



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
11:00 a.m.—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh
Richard Barre
Catherine Braun
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, September 7, 2014

Tone 4 / Eothinon 2

**Sunday before the Elevation of the Holy Cross &
Transfer of the Feast of Nativity of the Theotokos**



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, September 7-Celebration of the Feast of the Nativity of the Theotokos (transferred from September 8th)

9:00 a.m. **RELIGIOUS EDUCATION
BEGINS (ages 3-18)**
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal

Monday, September 8

6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal at St. Michael's
University Church in Isla Vista

Tuesday, September 9

5:30 p.m. Daily Vespers

Wednesday, September 10

6:45 a.m. Daily Matins
12:00 p.m. Women's Prayer Group
6:00 p.m. Outreach Team Meeting

Thursday, September 11

5:30 p.m. Daily Vespers
7:00 p.m. Choir Rehearsal

Friday, September 12

6:45 a.m. Daily Matins

Saturday, September 13

Eve of Feast of the Cross

6:00 p.m. Festal Great Vespers/Confession

Sunday, September 14-FEAST OF THE CROSS

9:00 a.m. Religious Ed. (ages 3-18)
9:00 a.m. Festal Matins
10:00 a.m. Festal Divine Liturgy
11:45 a.m. POTLUCK LUNCHEON
5:00 p.m. Fire on Father for grades 9-12

Sunday Morning Ministries Schedule

Eucharist Bread

September 7 Fr. Nicholas
September 14 Mark Kern
September 21 Tinyayeva
September 28 Dn. G. Braun

Coffee Hour

September 7 Meyer
September 14 POTLUCK for Feast of the Cross
September 21 Gail Shannon (in memory of
Dn. Howard Shannon)
September 28 Gabrie/Chala in memory of Olguita

Greeters

September 7 C. Robinson/P. King
September 14 P. Morris/D. Genatone
September 21 K. Fox, P. King
September 28 D. Washburn/D. Lewis

Ushers

September 7 S. & L. Speier, P. Brunner
September 14 D. Meyer, R. Barre, D. Lewis
September 21 C. Speier, Rita Schneider, P. King
September 28 Jon King, G. Braun Jr., P. King

Readers

September 7 T. Harris
September 14 M. Kern
September 21 D. Washburn
September 28 H. Lange

LOST AND FOUND

The Lost and Found basket is located in the little alcove next to the sitting area with the sofas and rocking chair.

AED

(Automated External Defibrillator)

The AED is located in the foyer, on the ledge of the window that looks into the church office.

CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
("Glory to You, Who have shown us the light..." - Complete text is
in the front of the Liturgy Book.)

THE LITURGY OF THE WORD

THE GREAT LITANY

First Antiphon verses for the feast of the Nativity of the Theotokos with refrain:

Vs. O Lord, remember David and all his meekness. Lo, we heard of it at Ephratha;
we found it in the fields of the wood.

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Glorious things are spoken of thee, O city of God. *[Refrain]*

Vs. God is in the midst of her; she shall not be moved. *[Refrain]*

Vs. *Glory...now & ever...Amen. [Refrain]*

Second Antiphon verses for the feast of the Nativity of the Theotokos & refrain

Vs. The Lord hath sworn in truth unto David; and He will not turn from it. Of the
fruit of thy body will I set upon thy throne.

**Refrain: O Son Of God Who rose from the dead, save us who sing to
Thee, Alleluia!**

Vs. There will I make the horn of David to bud; I have ordained a lamp for mine
anointed. *[Refrain]*

Vs. For the Lord hath chosen Zion; He hath desired it for His habitation.
[Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

Third Antiphon for the Feast of the Nativity of the Theotokos (MUSIC ON NEXT PAGE)

Vs. Here will I dwell, for I have desired it.

