



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

P.O. Box 35, Goleta, CA 93116 • Phone: 805-685-5400 • FAX: 805-685-5411

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
11:00 a.m.—5:00 p.m.

## **Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## **Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## **Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## **Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## **Parish Council:**

Dana Alexander, President  
Dan Braun, Treasurer  
Douglas Meyer, Secretary  
Katie AbuGhazaleh  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

## **LITURGY OF ST. JOHN CHRYSOSTOM Sunday, July 13, 2014 Tone 4 / Eothinon 5**

### **Sunday of the Holy Fathers of Fourth Ecumenical Council**

Synaxis of the Archangel Gabriel; Venerable Stephen of  
Mar Sabbas Monastery and Heliophotos;  
Martyr Golinduch of Persia



## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

# Calendar for this Week

## Sunday, July 13

### **RELIGIOUS ED. ON SUMMER BREAK**

9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:30 p.m.	Teens: Family Bowling Party

## Monday, July 14

6:45 a.m.	Daily Matins
5:00 p.m.	Outreach Meal at St. Michael's University Church in Isla Vista

## Tuesday, July 15

5:30 p.m.	Daily Vespers
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## Wednesday, July 16

6:45 a.m.	Daily Matins
12:00 p.m.	Women's Prayer Group

## Thursday, July 17

5:30 p.m.	Daily Vespers
7:00 p.m.	Choir Rehearsal

## Friday, July 18

6:45 a.m.	Daily Matins
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## Saturday, July 19

6:00 p.m.	Great Vespers/Confession
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## Sunday, July 20

### **RELIGIOUS ED. ON SUMMER BREAK**

9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy/Baptism of Elias Hedges
11:45 a.m.	Coffee Hour

**\*Fr. Nicholas will be away this coming week  
at the Archdiocese Clergy Symposium at the  
Antiochian Village.**

## *Sunday Morning Ministries Schedule*

### Eucharist Bread

July 13	Hedges
July 20	G. Braun
July 27	Dillon
August 3	Gish

### Coffee Hour

July 13	Potluck
July 20	Sieck Family
July 27	Harris
August 3	Fiesta Mexican Potluck

### Greeters

July 13	K. & L. Jacobs
July 20	S. & C. Shackelford
July 27	D. & D. Alexander
August 3	P. Morrison/D. Genatone

### Ushers

July 13	S. & L. Speier, P. Brunner
July 20	D. Meyer, R. Barre, D. Lewis
July 17	C. Speier, Rita Schneider, P. King
August 3	Jon King, G. Braun Jr., P. King

### **LOST AND FOUND**

The Lost and Found basket is located in the little alcove next to the sitting area with the sofas and rocking chair.

### **AED**

#### **(Automated External Defibrillator)**

The AED is located in the foyer, on the ledge of the window that looks into the church office.

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

## **THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM**

### **GREAT LITANY**

#### **FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

#### **SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath  
girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of  
the holy Theotokos and ever virgin Mary, who without change didst become man and wast cruci-  
fied, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified  
with the Father and the Holy Spirit: save us!

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of  
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

### **AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY**

#### **Troparion of the Resurrection**

**Tone 4**

**(Music on page 45 of Liturgy Book)**

Having learned the joyful message  
of the Resurrection from the angel,  
the women disciples of the Lord cast from them  
their parental condemnation,  
and proudly broke the news to the disciples  
saying death has been spoiled.  
Christ God is risen, granting the world great mercy.

#### **Troparion of the Holy Fathers**

**Tone 8**

Most glorious are You, O Christ our God!  
You have established the Holy Fathers as lights on the earth.  
Through them You have guided us to the true Faith.//  
O greatly compassionate One, glory to You!

#### **Troparion to St. Athanasius**

**Tone 3**

**(Music on page 54 of Liturgy Book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.

Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion - Ordinary Sundays**

**Tone 4**

O undisputed intercessor of Christians,  
O mediatrix, who is unrejected by the creator.  
Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith,  
for thou art good. Hasten to us with intercessions, O Theotokos,  
who dost always intercede for those who honor thee.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)**

**Tone 8**

*(Song of the three Holy Children, v. 3)*

Blessed are You, O Lord, God of our fathers, and praised and glorified is Your  
name forever.

**Verse:** For You are just in all that You have done for us.

**THE EPISTLE READING**

**Titus 3:8-15 "Good Works"**

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissension, and quarrels over the Law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, knowing that such a person is perverted and sinful; he is self-condemned.

When I send Artemas or Tychicus to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful.

All who are with me send greetings to you. Greet those who love us in the faith.  
Grace be with you all. Amen.

### **Preparatory Psalm Verses with Alleluia Refrain Before the Gospel     Tone 4**

(Music on page 64 of Liturgy Booklet)

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

**Verse:**            Draw Thy bow and prosper and reign, in the cause of  
                         truth, meekness and righteousness. (*Ps 44/45:5*)

**Verse:**            Thou hast loved righteousness and hated wickedness. (*Ps 44/45:8*)

### **GOSPEL READING**

#### **Matthew 5:14-19**

The Lord said to His disciples, "You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven."

