



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

5580 Calle Real  
Goleta, CA 93111-1646  
**Office hours:** Tues-Fri.  
11:00 a.m.—5:00 p.m.

## Senior Pastor:

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## Deacons:

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## Music Director/Administrator:

Valerie Yova  
Office phone: 805-685-5400  
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## Parish Council:

Dana Alexander, President  
Dan Braun, Treasurer  
Douglas Meyer, Secretary  
Katie AbuGhazaleh  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

## LITURGY OF ST. JOHN CHRYSOSTOM

**Sunday, October 27, 2013**

**Tone 1 / Eothinon 7; Eighteenth Sunday after Pentecost  
& Seventh Sunday of Luke**

**After-feast of the Great-Martyr Demetrius;  
Martyr Nestor of Thessalonica; Procla (Claudia) the wife of Pontius  
Pilate; Kyriakos, Patriarch of Constantinople;  
Venerable Nestor the Chronicler of the Kiev Caves**



## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

## **Calendar for this Week**

### **Sunday, October 27**

8:45 a.m. Rel. Ed. 3 yrs – High School  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy/Trisagion Prayers  
for Nikolai, father of Nataliya  
Tinyayeva  
11:45 a.m. Coffee Hour  
4:00 p.m. St. Barbara Monastery Friends  
Gathering

### **Monday, October 28**

6:45 a.m. Daily Matins  
5:00 p.m. Outreach Meal at St. Michael's  
University Church in Isla Vista  
7:00 p.m. Women's Bible Study

### **Tuesday, October 29**

5:30 p.m. Daily Vespers

### **Wednesday, October 30**

6:45 a.m. Daily Matins  
12:00 p.m. Women's Prayer Group

### **Thursday, October 31**

#### **YAC Service Project/Halloween Party**

5:30 p.m. Daily Vespers

### **Friday, November 1**

6:45 a.m. Daily Matins  
6:00 p.m. J2A Game Night

### **Saturday, November 2**

Baptism of Lucia Joy Speier  
8:00 a.m. Liturgy for St. Raphael  
9:30 a.m. Ministry Leaders Meeting  
4:30 p.m. Adult Catechism  
6:00 p.m. Great Vespers/Confession

## **DAYLIGHT SAVINGS TIME ENDS**

**Set clocks back one hour!**

### **Sunday, November 3**

8:45 a.m. Rel. Ed. 3 yrs – High School  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
12:00 p.m. Acolyte Meeting  
5:00 p.m. Rite-13 Dinner and Game Night

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

October 27 Hedges  
November 3 Thomas  
November 10 Fr. Nicholas  
November 17 Dan Braun

### **Coffee Hour**

October 27 N. Tinyayeva. (Nikolai & Galina)  
in memory of Nikolai  
November 3 Brunner Family -  
In Memory of Cyrus  
November 10 Scott & Terri Speier  
November 17 Young/Madrigal

### **Greeters**

October 27 S. & C. Shackelford  
November 3 D. & D. Alexander  
November 10 P. Morrison & D. Genatone  
November 17 P. King & P. Matthews

### **Ushers**

October 27 Jon King, G. Braun, P. King  
November 3 S. & L. Speier, P. Brunner  
November 10 D. Meyer, R. Barre, D. Lewis  
November 17 C. Speier, Rita Schneider, P. King

# CHANGEABLE TEXTS FOR THE DAY

**AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.**  
**(“Glory to You, Who have shown us the light...” - Complete text is**  
**in the front of the Liturgy Book.)**

## **THE LITURGY OF THE WORD**

### **GREAT LITANY**

#### **FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

#### **SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

After each of the verses sung by a quartet, the choir and congregation sing the refrain:

**“Remember us, O Lord, when you come in your Kingdom.”**

**- PROCESSION OF THE CLERGY -  
AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL  
HYMNS FOR THE DAY:**

**Troparion of the Resurrection (music on p. 40 of Liturgy Book)**

**Tone 1**

While the stone was sealed by the Jews,  
and the soldiers were guarding Thy most pure body,  
Thou didst arise on the third day,  
O Savior, granting life to the world.  
For which cause the heavenly pow'rs cried aloud unto Thee, O Giver of life;  
Glory to Thy resurrection, O Christ!  
Glory to Thy kingdom!  
Glory to Thy providence, O Thou  
Who alone art the lover of mankind.

**Troparion for St. Demetrius the Martyr**

**Tone 3**

The world has found you to be a great defense against tribulation  
and a vanquisher of heathens, O Passion-bearer.  
As you bolstered the courage of Nestor,  
who then in battle humbled the arrogance of Lyaios,//  
Holy Demetrius, entreat Christ God to grant us great mercy.

