



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Karen Jacobs
Jon King
Laurence Lander
Craig Speier

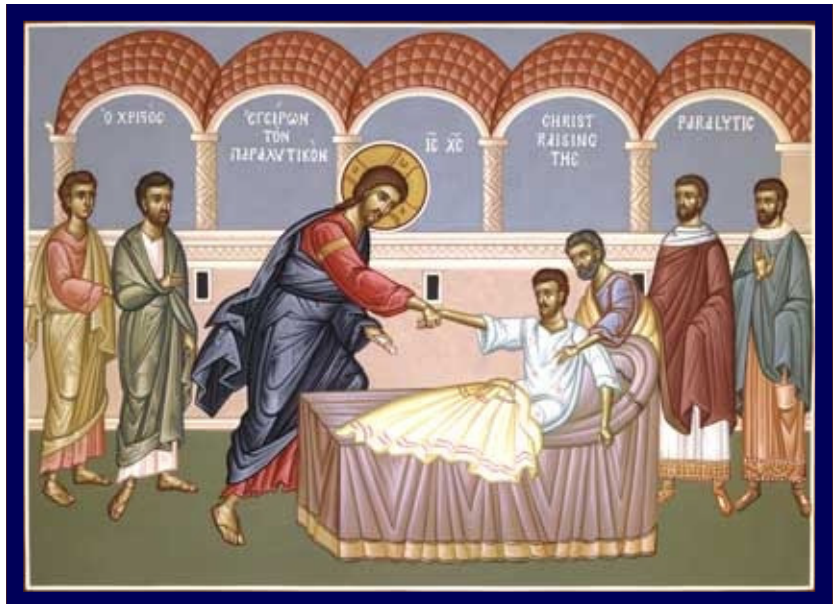
LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, May 3, 2015

Tone 3 / Eothinon 5; Fourth Sunday of Pascha

Sunday of the Paralytic

Martyrs Timothy the reader and his wife Maura of Egypt;
Peter, Archbishop of Argolis;
Ekumenios, Bishop of Trikala;
Venerable Luke of Mt. Stirion



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, May 3—Sunday of the Paralytic

9:00 a.m.	Religious Ed. 3 yrs-High School
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour
12:15 p.m.	Choir Rehearsal
4:30 p.m.	High School Girls Small Group
6:00 p.m.	High School Boys Small Group

Monday, May 4

6:45 a.m.	Paschal Daily Matins
5:00 p.m.	Outreach Meal at St. Michaels' University Church in Isla Vista

Tuesday, May 5

5:30 p.m.	Paschal Daily Vespers
6:30 p.m.	“Studies in Faith” Series at St. Barbara Greek parish (Worship & Sacrifice)

Wednesday, May 6

6:45 a.m.	Paschal Daily Matins
12:00 p.m.	Women’s Prayer Group
6:00 p.m.	Liturgy for Mid-feast of Pentecost

Thursday, May 7

5:30 p.m.	Paschal Daily Vespers
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Friday, May 8

6:45 a.m.	Paschal Daily Matins
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Saturday, May 9

10:00 a.m.	Estate Planning Seminar
6:00 p.m.	Vespers/Confession

Sunday, May 10– Sun. of Samaritan Woman

HAPPY MOTHER’S DAY!

9:00 a.m.	Religious Ed. 3 yrs-High School
9:00 a.m.	Matins
10:00 a.m.	Divine Liturgy
11:45 a.m.	Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

May 3	N. Tinyayeva
May 10	Sieck
May 17	Dillon
May 24	Kern

Coffee Hour

May 3	McCalmont/Sasala
May 10	V. & B. Hedges
May 17	Jacobs
May 24	Lander

Greeters

May 3	K. & L. Jacobs
May 10	K. Fox/P. King
May 17	L. Baker/P. King
May 24	G. Shannon/K. King

Ushers

May 3	J. King, G. Shannon
May 10	S. Speier, P. Brunner, P. King
May 17	D. Meyer, R. Barre, D. Lewis
May 24	C. Speier, R. Schneider, P. King

Readers

May 1	V. Gish (Friday)
May 3	T. Harris
May 6	D. Meyer (Wednesday)
May 10	H. Lange
May 17	D. Washburn
May 24	V. Gish

At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

The Priest begins Divine Liturgy with “Blessed is the Kingdom” and the choir responds “Amen.” Bearing the Paschal Candle, the Priest then leads the singing of the Paschal Apolytikion and censes the west side of the Altar Table.

