



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
11:00 a.m.—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

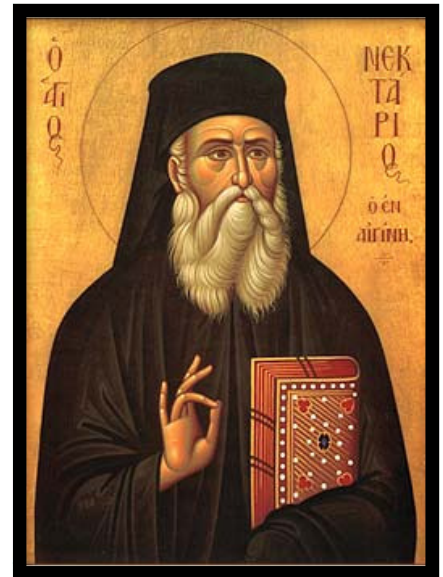
Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, November 9, 2014 Tone 5 / Eothinon 11

**Nektarios of Aegina and Pentapolis, the
Wonderworker & Seventh Sunday of Luke**

Martyrs Onesiphoros and Porphyrios of Ephesus;
Venerable Matrona of Constantinople; Theoktista of Lesbos;
Simeon the Translator (Metaphrastes); Venerable Euthymios and
Neophytos, founders of Docheiariou Monastery on Athos



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, November 9—St. Nektarios

- 9:00 a.m. Religious Ed. (ages 3-18)
9:00 a.m. Matins
10:00 a.m. Divine Liturgy/Trisagion for
Protodeacon Paul Yova
11:45 a.m. Coffee Hour
5:00 p.m. “Fire on Father” for Young Adults

Monday, November 10

- 6:45 a.m. Daily Matins
5:00 p.m. Outreach Meal at St. Michael’s
University Church in Isla Vista
6:00 p.m. Clergy & Wives Dinner

Tuesday, November 11

- 5:30 p.m. Daily Vespers
6:30 p.m. Catechists Meeting
7:00 p.m. Women’s Bible Study

Wednesday, November 12

- 6:45 a.m. Daily Matins
12:00 p.m. Women’s Prayer Group

Thursday, November 13

- 5:30 p.m. Daily Vespers
for St. John Chrysostom

Friday, November 14

- 6:45 a.m. Daily Matins
7-8:30 p.m. Advent Seminar (Refreshments)

Saturday, November 15

- 9-11:00 a.m. Advent Seminar (Coffee and
refreshments available at 8:30 a.m.)
4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers

Sunday, November 16

- 9:00 a.m. Religious Ed. (ages 3-18)
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Valerie will be out of town this week and the parish office will be closed. If you need to get into the church during the day and do not have a key, please contact one of the ministry leaders or make arrangements with Fr. Nicholas.

Sunday Morning Ministries Schedule

Eucharist Bread

- November 9 Gish
November 16 Dillon
November 23 Thomas
November 30 Kern

Coffee Hour

- November 9 C. & J. Speier
November 16 Berari
November 23 S. & M. Williams
November 30 Thanksgiving POTLUCK

Greeters

- November 9 Laurie Baker/P. King
November 16 P. Morrison/D. Genatone
November 23 D. Washburn/D. Lewis
November 30 K. & L. Jacobs

Ushers

- November 9 D. Meyer, R. Barre, D. Lewis
November 16 C. Speier, R. Schneider, P. King
November 23 J. King, G. Braun Jr., G. Shannon
November 30 S. Speier, P. Brunner, P. King

Readers

- November 9 T. Harris
November 16 H. Lange
November 23 M. Kern
November 30 M. Kern

CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
("Glory to You, Who have shown us the light..." - Complete text is
in the front of the Liturgy Book.)

THE LITURGY OF THE WORD

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

Music by
P. Mironositsky

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

LITTLE ENTRANCE

**AS THE CLERGY ENTER THE ALTAR, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

(Music on p. 47-48 of Liturgy book)

Let us believers praise and worship the Word,
co-eternal with the Father and the Spirit,
born of the Virgin for our salvation.

For He took pleasure in ascending the Cross in the flesh
to suffer death and to raise the dead by His glorious resurrection.

