



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, February 1, 2015 Tone 1 / Eothinon 1

**Forefeast of the Presentation of Our Lord
In the Temple and Publican & Pharisee**
Martyr Tryphon of Campsada; The Holy Martyrs Perpetua,
Felicitas and those with them; St. Brigid of Ireland



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, February 1

9:00 a.m.	Religious Education, ages 3-18
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:00 p.m.	Choir Rehearsal
4:30 p.m.	High School Women's Small Group
6:00 p.m.	High School Men's Small Group

Monday, February 2

6:45 a.m.	Daily Matins
4:30 p.m.	Outreach Dinner in Isla Vista
6:00 p.m.	Divine Liturgy for the Feast of the Presentation of Our Lord in the Temple

Tuesday, February 3

5:30 p.m.	Daily Vespers
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Wednesday, February 4

6:45 a.m.	Daily Matins
12:00 p.m.	Women's Prayer Group

Thursday, February 5

5:30 p.m.	Daily Vespers
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Friday, February 6

6:45 a.m.	Daily Matins
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Saturday, February 7

4:30 p.m.	Adult Catechism
6:00 p.m.	Great Vespers/Confessions

Sunday, February 8

9:00 a.m.	Religious Education, ages 3-18
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:00 p.m.	Choir Rehearsal
5:00 p.m.	High School "Fire on Father"

LOST AND FOUND

The Lost and Found basket is located in the little alcove next to the sitting area with the sofas and rocking chair.

The AED (Automated External Defibrillator) is located in the foyer, on the ledge of the window that looks into the church office.

Sunday Morning Ministries Schedule

Eucharist Bread

February 1	D. Washburn
February 8	Fr. Nicholas
February 15	Dn. G. Braun
February 22	Corie Sieck

Coffee Hour

February 1	Alexander (for SS. Simeon & Anna)
February 8	B. Hedges Family (for St. Theodora, In honor of Sydney Theodora)
February 15	Meatfare Picnic at the park
February 22	Cheesefare POTLUCK

Greeters

February 1	P. Morrison/D. Genatone
February 8	D. Washburn/D. Lewis
February 15	K. & L. Jacobs
February 22	TBA

Ushers

February 1	D. Meyer, R. Barre, D. Lewis
February 8	C. Speier, R. Schneider, P. King
February 15	J. King, G. Shannon
February 22	S. Speier, P. Brunner, P. King

Readers

February 1	D. Meyer
February 2	P. Braun (Feast of Presentation)
February 8	D. Washburn
February 14	V. Gish (Soul Liturgy)
February 15	D. Washburn
February 22	T. Harris
February 22	D. Meyer (Forgiveness Vespers)

CHANGEABLE TEXTS FOR THE DAY

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
("Glory to You, Who have shown us the light..." - Complete text is
in the front of the Liturgy Book.)

THE LITURGY OF THE WORD

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

Music by
P. Mironositsky

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

LITTLE ENTRANCE

**AS THE CLERGY ENTER THE ALTAR, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 1 (Byzantine melody
harmonized by Fr. J. Finley)

(Music on p. 40 of Liturgy book)

While the stone was sealed by the Jews,

and the soldiers were guarding Thy most pure body,

Thou didst arise on the third day,

O Savior, granting life to the world.

For which cause the heavenly pow'rs cried aloud unto Thee, O Giver of life;

Glory to Thy resurrection, O Christ!

Glory to Thy kingdom!

Glory to Thy providence, O Thou

Who alone art the lover of mankind.

Troparion of the Forefeast of the Presentation of Our Lord

Tone 1 (Slavic chant)

The celestial choir of heavenly angels

bends down to the earth

and sees the First-born of all creation

being carried into the Temple as a babe

by a Mother who has not known man,

and in amazement sings with us

a pre-festal hymn.

Troparion to St. Athanasius
(Music on p. 54 of Liturgy book)

Tone 3 (Byzantine melody
harmonized by Fr. J. Finley)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion of the Publican & the Pharisee

Let us flee from the pride of the Pharisee!
Let us learn humility from the Publican's tears!
Let us cry to our Savior:
“Have mercy on us,
O only merciful One!”

Kontakion of The Feast of the Presentation of Our Lord in the Temple

Tone 1

By Your Nativity You sanctified the Virgin's womb!
And blessed Simeon's hands, O Christ God.
Now You have come and saved us through love.
Grant peace to all Orthodox Christians, O only Lover of Man!