Refrain:

**Your nativity, O Virgin,
has proclaimed joy to the whole universe!
The Sun of righteousness, Christ our God,
has shone from you, O Theotokos.
By annulling the curse,
He bestowed a blessing.//
By destroying death, He has granted us eternal life.**

Vs. The most high hath sanctified his tabernacle. **[Refrain]**

Vs. Holy is Thy temple, and wonderful in righteousness. **[Refrain]**

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY:**

**Troparion of the Resurrection
(Music on page 45 of Liturgy Book)**

Tone 4 (Byzantine melody)

Having learned the joyful message
of the Resurrection from the angel,
the women disciples of the Lord cast from them
their parental condemnation,
and proudly broke the news to the disciples
saying death has been spoiled.
Christ God is risen, granting the world great mercy.

Troparion for the Feast of the Nativity of the Theotokos Tone 4 (Slavic Chant)

Your nativity, O Virgin,
has proclaimed joy to the whole universe!
The Sun of righteousness, Christ our God,
has shone from you, O Theotokos.

By annulling the curse,
He bestowed a blessing.//
By destroying death, He has granted us eternal life.

Kontakion for the Feast of the Nativity of the Theotokos

Tone 4 (Slavic Chant)

By your nativity, most pure Virgin,
Joachim and Anna are freed from barrenness,
Adam and Eve from the corruption of death.
And we, your people, freed from the guilt of sin,
celebrate and sing to You:
“The barren woman gives birth to the Theotokos,
the Nourisher of our Life.”

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal one, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)

Tone 6

O Lord save Thy people and bless Thine inheritance. (Ps. 28:9)

Verse: *To Thee will I cry, O Lord, O my God, do not be silent unto me. (Ps. 28:1)*

**EPISTLE READING—Galatians 6:11-18
for the Sunday before the Feast of the Cross**

Brethren, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised and only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the Law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me and I to the world. For neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all, who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

Festal Liturgy 10:00 a.m.

Menaion: 8 September

NATIVITY OF OUR MOST-HOLY LADY THE THEOTOKOS AND EVER-VIRGIN MARY

Troparion - Tone 4

Russian Imperial Court Chant
arr. from L'vov/Bakhmetev

Soprano
Alto

Tenor
Bass

Your nativity, O Vir - gin, has proclaimed joy to

the whole u - ni - verse! The Sun of righteousness, Christ

our God, has shone from you, O Theo - to - kos

By an - nul - ling the curse, He bestowed a bless - ing.

By destroying death, He has granted us e - ter - nal life.

CELEBRATIONS for THIS WEEK

Birthdays

9/7	Gage Braun
9/8	Breanna Faria, Luke Hedges, Mary Ellen Braun
9/9	Stephanie Braun
9/11	Joseph Ballew
9/12	Tom Johnson
9/14	Michael Easbey

Patron Saint Commemorations

9/7	St. Cassiana the Hymnographer	Kassiana Van Wagoner
9/8	St. Adriana	Adriana de Bruin
9/8	Theotokos (Feast of her Nativity)	
	Mary Ellen Braun	Stephanie Braun
	Breanna Faria	Ciara Giordani
		Fr. John Carrillo
		Amanda Jacobs
9/8	St. Anna, Mother of the Theotokos	
	Shirley Dillon	Ginger Gillquist
	Michelle Madrigal	Sherie Shackelford

THE NATIVITY OF THE MOST PURE VIRGIN

The Holy Virgin Mary was born of aged parents, Joachim and Anna. Her father was of the lineage of David, and her mother of the lineage of Aaron. Thus, she was of royal birth by her father and of priestly birth by her mother. In this, she foreshadowed Him Who would be born of her as King and High Priest. Her parents were quite old and had no children. Because of this they were ashamed before men and humble before God. In their humility they prayed to God with tears, to bring them joy in their old age by giving them a child, as He had once given joy to the aged Abraham and his wife Sarah by giving them Isaac. The Almighty and All-seeing God rewarded them with a joy that surpassed all their expectations and all their most beautiful dreams; for He gave them not just a daughter, but the Mother of God. She was Mary, Full of grace, Blessed among women, the Temple of the Holy Spirit, the Altar of the Living God, the Table of the Heavenly Bread, the Ark of God's Holiness, the Tree of the Sweetest Fruit, the Glory of the race of man, the Praise of womanhood, and the Fount of virginity and purity.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

TODAY WE WILL BLESS ALL OF OUR RELIGIOUS EDUCATION TEACHERS AND TEEN LEADERS AS WE BEGIN THE NEW SCHOOL YEAR.

