



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

5580 Calle Real  
Goleta, CA 93111-1646  
**Office hours:** Tues-Fri.  
11:00 a.m.—5:00 p.m.

## Senior Pastor:

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jim King 805-968-0095

Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## Deacons:

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## Music Director/Administrator:

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## Parish Council:

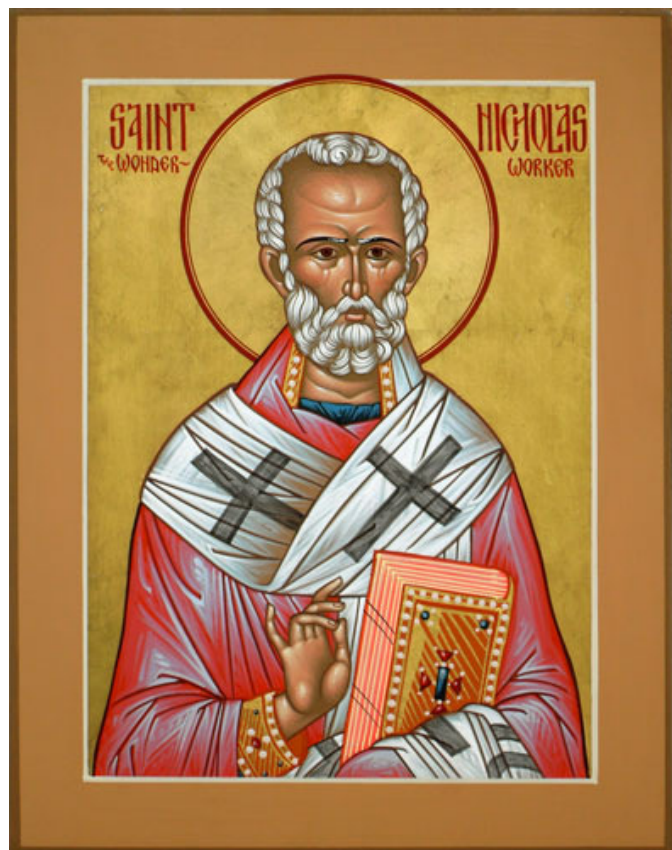
Dana Alexander, President  
Dan Braun, Treasurer  
Douglas Meyer, Secretary  
Katie AbuGhazaleh  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

## LITURGY OF ST. JOHN CHRYSOSTOM

**Sunday, December 8, 2013**

**Tone 7 / Eothinon 2; Twenty-fourth Sunday  
after Pentecost & Tenth Sunday of Luke**

Venerable Patapios of Thebes; Forefeast of the Conception  
of the Theotokos; Sophronios, Bishop of Cyprus; Apostles  
Sosthenes, Apollos, Crispos, Caesar & Epaphroditos of the  
Seventy; Martyr Parthenios of Chios



## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

## Calendar for this Week

### Sunday, December 8

8:45 a.m. Rel. Ed. 3 yrs – High School  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
4:00 p.m. St. Nicholas program rehearsal  
6:00 p.m. St. Nicholas Program

### Monday, December 9

6:45 a.m. Daily Matins  
4:30 p.m. Outreach Meal at St. Michael's  
University Church in Isla Vista

### Tuesday, December 10

5:30 p.m. Daily Vespers

### Wednesday, December 11

6:45 a.m. Daily Matins  
12:00 p.m. Women's Prayer Group  
6:00 p.m. Advent Paraklesis

### Thursday, December 12

5:30 p.m. Daily Vespers  
7:00 p.m. Choir Rehearsal

### Friday, December 13

6:45 a.m. Daily Matins

### Saturday, December 14

7:30 a.m. Clergy Meeting  
4:30 p.m. Adult Catechism  
6:00 p.m. Great Vespers

### Sunday, December 15

8:45 a.m. Rel. Ed. 3 yrs – High School  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour