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (sung 3 times)
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle
(Page 56 of Liturgy Book)

Tone 1 (Byzantine melody
harmonized by Fr. J. Finley)

Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

Verse: Rejoice in the Lord, O you righteous! Praise is becoming to the upright.
(Ps 32/33:1)

SUNDAY EPISTLE READING— Timothy 3:10-15

Timothy my son, you have observed my teaching, my conduct, my aim in life, my faith, my patience, my love, my steadfastness, my persecutions, and my sufferings; and what befell me at Antioch, at Iconium, and at Lystra. What persecutions I endured; yet from them all, the Lord rescued me. Indeed all who desire to live a godly life in Christ Jesus will be persecuted, while evil men and impostors will go on from bad to worse, deceivers and deceived. But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it and how from childhood you have been acquainted with the sacred writings which are able to instruct you for salvation through faith in Christ Jesus.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel
(Music on page 64 of Liturgy Booklet)

Tone 1

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: It is God Who avenges me, and subdues people under me. (*Ps 17/18:47*)

Verse: He gives great deliverance to His King, and shows mercy to His anointed, to David and his seed forever. (*Ps 17/18:50*)

SUNDAY GOSPEL READING— Luke. 18:10-14

The Lord spoke this parable: “Two men went up into the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, ‘God, I thank Thee that I am not like other men, extortionists, unjust, adulterers, or even like this tax collector. I fast twice a week; I give tithes of all that I get.’ But the tax collector, standing far off, would not even lift up his eyes to heaven, but beat his breast, saying, ‘God, be merciful to me a sinner!’ I tell you, this man went down to his house justified rather than the other; for every one who exalts himself will be humbled, but he who humbles himself will be exalted.”

LITURGY OF THE FAITHFUL

Meglynarion (Hymn to the Mother of God)

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Hymns sung as the clergy receive the Eucharist for the feast of the Cross

- Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
- The Jesus Prayer: “O Lord Jesus Christ, Son of God, have mercy on me, a sinner.”

Communion of the People (Liturgy Book page 33)

Of Thy mystical Supper, O Son of God, accept me today as a communicant. For I will not speak of thy mysteries to Thine enemies. Neither like Judas will I give Thee a kiss. But like the thief will I confess Thee: Remember me, O Lord, in Thy Kingdom!

Receive the Body of Christ, taste the fountain of immortality.

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

The Sunday of the Publican and the Pharisee is the first Sunday of a three-week period prior to the commencement of Great Lent. It marks the beginning of a time of preparation for the spiritual journey of Lent, a time for Orthodox Christians to draw closer to God through worship, prayer, fasting, and acts of charity. It is also on this day that the Triodion is introduced, a liturgical book that contains the services from this Sunday, the tenth before Pascha (Easter), to Great and Holy Saturday. The theme of this parable is repentance. Repentance is the door through which we enter Lent, the starting-point of the journey to Pascha. To repent signifies far more than self-pity or futile regret over things done in the past. The Greek term metanoia means "change of mind." To repent is to be renewed, to be transformed in our inward viewpoint, to attain a fresh way of looking at our relationship with God and with others.

Our preparation for Lent thus begins with a prayer for humility, the beginning of true repentance. Through repentance, we can find and return to the true order of things, a restoration of our spiritual vision that will guide us in a very difficult and challenging world. By entering Great Lent in humility and repentance, we can attain deeper communion with God as we receive His forgiveness and He blesses by guiding us to greater spiritual heights.

CELEBRATIONS for THIS WEEK

Birthdays

2/3 Velislava Nikolov
2/4 Hannah Sieck
2/7 Stan Friesen

Feast Day Celebrations

2/3 St. Anna the Prophetess Dorothy Alexander, Leslee Kinmann
2/3 St. Simeon the God-Receiver Dana Alexander, Tyler Speier

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: **www.stathanasius.org**.

Tomorrow evening, February 2nd at 6:00 p.m., we will celebrate the Feast of the Presentation of our Lord in the Temple with Divine Liturgy.

This Thursday/Friday Valerie will be teaching at the Archdiocese West Coast Sacred Music Institute in Orinda, and the church office will be closed.

