

# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

5580 Calle Real  
Goleta, CA 93111-1646  
**Office hours:** Tues-Fri.  
11:00 a.m.—5:00 p.m.

## Senior Pastor:

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## Deacons:

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## Music Director/Administrator:

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## Parish Council:

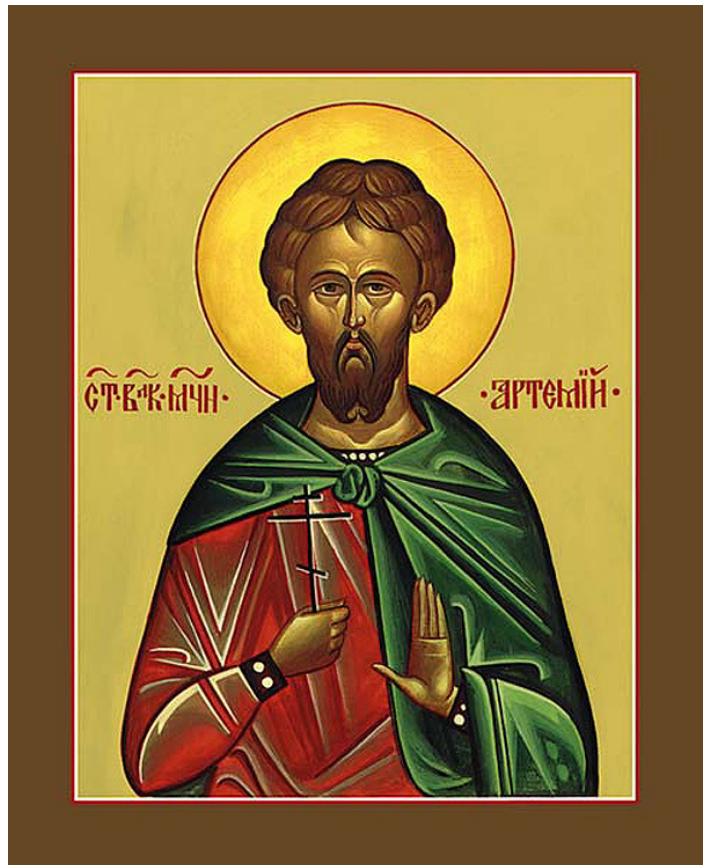
Dana Alexander, President  
Dan Braun, Treasurer  
Douglas Meyer, Secretary  
Katie AbuGhazaleh  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

## LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, October 20, 2013

**Tone 8 / Eothinon 6; Seventeenth Sunday  
after Pentecost & Sixth Sunday of Luke**

Great-martyr Artemios at Antioch;  
Venerable Gerasimos the New Ascetic of Kephallenia;  
Venerable Matrona of Chios



## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

# Calendar for this Week

## Sunday, October 20

8:45 a.m. Rel. Ed. 3 yrs – High School  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
5:00 p.m. Fire on Father for grades 9-12

## Monday, October 21

6:45 a.m. Daily Matins  
5:00 p.m. Outreach Meal at St. Michael's  
University Church in Isla Vista  
7:00 p.m. Women's Bible Study

## Tuesday, October 22

3:00 p.m. Catechesis Level I  
5:30 p.m. Daily Vespers  
7:00 p.m. Teen Leaders Meeting

## Wednesday, October 23

6:45 a.m. Daily Matins/St. James  
12:00 p.m. Women's Prayer Group

## Thursday, October 24

5:30 p.m. Daily Vespers  
7:00 p.m. Choir Rehearsal

## Friday, October 25

6:45 a.m. Daily Matins

## Saturday, October 26

10:00 a.m. Music Seminar open to all  
4:30 p.m. Adult Catechism  
6:00 p.m. Great Vespers/Confession

## Sunday, October 27

8:45 a.m. Rel. Ed. 3 yrs – High School  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

## *Sunday Morning Ministries Schedule*

### Eucharist Bread

October 20 Tinyayeva  
October 27 Hedges  
November 3 Thomas  
November 10 Fr. Nicholas

### Coffee Hour

October 20 Ballew & Kern Families  
October 27 V. Hedges/Natalia T. & Families  
November 3 Brunner Family -  
In Memory of Cyrus  
November 10 Scott & Terri Speier

### Greeters

October 20 K. & L. Jacobs  
October 27 S. & C. Shackelford  
November 3 D. & D. Alexander  
November 10 P. Morrison & D. Genatone

### Ushers

October 20 C. Speier, Rita Schneider, P. King  
October 27 Jon King, G. Braun, P. King  
November 3 S. & L. Speier, P. Brunner  
November 10 D. Meyer, R. Barre, D. Lewis

# CHANGEABLE TEXTS FOR THE DAY

**AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.**  
**(“Glory to You, Who have shown us the light...” - Complete text is**  
**in the front of the Liturgy Book.)**

## **THE LITURGY OF THE WORD**

### **GREAT LITANY**

#### **FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

#### **SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**PROCESSION OF THE CLERGY**

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL  
HYMNS FOR THE DAY:**

**Troparion of the Resurrection**

**Tone 8**

**(Music on page 53 of Liturgy Book)**

From the heights Thou didst descend,  
O Compassionate One;  
and Thou didst submit to the three day burial,  
that Thou might deliver us from passion.  
Thou art our Life and our Resurrection,  
O Lord, glory to Thee.