**Troparion to St. Athanasius (Music on p. 54 of Liturgy Book)**

**Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion - Ordinary Sundays****Tone 4**

O undisputed intercessor of Christians,  
O mediatrix, who is unrejected by the creator.  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith,  
for thou art good. Hasten to us with intercessions, O Theotokos,  
who dost always intercede for those who honor thee.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.  
Deacon: With strength!  
People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle  
(Music on p. 56 of Liturgy book)****Tone 1**

Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

**Verse:** Rejoice in the Lord, O you righteous! Praise is becoming to the upright.  
(Ps 32/33:1)

**EPISTLE READING FOR THE DAY**

2 Corinthians 9:6-11

Brethren, he who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work. As it is written, "He scatters abroad, he gives to the poor; his righteousness endures forever." He who supplies seed to the sower and bread for food will supply and multiply your resources and increase the harvest of your righteousness. You will be enriched in every way for great generosity, which through us will produce thanksgiving to God.

**(Music on Page 64 in Liturgy Book)**

**Chanter:** Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

**Verse:** It is God Who avenges me, and subdues people under me. (*Ps 17/18:47*)

**Verse:** He gives great deliverance to His King, and shows mercy to His anointed, to David and his seed forever. (*Ps 17/18:50*)

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

## **GOSPLE READING FOR THE DAY**

Luke 8:41-56

At that time, there came to Jesus a man named Jairus, who was a ruler of the synagogue; and falling at Jesus' feet he besought Him to come to his house, for he had an only daughter, about twelve years of age, and she was dying.

As Jesus went, the people pressed round Him. And a woman, who had had a flow of blood for twelve years, and had spent all her living upon physicians, and could not be healed by anyone, came up behind him, and touched the fringe of his garment; and immediately her flow of blood ceased. And Jesus said, "Who was it that touched Me?" When all denied it, Peter said, "Master, the multitudes surround You and press upon You!" And You say, "Who touched Me?" But Jesus said, "Someone touched Me; for I perceive that power has gone forth from Me." And when the woman saw that she was not hidden, she came trembling, and falling down before Him declared in the presence of all the people why she had touched Him, and how she had been immediately healed. And Jesus said to her, "Daughter, your faith has made you well; go in peace."

While Jesus was still speaking, a man from the ruler's house came and said, "Your daughter is dead; do not trouble the Teacher anymore." But Jesus on hearing this answered him, "Do not fear; only believe, and she shall be well." And when Jesus came to the house, He permitted no one to enter with Him, except Peter and James and John, and the father and mother of the child. And all were weeping and bewailing her; but Jesus said, "Do not weep; for she is not dead but sleeping." And they laughed at him, knowing that she was dead. But taking her by the hand Jesus called, saying, "Child, arise." And her spirit returned, and she got up at once; and Jesus directed that something should be given her to eat. And her parents were amazed; but He charged them to tell no one what had happened.

## **HOLY COMMUNION**

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

## **LITURGY OF THE FAITHFUL**

### **Meglynarion—Hymn to the Mother of God (Liturgy Book, Page 27)**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### **Hymn sung as the clergy receive the Eucharist: (Liturgy Book, Page 32)**

Praise the Lord from the heavens; praise Him in the Highest! Alleluia!

Jesus Prayer: Lord Jesus Christ, Son of God, have mercy on me a sinner. **(Music on next page.)**

### **Hymn during Communion of the People (Liturgy Book, Page 33)**

Receive the Body of Christ, taste the fountain of immortality.

Alleluia, Alleluia, Alleluia!

### **Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

**Please don't forget to submit any changes  
in your contact information (address, e-mail, phone)**

to the parish office. The phone list and address/e-mail lists get updated on a regular basis. Thanks for your help!! Please send to: [office@stathanasius.org](mailto:office@stathanasius.org)

## **WEEKLY CELEBRATIONS**

Please also let us know if your birthday/anniversary/nameday is incorrect, or if you are not listed at all.

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

**ST. BARBARA MONASTERY FRIENDS** will gather today, October 27th, for a presentation by Fr. Michael Tassos on “Wealth According to the Fathers,” at 4:00 p.m., followed by Vespers and a pot-luck supper.

### **LITURGY FOR ST. RAPHAEL—SATURDAY, NOVEMBER 2nd at 8:00 a.m.**

Join as we commemorate the feast day of St. Raphael of Brooklyn on Saturday, November 2nd at 8:00 a.m.

### **REMINDER TO MINISTRY TEAM LEADERS**

All ministry team leaders will meet on Saturday, November 2nd from 9:30—11:30 a.m., following the 8:00 a.m. liturgy for St. Raphael.

**PARENTS, PLEASE NOTE** that there will be a meeting with all acolytes next Sunday, November 3rd after Coffee Hour. The meeting will be approximately 30 minutes.

**A NEW CATECHISM/INQUIRERS CLASS began on September 28th and will continue on Saturdays at 4:30 p.m.** Even if you did not sign up for it, you are welcome to sit in on the class, to learn or refresh!

### **CHRISTMAS WREATH SALE**

Annunciation parish in Santa Maria is selling live 22-inch Noble Fir wreathes again for Christmas. The cost is \$20. Checks should be made out St. Athanasius Church, and orders and checks need to be received by Friday, November 8th. You can drop checks in the tithe box, or leave them on the front desk in the church office. Make sure you put “wreath” on the memo line of your check. Wreathes will be delivered by the second week of December.