WE NEED YOUR INPUT!

Please take a moment to fill out the questionnaire from the Outreach Team. The questionnaires will be collected by members of the Outreach Team as you leave the church at the end of the Liturgy. Thanks so much for your help!

NEXT SUNDAY'S COFFEE HOUR WILL BE A POTLUCK FOR THE FEAST OF THE CROSS! Please bring a dish to share.

SAVE THE DATE! ALL-PARISH WORKSHOP—OCTOBER 4th

Please mark your calendar for a follow-up meeting to our recent all-parish meeting. We will meet from 9 a.m.-12 noon on Saturday, October 4th for a brief presentation and workshop. The goal of the session is to get feedback on developing priorities for our building project.

COFFEE HOUR HOSTS NEEDED

Please remember to sign up to host a Coffee Hour during the 2014-2015 liturgical year. See the large bulletin board in the hallway for the sign-up list.

AN INVITATION FROM ONE OF OUR TEENS

Dear friends and family,

Over the past year, we have been hard at work creating our debut EP, and we are very excited to announce that it is finally ready to be released! We will be having a release party on September 27th hosted by Erik's parents. There will be food, drinks, and valet parking. We are putting on this musical show for free, thanks to our incredibly generous supporters. We hope that you will join us in celebrating our first big step in the music business!

When: September 27th at 7:30 p.m.

Where: 815 Hot Springs Road, Montecito

Attire: It might be a little chilly outside so bring a sweater or jacket if you want.

PLEASE R.S.V.P. to Jane Meyer at: janemeyer@verizon.net

Thank you,
Madeleine Meyer & Erik Olsen

September means Religious Education begins again! Welcome back!

It's that time of year again! The beginning of the new Liturgical Year brings the beginning of our Religious Education programs here at St. Athanasius. We offer classes and seminars for ALL AGE GROUPS, and for folks at all levels of interest and previous study.

SUNDAY CLASSES FOR YOUTH ages 3-18

Our first day of Religious Education is this Sunday, **September 7th**. All classes begin at **9:00 a.m.** We are excited about being in the classroom with your children again! May God guide all of us as we continue to teach our children and young people about Christ's love, en-dear them to His Church, and build meaningful personal relationships with each of them.

CATECHESIS OF THE GOOD SHEPHERD (ATRIUM) - Ages 3-12

We ask that all children ages 3-12 who will be participating in the Catechesis of the Good Shepherd **be registered**, which parents can do online by going to the [Registration](http://www.stathanasius.org/ministries/youth-education/catechesis/registration/) page of the parish website:

<http://www.stathanasius.org/ministries/youth-education/catechesis/registration/>

WEEKDAY CLASS FOR LEVEL I

After polling parents, we have decided to hold the regular LI Atrium Session (for children 3-6 years old) on Tuesday afternoons from 3:00-4:15 p.m.

SUNDAY MORNING ATRIA

On Sunday mornings from 9:00-10:00 a.m. when children in Level II and Level III are in class, **the Level I room will be open for children ages 3-6**. An adult will be on site to supervise, but there will be no explicit religious education or formal program. Children will have art and practical life materials available to them and depending on the day, and the desires of the supervising adult, there might be music, scripture memorization, or a more directed art project.