Tone 5 (Byzantine melody
harmonized by Fr. J. Finley)

Troparion for St. Nektarios of Aegina

O faithful, let us honor Nectarios the divine servant of Christ, /
offspring of Silyvria and guardian of Aegina, /
who appeared in these last times as a true friend of virtue, /
pouring forth all manner of healing upon those who reverently cry: /
Glory to Him who gave you strength! /

Tone 1 (Slavic Chant)

Troparion to St. Athanasius

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.

Tone 3 (Byzantine melody
harmonized by Fr. J. Finley)

Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Presentation of the Theotokos

Tone 4 (Slavic Chant)

The most pure Temple of the Savior;
the precious Chamber and Virgin;
the sacred Treasure of the glory of God,
is presented today to the house of the Lord.
She brings with her the grace of the Spirit,
therefore, the Angels of God praise her:
“Truly this woman is the abode of Heaven!”

TRISAGION (THRICE-HOLY) HYMN (Music composed for our parish by Nazo Zakkak)

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (sung 3 times)
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle
(Page 60 of Liturgy Book)**

Tone 5 (Byzantine melody
harmonized by Fr. J. Finley)

Thou O Lord shall keep us and preserve us from this generation forever. (*Ps 11/12:7*)

Verse: Save me O Lord, for there is now no saint. (*Ps 11/12:1*)

EPISTLE READING— Ephesians 5:8-19

Brethren, walk as children of light (for the fruit of light is found in all that is good and right and true), and try to learn what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is a shame even to speak of the things that they do in secret; but when anything is exposed by the light it becomes visible, for anything that becomes visible is light. Therefore it is said, "Awake, O sleeper, and arise from the dead, and Christ shall give you light."

Look carefully then how you walk, not as unwise men but as wise, making the most of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is. And do not get drunk with wine, for that is debauchery; but be filled with the Spirit, ad-

dressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with all your heart,

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 5

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: I will sing of the mercies of the Lord forever; with my mouth
I will make known Thy faithfulness to all generations. (Ps 88/89:1)
Alleluia...

Verse: For Thou hast said: "Mercy shall be built up forever;
In the heavens shall Thy truth be established." (Ps 88/89:2) **Alleluia...**

GOSPEL READING— Luke 8:41-56

At that time, there came to Jesus a man named Jairus, who was a ruler of the synagogue; and falling at Jesus' feet he besought Him to come to his house, for he had an only daughter, about twelve years of age, and she was dying.

As Jesus went, the people pressed round Him. And a woman, who had had a flow of blood for twelve years, and had spent all her living upon physicians, and could not be healed by anyone, came up behind him, and touched the fringe of his garment; and immediately her flow of blood ceased. And Jesus said, "Who was it that touched Me?" When all denied it, Peter said, "Master, the multitudes surround You and press upon You!" And You say, "Who touched Me?" But Jesus said, "Someone touched Me; for I perceive that power has gone forth from Me." And when the woman saw that she was not hidden, she came trembling, and falling down before Him declared in the presence of all the people why she had touched Him, and how she had been immediately healed. And Jesus said to her, "Daughter, your faith has made you well; go in peace."

While Jesus was still speaking, a man from the ruler's house came and said, "Your daughter is dead; do not trouble the Teacher anymore." But Jesus on hearing this answered him, "Do not fear; only believe, and she shall be well." And when Jesus came to the house, He permitted no one to enter with Him, except Peter and James and John, and the father and mother of the child. And all were weeping and bewailing her; but Jesus said, "Do not weep; for she is not dead but sleeping." And they laughed at him, knowing that she was dead. But taking her by the hand Jesus called, saying, "Child, arise." And her spirit returned, and she got up at once; and Jesus directed that something should be given her to eat. And her parents were amazed; but He charged them to tell no one what had happened.

Meglynarion (Hymn to the Mother of God)

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Hymns sung as the clergy receive the Eucharist for the feast of the Cross

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

The Jesus Prayer: "O Lord Jesus Christ, Son of God, have mercy on me, a sinner."

Recessional: "O Virgin Pure" (hymn attributed to St. Nektarios of Aegina, transcribed and translated by Bishop Basil Essey) Word on back of this bulletin.