### **MARK YOUR CALENDAR FOR THESE UPCOMING LITURGICAL CELEBRATIONS:**

- **The Advent Fast begins on November 15th.**
  - ADVENT SEMINAR**—Friday, 11/15 from 7:00-8:30 p.m. and Saturday, 11/16 from 9-11 a.m.
  - ADVENT PARAKLESIS**—Wednesday, 12/11, and Wednesday, 12/18 at 6:00 p.m.
- **Feast of the Presentation of the Theotokos** in the Temple– Vesperal-Liturgy, Wednesday, 11/20 at 6:00 p.m.
- Wednesday, 11/27 (the eve of Thanksgiving) at 6:00 p.m. we will pray the beautiful **Akathist of Thanksgiving**, “Glory to God for All Things.” What a great way to begin the Thanksgiving weekend with your entire family!



# CELEBRATIONS for THIS WEEK

## Anniversaries

10/28 Andy & Alyssa Simonsen

## Birthdays

10/27 Ben Hedges

10/28 Penny Brunner

11/1 Kate Vander Laan

11/3 Emily Speier

## Patron Saint Commemorations

10/28 St. Paraskeva the Martyr Penny Brunner

### MEMORIAL FOR THE SOULS OF THE UNBORN AND INFANTS

On Saturday evening, **December 28th**, (the eve of the Feast of the Holy Innocents) after Vespers we will pray a special memorial service for the souls of children who were aborted, or who died as a result of miscarriage, in childbirth or in infancy. We will have the opportunity to remember these little souls by name, when possible.

## The Jesus Prayer

Gornensky monastery chant

The image shows the musical notation for the Jesus Prayer chant. It consists of two staves of music in G major (one sharp) and 4/4 time. The first staff begins with a treble clef, a key signature of one sharp (F#), and a common time signature (C). The music starts with a half rest, followed by a quarter rest, and then a series of eighth notes: G4, A4, B4, C5, B4, A4, G4. The lyrics 'Lord \_\_\_\_\_ Je-sus Christ, Son of God, have\_\_\_\_' are written below the notes. The second staff continues the melody with eighth notes: G4, A4, B4, C5, B4, A4, G4. The lyrics 'mer - cy on me a si - nner. \_\_\_\_\_' are written below the notes. The dynamic marking 'mp' (mezzo-piano) is written above the first staff.



# TEEN SCENE

## JOURNEY TO ADULTHOOD

Schedule of Activities and Service Projects  
September- November 2013

### RITE-13 Grades 7-8

#### November

Sunday, 11/3

Dinner and Game Night

Sunday, 11/17

Transition House/Unity Shop service project

#### December

Sunday, 12/1

Tree decorating/ Nativity cave making and cookie decorating ( St. Nicholas night is 12/8, the next Sunday)

Saturday, 12/14

Transition House shopping for kids gifts

### J2A Grades 9-10

#### November

Friday, 11/1

Game Night, 6-8pm

Sunday, 11/17

Fire on Father, 5-7 p.m. at Fr. Nicholas and Jan's home

Tuesday, 11/12

IV Hot Cocoa Project, 6-8pm

### YAC Grades 11-12

#### October

Thursday, 10/31

Halloween Party/Trick or Treat by gathering canned goods for Food Bank or Unity Shoppe at the Dillon's; 6:30-8:30 p.m.

#### November

Tuesday, 11/12

IV Hot Cocoa Project, 6-8pm

Sunday, 11/17

Fire on Father, 5-7 p.m. at Fr. Nicholas and Jan's home

TBA

Social activity

#### December

Sunday, December 29 Christmas Party/ White Elephant Gift exchange

### MARK YOUR CALENDAR—UPCOMING EVENTS:

- **YES! Weekend** (Youth Equipped to Serve) - January 17-19, 2014 (Martin Luther King Weekend)
  - Camp St. Nicholas **Winter Teen Camp** - February 14-17, 2014 (Presidents' Weekend)

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Fr. Alexander Atty	Gail S.	Frank G.
Mother Victoria	Olga G.	Patrick B.
Met. Paul & Abp. John	Leona G.	Baby Christian F.
who have been	Presbytera Katherine H.	Richard
kidnapped by terrorists	Mick K. & Family	Eleni Z.
in Turkey.	Mary & Susan	Bobbie B.
Fr. Gordon & Mary Sue W.	Duane F.	Sylvia G.
Greg & Margaret Y.	Marna D.	Jimmy
Mary Ellen B.		Molly M.
Mother Eisodia, St. Thekla Monastery		Jim and Rumiko

**For repose of the souls of:**   Rae

### ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread.

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\* **ST. ATHANASIUS BOOK CENTER** \*  
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\* The church bookstore is located in the fellowship hall. The two  
\* enclosed cabinets hold icons, books, jewelry and other items that  
\* are FOR SALE. Payment should be made at time of purchase and  
\* placed in the brown lock box. Make checks payable to "St. Atha-  
\* nasius Book Center."  
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**Holy Bishop Raphael, pray for us!**  
**Liturgy for St. Raphael is Sat., Nov. 2nd at 8:00 a.m.**