Priest: Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and unto ages of ages.

People: Amen.

Clergy: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

People: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. **(2 times)**

GREAT LITANY

FIRST ANTIPHON

Verse: Make a joyful noise to God, all the earth! Sing of His Name, give glory to His praise!

Refrain: **Through the intercessions of the Theotokos, O Savior, save us.**

- Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe before Thee. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

SECOND ANTIPHON

Verse: God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

Refrain: **O Son of God, Who arose from the dead,
save us who sing to Thee, Alleluia.**

- That we may know Thy way upon the earth, and Thy salvation among all nations! [Refrain]
- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages.
Amen

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

Refrain: **Christ is risen from the dead trampling down death by death,
and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages.
Amen [Refrain]

LITTLE ENTRANCE

Clergy: **In the gathering places bless ye God the Lord from the Springs of Israel.**

People: O Son of God Who rose from the dead, save us
who sing to Thee, Alleluia!

Troparion of the Resurrection

(Music on p. 44 of Liturgy book)

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Tone 3 (Byzantine melody
harmonized by Fr. J. Finley)

Troparion to St. Athanasius

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
That He may grant us abundant mercy.

Tone 3

Kontakion for the Paralytic

By Your divine intercession, O Lord,
as You raised up the Paralytic of old,
so raise up my soul, paralyzed by sins and thoughtless acts;
so that being saved I may sing to You:
“Glory to Your power, O compassionate Christ!”

Tone 3

Kontakion for Pascha

Thou didst descend into the tomb O Immortal.
Thou didst destroy the pow'r of death.
In victory Thou didst arise, O Christ God,
proclaiming rejoice to the myrrh-bearing women,
granting peace to Thine apostles,
and bestowing Resurrection on the fallen.

Tone 8

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle
(Page 58 of Liturgy Book)

Tone 3 (Byzantine melody
harmonized by Fr. J. Finley)

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

Verse: Clap your hands all you peoples!
Shout to God with a voice of joy! (*Ps 46/47:1*)

THE EPISTLE READING— Acts 9:32-42

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord.

Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments, which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 3

Chanter: Alleluia, Alleluia, Alleluia!
People: Alleluia, Alleluia, Alleluia!

Verse: In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

Verse: Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

GOSPEL READING—John 5:1-15

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethzatha, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water. For an angel of the Lord went down at certain seasons into the pool and troubled the water; whoever stepped in first, after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, He said to him, "Do you want to be healed?" The sick man answered Him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked.

Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the Sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as

there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

Hymn to the Mother of God (Meglynarion)

The angel cried to the lady full of grace: Rejoice! Rejoice O pure virgin! Again I say rejoice, your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice, rejoice, O ye people. Shine! Shine! Shine! O New Jerusalem. The glory of the Lord has shone on you. Exult, now exult and be glad, O Zion. Be radiant, O pure Theotokos, in the resurrection, the resurrection of your son!

Communion Hymn

Receive the Body of Christ; taste the fountain of immortality!

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

IMMEDIATELY FOLLOWING COMMUNION:

Instead of "We have seen the true light, we sing:"Christ is risen" ONE time.

Instead of "Glory...now & ever" at the dismissal, we sing "Christ is risen" THREE times.

At the end of the dismissal prayer the service then continues with the typical Paschal dialogue, as follows:

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Christ is risen.

Faithful: Indeed He is risen

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Glory to His third-day Resurrection.

Faithful: Let us worship His third-day Resurrection.

Priest: Christ is risen from the dead, trampling down death by death, and upon those in the tombs

Faithful: bestowing life.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

REGISTRATION FOR CAMP ST. NICHOLAS opened on March 1st. If your children would like to go this summer, it is important to register right away because camp fills up quickly. Log onto www.campstnicholas.com. If finances are an obstacle, please let Fr. Nicholas know.

LITURGY FOR MID-PENTECOST

We will celebrate the Feast of Mid-Pentecost this Wednesday evening, May 6th, at 6:00 p.m. This celebration is the midpoint of the fifty days between the Feasts of Pascha and Pentecost.