**Troparion for Martyr Artemius**

**Tune 4**

Your holy martyr Artemius, O Lord,  
through his sufferings has received incorruptible crowns from You, our God.  
For having Your strength, he laid low his adversaries,  
and shattered the powerless boldness of demons.//  
Through his intercessions, save our souls!

**Troparion to St. Athanasius (Music on p. 54 of Liturgy Book)**

**Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion - Ordinary Sundays**

**Tone 4**

O undisputed intercessor of Christians,  
O mediatrix, who is unrejected by the creator.  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith,  
for thou art good. Hasten to us with intercessions, O Theotokos,  
who dost always intercede for those who honor thee.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle  
(Music on page 63 of Liturgy Book)**

**Tone 8**

Pray and make your vows before the Lord, our God! (*Ps 75/76:11*)

**Verse:** *God is known in Judah; His name is great in Israel. (Ps 75/76:1)*

**EPISTLE READING FOR THE DAY**

**2 Corinthians 6:16-7:1**

Brethren, we are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be My people. Therefore come out from them, and be separate from them, says the Lord, and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be my sons and daughters, says the Lord Almighty." Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**  
**(Music on page 65 of Liturgy Booklet)**

**Tone 8**

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

**Verse:** Come, let us sing with joy to the Lord, let us shout joyfully  
to God our Savior! (Ps 94/95:1)

**Verse:** Let us come before His presence with thanksgiving;  
let us shout joyfully to Him with Psalms! (Ps 94/95:2)

**GOSPLE READING FOR THE WEEK**

**Luke 8:26-39**

At that time, Jesus arrived at the country of the Gadarenes, which is opposite Galilee. And as he stepped out on land, there met him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What have you to do with me, Jesus, Son of the Most High God? I beseech you, do not torment me." For Jesus had commanded the unclean spirit to come out of the man. (For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.) Jesus then asked him, "What is your name?" And he said, "Legion," for many demons had entered him. And they begged Jesus not to command them to depart into the abyss.

Now a large herd of swine was feeding there on the hillside; and they begged Jesus to let them enter these. So He gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and were drowned.

When the herdsmen saw what had happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked Jesus to depart from them; for they were seized with great fear; so He got into the boat and returned. The man from whom the demons had gone begged that he might be with Jesus; but Jesus sent him away, saying, "Return to your home, and declare all that God has done for you." And he went away, proclaiming throughout the whole city all that Jesus had done for him.

## LITURGY OF THE FAITHFUL

### **Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### **Hymn sung as the clergy receive the Eucharist:**

Praise the Lord from the heavens; praise Him in the Highest!

### **Hymn during Communion of the People**

Receive the Body of Christ, taste the fountain of immortality.

Alleluia, Alleluia, Alleluia!

### ***St. Raphael of Brooklyn***

*1860 – February 27, 1915*

*(Commemorated in the Antiochian Archdiocese on the first Saturday of November)*

St. Raphael was born in Syria of Christian parents, and was called to serve God and the Church from a very young age. He was wise and instructed in the Faith, and yet constantly strove to learn more. St. Raphael heard of the needs of the Orthodox who were scattered in a strange land and he crossed the ocean to labor in North America. When he came to America, he found his people scattered abroad, and he called them to unity. He never neglected his flock, but traveled throughout America, Canada, and Mexico in search of them so that he might care for them. He kept them from straying into strange pastures, and he protected them from spiritual harm. During twenty years of faithful ministry he nurtured them and helped them to grow.

St. Raphael came into contact with all sorts of people, and was a gentle father to them. He gained their love and respect by first loving them, and also through his charming personality and excellent character. He was always kind and merciful with others, but was strict with himself. He accomplished many good things during his earthly life, and now he joins the holy angels in offering ceaseless prayer and praise to God.

**Please don't forget to submit any changes  
in your contact information (address, e-mail, phone)**

to the parish office. The phone list and address/e-mail lists get updated on a regular basis. Thanks for your help!! Please send to: [office@stathanasius.org](mailto:office@stathanasius.org)

# **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

## **LITURGY FOR ST. RAPHAEL—SATURDAY NOVEMBER 2nd at 8:00 a.m.**

Join as we commemorate the feast day of St. Raphael of Brooklyn on Saturday, November 2nd at 8:00 a.m.