TEEN PROGRAM FOR 7th-12th GRADERS

The Journey to Adulthood (J2A) program will be offered again this year for our teens. The junior high and high school students will meet on Sundays from 9:00-10:00 a.m. and will be divided into two different levels: 7th-8th Graders and 9th-12th Graders

For each of the teen classes, we are blessed to have a team of 1-2 people to serve as teachers. We also have an enthusiastic team of volunteers (2-4 people per group) to take students on field trips, sporting events, retreats and other activities during the year.

FOR ADULTS AGES 18 AND OLDER

ADULT CATECHISM begins on Saturday, September 20 at 4:30 p.m. and continues through December 20th. (There will be no class on October 18, November 15, and November 29.) Please let Fr. Nicholas know if you are interested in participating. All parish members are welcome to attend, whether you are an inquirer, a catechumen, newly Orthodox or Orthodox for many years!

RELIGIOUS EDUCATION STAFF

Fr. Nicholas Speier, Adult Catechism

Joanne Gish, Catechesis of the Good Shepherd Coordinator

Lara Jacobs, Teen Program Coordinator

Level I (3yrs-Kindergarden)

Catechists - Kate VanderLaan, Carla Harris

Assistants - Judy Braun, Penny Cocores, Dorothy Alexander

Level II (Grades 1-3)

Catechist - Joanne Gish

Assistant - Kristi King

Level III (Grades 4-6)

Catechist - Jane Meyer

Assistants - TBD

Grades 7-8

Sunday Education—Doug King

Activities Coordinator—Josh Dillon

Communication—Mary Gish

Grades 9-12

Sunday Education—Craig Speier, Paul Wintz, Galen Wiley

Activities Coordinator—Lara Jacobs

Communication—Shirley Dillon

Mentors/Small Group Leaders—Mitchell Denny, Shirley Dillon, Nancy Gilbert



*Countdown: 2 Weeks to
September 19, 2014*

ANNUAL GOLF & DINNER/DANCE GALA

IN MEMORY OF DN. HOWARD SHANNON

Help Us Reach Our Goal of \$75,000!

**SAOC Parish Family:
WE NEED YOUR HELP!**

**We count on our own parishioners to help us meet our
goal at this once-a-year full-on effort to raise funds
for our Building Project.**

**If you have not made your dinner or golf reservations
yet, please jump on board with us and
support this effort.**

**TO REGISTER AND PURCHASE DINNER TICKETS LOGON TO:
<https://www.stathanasius.org/2014-golf-tournament/>**



October 17-19, 2014

Exploring 2,000 years of Orthodox Musical Tradition: When East meets West

Friday, October 17

5:00-7:00 p.m. Tours, Bookstore, Exhibits and Vendors

7:00-8:30 p.m. Keynote Address: "Worship in the Early Christian Church : Old Testament Influences on New Testament Worship"
Archbishop BENJAMIN (Peterson) of the O.C.A.
(Western Diocese of the Orthodox Church in America)

Reception, Bookstore, Exhibits and Vendors following presentation.

Saturday, October 18

10:00 a.m.-12 p.m. "Ancient Chant in a Modern World: our received Byzantine Tradition"
Fr. Joseph Morris, Abbot of St. Gregory Palamas Orthodox Monastery, Perrysville, Ohio

1:00-3:00 p.m. Tours, Bookstore, Exhibits and Vendors

3:00-5:00 p.m. "Orthodoxy moves Westward: Slavic Chant and the Music of the Cathedrals of Eastern Europe"
Dr. Vladimir Morosan, President of Musica Russica Publishing Company,
Artistic Director of Archangel Voices

6:00 p.m. Vespers

7:00-9:00 p.m. "America's Voice: When Protestants look Eastward"
Fr. John David Finley - Composer, Priest for Antiochian Archdiocese
Department of Missions

Reception, Bookstore, Exhibits and Vendors following presentation.

