



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
11:00 a.m.—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh
Richard Barre
Catherine Braun
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

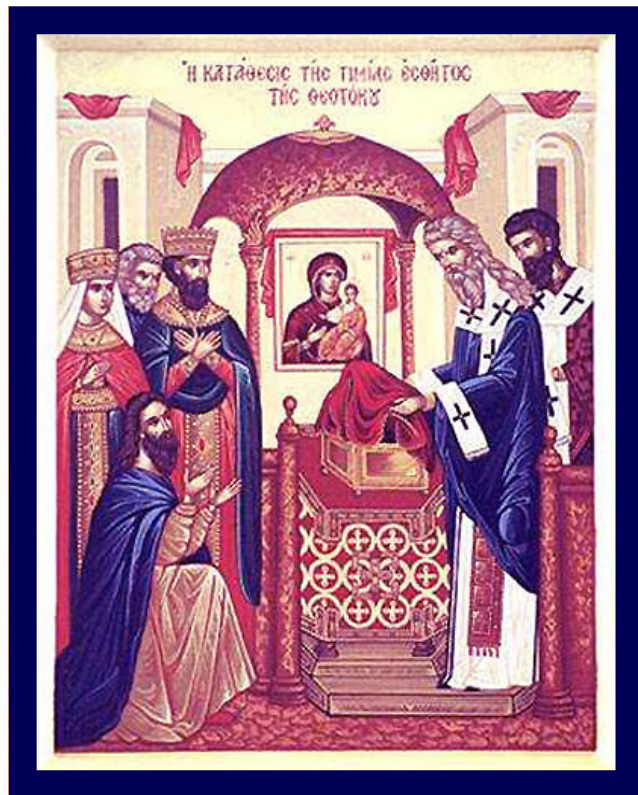
LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, August 31, 2014

Tone 3 / Eothinon 1;

**Placing of the Sash of the Theotokos in Halkoprateia
& Twelfth Sunday of Matthew**

Gennadius, Patriarch of Constantinople;
Hieromartyr Cyprian, Bishop of Carthage;
John, Metropolitan of Kiev; Aidan, Bishop of Lindisfarne



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday morning Religious Education classes
will begin again on September 7th.

Sunday, August 31

RELIGIOUS ED. ON SUMMER BREAK

- 9:00 a.m. Matins
10:00 a.m. Divine Liturgy/Trisagion for Olga G.
11:45 a.m. Coffee Hour
4:00 p.m. St. Barbara Monastery Friends
Gathering

Monday, September 1-CHURCH NEW YEAR

- 6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal at St. Michael's
University Church in Isla Vista

Tuesday, September 2

- 5:30 p.m. Daily Vespers

Wednesday, September 3

- 6:45 a.m. Daily Matins
12:00 p.m. Women's Prayer Group
6:00 p.m. Outreach Team Meeting

Thursday, September 4

- 5:30 p.m. Daily Vespers
7:00 p.m. Choir Rehearsal

Friday, September 5

- 6:45 a.m. Daily Matins

Saturday, September 6

- 9:00-11:00 a.m. Ministry Team Leaders Meeting
6:00 p.m. Great Vespers/Confession

Sunday, September 7-Celebration of the Feast of the Nativity of the Theotokos (transferred from September 8th)

- 9:00 a.m. **RELIGIOUS EDUCATION
BEGINS (ages 3-18)**
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal

Sunday Morning Ministries Schedule

Eucharist Bread

- August 31 Hedges
September 7 Fr. Nicholas
September 14 Mark Kern
September 21 Tinyayeva

Coffee Hour

- August 31 Dn. G. & M. Braun
September 7 Meyer
September 14 POTLUCK for Feast of the Cross
September 21 Gail Shannon (in memory of
Dn. Howard Shannon)

Greeters

- August 31 S. & C. Shackelford
September 7 C. Robinson/P. King
September 14 P. Morris/D. Genatone
September 21 D. Washburn/D. Lewis

Ushers

- August 31 Jon King, G. Braun Jr., P. King
September 7 S. & L. Speier
September 14 D. Meyer, R. Barre, D. Lewis
September 21 C. Speier, Rita Schneider, P. King

Readers

- August 31 P. Braun
September 7 T. Harris
September 14 M. Kern
September 21 D. Washburn

LOST AND FOUND

The Lost and Found basket is located in the little
alcove next to the sitting area with the
sofas and rocking chair.

AED

(Automated External Defibrillator)

The AED is located in the foyer, on the ledge of the
window that looks into the church office.

CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
("Glory to You, Who have shown us the light..." - Complete text is
in the front of the Liturgy Book.)

THE LITURGY OF THE WORD

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses sung by a quartet, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

- PROCESSION OF THE CLERGY - AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY:

Troparion of the Resurrection

Tone 3 (Byzantine melody)

Music on page 44 of Liturgy Book)

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Troparion for the Placing of the Sash of the Theotokos

Tone 8 (Slavic Chant)

Ever Virgin Theotokos, protectress of mankind,
you have given your people a powerful legacy:
the robe and sash of your most honored body which remained
incorrupt throughout your seedless childbearing;
for through you time and nature are renewed.
Therefore we implore you: “Grant peace to your people and to our
souls great mercy!”

Troparion to St. Athanasius

Tone 3 (Byzantine melody)

(Music is on p. 54 of Liturgy Book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Placing of the Sash of the Theotokos

Tone 4 (Slavic Chant)

Today your flock celebrates the enshrinement of your precious sash,
and it earnestly cries out to you:
“Rejoice, O Virgin, boast of all Christians!”

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal one, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)
(Page 58 of Liturgy Book)**

Tone 3 (Byzantine)

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

Verse: Clap your hands all you peoples!

Shout to God with a voice of joy! (*Ps 46/47:1*)

EPISTLE READING

Hebrews 9:1-7

Brethren, the first covenant had regulations for worship and an earthly sanctuary. For a tent was prepared, the outer one, in which were the lamp stand and the table and the bread of the Presence; it is called the Holy Place. Behind the second curtain stood a tent called the Holy of Holies, having the golden altar of incense and the Ark of the Covenant covered on all sides with gold, which contained a golden urn holding the manna, and Aaron's rod that budded, and the tables of the covenant. Above it were the cherubim of glory overshadowing the mercy seat. Of these things we cannot now speak in detail.

These preparations having thus been made, the priests go continually into the outer tent, performing their ritual duties; but into the second only the high priest goes, and he but once a year, and not without taking blood which he offers for himself and for the errors of the people.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel
(Music on Page 64 in Liturgy Book)**

Tone 3 (Byzantine)

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

Verse: Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

GOSPEL READING

Matthew 19:16-26

At that time, a young man came to Jesus, kneeling before Him and saying, "Teacher, what good deed must I do, to have eternal life?" And Jesus said to him, "Why do you call Me good? There is no good but One, and that is God. If you would enter life, keep the commandments." He said to Jesus, "Which?" And Jesus said, "You shall not kill; You shall not commit adultery; You shall not steal; You shall not bear false witness; Honor your father and mother; and, You shall love your neighbor as yourself." The young man said to Jesus, "All these I have observed from my youth; what do I still lack?" Jesus said to him, "If you would be perfect, go, sell what you possess and give to the poor, and you will have treasure in heaven; and come, follow me." When the young man heard this he went away sorrowful; for he had great possessions.

And Jesus said to his disciples, "Truly, I say to you, it will be hard for a rich man to enter the kingdom of heaven. Again I tell you, it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God."

When the disciples heard this they were greatly astonished, saying, "Who then can be saved?" But Jesus looked at them and said to them, "With men this is impossible, but with God all things are possible."

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Hymn sung as the clergy receive the Eucharist:

Praise the Lord from the heavens; praise Him in the Highest!

Hymn during Communion of the People

Receive the Body of Christ, taste the fountain of immortality. Alleluia, alleluia, alleluia.

MARK YOUR CALENDAR!
UPCOMING 2014 FEAST DAY CELEBRATIONS

Birth of the Theotokos	Transferred to Sunday, September 7 (from Sept. 8)	Matins 9:00 a.m. Liturgy 10:00 a.m.
Elevation of the Holy Cross	Saturday, September 13 Sunday, September 14	Festal Vespers 6:00 p.m. Festal Matins 9:00 a.m. Festal Liturgy 10:00 a.m. POTLUCK after Liturgy

***CELEBRATIONS* for THIS WEEK**

Wedding Anniversaries

9/05 Dn. John & Fay Young

Birthdays

8/31 Timothy Braun, Peggy King
 9/2 Benjamin Ballew, John Charles Finley
 9/3 Bob Gundersen
 9/4 Richard Ballew
 9/6 Amanda Jacobs, Obadiah Robinson
 9/7 Gage Braun