## **REMINDER TO MINISTRY TEAM LEADERS**

All ministry team leaders will meet on Saturday, November 2nd from 9:30—11:30 a.m., following the 8:00 a.m. liturgy for St. Raphael.

**A NEW CATECHISM/INQUIRERS CLASS began on September 28th and will continue on Saturdays at 4:30 p.m.** Even if you did not sign up for it, you are welcome to sit in on the class, to learn or refresh!

## **BIRTH ANNOUNCEMENT**

Dn. Scott & Karen Jacobs are pleased to announce the birth of Grandson #1. Ryan Keith Jacobs was born September 30 to Landon and Lisa Jacobs, in San Jose, CA. Mother and child are healthy and thriving. Grandparents are over the moon.

**ST. DEMETRIUS CHURCH IN CAMARILO** will celebrate its feast day with Great Vespers on Friday, October 25th at 7 p.m. (Fr. Nicholas will give the homily) and Divine Liturgy on Saturday, October 26th at 9:30 a.m. The church is at 3100 Ponderosa Dr. in Camarillo.

## ***CELEBRATIONS for THIS WEEK***

### **Birthdays**

<b>10/20</b>	Noah Hedges
<b>10/21</b>	Diane Carrillo
<b>10/22</b>	Kyle Petersilla
<b>10/23</b>	Zennia Braun
<b>10/24</b>	Amanda Simonsen, Fr. Jon Braun, Garrett Gish, Subdn. Stephen Butler
<b>10/25</b>	Justin Brunner
<b>10/26</b>	Tiffany Van Wagoner
<b>10/27</b>	Ben Hedges

### **Patron Saint Commemorations**

<b>10/23 St. James the Apostle &amp; Brother of the Lord</b>	Richard Barre, Fr. Jim King, Jim Morrison, Jacob Wallace
<b>10/26 St. Demetrios</b>	Sean Hampton, Jackson Stetler



**“The Sacred, the Profane, and  
Everything in Between”**

**A music seminar for all adults and teens who love music  
and/or are interested in learning more!**

**Saturday, October 26, 2013**

**10:00 a.m.-3:00 p.m.**

**Presenters:**

**Fr. Nicholas Speier, Subdn./Dr. Stephen Butler, Nazo Zakkak**

10:00 a.m.

**Opening Prayer - Fr. Nicholas Speier**

**Ice-breaker - Valerie Yova**

10:20 a.m. **Introduction to a variety of composers/styles - Nazo Zakkak**

A short survey of different composers and musical styles, from Byzantine chant to Adele.

11:15 a.m.

**"Music and Emotion" - Subdn. Stephen Butler**

How do the different types of music vary in terms of form, function, intent, and how one approaches composition? (Liturgical music compared to all other music.)

12:00 p.m.

**"The Heartbeat of Liturgical Worship"**

What is at the heart of Orthodox worship, and how does that affect our musical tradition and choices?

12:45 p.m. **LUNCH** at the church and jam session (Madeleine Meyer, John Butler, Verne Gish and others will share their original compositions.)

1:30 p.m.

**"Sweet Inspiration" - What inspires musical composition?**

An up-close look at one American composer's journey and inspiration. (DVD presentation)

2:15 p.m. **"What do the lyrics say about the song?" - Nazo Zakkak**

A look at some lyrics/texts, comparing liturgical texts with para-liturgical, pop, classical, jazz, blues, rock lyrics. What are "good" lyrics?

3:00 p.m.

**Lyrics/Music-writing exercise for those who would like to stay**

**Please register in advance by Wed. Oct. 23rd through the church office:**

685-5400 or office@stathanasius.org

\$5 donation requested at the door — Lunch is included.



# TEEN SCENE

## JOURNEY TO ADULTHOOD

Schedule of Activities and Service Projects  
September- November 2013

### RITE-13 Grades 7-8

#### **November**

Sunday, 11/3

Dinner and Game Night

Sunday, 11/17

Transition House/Unity Shop service project

### J2A Grades 9-10

#### **October**

Sunday, 10/20

Fire on Father, 5-7 p.m. at Fr. Nicholas and Jan's home

#### **November**

Friday, 11/1

Game Night, 6-8pm

Sunday, 11/17

Fire on Father, 5-7 p.m. at Fr. Nicholas and Jan's home

Tuesday, 11/12

IV Hot Cocoa Project, 6-8pm

### YAC Grades 11-12

#### **October**

Sunday, 10/20

Fire on Father, 5-7 p.m. at Fr. Nicholas and Jan's home

Thursday, 10/31

Halloween Party/Trick or Treat by gathering canned goods for Food Bank or Unity Shoppe at the Dillon's