ESTATE PLANNING SEMINAR—May 9

Join us for the second of two seminars this Saturday morning, May 9th, from 10-11:30 a.m. The seminar will be taught by an attorney and a financial planner. In the second session we will begin to compile some ideas and information for our own individual plans. There will be plenty of time for questions and answers. You are welcome to attend the second session if you did not attend the first one.

BOOK STUDY May 23-June 27

On May 23rd, Fr. Nicholas will begin an adult study group on the book “Divine Energy: The Orthodox Path to Christian Victory” by Fr. Jon Braun. If you would like to participate, please let Fr. Nicholas know before the first class session. 805-685-5495

SAOC SUMMER SCHOOL will be from Monday, June 22-Thursday, July 9 this year. Registration information will be available soon.

LOST AND FOUND

The Lost and Found basket is now located in the foyer near the office, underneath the information table. There is also a clothes rack in the alcove at the far end of the long hallway, next to the little sitting area.

AED

(Automated External Defibrillator)

The AED is located in the foyer, on the ledge of the window that looks into the church office. If an emergency should occur, please ask for assistance from one of the many medical professionals in the parish. Please do not allow anyone, adults or children, to open the device without assistance.

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

5/07 Michael & Margaret Easbey

Birthdays

5/8 Jane Meyer

Patronal Feast Days

5/4 St. Monica, Mother of Augustine

Monica Brewer, Monica Finley

5/5 St. Irene of Thessalonica

Karen Jacobs, Hailey Parodi

5/8 St. Emilia, Mother of SS. Basil & Gregory

Emily Mason Speier

5/9 St. Christopher of Lycia

Chris Robinson



PENTECOST FAMILY DAY

JOIN US AS WE CELEBRATE
"THE BIRTHDAY OF THE CHURCH!"

Sunday, May 31, 2015

4:00 p.m.

Plan now to be with us on the Feast of Pentecost for a Family Day of fun and celebration! Including:

taco truck, Tres Leches cake, music for all ages,
a special play area and games for the kids, and more!

Cost: Adults (13+): \$12 / Kids 3-12: \$6 / Kids 2 and under: free

Maximum Family price: \$50

R.S.V.P. and advance payment are required.

Christie.d.robinson@gmail.com



The Fourth Sunday after Pascha is dedicated to Christ's healing of the Paralytic (*John 5*). The man is healed by Christ while waiting to be put down into the pool of water. Through baptism in the church we too are healed and saved by Christ for eternal life. Thus, in the church, we are told, together with the paralytic, to "sin no more that nothing worse befall you" (*John 5:14*). Our Lord's question to the man, "Do you want to be healed?" is directed to us as well, reminding us that the gift of life and illumination through the Resurrection brings with it responsibilities. It must be nurtured and shared with others.

In the middle of the Fourth Week, there is a day which is called by the Church, the Feast of Mid-Pentecost. On this day we recall that Christ, "in the middle of the feast" teaches men of His saving mission and offers to all "the waters of immortality" (*John 7:14*). Again we are reminded of the Master's presence and His saving promise: "If anyone is thirsty let him come to Me and drink" (*John 7:37*).

TEEN SCENE

JOURNEY TO ADULTHOOD

Schedule of Activities and Service Projects

For more information, contact Lara Jacobs — Teen Program Coordinator
at: cpejacobs@gmail.com

High School — Grades 9-12

Sunday, May 3	4:30-6:00 pm	Girls Small Groups	TBA
	6:00-7:30 pm	Boys Small Group	TBA
Sunday, May 24	5:00-7:00 pm	Fire on Father	Fr. Nicholas and Jan's Home

(Group activity on weekend of May 15 for both groups TBA)

Junior High School—Grades 7-8

Friday, June 12		Raging Waters	
Sunday, June 7		Family Event: Graduation Party and Kick-off Dinner	TBA

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

- | | | |
|------------------------------|-------------------------|-----------------------------|
| Metropolitan JOSEPH | Mary | All those suffering and |
| Mother Victoria | Susan B. | in danger in the Ukraine, |
| Met. Paul & Abp. John | Baby Christian F. | Africa, and the Middle East |
| Dn. Richard E. | Duane F. | Dan S. |
| Kh. Peggy K. and Family | Stan and Donna F. | Ryan Family |
| Fr. Gordon & Kh. Mary Sue W. | Molly M. | Terri-Lynn H. |
| Greg & Margaret Y. | Mikael M. | Hannah Rose H. |
| Hoppe Family | Angel, Helen and Family | |
| Kh. Mary Ellen B. | Jim M. | |
| Gail S. | Joy | |
| Dean & Penny | Kh. Marilyn G. | |

