

# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

5580 Calle Real  
Goleta, CA 93111-1646  
**Office hours:** Tues-Fri.  
11:00 a.m.—5:00 p.m.

### Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

### Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-968-2448

Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached Priest

### Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

### Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

### Parish Council:

Dana Alexander, President

Dan Braun, Treasurer

Douglas Meyer, Secretary

Katie AbuGhazaleh

Karen Jacobs

Jon King

Laurence Lander

Craig Speier

## LITURGY OF ST. JOHN CHRYSOSTOM

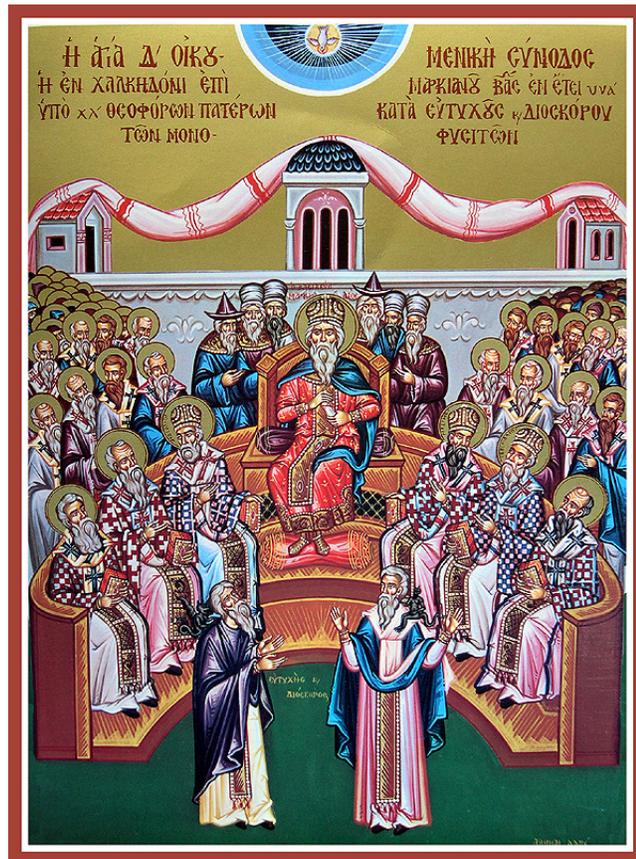
Sunday, October 13, 2013

Tone 7 / Eothinon 5

### Sunday of Holy Fathers of Seventh Ecumenical Council

Martyrs Karpos, Papylos, Agathodoros & Agathonika at Pergamos;

Martyr Benjamin the Deacon of Persia; Martyr Florentios  
of Thessalonica; New Virgin-martyr Zlata of Meglin in Bulgaria



## WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

# Calendar for this Week

## Sunday, October 13

### **Diocesan Fall Delegates Meeting**

8:45 a.m. Rel. Ed. 3 yrs – High School  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

## Monday, October 14

6:45 a.m. Daily Matins  
5:00 p.m. Outreach Meal at St. Michael's  
University Church in Isla Vista  
7:00 p.m. Women's Bible Study

## Tuesday, October 15

3:00 p.m. Catechesis Level I  
5:30 p.m. Daily Vespers

## Wednesday, October 16

6:45 a.m. Daily Matins  
12:00 p.m. Women's Prayer Group

## Thursday, October 17

5:30 p.m. Daily Vespers  
7:00 p.m. Choir Rehearsal  
7:00 p.m. Parish Council Meeting

## Friday, October 18

### **Rite-13 Retreat at Monastery**

6:45 a.m. Daily Matins  
5:00 p.m. J2A Casa Esperanza Service  
Project

## Saturday, October 19

### **Rite-13 Retreat at Monastery**

4:30 p.m. Adult Catechism  
6:00 p.m. Great Vespers/Confession

## Sunday, October 20

8:45 a.m. Rel. Ed. 3 yrs – High School  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
5:00 p.m. Fire on Father for grades 11-12

## *Sunday Morning Ministries Schedule*

### Eucharist Bread

October 13 Dillon  
October 20 Tinyayeva  
October 27 Thomas  
November 3 Hedges

### Coffee Hour

October 13 Craig Speier Family  
October 20 Ballew & Kern Families  
October 27 V. Hedges/Natalia T. & Families  
November 3 Brunner Family -  
In Memory of Cyrus

### Greeters

October 13 K. & L. Jacobs  
October 20 D. Washburn & D. Lewis  
October 27 S. & C. Shackelford  
November 3 D. & D. Alexander

### Ushers

October 13 D. Meyer, R. Barre, D. Lewis  
October 20 C. Speier, Rita Schneider, P. King  
October 27 Jon King, G. Braun, P. King  
November 3 S. & L. Speier, P. Brunner

