

## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

300 Sumida Gardens Lane Santa Barbara, CA 93111 **Office hours:** Tues-Fri. 11:00 a.m.—5:00 p.m.

## **Senior Pastor:**

Fr. Nicholas Speier 805-685-5495 frnicholas@stathanasius.org

## **Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903 Fr. John Carrillo 805-968-2448 Fr. Jon Braun, Attached Priest (retired) Fr. John Finley, Attached Priest

#### Deacons:

Dn. Gary Braun Dn. Scott Jacobs Dn. Richard Easbey Dn. John Young

#### **Music Director/Administrator:**

Valerie Yova Office phone: 805-685-5400 email: office@stathanasius.org

#### **Parish Council:**

Dana Alexander, President
Dan Braun, Treasurer
Douglas Meyer, Secretary
Katie AbuGhazaleh
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

## LITURGY OF ST. BASIL THE GREAT

Sunday, March 30, 2014

Tone 7 / Eothinon 7

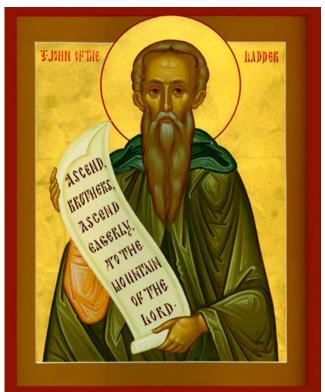
Fourth Sunday of Great Lent

Commemoration of John Climacus,

Author of "The Ladder"

New Hieromartyr Zachariah, Metropolitan of Corinth;

Sophronios, Bishop of Irkutsk



## **WELCOME TO OUR VISITORS!**

We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!

## Calendar for this Week

# Sunday, March 30—Sunday of St. John Climacus 9:00 a.m. Rel. Education for ages 3-18

9:00 a.m. **Matins** 

Divine Liturgy 10:00 a.m. Coffee Hour 11:45 a.m. Choir Rehearsal 12:15 p.m. Teens in grades 9-12 5:00 p.m.

> "Love, Sex & Marriage" Session 1 with Fr. Jon Braun, parents are

welcome to attend!

## LOST AND FOUND

The Lost and Found basket is located in the little alcove next to the sitting area with the sofas and rocking chair.

#### **AED**

## (Automated External Defibrillator)

The AED is located in the foyer, on the ledge of the window that looks into the church office.

## Monday, March 31

6:45 a.m. **Daily Matins** 

St. Brigid Outreach Dinner at 4:30 p.m.

St. Michael's in Isla Vista

6:00 p.m. **Great Compline** 7:15 p.m. Choir Rehearsal

## Wednesday, April 2

6:45 a.m. Daily Matins

Women's Prayer Group 12:00 p.m. 6:00 p.m. Presanctified Liturgy

#### Thursday, April 3

6:00 p.m. Compline with Canon of St. Andrew

## Friday, April 4

6:45 a.m. **Daily Matins** 

Akathist to the Mother of God 6:00 p.m.

## Saturday, April 5

Liturgy for All Souls 8:00 a.m. 6:00 p.m. **Great Vespers** 

## Sunday, April 6—Sunday of St. Mary of Egypt

Rel. Educcation for ages 3-18 9:00 a.m. 9:00 a.m. **Matins** 

10:00 a.m. Divine Liturgy 11:45 a.m. Coffee Hour 12:15 p.m. Choir Rehearsal 5:00 p.m. Teens in grades 9-12

"Love, Sex & Marriage" Session 2

with Fr. Jon Braun, parents are

welcome to attend!

## Sunday Morning Ministries Schedule

## **Eucharist Bread**

March 30 G. Braun April 6 Giordani April 13 Dillon April 20 Kern

## **Coffee Hour**

March 30 Potluck—St. Raphael Catholic

Parish will join us for

Coffee Hour!

