



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## Senior Pastor:

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## Deacons:

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## Music Director/Administrator:

Valerie Yova  
Office phone: 805-685-5400  
email: office@stathanasius.org

## Parish Council:

Douglas Meyer, President  
Dan Braun, Treasurer  
Katie AbuGhazaleh, Secretary  
Richard Barre  
Catherine Braun  
Karen Jacobs  
Jon King  
Laurence Lander  
Craig Speier

## LITURGY OF ST. JOHN CHRYSOSTOM Sunday, June 21, 2015

**Tone 2 / Eothinon 3; Third Sunday after Pentecost  
& Third Sunday of Matthew**  
Martyr Julian of Tarsus; Martyr Aphrodisius of Cilicia;  
New-martyr Nikita of Nisyros near Rhodes



## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning.  
If you are not Orthodox, we invite you to  
partake of the blessed bread during  
Communion and to join us at Coffee Hour ~  
we'd love to meet you!*

# Calendar for this Week

## Sunday, June 21-Happy Father's Day!

9:00 a.m. Matins/NO RELIGIOUS ED  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour/Voting for new  
Parish Council member

## Monday, June 22—SUMMER SCHOOL

6:45 a.m. Daily Matins  
8:45-11:30 a.m. Summer School  
5:00 p.m. Outreach Meal at St. Michaels'  
University Church in Isla Vista

## Tuesday, June 23

8:45 a.m.-2 p.m. Summer School  
5:30 p.m. Daily Vespers

## Wednesday, June 24

6:45 a.m. Daily Matins  
8:45-11:30 a.m. Summer School  
12:00 p.m. Women's Prayer Group

## Thursday, June 25

5:30 p.m. Daily Vespers  
8:45 a.m.-2 p.m. Summer School  
7:00 p.m. Choir Rehearsal

## Friday, June 26

6:45 a.m. Daily Matins  
8:45 a.m.-2 p.m. Summer School

## Saturday, June 27

4:30 p.m. Book Study  
6:00 p.m. Vespers/Confession

## Sunday, June 28-NATHAN HOPPE VISITING

9:00 a.m. Matins/NO RELIGIOUS ED  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour/  
Parish Council Elections

## *Sunday Morning Ministries Schedule*

### Eucharist Bread

June 21 Meyer  
June 28 D. Washburn  
July 5 M. Kern  
July 12 N. Tinyayeva

### Coffee Hour

June 21 Father's Day Potluck (Lenten)  
June 28 D. & K. King  
July 5 Gish  
July 12 TBA

### Greeters

June 21 L. Baker/P. King  
June 28 K. Fox/P. King  
July 5 G. Shannon/K. King  
July 12 Dottie G./P. Morrison

### Ushers

June 21 C. Speier, R. Schneider, P. King  
June 28 J. King, G. Shannon  
July 5 S. Speier, P. Brunner, P. King  
July 12 D. Meyer, R. Barre, D. Lewis

### Readers

June 21 V. Gish  
June 28 T. Harris  
July 5 M. Kern  
July 12 D. Meyer

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of  
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

### **AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY**

#### **Troparion of the Resurrection**

**(Music on p. 42 of Liturgy book)**

When Thou didst submit Thyself unto death,  
O Thou deathless and immortal One,  
then Thou didst destroy Hell with Thy Godly pow'r,  
and when Thou didst raise the dead from beneath the earth,  
all the pow'rs of heaven did cry aloud unto Thee.  
O Christ, Thou art the Giver of life, Glory to Thee.

**Tone 2** (Byzantine melody  
harmonized by Fr. J. Finley)

#### **Troparion to St. Athanasius**

**(Music on page 54 of Liturgy Book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Tone 3 (Byzantine Melody**  
harmonized by Fr. J. Finley}

**Kontakion - Ordinary Sundays**

O undisputed intercessor of Christians,  
O mediatrix, who is unrejected by the creator.

Turn not away from the voice of our petitions, though we be sinners.  
Come to us with aid in time, who cry unto thee in faith,  
for thou art good. Hasten to us with intercessions, O Theotokos,  
who dost always intercede for those who honor thee.