CHURCH ETIQUETTE CORNER

Remain to Give Thanks

As we would remain after a meal to give thanks to our host, it is customary to remain after Communion to give thanks to our Lord for blessing us with the "medicine of immortality" and to receive the final blessing of Christ from the priest. There may be exceptions with children and those setting up coffee hour, but let us make every effort to conclude our worship with thanksgiving.

***CELEBRATIONS* for THIS WEEK**

Wedding Anniversaries

11/11 Jason & Jody Wallace

Birthdays

11/9 John Ronan Meyer
11/10 David Lewis
11/11 Lauren King
11/13 Farley Easbey, James Morrison, Leticia Brunner
11/14 Sophia Roberts
11/15 Anna Grace Butler
11/16 Cole Keller

Patron Saint Commemorations

11/9	St. Nektarios	Noah Hedges
11/11	St. Martin of Tours	Bob Gundersen, Brody Shannon
11/11	St. Victor of Damascus	Viktoria Hedges
11/13	St. John Chrysostom	Dn. John Young
11/14	St. Philip the Apostle	Dn. Gary Braun, Gary Braun Jr., Philip Friesen
11/16	St. Matthew the Apostle	Alec de Bruin, Mateo Finley, Larry Lander, Galen Wiley

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

Valerie will be out of town this week and the parish office will be closed. If you need to get into the church during the day and do not have a key, please contact one of the ministry leaders or make arrangements with Fr. Nicholas.

“FIRE ON FATHER” FOR COLLEGE STUDENTS/YOUNG ADULTS

We will continue our “Fire on Father” for Young Adults **TONIGHT** at Fr. Nicholas and Jan’s home at 5:00 p.m.

ADVENT SEMINAR - FRIDAY, NOVEMBER 14 and SATURDAY, NOVEMBER 15

Please join our parish family THIS WEEK for our annual Advent Seminar, in preparation for Advent and the celebration of the Nativity of our Lord. A great way to begin the Fast!

Friday, Nov. 14 from 7-8:30 p.m. “Advent Attitude and a Bit of History”

Fr. Simon Thomas, speaker

Saturday, Nov. 15 from 9-11 a.m. “Practical Suggestions for Advent ”

(Refreshments served at 8:30 a.m.) Fr. Nicholas Speier, speaker

*****You can download an ADVENT ACTIVITY BOOKLET from the parish website at:
<http://www.stathanasius.org/resources/downloads-resources/>**

UPCOMING FEAST DAY CELEBRATIONS & SPECIAL SERVICES

PRESENTATION OF THE THEOTOKOS IN THE TEMPLE

Thursday, November 20, 2014 6:00 p.m. Vesperal-Liturgy

GIVE THANKS GOLETA! SUNDAY, NOVEMBER 23rd from 6-7:00 p.m.

The local, civic, business and church leaders of Goleta, as well as the residents, are invited to a celebration of thanks for all of the blessings of living, working and playing in Goleta, the “Good Land.” This event is supported by the Hollister Corridor Churches, which includes our parish. It will take place on Sunday, November 23rd at 6:00 p.m. at the Goleta Valley Community Center, 5679 Hollister Ave.

THANKSGIVING

Wednesday, November 26, 2014 5:30 p.m. Akathist of Thanksgiving

FEAST OF ST. BARBARA

Wednesday, December 3, 2014 6:00 p.m. Vespers at St. Barbara Greek Parish
4:00 p.m. Vigil at St. Barbara Monastery/light supper

Thursday, December 4, 2014 9:00 a.m. Matins at St. Barbara Greek Parish
10:00 a.m. Divine Liturgy at St. Barbara Greek Parish
9:40 a.m. Hours at St. Barbara Monastery
10:00 a.m. Divine Liturgy at St. Barbara Monastery followed by luncheon



GOLETA THANKSGIVING DINNER FOR THOSE IN NEED - THERE ARE MANY WAYS TO HELP!