Sunday, October 19

3:00 p.m. Concert of Sacred Music: "From Byzantium to Beverly Hills"
Featuring: Adelfos Ensemble, the St. Athanasius Choir,
and Providence High School School Chamber Choir.
Including Orthodox hymns from the Byzantine and Slavic traditions,
sacred works by contemporary composers John Tavener, Arvo Pärt,
Fr. Sergei Glagolev, Nazo Zakkak, and more!

(\$5 donation, no charge for children 12 yrs. and under, seating first-come/first-served)

PHILOPTOCHOS



SAINT BARBARA
PHILOPTOCHOS SOCIETY
Friends of the Poor
PRESENTS



ESSENCE OF THE MEDITERRANEAN

Saturday September 20, 2014

Saint Barbara Greek Orthodox Center

1205 San Antonio Creek Road, Santa Barbara, CA

2:00pm - 5:00pm

*Reserve by September 15th at \$35.00 per person or \$40.00 at the door **

Fresco Cafe 805-987-8037
 3987-B State St. SB 93105

La Bodega de Espana-Tapas 805-688-0202
 485 Alisal Road, Ste #120, Solvang CA 93463

Stella Marc's Restaurant 805-989-6705
 50 Los Patos Way, SB 93108

La Cafe Stella Restaurant 805-569-7598
 3302 McCaw Ave SB 93105

Petros Santa Barbara Restaurant 805-839-5100
 Hellenic-California Cuisine
 1316 State St., Santa Barbara, CA 93101

Via Maestra Restaurant 805-569-6822
 3343 State St., Santa Barbara, CA 93105

Yiannis Greek & American Deli 805-552-2051
 3102 State St., SB 93105

Santa Barbara Premier Catering 805-331-7128
 2835 Arriba Way, SB 93105

Isabella Gourmet foods "Gift Basket" 805-585-5257
 5 East Figueroa St., Santa Barbara, CA 93101
 isbellagourmetfoods.com

Cucina Famosa "Life is better with great food"
 1905 Cliff Dr. #8, Santa Barbara, CA 93105
 cheffebio@hotmail.com

Jeannine's 805-687-8701
 American Bakery & Restaurant
 3807 State St. Santa Barbara, Ca 93105

Stafford's Famous Chocolates 805-688-2893
 2902 San Marcos Ave, Los Olivos, CA 93441

Demetria Estate Winery 805-886-2345
 6701 Foxen Canyon Rd, Los Olivos, CA 93441

La Fonde Winery & Vineyards
 www.lafondwinery.com

SB Winery
 www.sbwiney.com

Sunstone Vineyards & Winery 805-698-0483
 126 Refugio Rd., Santa Ynez, CA 93460
 www.sunstonewinery.com

Lykovouno Greek Extra Virgin Olive Oil
 2001 Union St #520, San Francisco, CA 94123
 www.lykovouno.com

Luna Olivo 805-252-1486 or 805-620-7230
 info@lunaolivo.com

Tuvunu Greek Mountain Tea Made in Korinthi, Greece
 info@tuvunu.com

KTYD - Advertising

St. Barbara Philoptochos Society will be hosting an afternoon of food, wine and olive oil tasting, including delicious chocolates, tea from Greece and our local bread making company for everyone's taste.

A portion of the proceeds will be donated to Sansum Diabetes Research Institute and our other Philanthropic endeavors.

For reservations please contact Georgia Gasiouridis via email ginag25m@verizon.net or go to the St. Barbara's Greek Orthodox Church website www.saintbarbara.net/events or call the Church office at 805 683-4492.



* We graciously accept cash, personal check.
 Please make your check payable to:
 St. Barbara Philoptochos Society and mail to:
 1205 San Antonio Creek Road, SB 93111

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH	Mary Ellen B.	Katie Zoe
Mother Victoria	Gail S.	Yvette B.
Met. Paul & Abp. John	Dean & Penny	Marliese Z.
of Syria	Mary & Susan	All those suffering and
Dn. Richard E.	Baby Christian F.	in danger in the Ukraine,
Dn. Scott J.	Duane F.	Nigeria, and the
Peggy K. and Family	Larry L.	Middle East
Fr. Gordon & Mary Sue W.	Sandy S.	Cheri W.
The Hartung Family	Drew W.	Hoppe Family
Greg & Margaret Y.	Susan R.	