## *Sunday Morning Ministries Schedule*

### Eucharist Bread

December 8 Gish  
December 15 Tinyayeva  
December 22 Meyer  
December 29 Thomas

### Coffee Hour

December 8 R. Cash/D. McQuade  
December 15 Ballew/Lenhardt in memory of  
Fr. Richard Ballew  
December 22 Nikolov  
December 29 Potluck: Christmas treats

### Greeters

December 8 S. & C. Shackelford  
December 15 D. Genatone/P. Morrison  
December 22 D. & D. Alexander  
December 25 P. King/P. Matthews  
December 29 D. Washburn/D. Lewis

### Ushers

December 8 D. Meyer, R. Barre, D. Lewis  
December 15 C. & G. Speier, Rita Schneider  
December 22 Jon King, P. King  
December 25 TBA  
December 29 S. & L. Speier, P. Brunner

**ENJOY OUR EXPANDED BOOKSTORE FOR THE  
NEXT FOUR SUNDAYS AND BROWSE FOR  
CHRISTMAS GIFTS  
DURING COFFEE HOUR. ALL PROCEEDS GO TO  
THE BUILDING FUND!**

# CHANGEABLE TEXTS FOR THE DAY

**AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.**  
**(“Glory to You, Who have shown us the light...” - Complete text is**  
**in the front of the Liturgy Book.)**

## **THE LITURGY OF THE WORD**

### **GREAT LITANY**

#### **FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

#### **SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

After each of the verses sung by the choir, the congregation sings the refrain:  
**“Remember us, O Lord, when you come in your Kingdom.”**

### **- PROCESSION OF THE CLERGY - AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY:**

#### **Troparion of the Resurrection**

**Tone 7**

**(Music is on p. 51 of liturgy book.)**

Thou didst shatter death by Thy Cross;  
Thou didst open paradise to the thief;  
Thou didst turn the sadness of the  
ointment bearing women into joy,  
and didst bid Thine apostles proclaim  
a warning that Thou hast risen, O Christ,  
granting the world the great mercy.

#### **Troparion to St. Athanasius (Music on p. 54 of Liturgy Book)**

**Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

#### **Kontakion for the Preparation of Christ’s Nativity**

**Tone 3**

The virgin cometh today to the cave  
to give birth, ineffably to bring forth the Word eternal.  
Therefore, rejoice, O earth, at the message;  
with the angels and shepherds give glory to Him  
Who shall appear by His own will as a young child,  
He who is from eternity God.

#### **TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)  
(Page 62 of Liturgy Book)**

**Tone 7**

The Lord will give strength to His people; the Lord will bless His people with peace.

**Vs:** Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

**EPISTLE READING FOR THE DAY  
Ephesians 2:14-22**

Brethren, Christ is our peace, who has made us both one, and has broken down the dividing wall of hostility, by abolishing in his flesh the law of commandments and ordinances, that he might create in Himself one new man in place of the two, so making peace, and might reconcile us both to God in one body through the Cross, thereby bringing the hostility to an end. And He came and preached peace to you, who were far off, and peace to those who were near; for through Him we both have access in one Spirit to the Father. So then you are no longer strangers and sojourners, but you are fellow citizens with the saints and members of the household of God, built upon the foundation of the apostles and prophets, Christ Jesus himself being the cornerstone, in whom the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built into it for a dwelling place of God in the Spirit

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel    Tone 7  
(Music on Page 65 in Liturgy Book)**

