



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

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5580 Calle Real  
Goleta, CA 93111-1646  
**Office hours:** Tues-Fri.  
11:00 a.m.—5:00 p.m.

**Senior Pastor:**  
Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

**Assistant Pastors:**  
Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

**Deacons:**  
Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

**Music Director/Administrator:**  
Valerie Yova  
Office phone: 805-685-5400  
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**Parish Council:**  
Dana Alexander, President  
Dan Braun, Treasurer  
Douglas Meyer, Secretary  
Katie AbuGhazaleh  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

### LITURGY OF ST. JOHN CHRYSOSTOM

**Sunday, December 1, 2013**

**Tone 6 / Eothinon 1; Twenty-third Sunday after  
Pentecost & Fourteenth Sunday of Luke**

The Holy Prophet Nahum; Venerable Philaret the Almsgiver of Amnia;  
Martyr Ananias the Persian; Theoklitos, Archbishop of Lakedaemonia



**FEAST OF ST. BARBARA THE MARTYR  
December 4**

### **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

## Calendar for this Week

### Sunday, December 1

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Potluck—Thanksgiving Leftovers

### Monday, December 2

6:45 a.m. Daily Matins  
4:30 p.m. Outreach Meal at St. Michael's  
University Church in Isla Vista

### Tuesday, December 3

#### **NO DAILY VESPERS at SAOC**

4:00 p.m. Vespers/Vigil at St. Barbara  
Monastery for Feast of  
St. Barbara  
6:00 p.m. Vespers at St. Barbara Greek  
Parish for Feast of St. Barbara

### Wednesday, December 4- FEAST OF SAINT BARBARA THE MARTYR

6:45 a.m. Daily Matins  
9:00 a.m. Matins/Liturgy at St. Barbara  
Greek Parish  
10:00 a.m. Hours/Liturgy at St. Barbara  
Monastery  
12:00 p.m. Women's Prayer Group

### Thursday, December 5

5:30 p.m. Daily Vespers

### Friday, December 6-ST. NICHOLAS

6:45 a.m. Daily Matins  
6:00 p.m. Liturgy for Feast of St. Nicholas

**ENJOY OUR EXPANDED BOOKSTORE FOR THE  
NEXT FOUR SUNDAYS AND BROWSE FOR  
CHRISTMAS GIFTS  
DURING COFFEE HOUR. ALL PROCEEDS GO TO  
THE BUILDING FUND!**

### Saturday, December 7

9:00 a.m. Women's Fellowship Activity  
4:30 p.m. Adult Catechism  
6:00 p.m. Great Vespers  
7:00 p.m. Rite-13 Decorating Party

### Sunday, December 8

8:45 a.m. Rel. Ed. 3 yrs – High School  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
6:00 p.m. St. Nicolas Program

## *Sunday Morning Ministries Schedule*

### Eucharist Bread

December 1 Dillon  
December 8 Gish  
December 15 Meyer  
December 22 Tinyayeva

### Coffee Hour

December 1 Thanksgiving Leftover  
Potluck  
December 8 R. Cash/D. McQuade  
December 15 Ballew/Lenhart in memory of  
Fr. Richard Ballew  
December 22 Nikolov

### Greeters

December 1 K. & L. Jacobs  
December 8 S. & C. Shackelford  
December 15 D. & D. Alexander  
December 22 Morrison/Genatone  
December 25 P. King/P. Matthews

### Ushers

December 1 S. & L. Speier, P. Brunner  
December 8 D. Meyer, R. Barre, D. Lewis  
December 15 C. & G. Speier, Rita Schneider  
December 22 Jon King, P. King

## CHANGEABLE TEXTS FOR THE DAY

**AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.**  
**(“Glory to You, Who have shown us the light...” - Complete text is**  
**in the front of the Liturgy Book.)**

### **THE LITURGY OF THE WORD**

#### **GREAT LITANY**

##### **FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

##### **SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

After each of the verses sung by the choir, the congregation sings the refrain:

**“Remember us, O Lord, when you come in your Kingdom.”**

#### **- PROCESSION OF THE CLERGY -**

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL  
HYMNS FOR THE DAY:**

#### **Resurrectional Troparion**

**Tone 6**

**(Music is on page 49 of Liturgy Book.)**

When Mary stood at Thy grave looking for Thy most pure body,  
angelic pow'rs shone above Thy revered tomb,  
and the soldiers who were to keep guard became as dead men.  
Thou led Hades captive and wast not tempted there-by,  
Thou did meet the Virgin and didst give life to the world.  
O Thou Who art risen from the dead, O Lord, glory to Thee.