For repose of the souls of: Olga G., All who have died in the conflicts in the Ukraine, Syria and Palestine

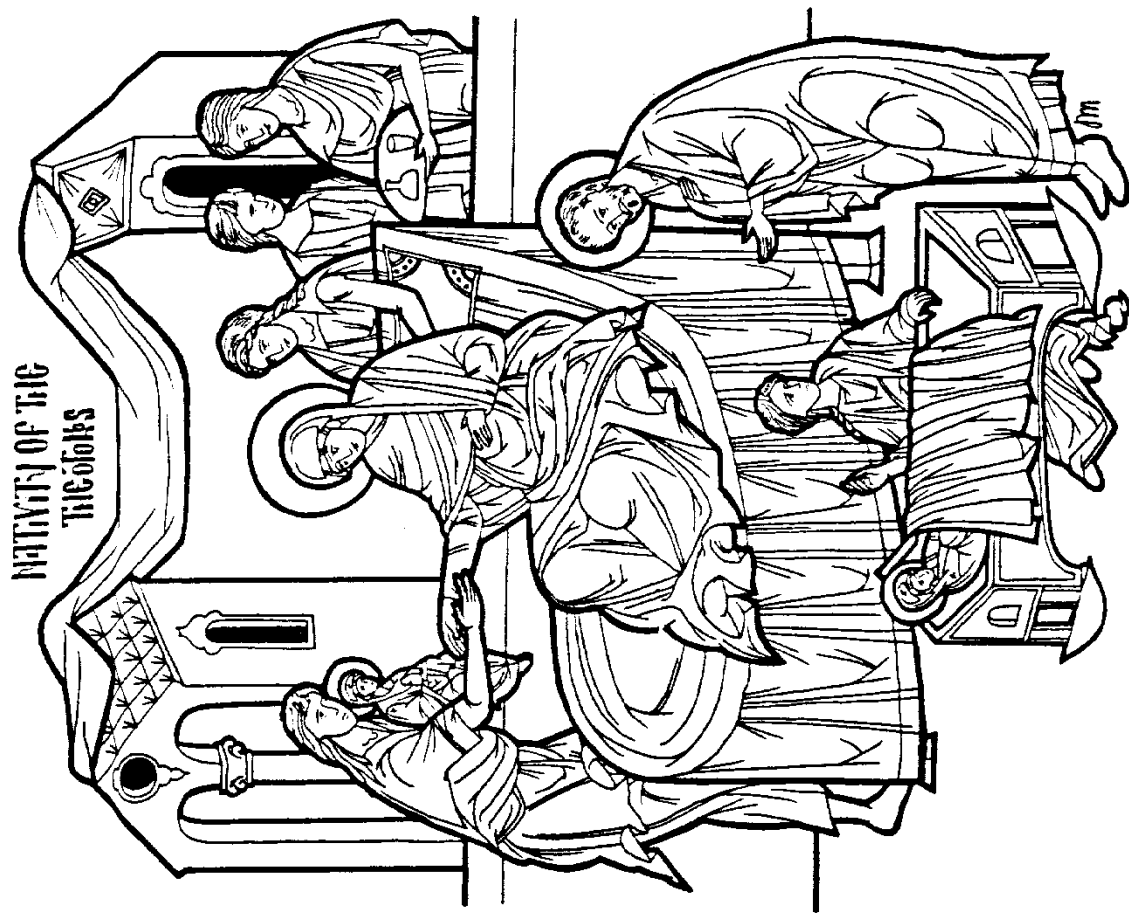
ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF. Make checks payable to "St. Athanasius Book Center."



FOR THE CHILDREN TO COLOR
DURING THE HOMILY OR AT HOME -