.

FALL WOMEN'S BIBLE STUDY

Ladies, we are gearing up for a 6 week study of the book of Ephesians. We will begin on Monday, October 7th at 7:00 pm. Our last study will be on Monday, November 11th. If you would like to be a part of this time together, please email Karen Jacobs by Monday, September 23rd. Our Spring study of Philippians was a full, enriching time of both study and fellowship. Please consider joining us for our Fall endeavor! Karen's email: kjacobs@cox.net

ATRIUM OPEN HOUSE OCTOBER 6

Come and see what an Atrium is and learn a bit about the program that we have adopted in our parish for the spiritual formation of our children — called the “Catechesis of the Good Shepherd.” The teachers will be in their classrooms to welcome you during Coffee Hour that day. There will also be a children's sermon that day during the Divine Liturgy.

LEVEL ONE ICON WRITING WORKSHOP

There will be an iconography class October 20-26 at the Episcopal Cathedral Center near downtown Los Angeles, hosted by the Icon Guild of Southern California. A deposit is required by this Monday, September 16, with the tuition balance due on Friday, October 11th. For more information, see Dorothy Alexander, or call Edward Beckett at 626-791-7953. Brochures are on the long table in the narthex of the church.

DIOCESAN FALL DELEGATES GATHERING

October 11-13, 2013

Our Western Region will gather in Lancaster, CA, at Holy Cross parish on the weekend of October 11-13. The purpose of the Fall Gathering is to help the various organizations and groups within the diocese to plan their activities for the upcoming year. This includes the Teens, Young Adults-St. John the Divine, and the Antiochian Women. The weekend also includes a keynote address by Archbishop JOSEPH, worship services, social events, and even a basketball tournament, plus a "town hall" style meeting to discuss the format of our Parish Life Conferences and Fall Gatherings. A small group of our teens will be attending the gathering this year with Fr. Nicholas.

CELEBRATIONS for THIS WEEK

Anniversaries

9/26 Fr. Jon & Mary Ellen Braun

9/28 Michiel & Andrea de Bruin

Birthdays

9/22 Alec de Bruin

9/24 Katherine AbuGhazaleh, Paul Franzen

9/27 Gianni Madrigal, Sherie Shackelford

9/28 Amanda Morrison, Jessica Berari, Dn. John Young, Olguita Gabrie

9/29 Nicole Berari

Patron Saint Commemorations

September 24

St. Thekla the Protomartyr

Melissa Braun, Jan Finley, Courtney Shannon

September 25

St. Sergius of Radonezh

Brian Sieck

September 26

St. John the Theologian

Douglas Meyer

September 28

St. Jerome

Tyson Shackelford

TEEN SCENE

JOURNEY TO ADULTHOOD

Schedule of Activities and Service Projects September- November 2013

RITE-13 Grades 7-8

September

Sunday 9/22

First day of Sunday education, 8:45 a.m.

Saturday, 9/28

Building clean-up at Hollister property

October

Saturday, 10/5

Event-Wii Night with Dinner (after Vespers 7-9?)

Friday, 10/18- Sat 10/19

Over night retreat at St. Barbara's Monastery

November

Sunday, 11/3

Dinner and Game Night

Sunday, 11/17

Transition house/ Unity Shop help

J2A Grades 9-10

September

Sunday, 9/22

First day of Sunday education, 8:45 a.m.

Sunday, 9/29

Fire on Father, 5-7 p.m. at Fr. Nicholas and Jan's home

October

Fri. 10/5-Sat. 10/6

Retreat (camping)

Monday, 10/ 8

Serve dinner at Casa Esperanza, 5 p.m.

November

Friday, 11/1

Game Night, 6-8pm

Tuesday, 11/12

IV Hot Cocoa Project. 6-8pm

YAC Grades 11-12

September

Sunday, 9/22

First day of Sunday Education 8:45 a.m.

Sunday, 9/29

Kick off BBQ & Game Night, 5-7 p.m. at Craig & Jenny Speier's

Fire on Father 5-7 p.m. at Fr. Nicholas and Jan's home

October

Fri. 10/11-Sun. 11/13

Diocesan Fall Delegates Meeting

Sunday, 10/20

Fire on Father 5-7 p.m. at Fr. Nicholas and Jan's home

Thursday, 10/31

Halloween Party/ Trick or Treat by gathering canned goods for Food Bank or Unity Shoppe at the Dillon's home

November

Sunday, 11/17

Fire on Father, 5-7 p.m. at Fr. Nicholas and Jan's home

Saturday, 11/ 23

King's Hockey game (for all high schoolers)

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Fr. Alexander Atty	Gail S.	Frank G.
Mother Victoria	Olga G.	Patrick B.
Met. Paul & Abp. John	Leona G.	Baby Christian F.
who have been	Presbytera Katherine H.	Richard
kidnapped by terrorists	Mick K. & Family	Eleni Z.
in Turkey.	Mary & Susan	Cameron W.
Fr. Gordon & Mary Sue W.	Duane F.	Bobbie B.
Greg & Margaret Y.	Marna D.	Sylvia G.
		James & Jasmink G.

For repose of the souls of: Rae, Audrey L., Claudia

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread.

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to "St. Athanasius Book Center."



ST. GEORGE

In memory of Dn. Howard George Shannon