This year our parish, along with Christ the King Episcopal Church, will be participating in The Goleta Vineyard's 25th Annual Thanksgiving Dinner for the poor and needy. It will be held at the Goleta Valley Community Center just down the street at 5679 Hollister Ave. This has become a wonderful expression of God's love in action towards the Goleta community. You don't have to be present to participate, although the interaction with other Christians and those being served is a wonderful blessing to experience. Even an hour of your time is a wonderful way to show Christ's love for the people of this community. Consider volunteering as a family project on Thanksgiving Day! Or join a group from our parish who will go directly from our 5:30 p.m. Akathist service on Nov. 26 and help with the set-up. If you are unable to physically participate, you can make a donation toward the purchase of food.

Opportunities the day before Thanksgiving (Wed. Nov. 26) include:

- Cooking a turkey (Drop off between 5-7:30 p.m. Wed., or preferably Thursday morning.)
- Prep/Cooking from 5-9 p.m.
- Set-up of facilities (tables and chairs) and decorating—5 p.m.

Opportunities on Thanksgiving Day (Thurs. Nov. 27) include:

- Bring a cooked turkey by 10:00 a.m.
- Prep/cooking 8:30 a.m.-2:00 p.m.
- Beverage/Dessert Table (prep and refilling) 11 a.m.-2:00 p.m.
- Greeters/Meal Servers 11:30-2:00 p.m.
- Clean-up 2:30-5:00 p.m.

There are sign-up sheets on the bulletin board. Please contact me if you have any questions at: david.washburn64@gmail.com or [615-428-3427](tel:615-428-3427) .

— David Washburn, Outreach Team Leader

 * **SAVE THE DATE & CONSIDER CARPOOLING!** *
 * **ENTHRONEMENT CELEBRATION FOR MET. JOSEPH** *
 * **JANUARY 31, 2015** *
 * Metropolitan Joseph will be enthroned in New York in early December. (Fr. Nicholas *
 * and Jan will attend on behalf of our parish.) Since many in our diocese will not be able *
 * to attend, there will be an official **West Coast Diocese celebration on Saturday,** *
 * **January 31, 2015 in Los Angeles.** The proceeds will benefit Camp St. Nicholas and *
 * Youth Education Programs. Don't miss this historic celebration in the life of our Arch- *
 * diocese. Ticket and program book information will be available soon. For further in- *
 * formation, contact co-chairs: Rose Samore at rosesamore@gmail.com, or Jasminka *
 * Gabriele at jgabrie@earthlink.net. *

TEEN SCENE

JOURNEY TO ADULTHOOD Schedule of Activities and Service Projects

High School —Grades 9-12 Autumn 2014

For more information, contact Lara Jacobs —Teen Program Coordinator
at: cpejacobs@gmail.com

November

Sunday, November 16	Fire on Father	5:00 p.m. at Fr. Nicholas & Jan's
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December

Sunday, December 14	St. Nicholas Night	Details TBA
Sunday, December 21	X-mas Party & Fire on Father	5:00 p.m. in Teen Room

Junior High School—Grades 7-8 Autumn 2014

Saturday, November 22	Progressive Dinner	Time TBA
Fri./Sat., December 5/6	Monastery Retreat	
Saturday, December 13	Christmas Tree Decorating	Time TBA
Sunday, December 14	St. Nicholas Night	Details TBA

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
of Syria
Fr. Thomas H.
Dn. Richard E.
Dn. Scott J.
Peggy K. and Family
Fr. Gordon & Mary Sue W.
The Hartung Family

Greg & Margaret Y.
Mary Ellen B.
Gail S.
Dean & Penny
Mary & Susan
Baby Christian F.
Duane F.
Larry L.
Sandy S.
Drew W.

Katie Zoe
Yvette B.
Marliese Z.
All those suffering and
in danger in the Ukraine,
Nigeria, and the
Middle East
Cheri W.
Hoppe Family
Kh. Marilyn G.