A. Speier/J. Speier/C. Robinson April 6

April 13 PALM SUNDAY POTLUCK

April 20 **PASCHA** 

## **Greeters**

March 30 D. Lewis/D. Washburn April 6 S. & C. Shackelford April 13 D. & D. Alexander

April 20 Morrison/Genatone/Washburn

## **Ushers**

March 30 D. Meyer, R. Barre, D. Lewis C. Speier, Rita Schneider, P. King April 6 April 13 Jon King, G. Braun Jr., P. King

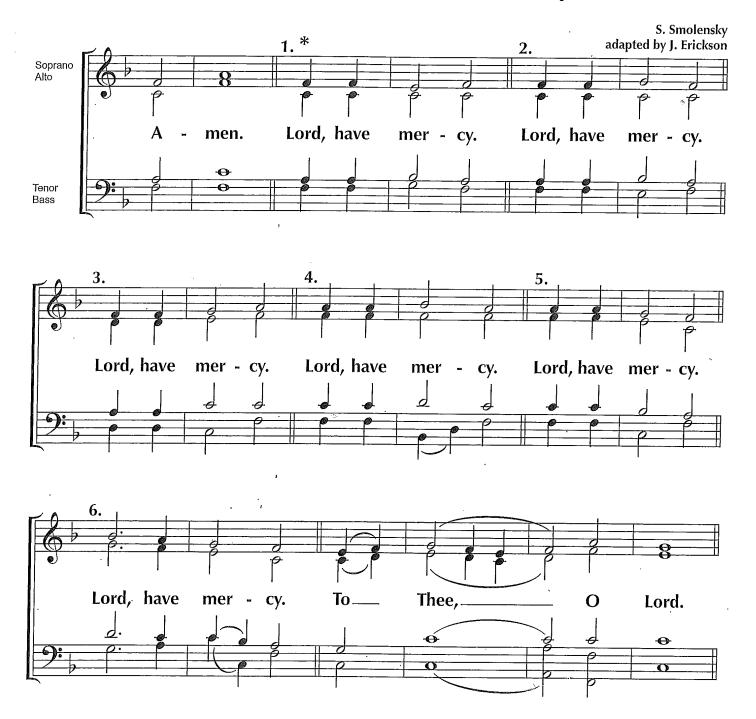
S. & L. Speier, P. Brunner April 20

## CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY. ("Glory to You, Who have shown us the light..." followed by the Post Doxology Troparion.

## THE LITURGY OF THE WORD

## **GREAT LITANY—New Lenten melody**



## FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]
- Vs. Glory...now & ever...Amen. [Refrain]

#### SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

## Refrain: O Son Of God Who rose from the dead, save us who sing to Thee, Alleluia!

- Vs. For He hath established the world which shall not be shaken. [Refrain]
- Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

## THIRD ANTIPHON—The Beatitudes from the Sermon on the Mount

In Thy kingdom remember us, O Lord,

when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,

for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

## AT THE LITTLE ENTRANCE WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY:

## **Resurrectional Troparion**

Tone 7

Thou didst shatter death by Thy Cross; Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment bearing women into joy, and didst bid Thine apostles proclaim a warning that Thou hast risen, O Christ, granting the world the great mercy.

## **Troparion for St. John Climacus (of the Ladder)**

Tone 1

<u>Dweller</u> of the wilderness and angel in the <u>body</u>,

you were a wonderworker, O our God-bearing Father John.

You received heavenly gifts through fasting, vigil and prayer,

healing the sick and the souls of those drawn to you by faith.

Glory to Him Who gave you strength!

Glory to Him Who granted you a crown!//

Glory to Him Who grants healing to all!

## **Troparion to St. Athanasius**

Tone 3

Holy Bishop Athanasius,

you became a stronghold of Orthodoxy,

strengthening the Church through your divine teachings.

Opposing the heretical opinion of Arius,

you explained and taught that the Son is equal in nature with the Father.

O holy Father, intercede with Christ God

that He may grant us abundant mercy.

#### Kontakion of Annunciation

Tone 8

To Thee, our Queen, leader in battle and defender.

We Thy people delivered from all peril,

offer hymns of vict'ry and thanksgiving, O Theotokos.

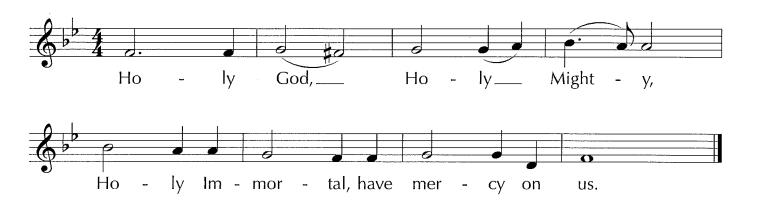
Since Thou dost possess invincible power,

set us free from ev'ry calamity.

That we may cry unto Thee: Hail, O bride without bridegroom.

## TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

We will sing this new melody for "Holy God" during Great Lent. It was composed by Nazo Zakkak and dedicated to the St. Athanasius Choir:



Prokeimenon (Preparatory Psalm Verses) before the Epistle

Tone 7

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

## THE EPISTLE READING — Hebrews 6:13-20

Brethren, when God made a promise to Abraham, since He had no one greater by whom to swear, He swore by Himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of His purpose, He interposed with an oath. So that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest forever after the order of Melchizedek.

## Alleluia before the Gospel

Tone 7

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

**Verse:** It is good to give thanks to the Lord, and to sing praises to Thy

Name, O Most High. Alleluia...

**Verse:** To declare Thy mercy in the morning, and Thy truth

in the night. Alleluia...

#### THE GOSPEL READING — Mark 9:17-31

At that time, a man came to Jesus, kneeling down and saying unto him, "Teacher, I brought my son to you, for he has a dumb spirit. And wherever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And Jesus answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to Me." And they brought the boy to Him; and when the spirit saw Jesus, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can believe, all things are possible to him who believes." Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when Jesus had entered the house, his disciples asked him privately, "Why could we not cast it out?" And Jesus said to them, "This kind cannot be driven out by anything but prayer and fasting."

They went on from there and passed through Galilee. And Jesus would not have anyone know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill Him; and after He is killed, He will rise on the third day."

#### LITURGY OF THE FAITHFUL

## Meglynarion

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men.

O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child – our God before the ages:

He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

## **Communion of the Clergy**

Praise the Lord from the heavens! Praise Him in the highest! (Ps 148:1) Alleluia, Alleluia, Alleluia. (Ps 111/112:6b-7a)

## **Communion of the People**

Of Thy mystical Supper, O Son of God, accept me today as a communicant. For I will not speak of Thy mysteries to Thine enemies. Neither like Judas will I give Thee a kiss. But like the thief will I confess Thee: Remember me, O Lord, in Thy Kingdom!

Receive the Body of Christ, taste the fountain of immortality.

#### **HOLY COMMUNION**

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers may approach the chalice for a blessing and the blessed bread instead of the Eucharist. So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.

## **Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## **LENTEN SERVICE SCHEDULE**

Mondays at 6 p.m. Great Compline

Wednesdays at 6 p.m. Presanctified Liturgy with Holy Eucharist

(On Wed. April 9th, we will join St. Barbara Greek parish

for Presanctified Liturgy at their church.)

Thursday, April 3 at 6 p.m. Compline with Canon of St. Andrew of Crete

Fridays at 6 p.m. Akathist (except on April 11, when we will pray the Canon of

Lazarus.)

FOLLOWED BY SOUP DINNER ON 4/4.

NOTE: NO DAILY VESPERS ON TUESDAY & THURSDAY DURING LENT.

## ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

The complete schedule of services for Great Lent, Holy Week and Pascha is on the parish website calendar.

## ALL SUNDAY RELIGIOUS EDUCATION CLASSES ARE NOW MEETING AT 9:00 a.m.

#### FRIDAY EVENING LENTEN SOUP DINNER

We'll be gathering for soup and bread after the 6:00 p.m. Akathist service on April 4th. Please see the sign-up board and consider volunteering to provide part of the meal or contact Christie Robinson.

## **OUR LAST EVENING PRESANCTIFIED LITURGY THIS WEEK**

This coming Wednesday, April 2nd at 6:00 p.m. we will serve the last Wednesday evening Presanctified Liturgy of the Lenten season in our church. The following week on Wed. April 9th we will join St. Barbara Greek parish for Presanctified Liturgy at their church. If you have not attended this beautiful mid-week Lenten service, please consider joining us this week. There will be two Presanctified Liturgies served during Holy Week on Tuesday and Wednesday (April 15 and 16) at 7:00 a.m.

#### **CELEBRATIONS** for THIS WEEK

#### **Birthdays**

3/30	Virginia Braun
4/2	Christina Shackelford
4/3	Donna Friesen, Josh Braun
4/4	Duane Franzen
4/5	Corina Berari, Ethan Keller
4/6	Monica Finley, Valerie Yova

## **Patronal Feast Day Celebrations**

April 1 and April 6 St. Mary of Egypt

Kristen Roberts, Natalie Rosamund Corie Sieck, Valerie Yova

#### **INCOME FOR FEBRUARY 2014**

Tithe Goal: \$47,000 Received in February: \$33,685

Building Fund Donations Received in February: \$18,067

(To see how we're doing on our "18 for 18" Building Fund Campaign, please check the Building Fund "thermometer" out by the narthex.)