WE NEED SOMEONE TO COORDINATE THE LENTEN SOUP DINNERS

On three Fridays during Great Lent, we will have our traditional Soup Dinners following the 6:00 p.m. Akathist service. Sign-up lists will be posted in February for each of the weeks for volunteers who can bring soup, bread, juice and fruit. We need a couple of people who are willing to take responsibility for the set-up and clean-up for all four of the weeks. That might mean recruiting a small group of volunteers, or forming a team of two or three people who will make this their “ministry” during Lent. If you are willing, please contact Christie Robinson at christie.d.robinson@gmail.com.

NEED ONE NIGHT’S HOUSING FOR MEMBERS OF YALE RUSSIAN MALE CHORUS, Friday, March 13th

We are hosting the Yale Russian Male Chorus in a concert on Friday, March 13th at 7:30 p.m. We need to provide housing that evening for 15 young men. They are willing to sleep on the floor, on air mattresses, several to a room, or whatever we are able to provide. Please contact Valerie in the church office if you are able to host one or several of the chorus members. office@stathanasius.org

Church Etiquette Corner

In review, we are encouraged to stand while the Holy Gifts (The Body and Blood of Christ) are present in the nave out of respect and honor for the presence of Christ among us. (until the clergy return with the chalice to the altar after Communion)

We should all make an effort to be present at the beginning of the Divine Liturgy, but if we DO come late, we are asked to enter quietly and without disrupting the service or those in attendance. Please minimize: movement in general, and entering and leaving during the reading of the Epistle or Gospel, or during the Homily. If you enter while these things are already taking place, please stand in the back and take a seat after the reading or sermon are finished.

After partaking of Holy Communion, it is important to remain to the end of the Liturgy to thank our Lord and receive the final blessing from the priest.

As Great Lent approaches,

please keep the following dates in mind:

Saturday, February 14	8:00 a.m.	Soul Liturgy
Sunday, February 15	After Liturgy	Meatfare Picnic
Sunday, February 22	6:00 p.m.	Forgiveness Vespers
Monday, February 23	First day of Great Lent 6:00 p.m.	Great Compline with Canon of St. Andrew
Tuesday, February 24	6:00 p.m.	Little Compline with Canon of St. Andrew
Wednesday, February 25	6:00 p.m.	Presanctified Liturgy
Thursday, February 26	6:00 p.m.	Little Compline with Canon of St. Andrew
Friday, February 27	6:00 p.m.	Akathist followed by Soup Dinner

SAVE THE DATE for our Lenten Seminar, Friday/Saturday March 6-7!

TEEN SCENE

JOURNEY TO ADULTHOOD

Schedule of Activities and Service Projects

For more information, contact Lara Jacobs —Teen Program Coordinator
at: cpejacobs@gmail.com

High School —Grades 9-12

Sunday, February 1	4:30-6:00 pm	Girls Small Group	Teen Room
	6:00 p.m.-7:30 pm	Boys Small Group	Teen Room
Sunday, Feb 8	5:00-7:00 pm	Fire on Father	Fr. Nicholas and Jan's Home
February 13-16	Weekend	Winter Retreat	Camp St. Nicholas
Sunday, March 8	5:00-7:00 pm	Fire on Father	Fr. Nicholas and Jan's Home
Sunday, March 15	5:00-7:00 pm	Minute to Win It	SAOC
Monday, Marh 23	4:00-6:00pm	Family Event: Service Project:	St. Michael's Church in IV
		St. Brigid Outreach Dinner	
Saturday March 28		Annunciation Tea (Girls)	SAOC
Sunday March 29	4:30-6:00 pm	Girls Small Group	Teen Room
	6:00-7:30 pm	Boys Small Group	Teen Room

Junior High School—Grades 7-8

Friday, Feb 13-Mon Feb 16	Weekend	Winter Camp	Camp St. Nicholas
Fri,, Feb. 20-Sat., Feb. 21	Weekend	Monastery Retreat	TBA
Sunday March 1	6:00 p.m.	Pan Orthodox Vespers and Messy Games	TBA
Sunday, March 22	5:00-6:30	Minute to Win It	SAOC
Saturday March 28		Annunciation Tea (Girls)	SAOC

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
of Syria
Fr. Thomas H.
Dn. Richard E.
Dn. Scott J.
Peggy K. and Family
Fr. Gordon & Mary Sue W.
The Hartung Family

Greg & Margaret Y.
Hoppe Family
Mary Ellen B.
Gail S.
Dean & Penny
Mary & Susan
Baby Christian F.
Duane F.
Larry L.
Sandy S.