**Verse:** It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. **Alleluia...**

**Verse:** To declare Thy mercy in the morning, and Thy truth in the night. **Alleluia...**

**GOSPEL READING FOR THE DAY  
Luke 13:10-17**

At that time, Jesus was teaching in one of the synagogues on the Sabbath. And there was a woman who had had a spirit of infirmity for eighteen years; she was bent over and could not fully straighten herself. And when Jesus saw her, he called her and said to her, "Woman, you are freed from your infirmity." And he laid his hands upon her, and immediately she was made straight, and she praised God. But the ruler of the synagogue, indignant because Jesus had healed on the Sabbath, said to the people, "There are six days on which work ought to be done; come on those days and be healed, and not on the Sabbath day." Then the Lord an-

swered him, "You hypocrite! Does not each of you on the Sabbath untie his ox or his ass from the manger, and lead it away to water it? And ought not this woman, a daughter of Abraham whom Satan bound for eighteen years, be loosed from this bond on the Sabbath day?" As Jesus said this, all his adversaries were put to shame; and all the people rejoiced at all the glorious things that were done by him.

### **LITURGY OF THE FAITHFUL**

#### **Meglynarion—Hymn to the Mother of God (Liturgy Book, Page 27)**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

#### **Hymn sung as the clergy receive the Eucharist: (Liturgy Book, Page 32)**

Praise the Lord from the heavens; praise Him in the Highest! Alleluia!

#### **Hymn during Communion of the People (Liturgy Book, Page 33)**

Of Thy mystical Supper, O Son of God, accept me today as a communicant. For I will not speak of thy mysteries to Thine enemies. Neither like Judas will I give Thee a kiss. But like the thief will I confess Thee: Remember me, O Lord, in Thy Kingdom!

Receive the Body of Christ, taste the fountain of immortality.

Alleluia, Alleluia, Alleluia!

### ***HOLY COMMUNION***

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

#### **Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## *St. Barbara Monastery Needs Our Help*

St. Barbara Monastery is raising funds to complete their chapel. With others being so generous towards us and our Building Fund, our parish has sent a donation of \$1,000 to help in this effort. Please consider joining us in supporting our dear monastery with a contribution during the Advent season. If you want us to send your check, make it out to St. Barbara Monastery and feel free to deposit it in the tithe box. If you received an appeal letter from the monastery at home, you may want to send your check in the envelope that was enclosed with the appeal.

## *CELEBRATIONS for THIS WEEK*

### Anniversaries

- 12/11 Dn. Richard & June Easbey  
12/12 Scott & Karen Jacobs  
12/12 Fr. Jon-Stephen & Melissa Hedges

### Birthdays

- 12/9 Jesse Speier  
12/13 Fr. Jim King  
12/14 Gail Shannon

### Patron Saint Commemorations

- |       |  |              |
|-------|--|--------------|
| 12/9  | St. Hannah, Mother of the Prophet Samuel | Hannah Sieck |
| 12/10 | St. Angelina of Serbia                   | Angel Speier |
| 12/13 | St. Jesse                                | Jesse Speier |
| 12/13 | St. Lucy                                 | Lucy Speier  |

## **BOOK SIGNING NEXT SUNDAY, DECEMBER 15**

Just released this week, “**Sweet Song, the Story of St. Ramonos,**” by Jane Meyer, will be for sale for \$19 in our bookstore. Jane will be available for a book signing during coffee hour next Sunday, December 15th. Books make great Christmas presents! Here’s an excerpt from the book:

“Young Romanos is devoted to Christ and His Mother and longs to be able to sing his praises to them. But when he tries, his voice croaks and the words won’t come. The other cantors make fun of him—until one miraculous Christmas Eve.”

Jane is hoping young children will read this tale of Saint Romanos and see some of their own story in his struggle and surrender. Not all of us will be gifted like he was with the miracle of music, but all of us have the potential to be filled to the brim with Christ. We can become people who cry out for help when it's needed, who work hard at the things before us, and who can ultimately change the world for good!

To see more about the book, visit: <http://www.janegmeyer.com/page/books/7>

***This book is dedicated to the Valerie Yova and the Saint Athanasius Orthodox Church Choir!***

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

### **CHILDREN'S REHEARSAL TODAY**

There will be a short rehearsal today at 12:00 noon with the children who will be attending tonight's St. Nicholas program.