**Tone 4 (Byzantine melody  
harmonized by F. Karam)**

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle  
(Page 57 of Liturgy Book)**

**Tone 2 (Byzantine melody  
harmonized by Fr. J. Finley}**

**The Lord is my strength and my song. He has become my salvation.**

**Vs.** The Lord has chastened me severely but He has not given  
me over to death.

**THE EPISTLE READING****Romans 5:1-11**

Brethren, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through Him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us.

While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man -- though perhaps for a good man one will dare even to die. But God shows His love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by His blood, much more shall we be saved by Him from the wrath of God. For if while we were enemies we were reconciled to God by the death of His Son, much more, now that we are reconciled, shall we be saved by His life. Not only so, but we also rejoice in God through our Lord Jesus Christ, through whom we have now received our reconciliation.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**  
(Music on page 64 of Liturgy Booklet)

**Tone 2**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

**Verse:** May the Lord hear you in the day of trouble!  
May the name of the God of Jacob protect you! (Ps 19/20:1)

**Verse:** O Lord, save the King in the day we call on Thee! (Ps 19/20:9)

**THE GOSPEL READING**

**Matthew 6:22-33**

The Lord said, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is evil, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness!

"No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon.

"Therefore I tell you, do not be anxious about your life, what you shall eat or what you shall drink, nor about your body, what you shall put on. Is not the soul more than food, and the body more than clothing? Look at the birds of heaven: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his stature? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon himself in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will He not much more clothe you, O men of little faith? Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek all these things; and your heavenly Father knows that you need them all. But seek first His kingdom and His righteousness, and all these things shall be yours as well.

**Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

**Communion Hymns**

Praise the Lord from the heavens, praise Him in the highest! (Ps 148:1)

Alleluia, Alleluia, Alleluia!

Jesus Prayer: O Lord, Jesus Christ, Son of God, have mercy on me, a sinner.

## **HOLY COMMUNION**

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: **[www.stathanasius.org](http://www.stathanasius.org)**.

### **PARISH COUNCIL ELECTIONS—TODAY**

Adult parish members in good standing are asked to vote during Coffee Hour today for one new Parish Council member by secret ballot during Coffee Hour today. Those who are not present today will be able to vote by e-mail between today and this Saturday, June 27th. Please send the name of your choice to Fr. Nicholas at [frnicholas@stathanasius.org](mailto:frnicholas@stathanasius.org).

### **FAST AND FEAST OF SAINTS PETER AND PAUL**

We will celebrate the Liturgy for the Feast of SS. Peter and Paul on Monday, June 29th at 6:00 p.m.. The Apostles' Fast is from June 8-29. The duration of the Fast is different each year, depending upon when Pascha falls.

### **NATHAN HOPPE TO VISIT FROM ALBANIA ON SUNDAY, JUNE 28**

Nathan Hoppe will be visiting us next Sunday, June 28, and they will give a brief update in place of the homily that day. Our parish makes a monthly contribution to the support of his family's mission work in Albania through the Orthodox Christian Mission Center (OCMC).

### **PARISH LIFE CONFERENCE—JULY 1-5 in IRVINE**

The Antiochian Diocese of Los Angeles and the West is having its Parish Life Conference in Irvine from July 1-5, 2015, hosted by St. Andrew parish of Riverside. It offers something for everyone this year, including keynote speaker, Fr. Maximos Conostas from Mount Athos, Consider attending a little or all of the conference. For more information and to register: [www.lapl.org](http://www.lapl.org)

# CELEBRATIONS for THIS WEEK

## Wedding Anniversaries

6/21 Dan & Judy Braun  
6/24 Dn. Gary & Melissa Braun  
6/25 Scott & Terri Speier  
6/26 Mick & Ginger Kronman

## Birthdays

6/24 Michael Easbey  
6/26 Joseph Greenwood  
6/26 Ryder Heiduk  
6/26 Dn. Scott Jacobs

## Patronal Feast Days

6/27 **St. Joanna the Myrrh-bearer** Joanne Gish, Kh. Jan Speier

### INCOME FOR MAY 2015

	<b>General Operating</b>	<b>Building Fund</b>
Monthly Goal	\$33,000	\$14,120
Monthly Actual	\$50,703	\$13,494

### LOST AND FOUND

The Lost and Found basket is now located in the foyer near the office, underneath the information table. There is also a clothes rack in the alcove at the far end of the long hallway, next to the little sitting area.