#### **Troparion to St. Athanasius (Music on p. 54 of Liturgy Book)**

**Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

#### **Kontakion for the Preparation of Christ's Nativity**

**Tone 3**

The virgin cometh today to the cave  
to give birth, ineffably to bring forth the Word eternal.  
Therefore, rejoice, O earth, at the message;  
with the angels and shepherds give glory to Him  
Who shall appear by His own will as a young child,  
He who is from eternity God.

#### **TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal one, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)**  
**(Page 61 of Liturgy Book)**

**Tone 6**

O Lord save Thy people and bless Thine inheritance. (*PS 27/28:9*)

**Verse:**           *To Thee will I cry, O Lord, O my God,  
do not be silent unto me. (PS 27/28:1)*

**EPISTLE READING FOR THE DAY**

Ephesians 2:4-10

Brethren, God, who is rich in mercy, out of the great love with which he loved us, even when we were dead through our trespasses, made us alive together with Christ (by grace you have been saved), and raised us up with Him, and made us sit with Him in the heavenly places in Christ Jesus, that in the coming ages He might show the immeasurable riches of His grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith; and this is not your own doing, it is the gift of God -- not because of works, lest any man should boast. For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**  
**(Music on Page 65 in Liturgy Book)**

**Tone 6**

Vs. 1           He Who dwelleth in the help of the Most High shall abide under the  
shadow of the protection of the God of Heaven. (*Ps 90/91:1*) *Alleluia*

Vs. 2           He will say to the Lord, Thou art my protector and my  
refuge, my God, in Him will I hope. (*Ps 90/91:2*) *Alleluia*

**GOSPEL READING FOR THE DAY**

**Luke 18:35-43**

At that time, when Jesus drew near to Jericho, a blind man was sitting by the roadside begging; and hearing a multitude going by, he inquired what this meant. They told him, "Jesus of Nazareth is passing by." And he cried, "Jesus, Son of David, have mercy on me!" And those who were in front rebuked him, telling him to be silent; but he cried out all the more, "Son of David, have mercy on me!" And Jesus stopped, and commanded him to be brought to him; and when he came near, Jesus asked him, "What do you want me to do for you?" He said, "Lord, let me receive my sight." And Jesus said to him, "Receive your sight; your faith has made you well." And immediately he received his sight and followed Jesus, glorifying God; and all the people, when they saw it, gave praise to God.

### LITURGY OF THE FAITHFUL

#### **Meglynarion—Hymn to the Mother of God (Liturgy Book, Page 27)**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

#### **Hymn sung as the clergy receive the Eucharist: (Liturgy Book, Page 32)**

Praise the Lord from the heavens; praise Him in the Highest! Alleluia!

#### **Hymn during Communion of the People (Liturgy Book, Page 33)**

Of Thy mystical Supper, O Son of God, accept me today as a communicant. For I will not speak of Thy mysteries to Thine enemies. Neither like Judas will I give Thee a kiss. But like the thief will I confess Thee: Remember me, O Lord, in Thy Kingdom!

Receive the Body of Christ, taste the fountain of immortality.

Alleluia, Alleluia, Alleluia!

### **HOLY COMMUNION**

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

#### **Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

### ***St. Barbara Monastery Needs Our Help***

St. Barbara Monastery is raising funds to complete their chapel. With others being so generous towards us and our Building Fund, our parish has sent a donation of \$1,000 to help in this effort. Please consider joining us in supporting our dear monastery with a contribution during the Advent season. If you want us to send your check, make it out to St. Barbara Monastery and feel free to deposit it in the tithe box. If you received an appeal letter from the monastery at home, you may want to send your check in the envelope that was enclosed with the appeal.

## ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

### UPCOMING ADVENT SERVICES:

- **Liturgy for Feast of St. Nicholas**—Friday, 12/6 at 6:00 p.m.
- **Advent Paraklesis**—Wednesday, 12/11, and Wednesday, 12/18 at 6:00 p.m.