# ANNUAL WORK PARTY ON LAZARUS SATURDAY April 12th from 10:00 a.m.-3:00 p.m.

Even though we are in our brand new building, we still have much to do in order to prepare for Holy Week and Pascha. A sign-up list will be posted next week. Please plan to stay after the Liturgy on Lazarus Saturday to lend a hand. There will be a short Coffee Hour after the Liturgy, and a light lenten lunch served for those who stay to work.

We will need help with the following tasks:

- Cleaning of all icons
- Cleaning of the woodwork on iconostasis and wood furniture
- Decorating
- Gathering palms
- Ironing of cloths to be used for Holy Week and Pascha
- Cleaning of altar articles
- Possibly some clean-up outside around the building

We will have someone working with the children who want to make palm crosses.

## **SERVICES OF HOLY WEEK 2014**

## (Please note that the Tues-Friday <u>morning services</u> are at 7:00 a.m.)

Palm Sunday, 4/13	6:00 p.m.	
Monday, 4/14	Bridegroom Matins	6:00 p.m.
Tuesday, 4/15	Presanctified Liturgy	7:00 a.m.
	Bridegroom Matins	6:00 p.m.
Wednesday, 4/16	Presanctified Liturgy	7:00 a.m.
	Holy Unction	6:00 p.m.
Thursday, 4/17	Institution Liturgy	7:00 a.m.
	Matins with 12 Passion Gospels	6:00 p.m.
Friday, 4/18	Royal Hours	7:00 a.m.
	Royal Hours	12:15 p.m.
	Burial Vespers	3:00 p.m.
	Lamentation Matins	7:00 p.m.
	All-night Vigil	10:00 p.m.
Saturday, 4/19	Vesperal Liturgy celebrating Christ's Victory over Hades	8:00 a.m.
Sunday, 4/20	Paschal Procession, Matins, Liturgy Break-fast Agape Vespers Picnic at Tucker's Grove	5:00 a.m. 8:00 a.m. 9:30 a.m. 3:00 p.m.

## A TRIBUTE TO METROPOLITAN PHILIP

He knew what was going to happen, and he did it anyway. And he did what was right. He brought us into the Orthodox Church. That's how I begin this tribute to Metropolitan PHILIP. I know that's a bit self-serving, and I'll accept that. Of course he did so much more than bring those of us in the EOC into Orthodoxy, and I'm sure it was not the most important thing he did. But it illustrates the kind of man he was.

So what was it he knew was going to happen? He was quite aware that other jurisdictions would strongly object and react to his action. He knew there would be much criticism: Multiple ordinations! "They're not ready"! "They don't know what they are doing"! "They'll upset the ethnic balance." To name just a few of the objections. But he did it anyway, because he knew it was right. And he made it work. That's what great leaders do.

So how will I remember him? First, as a remarkable leader. He led and others followed. Compassionate; not harsh. Not demanding, but expecting compliance. Not intimidated by those who disagreed with him; but he could allow disagreement. Not for one minute in the past twenty-eight years did I have a doubt about who was in charge.

Second, as a genuine visionary. He knew where he wanted this archdiocese to go, and he went there. We followed. He had a vision for Orthodoxy in America and what it should be like. A powerful leader with a clear vision is a marvelous combination.

Third, merciful. As with any leader there were those who strongly disagreed with him. There were those who disobeyed him. There were those who betrayed him. Not only did I never see him hold a grudge against these, but he was quick with mercy to forgive them.

Of course there is so much more to say, but this to suffice for now. What a blessing to be a part of his world. May his memory be eternal.

Fr. Jon Braun

# PASCHA CELEBRATION 2014 It's that time of year again!

## **PASCHA BREAKFAST**

Immediately following the Divine Liturgy on Pascha we will celebrate together with our traditional BREAK-fast at our new Church!

Due to limited kitchen facilities we will again be "downsizing" our morning festivities a bit. Please plan **now** to put together a family Easter basket. Add to it your own family favorites and include some meats, eggs, cheeses, etc.