Patron Saint Commemorations

9/1	Prophetess Abigail, Wife of King David	Abigail Simonsen
9/1	St. Joshua, The Son of Nun	Josh Kern
9/1	St. Penelope, the Holy Virgin Martyr	Penny Cocores
9/3	St. Phoebe the Deaconess	Phoebe Lenhart
9/5	St. Elizabeth, Mother of John the Baptist	
	Elizabeth Ballew Atalia Finley	Elizabeth (Bitty) Easbey Heiduk
	Lara Jacobs Elleney King	Kh. Peggy King
	Elizabeth (Libby) Kinman Jane Meyer	Terri Speier
	Salem Vander Laan	
9/5	St. Zachariah, Father of John the Baptist	Zachary Nikolov
9/7	St. Cassiana the Hymnographer	Kassiana Van Wagoner

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

Please remember to sign up to host a Coffee Hour during the 2014-2015 liturgical year. See the large bulletin board in the hallway for the sign-up list.

SUNDAY MORNING RELIGIOUS EDUCATION begins again on Sunday, September 7th at 9:00 a.m. for children and teens, ages 3-18.

ADULT CATECHISM begins on Saturday, September 20 at 4:30 p.m. and continues through December 20th. (There will be no class on October 18, November 15, and November 29.) Please let Fr. Nicholas know if you are interested in participating. All parish members are welcome to attend, whether you are an inquirer, a catechumen, newly Orthodox or Orthodox for many years!

ALL MINISTRY TEAM LEADERS are asked to attend a meeting on Saturday, September 6th from 9-11 a.m.

SAVE THE DATE! ALL-PARISH WORKSHOP—OCTOBER 4th

Please mark your calendar for a follow-up meeting to our recent all-parish meeting. We will meet from 9 a.m.-12 noon on Saturday, October 4th for a brief presentation and workshop. The goal of the session is to get feedback on developing priorities for our building project.

From the Jacobs Family:

First, thanks be to God and our church family for the marriage of our son Lee to Chelsea Holmes on August 16. The happy couple honeymooned in Belize and have returned safely to Santa Barbara. Many Church hands assisted Angel Speier and the supporting families with a beautiful wedding and reception.

Second, Dn. Scott had successful surgery this week for foot problems suffered after a ladder fall two weeks back. Many thanks to all the church family for prayers and to Fr. Nicholas for his anointing prior to surgery. Thanks especially to Lisa Ballew and Valerie Yova for their immediate help, first aid, and transportation to the doctor. There are Angels among us.

Dn. Scott and Karen

The Placing of the Venerable Belt of the Most Holy Theotokos in a church of Constantinople's Chalcostrateia district took place during the reign of the emperor Theodosius the Younger. Before this the holy relic, entrusted to the Apostle Thomas by the Mother of God Herself, was kept by pious Christians at Jerusalem after Her Dormition. During the reign of Emperor Leo the Wise (886-911), his wife Zoe was afflicted with an unclean spirit, and he prayed that God would heal her.

The empress had a vision that she would be healed of her infirmity if the Belt of the Mother of God were placed upon her. The emperor then asked the Patriarch to open the coffer. The Patriarch removed the seal and opened the coffer in which the relic was kept, and the Belt of the Mother of God appeared completely whole and undamaged by time. The Patriarch placed the Belt on the sick empress, and immediately she was freed from her infirmity. They sang hymns of thanksgiving to the Most Holy Theotokos, then they placed the venerable Belt back into the coffer and resealed it.

In commemoration of the miraculous occurrence and the twofold Placing of the venerable Belt, the Feast of the Placing of the Venerable Belt of the Most Holy Theotokos was established. Parts of the holy Belt are in the Vatopedi monastery on Mt. Athos, in Trier monastery, and in Georgia.

***St. Barbara Monastery
Monthly Friends Gathering***

...is today, August 31st at 4:00 p.m.

**“Three Misconceptions about the
Orthodox Church”**

Speaker: V. Rev. Michael Laffoon,
Pastor of St. Mark Orthodox Church
Irvine, CA

Presentation followed by Vespers
and Potluck Supper

FAREWELL TO PHOEBE

LENHART, who is moving to Crescent City to begin a new job. Her new address is: 107 Humboldt Rd. #3, Crescent City, CA 95531. Phoebe is a founding member of our parish. We will miss her and wish her God's protection and blessings.





***Countdown: 3 Weeks to
September 19, 2014
Annual Golf &
Dinner/Dance Gala***

In memory of Dn. Howard Shannon

Help Us Reach Our Goal of \$75,000!

What Can you do?