### FEAST OF ST. BARBARA– CELEBRATIONS:

St. Barbara Greek Church	Tues. Dec. 3	Great Vespers	6:00 p.m.
	Wed. Dec. 4	Matins/Liturgy	9:00/10:00 a.m. (with Metropolitan Gerasimos serving)
St. Barbara Monastery	Tues. Dec. 3	Great Vespers/Vigil	4:00 p.m.
	Wed. Dec. 4	Hours/Liturgy	10:00 a.m. (with Archbishop Benjamin serving)



### WELCOME AND GOD'S BLESSINGS TO

**TOMMY MOYLE** (Dorothy Alexander's mother), who was baptized on Thursday, November 21, the Feast of the Presentation of the Theotokos, at St. Athanasius Church. May God also richly bless her sponsors, Olga Gabriele and Dorothy Alexander.

**ST. BRIGID FELLOWSHIP IS COLLECTING ITEMS FOR THE HOMELESS** to be distributed at our outreach breakfast on Christmas morning. Please keep the homeless in mind as you are doing holiday shopping and consider purchasing an item to drop in the large, decorated collection box in the fellowship hall. We are asking for: **white tube socks, warm hats and mittens, new or lightly used sweatshirts, new or used sleeping bags or blankets in good shape. Thanks!**

### ADVENT CARE PACKAGES

As a parish, one of the ways we'd like to reach out to our community during this Advent season, is through the distribution of small food item bags to the homeless in our community. The Women's Fellowship is asking each family in the parish to donate a minimum of \$5.00 to our Advent project. We will gladly accept more if you are able and willing! With your donations, we will buy the "ingredients" for the bags, assemble them and have them available for all of you to distribute during this Advent season. You can make your check out to the SAOC, with the notation "Advent Project" and put it in the tithe box by Sunday, December 1st. If you have any questions, please email Karen Jacobs at [kjacobs@cox.net](mailto:kjacobs@cox.net). Thank you in advance for your participation and care!

### **FOR THE WOMEN OF THE PARISH**

Ladies, please reserve **Saturday morning, Dec. 7th** for a Women's Fellowship Advent gathering. We're going to put together the bags of food items for the homeless, and fellowship with each other as we work! It has been some time since we've had a project to do together. In the past, it has been great fun working together. The more ladies we have, the more we can accomplish. Please bring your daughters (ages 8 and up) as this is a wonderful time for them join us in service!

### **ADVENT PRAYER CARD**

Please consider who you would like the clergy to pray for throughout the Advent season and put your prayer card in the box in the narthex or in the tithe box.

### **WINTER SKI RETREAT for Young Adults**

The Fellowship of St. John the Divine is sponsoring a Ski Retreat from January 10-12, 2014 for young adults college-age and older at Sacred Heart Retreat Camp in Big Bear. The cost is \$30 for food and lodging, or \$50 for food, lodging and a ski lift ticket. Space is limited. The deadline to register is January 3rd. See the registration form in the narthex and on the parish website under "Resources/Downloads and Resources." Contact Charlie Kassaseya if you have questions: 858-761-1720, charliekassaseya@gmail.com

### **TWO HOLIDAY EVENTS AT ST. BARBARA GREEK PARISH**

St. Barbara Greek church is having a Christmas Bazaar on **Thursday, December 5th** from 5-9 p.m. They will be selling homemade treats and crafts. Refreshments will be provided. On **Tuesday, December 31st** at 6:30 p.m. they will host a New Year's Eve Party. Tickets are \$45/adults and \$25 children for hors d'oeuvres, prime rib dinner and dancing. **NO TICKETS WILL BE SOLD AT THE DOOR.** To make a reservation, see the flyer in the narthex of our church.

## ***CELEBRATIONS for THIS WEEK***

### **Birthdays**

12/1	Anya Madrigal
12/1	Lydia Sieck
12/3	David McCalmont
12/5	Elizabeth Ballew

### **Patron Saint Commemorations**

12/4	St. Barbara the Martyr	Cheryl Lander, Christina Salcedo
12/4	St. Juliana	Juliana Friesen, Juliana Shackelford
12/6	St. Nicholas the Wonderworker	Fr. Nicholas Speier Nicholas Berari, Nicole Berari, Nicholas Butler, Nikolay Nikolov, Nikolai Rice



**YOU ARE INVITED TO  
TWO UPCOMING  
PARISH FAMILY CELEBRATIONS!**



*A Celebration of the  
Life of St. Nicholas*

- A narrative with music -  
Some of the music is composed by  
members of our parish.

Sunday, December 8, 2013  
6:00 p.m.

St. Nicholas will make an appearance  
and leave a treat for each child.  
Lenten refreshments will be served.

*Christmas Family  
Night*

Friday, December 27, 2013  
7:00 p.m.