#### AED

#### (Automated External Defibrillator)

The AED is located in the foyer, on the ledge of the window that looks into the church office. If an emergency should occur, please ask for assistance from one of the many medical professionals in the parish. Please do not allow anyone, adults or children, to open the device without assistance.



## ORTHODOX CHRISTIAN EDUCATIONAL RESOURCES

**ABBA MOSES** — If you are interested in researching the lives of Saints in detail, this is a good place to start. "Saint of the Day" podcast is also available. <http://www.abbamoses.com/>

**ANCIENT FAITH RADIO** is an Orthodox Christian media ministry, offering two 24-hour internet radio stations and a wide variety of on-demand podcasts, music and audio specials including Fr Josiah's interview on the Illuminated Heart! <http://ancientfaith.com/>

**ORTHODOX CHRISTIAN INFORMATION CENTER**—A collection of articles written for Orthodox, Inquirers and non-Orthodox about many facets of the Faith. Includes articles about introductory information, inquirer information, Orthodox mindset, Orthodox lifestyle, death and life. <http://orthodoxinfo.com/>

**ORTHODOX CHRISTIAN NETWORK (OCN)** has been established to create a national, sustainable and effective media witness for the Orthodox Christian Church in North America. OCN produces high-quality programs and media tools for local parishes that reach people for Christ 24 hours a day, 7 days a week. Includes The Ark (A 24/7 Internet radio station with contemporary Orthodox music and teaching programs with some of the best Orthodox speakers in North America), The Rudder (A 24/7 Internet radio station with traditional Orthodox chant from around the world and the same teaching programs and special features as the Ark.) <http://www.myocn.net/>

**FIRST VISIT TO AN ORTHODOX CHURCH: 12 THINGS I WISH I'D KNOWN:** A required and humorous reading for anyone considering attending an Orthodox church for the first time. <http://www.saintandrew.net/firstvisit.html>

**GET TO KNOW THE ORIGINAL**—A site managed by Fr. John Finley through our **Archdiocese Department of Missions** for inquirers and those who are interested in learning more about Orthodoxy. <http://www.gettoknowtheoriginal.net/know.html>

### **Orthodox Christian Bookstores**

<http://store.ancientfaith.com/>  
<http://www.svspress.com/>  
<http://www.light-n-life.com/>  
<http://www.archangelsbooks.com/>

### **To listen to and purchase Liturgical Music Recordings**

<http://www.liturgica.com/>  
<http://www.archangelvoices.com/>  
<http://www.cappellaromana.org/>  
<http://www.musicarussica.com/>

**Did you know...**

**...that our landscape design is drought resistant? We received an award from Goleta Beautiful for the beauty of our building and landscaping design last year, and we have received the admiration of the UCSB Horticulture Department, which is studying some of the “best practices” around the state relative to drought resistant landscaping. Although we use a minimal amount of water, there is always something in bloom to enhance the building and for us to feast our eyes upon! Kudos and thanks to Martha Degasis of Acacia Landscape Design and Cicileo Landscape Maintenance!**



**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH	Mary	All those suffering and
Mother Victoria	Susan B.	in danger in the Ukraine,
Met. Paul & Abp. John	Baby Christian F.	Africa, and the Middle East
Dn. Richard E.	Duane F.	Ryan Family
Kh. Peggy K. and Family	Stan and Donna F.	Terri-Lynn H.
Fr. Gordon & Kh. Mary Sue W.	Molly M.	Hannah Rose H.
Greg & Margaret Y.	Mikael M.	Cole K.
Hoppe Family	Angel, Helen and Family	Subdn. Stephen B.
Kh. Mary Ellen B.	Jim M.	Maria B.
Gail S.	Joy	Lisa, Asia, Joe B.
Dean & Penny	Kh. Marilyn G.	Joanne G.