Back by popular demand, Stan will barbeque sausages We will provide the Pascha Cheese, sliced ham, deviled eggs and beverages. Agape Vespers (with the Gospel read in many languages) will follow the breakfast. Please see the food sign-up list in the fellowship hall. We need volunteers to bring:

Deviled eggs (please respond with how many)
Large fancy assorted cheese platters
Large assorted fruit platters
Homemade sweet rolls, yeast breads, sweet loaves
Set up and clean up help



#### **PASCHA PICNIC**

The main focus of our celebration this year will be the afternoon PICNIC at Kiwanis Meadows/Tuckers Grove at 3pm. The deacons will barbeque tri-tip for all. Bread will be provided. Please bring a large salad (green, potato, pasta, fruit) to share and your own place settings and beverages. There will of course be games, activities for our children, plus music and lots of wonderful fellowship. Plan to attend this special day for our church family. It is a great opportunity to bring your non-Orthodox friends and family members, as well!

**The day's festivities cost the church over \$4,000** and we typically collect only around \$2,000 from those who participate. Please help us to break even on the costs for the day. We are asking for a donation for each adult and child participating in order to help cover the cost of the day's festivities. You can pay in advance at the table set up during Coffee Hour on the two Sundays before Pascha, or you can pay in the food line on Pascha. Pricing is as follows:

Adults: \$10 for breakfast only

\$15 for breakfast and picnic

Children: \$7 flat fee

(Maximum charge per family: \$60)

Of course we could use some help with preparation and clean up and with the children's activities. Please email June @ june1211@msn.com or call 805.705.3668 to volunteer.

# Lenten Retreat for Young Adults (18-35 years old)

Sponsored by The Fellowship of St. John the Divine with the blessing of Archbishop Joseph

at St. Anthony Monastery 4784 St. Joseph's Way Florence, Arizona 85132

## Friday, April 4-Sunday, April 6, 2014

**Topic: Overcoming Doubt** 

\$15 donation requested. Space is limited. R.S.V.P. to Charlie Kassaseya at 858-761-1720

## TEEN SCENE

## **JOURNEY TO ADULTHOOD**

Schedule of Activities and Service Projects

## Teens in grades 9-12

Sunday, 3/30 at 5 p.m. "Love, Sex & Marriage—Part I" - presentation at the church

by Fr. Jon Braun. Parents are invited! Pre-dinner snacks served.

Sunday, 4/6 at 5 p.m. "Love, Sex & Marriage—Part II" - presentation at the church

by Fr. Jon Braun. Parents are invited! Pre-dinner snacks served.

Friday, 4/18 at 10 p.m. All-night Vigil after Lamentation Matins service

Sunday, 4/27 at 5 pm Fire on Father

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Mother Victoria
Met. Paul & Abp. John of Syria
Peggy K. and Family
Fr. Gordon & Mary Sue W.
Fr. Luke H. and Family
Greg & Margaret Y.
Mary Ellen B.
Mother Olga

Olga G. All those suffering and in danger in the Ukraine Baby Christian F. Kathy B. Melina L.

Joy Duane F. Susan R.

Frances C.

## For repose of the souls of:

Gail S.

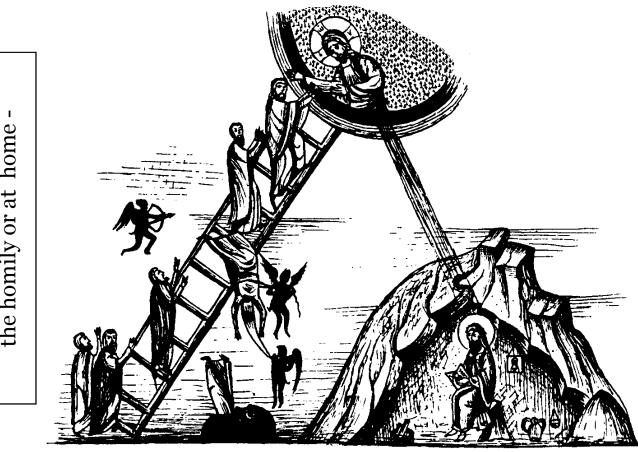
His Eminence, Metropolitan Philip, Archpriest Alexander Atty, Robert H., Lou, Margaret (Jan Isham's mother), Leona G., Pat M., Galina (mother of Nadine de Bruin) All who have died in the conflict in the Ukraine, Sharon L.

#### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin,

## 



-For the children to color during the homily or at home -