"Think not that I have come to abolish the Law and the Prophets; I have come not to abolish them but to fulfill them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the Law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven."

### **Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### **Communion of the Clergy**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Rejoice in the Lord, O you righteous; praise befits the just! (*Ps 32/33:1*)

Alleluia, Alleluia, Alleluia!

## **HOLY COMMUNION**

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

## **CELEBRATIONS for THIS WEEK**

### **Wedding Anniversaries**

7/16 Kent & Amanda Jacobs

7/19 Fr. John & Jan Finley

### **Birthdays**

7/13 Darbi Johnson, Larry Lander

7/15 Juliana Shackelford

7/16 Mary Gish

7/16 Melissa Braun

7/16 Rebekah Dillon

7/17 Carissa Hampton

### **Patronal Feast Days**

7/13	<b>Archangel Gabriel</b>	Cheryl Giordani, Gabe Speier, Jamie Van Wagoner
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7/17	<b>St. Marina of Antioch</b>	Margaret Easbey
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7/18	<b>St. Elizabeth the New Martyr</b>	Elizabeth Butler, Carla Harris, Jenny Seier
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7/20	<b>Prophet Elias</b>	Elias Hedges, Chase King
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7/20	<b>St. Maria of Paris</b>	Maria Butler
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## **INCOME FOR June 2014**

Tithe Goal:	\$47,000
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Received in June	\$31,331
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Building Fund Donations Received in June:     \$13,663

(To see how we're doing on our "18 for 18" Building Fund Campaign, please check the Building Fund "thermometer" out by the narthex.)

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

**Fr. Nicholas will be away this coming week at the Archdiocese Clergy Symposium at the Antiochian Village, thru July 21st. The following week, he will be at St. Nicholas Camp July 22-25.**

### **CLOSING THE CHURCH P.O. BOX**

If you have automatic payments sent from your bank to the church, you will need to change the delivery address by September of this year to: 300 **Sumida Gardens Lane, Santa Barbara, CA 93111**. We have a secure, locked mailbox on the church property and so we are closing our post office box account.

### **BAPTISM NEXT SUNDAY**

Elias Hedges, son of Ben and Viktoria and grandson of Fr. Jon-Stephen and Melissa, will be baptized next Sunday during the Liturgy.

## **Congratulations to our Bible Bowl 2014 Team!**

Josh Dillon, Jesse Speier, Luke Speier

Our Bible Bowl team competed last weekend to the cheering of a crowd at the Diocesan Parish Life Conference in San Francisco and came in **THIRD PLACE!** The focus this year was the Gospel of Luke. Thank you for representing our youth this year, team! Thanks, also, to Mary Gish for going as the teen chaperone, and to Kh. Jan Speier for driving them there!



## **Axios! He is worthy!**

May God grant many years to His Eminence, Archbishop JOSEPH, who was appointed by the Holy Synod of Antioch to be the new Metropolitan of the Antiochian Orthodox Christian Archdiocese of North America.



# ST. ATHANASIUS SUMMER SCHOOL - June 23-July 10, 2014





**SAVE  
THE  
DATE**  
**9.19.14**

*the* **3RD ANNUAL**  
*Howard Shannon*  
**GOLF TOURNAMENT**

**Dinner • Silent Auction**

*to benefit*

**THE ST. ATHANASIOS ORTHODOX CHURCH BUILDING FUND**

[www.stathanasius.org](http://www.stathanasius.org)

**Glen Annie Golf Club • Santa Barbara, CA**



**ALL-PARISH MEETING**

Thanks to all who stayed for the meeting on June 29th, and special thanks to Craig Speier and Douglas Myer, who led the meeting on behalf of the Parish Council.

**TEEN SCENE**

**JOURNEY TO ADULthood**

Schedule of Activities and Service Projects

**All Teens and their Families**

Sunday, 7/13 after church

Family Bowling Party

Friday, 8/8 at Noon

Family Beach Day

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John of Syria  
Dn. Richard E.  
Peggy K. and Family  
Fr. Gordon & Mary Sue W.  
The Hartung Family  
Greg & Margaret Y.  
Mary Ellen B.

Mother Olga  
Gail S.  
Dean & Penny  
Olga G.  
Mary & Susan  
Baby Christian F.  
Duane F.  
Susan R.

All those suffering and  
in danger in the Ukraine  
and Syria  
The girls kidnapped in  
Nigeria  
Merian I.  
Isla Vista Community  
Seattle Pacific Univ.  
Community

### **For repose of the souls of:**

Tommy M., Victims of Isla Vista tragedy,  
Paul (student at Seattle Pacific),  
All who have died in the conflict in the Ukraine and Syria

### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedie (Preparation of the Bread and Wine for Communion).

## **ST. ATHANASIUS BOOK CENTER**

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF. Make checks payable to "St. Athanasius Book Center."



-For the children to color during  
the homily or at home -