Carol sing-a-long, including our traditional  
"Twelve Days of Christmas!"  
Open-mic talent show- all ages welcome!

Bring an hors d'oeuvre or dessert to share.  
Beverages provided



# TEEN SCENE

## JOURNEY TO ADULthood

Schedule of Activities and Service Projects  
September- November 2013



### SERVICE IN ACTION!

Photo: Rite-13 serving at Transition House  
11/17/13

### RITE-13 Grades 7-8

#### December

Saturday, 12/7

Tree decorating/Nativity cave making and cookie decorating after Great Vespers

Saturday, 12/14

Transition House shopping for kids gifts

### J2A Grades 9-10

#### December

Sunday, 12/22

Great American Melodrama for the Holiday Extravaganza, following Liturgy

### YAC Grades 11-12

#### December

Sunday, 12/29

Christmas Party/White Elephant Gift exchange

### MARK YOUR CALENDAR—UPCOMING EVENTS:

- **YES! Weekend** (Youth Equipped to Serve) - January 17-19, 2014 (Martin Luther King Weekend)
  - Camp St. Nicholas **Winter Teen Camp** - February 14-17, 2014 (Presidents' Weekend)

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Fr. Alexander Atty	Gail S.	Eleni Z.
Mother Victoria	Olga G.	Sylvia G.
Met. Paul & Abp. John	Leona G.	Jimmy
who have been	Mick K. & Family	Molly M.
kidnapped by terrorists	Mary & Susan	Infants Luke & Andrew
in Turkey.	Duane F.	
Fr. Gordon & Mary Sue W.	Marna D.	
Greg & Margaret Y.	Frank G.	
Mary Ellen B.	Patrick B.	
Kate, David, Salem & Baby	Baby Christian F.	
Kh. Luann B.	Richard	

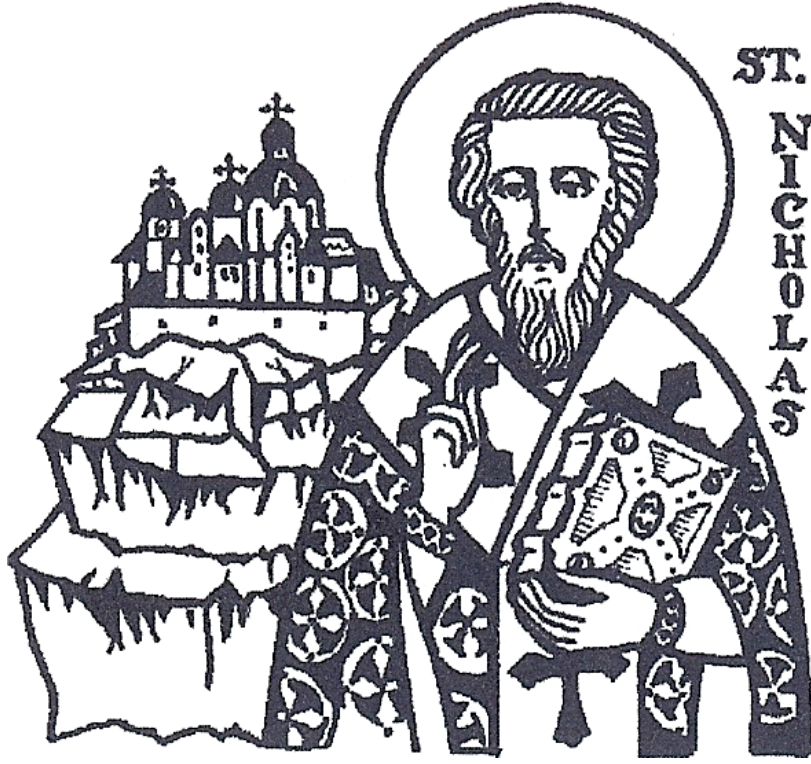
**For repose of the souls of:** Rae, Bobbie B., Bill, Presbytera Katherine H.

### ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread.

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\* **ST. ATHANASIUS BOOK CENTER** \*  
\*  
\* The church bookstore is located in the fellowship hall. The two \*  
\* enclosed cabinets hold icons, books, jewelry and other items that \*  
\* are FOR SALE. Payment should be made at time of purchase and \*  
\* placed in the brown lock box. Make checks payable to "St. Atha- \*  
\* nasius Book Center." \*  
\*\*\*\*\*



**ST.  
NICHOLAS**

-For the children to color during the homily or at home-