### **UPCOMING ADVENT SERVICES:**

- **Advent Paraklesis**—Wednesday, 12/11, and Wednesday, 12/18 at 6:00 p.m.

**OUR CONDOLENCES to Chuck Sasala**, whose father, Andrew, fell asleep in the Lord this past Wednesday, December 4th. May his memory be eternal.

### **ADDRESS FOR FR. LUKE HARTUNG**

We continue to pray for Fr. Luke Hartung (Viktoria Hedges' brother) and his children, that God will give them strength in this time of sadness at the loss of their wife and mother, Katherine. If you would like to send the Hartungs a personal note, their address is: 6185 Windemere Way, Riverside, CA 92506.

**ST. BRIGID FELLOWSHIP IS COLLECTING ITEMS FOR THE HOMELESS** to be distributed at our outreach breakfast on Christmas morning. Please keep the homeless in mind as you are doing holiday shopping and consider purchasing an item to drop in the large, decorated collection box in the fellowship hall. We are asking for: **white tube socks, warm hats and mittens, new or lightly used sweatshirts, new or used sleeping bags or blankets in good shape. Thanks!**

### **WINTER SKI RETREAT for Young Adults**

The Fellowship of St. John the Divine is sponsoring a Ski Retreat from January 10-12, 2014 for young adults college-age and older at Sacred Heart Retreat Camp in Big Bear. The cost is \$30 for food and lodging, or \$50 for food, lodging and a ski lift ticket. Space is limited. The deadline to register is January 3rd. See the registration form in the narthex and on the parish website under "Resources/Downloads and Resources." Contact Charlie Kassaseya if you have questions: 858-761-1720, [charliekassaseya@gmail.com](mailto:charliekassaseya@gmail.com)

### **NEW YEAR'S EVE GATHERING AT ST. BARBARA GREEK PARISH**

On **Tuesday, December 31st** at 6:30 p.m. they will host a New Year's Eve Party. Tickets are \$45/adults and \$25 children for hors d'oeuvres, prime rib dinner and dancing. **NO TICKETS WILL BE SOLD AT THE DOOR.** To make a reservation, see the flyer in the narthex of our church.



**YOU ARE INVITED TO  
TWO UPCOMING  
PARISH FAMILY CELEBRATIONS!**



*A Celebration of the  
Life of St. Nicholas*

- A narrative with music & slideshow -  
Original music composed by  
members of our parish.

**Tonight! December 8, 2013**  
6:00 p.m.

St. Nicholas will make an appearance  
and leave a treat for each child.  
Lenten refreshments will be served.

*Christmas Family*

*Night*

**Friday, December 27, 2013**  
7:00 p.m.

Carol sing-a-long, including our traditional  
“Twelve Days of Christmas!”

Open-mic talent show— all ages welcome!

Bring an hors d’oeuvre or dessert to share.  
Beverages provided



# **TEEN SCENE**

## **JOURNEY TO ADULTHOOD**

Schedule of Activities and Service Projects  
September- November 2013

### **RITE-13 Grades 7-8**

Saturday, 12/14      Transition House shopping for kids gifts

### **J2A Grades 9-10**

Sunday, 12/22      Great American Melodrama for the Holiday Extravaganza,  
following Liturgy

### **YAC Grades 11-12**

Sunday, 12/29      Christmas Party/White Elephant Gift exchange

### **MARK YOUR CALENDAR—UPCOMING EVENTS:**

- **YES! Weekend** (Youth Equipped to Serve) - January 17-19, 2014  
(Martin Luther King Weekend)
- Camp St. Nicholas **Winter Teen Camp** - February 14-17, 2014  
(Presidents' Weekend)
- Project Mexico Mission Trip—August 13-19, 2014