#### **November**

Sunday, 11/17

Fire on Father, 5-7 p.m. at Fr. Nicholas and Jan's home

TBA

Social activity

### **MARK YOUR CALENDAR—UPCOMING EVENTS:**

- **YES! Weekend** (Youth Equipped to Serve) - January 17-19, 2014 (Martin Luther King Weekend)
- Camp St. Nicholas **Winter Teen Camp** - February 14-17, 2014 (Presidents' Weekend)

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Fr. Alexander Atty	Gail S.	Frank G.
Mother Victoria	Olga G.	Patrick B.
Met. Paul & Abp. John	Leona G.	Baby Christian F.
who have been	Presbytera Katherine H.	Richard
kidnapped by terrorists	Mick K. & Family	Eleni Z.
in Turkey.	Mary & Susan	Bobbie B.
Fr. Gordon & Mary Sue W.	Duane F.	Sylvia G.
Greg & Margaret Y.	Marna D.	Jimmy
Mary Ellen B.		
Mother Eisodia, St. Thekla Monastery		

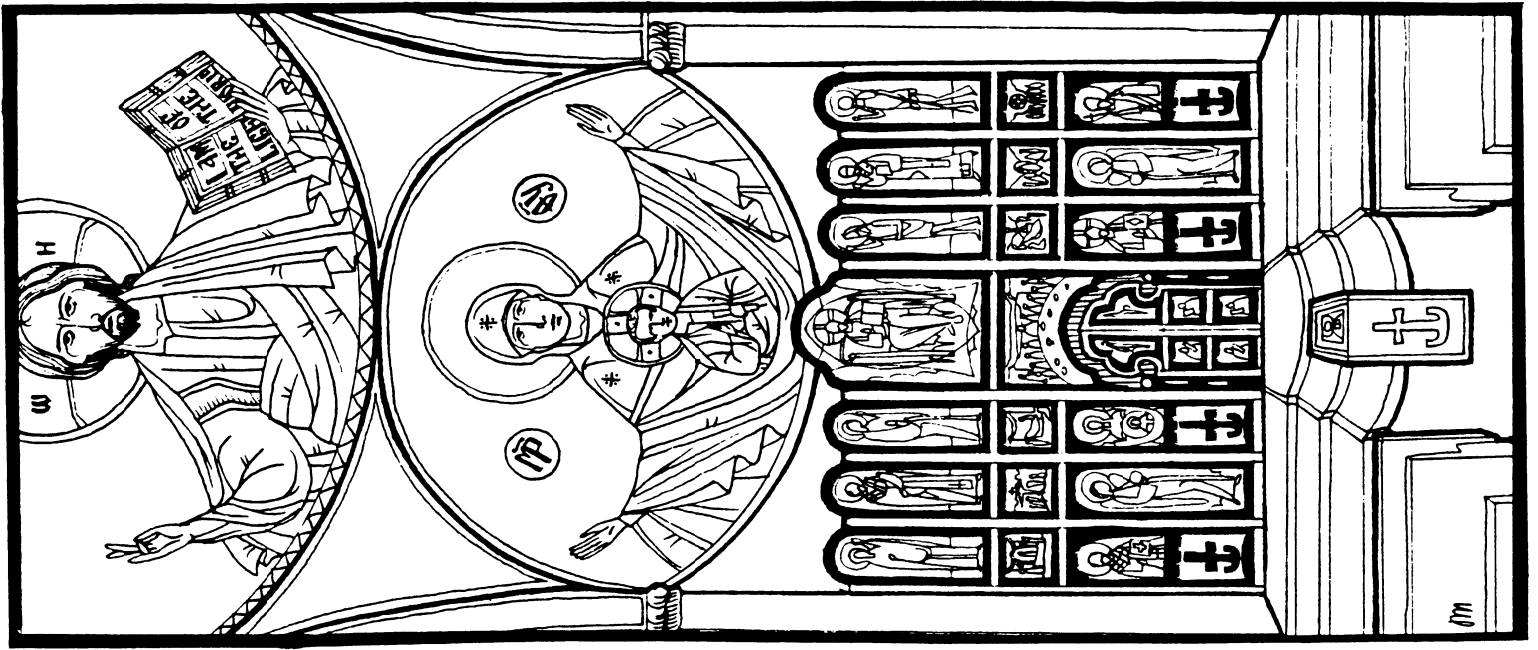
**For repose of the souls of:** Rae

### ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread.

\*\*\*\*\*  
\* **ST. ATHANASIUS BOOK CENTER** \*  
\*  
\* The church bookstore is located in the fellowship hall. The two \*  
\* enclosed cabinets hold icons, books, jewelry and other items that \*  
\* are FOR SALE. Payment should be made at time of purchase and \*  
\* placed in the brown lock box. Make checks payable to “St. Atha- \*  
\* nasius Book Center.” \*  
\*  
\*\*\*\*\*



FOR THE CHILDREN TO COLOR DURING THE HOMILY  
OR AT HOME.