For repose of the souls of: Archimandrite Roman B., Steve R., Charyl B., Fr. Thomas H., 21 Coptic Christians who were martyred in Libya, All who have died in the conflicts in the Ukraine, Africa & the Middle East

ABOUT OUR PRAYER LISTS:

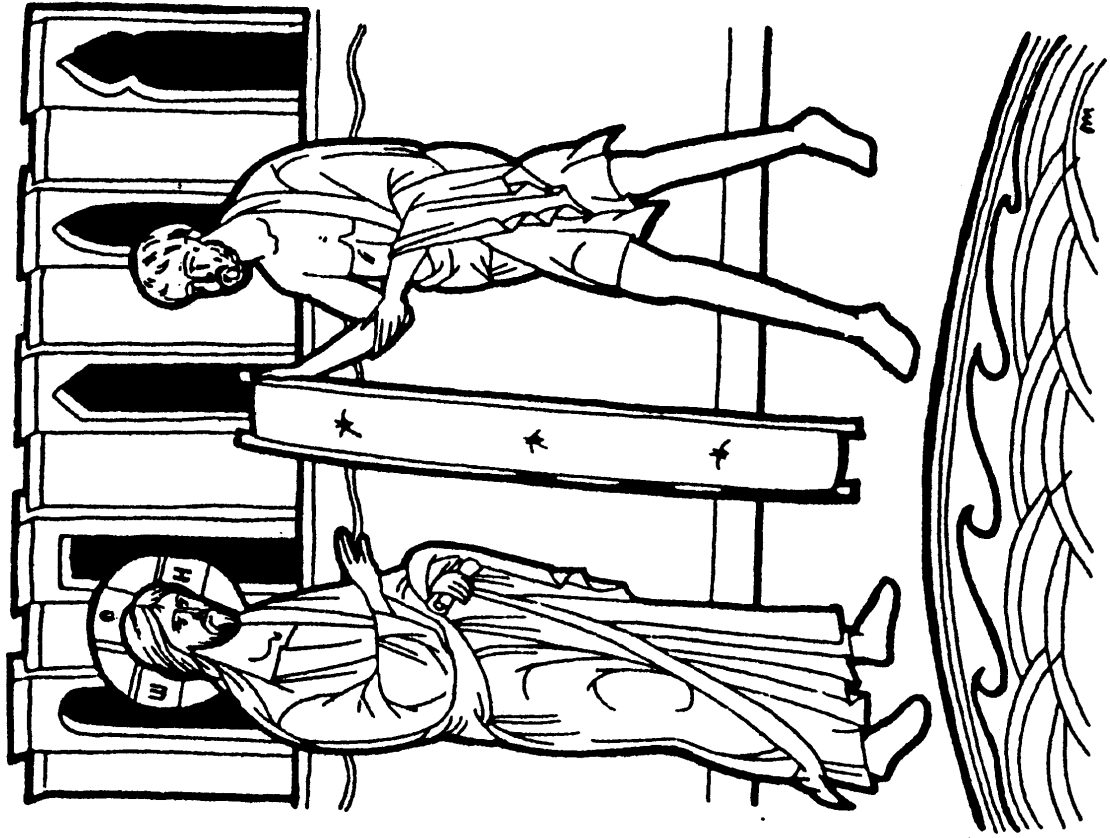
Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF. Make checks payable to “St. Athanasius Book Center.”

HEALING OF THE PARALYTIC



**THE MISSION AND VISION OF
ST. ATHANASIUS
ORTHODOX
CHRISTIAN CHURCH
(Ephesians 3:14-21)**

That we would be rooted and grounded in
FAITH, LOVE AND HUMILITY
so we might experience and manifest the
FULLNESS OF THE CHURCH

- in the WORSHIP of the Holy Trinity
- in the CARE AND GROWTH of the people
- in SERVING AND INTEGRATING new members
- in RETURN OF THE WAYWARD
- in the CARE FOR OUR COMMUNITY

**Unto the inheritance of the
KINGDOM OF HEAVEN**