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

- |                                  |                   |                       |
|----------------------------------|-------------------|-----------------------|
| Fr. Alexander Atty               | Kh. Luann B.      | Eleni Z.              |
| Mother Victoria                  | Gail S.           | Sylvia G.             |
| Met. Paul & Abp. John            | Olga G.           | Jimmy                 |
| who have been                    | Leona G.          | Molly M.              |
| kidnapped by terrorists          | Mick K. & Family  | Infants Luke & Andrew |
| in Turkey.                       | Mary & Susan      | Joy                   |
| Fr. Gordon & Mary Sue W.         | Duane F.          |                       |
| Fr. Luke H. and Family           | Marna D.          |                       |
| Greg & Margaret Y.               | Frank G.          |                       |
| Mary Ellen B.                    | Baby Christian F. |                       |
| Kate, David, Salem & Baby Miriam | Richard           |                       |

**For repose of the souls of:** Bill, Presbyter Katherine H., Patrick B., Andrew S.

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

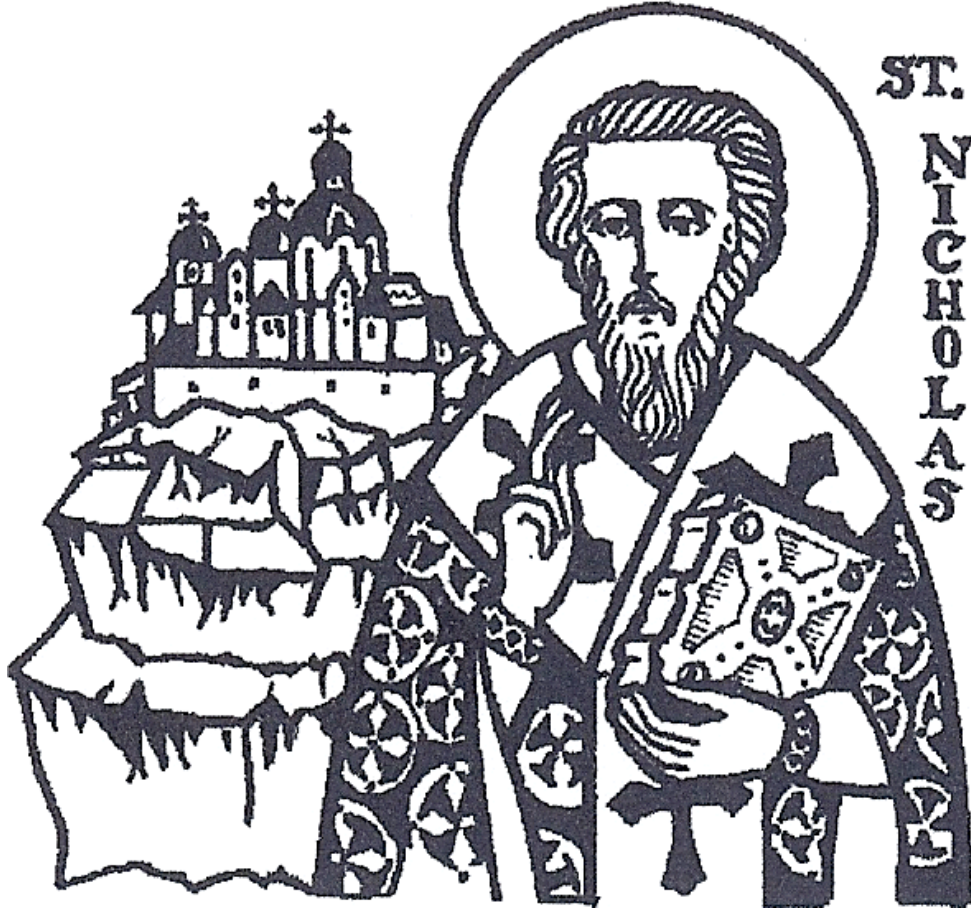
Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedie (Preparation of the Bread and Wine for Communion).

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**ST. ATHANASIUS BOOK CENTER**

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box. Make checks payable to “St. Athanasius Book Center.”

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**ST. NICHOLAS**

-For the children to color during the homily or at home-