## **CHANGEABLE TEXTS FOR THE DAY**

**AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.**  
**(“Glory to You, Who have shown us the light...” - Complete text is  
in the front of the Liturgy Book.)**

### **THE LITURGY OF THE WORD**

#### **GREAT LITANY**

##### **FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

##### **SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**PROCESSION OF THE CLERGY  
AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL  
HYMNS FOR THE DAY:**

**Troparion of the Resurrection**

**Tone 7**

**(Music is on p. 51 of liturgy book.)**

Thou didst shatter death by Thy Cross;

Thou didst open paradise to the thief;

Thou didst turn the sadness of the

ointment bearing women into joy,

and didst bid Thine apostles proclaim

a warning that Thou hast risen, O Christ,

granting the world the great mercy.

**Troparion of the Holy Fathers**

**Tone 8**

Most glorious are You, O Christ our God!

You have established the Holy Fathers as lights on the earth.

Through them You have guided us to the true Faith!!

O greatly compassionate One, glory to You!

**Troparion to St. Athanasius (Music on p. 54 of Liturgy Book)**

**Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion - Ordinary Sundays**

**Tone 4**

O undisputed intercessor of Christians,  
O mediatrix, who is unrejected by the creator.  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith,  
for thou art good. Hasten to us with intercessions, O Theotokos,  
who dost always intercede for those who honor thee.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle**

**Tone 4**

Blessed are You, O Lord, God of our fathers, and praised and glorified is Your name forever.

**Verse:** For You are just in all that You have done for us.

**EPISTLE READING FOR THE DAY**

**Titus 3:8-15**

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissension, and quarrels over the Law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, knowing that such a person is perverted and sinful; he is self-condemned.

When I send Artemas or Tychicus to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful.

All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all. Amen.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel    Tone 7**  
**(Music on page 64 of Liturgy Booklet)**

**Chanter:** Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

**Verse:**            It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. **Alleluia...**

**Verse:**            To declare Thy mercy in the morning, and Thy truth in the night. **Alleluia...**

**GOSPLE READING FOR THE WEEK**  
**Luke 8:5-15**

The Lord spoke this parable: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold."

And when His disciples asked Him what this parable meant, Jesus said, "To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way, they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience." As Jesus said this, He called out, "He who has ears to hear, let him hear."

# LITURGY OF THE FAITHFUL

## Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

## Hymn sung as the clergy receive the Eucharist:

Praise the Lord from the heavens; praise Him in the Highest!

## Hymn during Communion of the People

Receive the Body of Christ, taste the fountain of immortality.

Rejoice in the Lord, O you righteous; praise befits the just! (*Ps 32/33:1*)

Alleluia, Alleluia, Alleluia!

## “The Sacred, the Profane, and Everything in Between”

A music seminar for all adults and teens who love music  
and/or are interested in learning more!

Saturday, October 26, 2013

10:00 a.m.-3:00 p.m.

Presenters:

Fr. Nicholas Speier

Subdn./Dr. Stephen Butler

Nazo Zakkak

### We will listen to, explore and discuss:

- A wide variety of musical styles, including rock, pop, blues, jazz, sacred and liturgical;
  - What can be learned from analyzing the lyrics or text of a composition;
    - What inspires the art of composition;
  - “Para-liturgical” music, or faith-based music not used in worship;
  - How and why liturgical music differs from all other forms of music.

### Please register in advance through the church office:

685-5400 or [office@stathanasius.org](mailto:office@stathanasius.org)

\$5 donation requested at the door — Lunch is included.

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

**OUR MUSIC DIRECTOR, Valerie Yova**, is in Portland, Oregon this weekend teaching at a pan-Orthodox music seminar hosted by Annunciation parish and the Diocese of the West of the Orthodox Church in America (OCA). Our thanks to Reader Howard Lange for stepping in to lead the choir for Liturgy and to Catherine Braun for leading Vespers.

**A NEW CATECHISM/INQUIRERS CLASS began on September 28th and will continue on Saturdays at 4:30 p.m.** Even if you did not sign up for it, you are welcome to sit in on the class, to learn or refresh!