Drew W.
Yvette B.
Marliese Z.
All those suffering and
in danger in the Ukraine,
Nigeria, and the Middle East
Cheri W.
Kh. Marilyn G.
Stan and Donna F.
Molly M.

For repose of the souls of:

Anthony B. (Santa Barbara policeman), Fr. Michael R.,
All who have died in the conflicts in the Ukraine,
Syria and Palestine

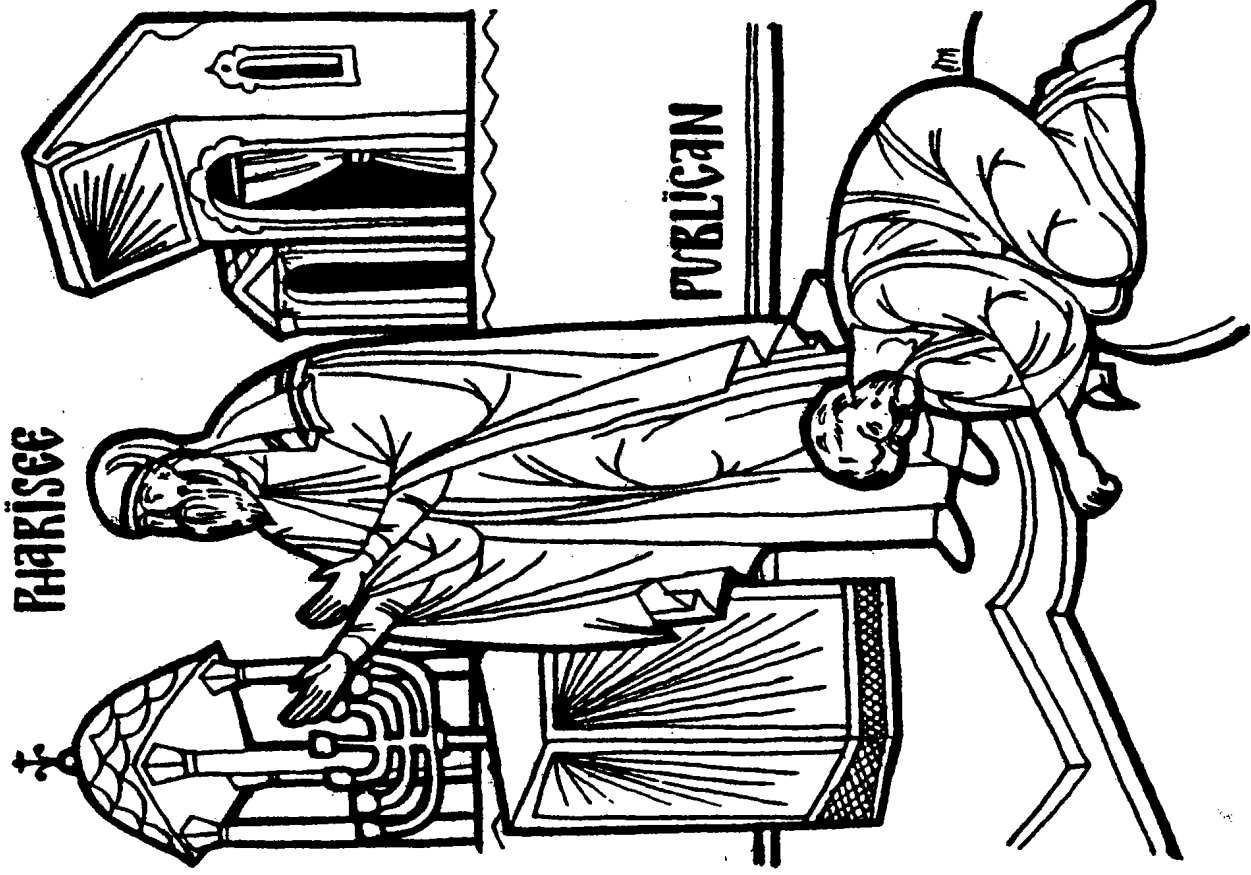
ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF. Make checks payable to “St. Athanasius Book Center.”



FOR THE CHILDREN TO COLOR

DURING THE HOMILY OR AT HOME