- Supply a silent auction item (Contact Sherie Shackelford at 451-6694 or sbshack@cox.net).
- Register to golf and invite someone to golf with you.
- Come out for dinner, dancing and a great silent auction.
- Invite friends to join you or host them.
- Donate in memory of Dn. Howard Shannon.
- Support Fr. Nicholas in his own Golf-a-thon.

REGISTER AND PURCHASE DINNER TICKETS NOW AT:

<https://www.stathanasius.org/2014-golf-tournament/>

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH Mother Victoria Met. Paul & Abp. John of Syria Dn. Richard E. Dn. Scott J. Peggy K. and Family Fr. Gordon & Mary Sue W. The Hartung Family Greg & Margaret Y.	Mary Ellen B. Gail S. Dean & Penny Mary & Susan Baby Christian F. Duane F. Susan R. Katie Zoe Yvette B.	All those suffering and in danger in the Ukraine, Nigeria, and the Middle East Cheri W. Hoppe Family
--	---	---

For repose of the souls of: Olga G., All who have died in the conflicts in the Ukraine, Syria and Palestine

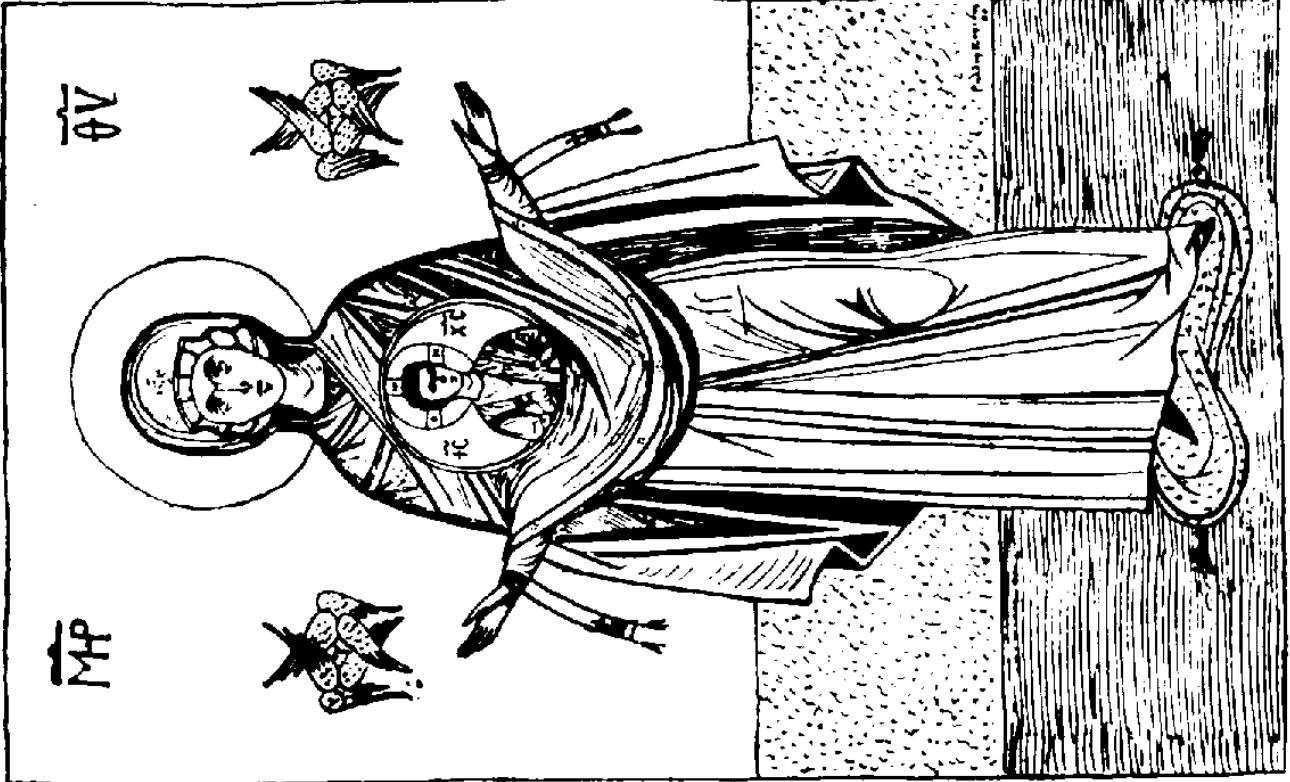
ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedie (Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF. Make checks payable to "St. Athanasius Book Center."



FOR THE CHILDREN TO COLOR
DURING THE HOMILY OR AT HOME -