For repose of the souls of:

Fr. Gabe. A., Susan M., Fr. Paul Schneirla, Rosella K.
All who have died in the conflicts in the Ukraine,
Syria and Palestine

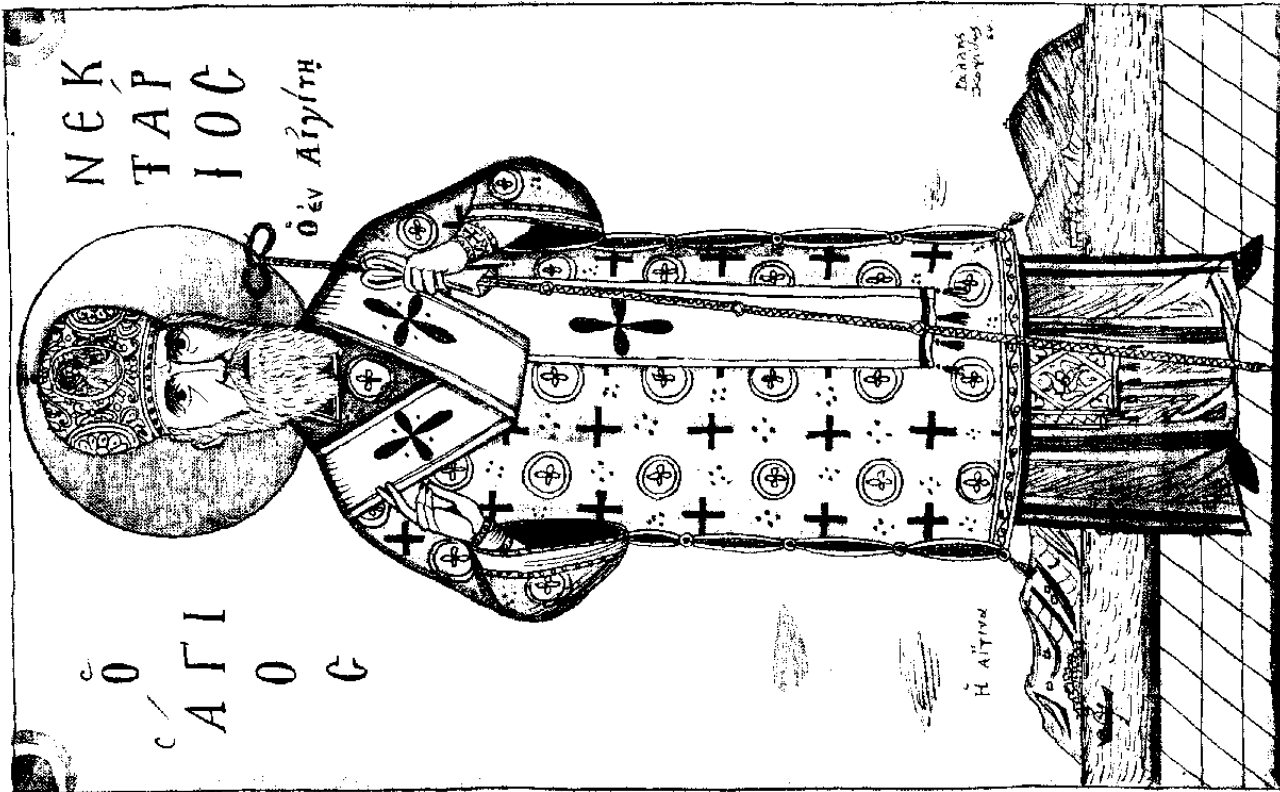
ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF. Make checks payable to “St. Athanasius Book Center.”



FOR THE CHILDREN TO COLOR

DURING THE HOMILY OR AT HOME -

O Pure Virgin Non-Liturgical Hymn by St. Nektarios of Aegina

O Pure and virgin Lady, O spotless Theotokos:

Refrain: Rejoice, O Unwedded Bride!

O virgin Queen and Mother, O dewy Fleece most sacred: (Refrain)

O height transcending heaven above, O beam of light most radiant: (Refrain)

O joy of chaste and virgin maids, surpassing all the Angels: (Refrain)

O brilliant light of heaven above, most clear and most radiant: (Refrain)

Commanding Chief of heavenly hosts, O holiest of holies: (Refrain)

O ever virgin Mary, O Mistress of creation: (Refrain)

O Bride all-pure and spotless, O Lady all holy: (Refrain)

O holy Mary Bride and Queen, O cause of our rejoicing (Refrain)

O Maiden Queen most hon'orable, O Mother most holy: (Refrain)

More precious than the Cherubim, more glorious than the Seraphim: (Refrain)

Surpassing Principalities, Dominions Thrones and Powers: (Refrain)