**For repose of the souls of:** Archimandrite Roman B.

All who have died in the conflicts in the Ukraine, Africa & the Middle East

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

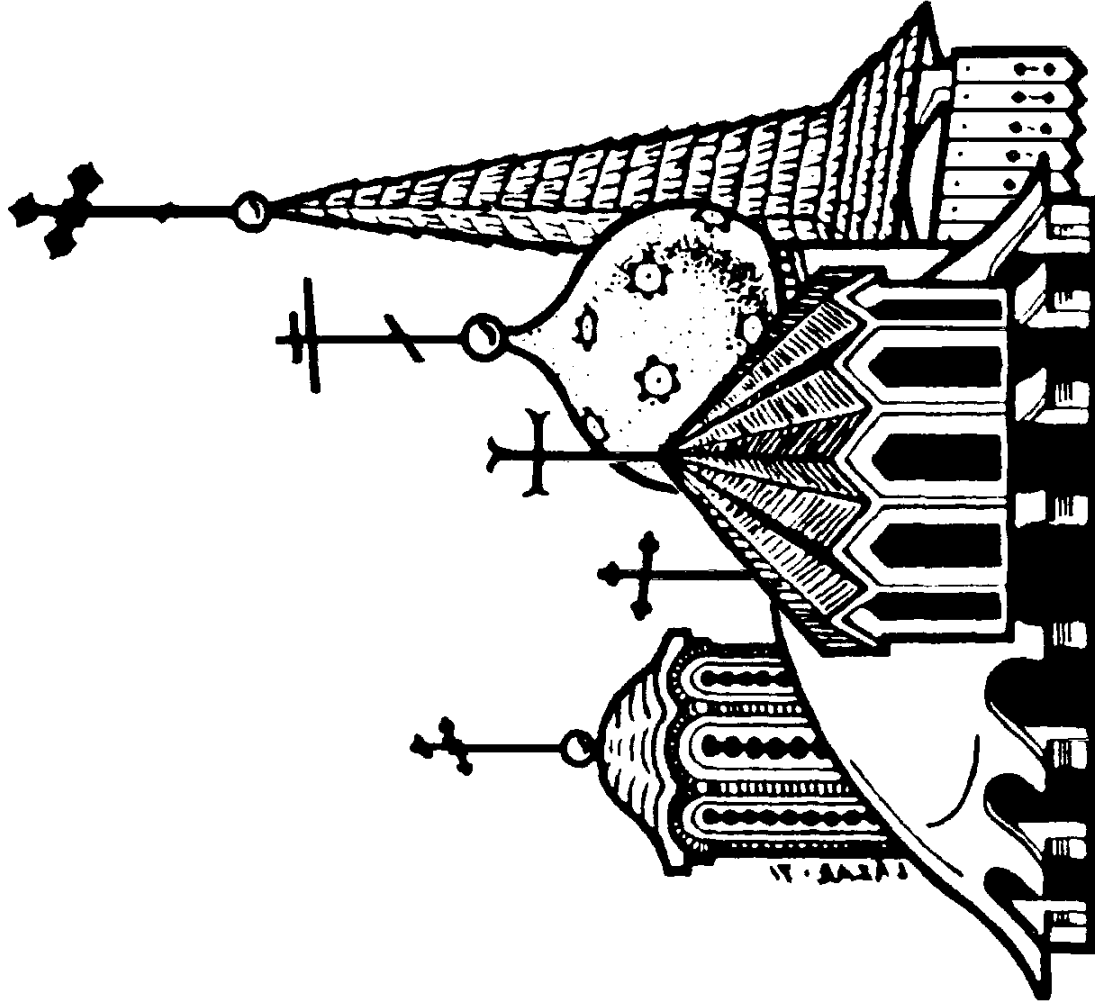
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**ST. ATHANASIUS BOOK CENTER**

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, jewelry and other items that are FOR SALE. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF.

Make checks payable to “St. Athanasius Book Center.”

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## **THE MISSION AND VISION**

**OF**

### **ST. ATHANASIUS ORTHODOX CHRISTIAN CHURCH (Ephesians 3:14-21)**

That we would be rooted and grounded in  
FAITH, LOVE AND HUMILITY  
so we might experience and manifest the  
FULLNESS OF THE CHURCH

- in the WORSHIP of the Holy Trinity
- in the CARE AND GROWTH of the people
- in SERVING AND INTEGRATING new members
- in RETURN OF THE WAYWARD