**THE PARISH COUNCIL** will meet this coming Thursday, October 17th, at 7:00 p.m.

### ***CELEBRATIONS for THIS WEEK***

#### **Anniversaries**

**10/13** Verne & Joanne Gish  
**10/17** Tyson & Sherie Shackelford

#### **Birthdays**

**10/13** Deborah McQuade  
**10/16** Angelina Speier  
**10/17** Abigail Simonsen, Elizabeth Kinman  
**10/18** Jordan Williams  
**10/20** Noah Hedges

#### **Patron Saint Commemorations**

**10/13 St. Benjamin, Deacon of Persia** Benjamin Ballew  
**10/13 St. Benjamin the Heiromartyr** Benny Madrigal, Ben Hedges  
**10/18 St. Luke the Apostle** Luke Speier  
**10/19 St. John of Kronstadt** David Lewis, Jill Wallerstadt

**Please don't forget to submit any changes in your contact information (address, e-mail, phone) to the parish office. The phone list and address/e-mail lists get updated on a regular basis. Thanks for your help!!**  
Please send to: [office@stathanasius.org](mailto:office@stathanasius.org)

# THANKS BE TO GOD!

We raised a grand total of **\$63,386** on the  
**2013 Golf Tournament/Gala!**

**St. Athanasius Orthodox Church 2013 Golf Tournament/Gala**  
*Many thanks to all of our Hole Sponsors who helped us reach our goal!*

## **Corporate Sponsor:**

Gail Shannon – Realtor at Village Properties

## **Putting Contest Sponsor:**

Bank of Santa Barbara

## **Platinum Sponsors:**

Carla Harris – Skaklee  
Chuck Sasala – IPC Hearing Aid Systems  
Scott Jacobs – CTech Consulting  
Dean and Penny Brunner – in honor of Cy Brunner  
Fr. Jon and Mary Ellen Braun – in honor of Fr. Richard  
Laurence C. Lander – Certified Public Accountant  
Renee Grubb and Ed Edick – Village Properties  
Dan and Gary Braun - Braun Property Management  
Jon Kenney - Kenney Construction  
Bank of Santa Barbara

## **Silver Sponsors:**

Nelson Mamey – Mamey Investment Corp.  
Dan Andrews Farm – Big Brand A  
Barrett O’Gorman – O’Gorman & O’Gorman  
Christ Kamages – CJK Design  
Russ Waldrop – Pacific Timber Products  
Richard Turner - Stone & Earth  
Tim Guillemmin- TimCo Energy  
Jeremy Rich - The Door Stop  
Steven Pepper – Pepper Plastering

## **Gold Sponsors:**

Santa Barbara Behavioral Health  
Brian Sieck - BDS Construction  
Top Shop  
Jon and Jim King – King Dental Group  
Doug King – Family Eye Care Optometry Center  
Jennifer LeMert – Fidelity and Chicago Title  
Dick Thielscher Properties  
Borgatello - Marborg  
Art Grossman – Grossman & Sons  
Tony Herrera - Hayward Lumber  
Todd Alderman – G T Alderman Construction  
Coast Glass  
Paul Strickland – Goodland Signs



# TEEN SCENE

## JOURNEY TO ADULTHOOD

Schedule of Activities and Service Projects  
September- November 2013

### RITE-13 Grades 7-8

#### October

Fri./Sat. 10/18-19

Overnight retreat at St. Barbara's Monastery

#### November

Sunday, 11/3

Sunday, 11/17

Dinner and Game Night

Transition House/Unity Shop service project

### J2A Grades 9-10

#### October

Friday, 10/18

Serve dinner at Casa Esperanza, 5 p.m.

#### November

Friday, 11/1

Tuesday, 11/12

Game Night, 6-8pm

IV Hot Cocoa Project, 6-8pm

### YAC Grades 11-12

#### October

Sunday, 10/20

Thursday, 10/31

Fire on Father, 5-7 p.m. at Fr. Nicholas and Jan's home

Halloween Party/Trick or Treat by gathering canned goods for Food Bank or Unity Shoppe at the Dillon's

#### November

Sunday, 11/17

TBA

Fire on Father, 5-7 p.m. at Fr. Nicholas and Jan's home

Social activity

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

- |                          |                         |                    |
|--------------------------|-------------------------|--------------------|
| Fr. Alexander Atty       | Gail S.                 | Frank G.           |
| Mother Victoria          | Olga G.                 | Patrick B.         |
| Met. Paul & Abp. John    | Leona G.                | Baby Christian F.  |
| who have been            | Presbytera Katherine H. | Richard            |
| kidnapped by terrorists  | Mick K. & Family        | Eleni Z.           |
| in Turkey.               | Mary & Susan            | Bobbie B.          |
| Fr. Gordon & Mary Sue W. | Duane F.                | Sylvia G.          |
| Greg & Margaret Y.       | Marna D.                | James & Jasmink G. |
| Mary Ellen B.            |                         |                    |

**For repose of the souls of:**   Rae

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread.

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**ST. ATHANASIUS BOOK CENTER**

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to “St. Athanasius Book Center.”

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