



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Dottie Genatone
Benjamin Hedges
Karen Jacobs
Dr. Jon King

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, January 10, 2016 Tone 7 / Eothinon 10; Sunday after Theophany of Christ

Gregory, bishop of Nyssa; Marcian the priest of Constantinople;
Dometian, bishop of Melitene; Venerable Paul of Obnora and
Makarios of Pisma; Bishop Theophan the Recluse



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, January 10

9:00 a.m. Religious Education ages 3-18
9:00 a.m. Matins
9:40 a.m. Blessing of the Atria
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:30 p.m. Bus leaves church for harbor
1:00 p.m. Outdoor Blessing of the Water at Santa Barbara Yacht Club

Monday, January 11

6:45 a.m. Daily Matins
4:30 p.m. Outreach Meal at St. Michaels' University Church in Isla Vista

Tuesday, January 12

3:30 p.m. Catechesis Level I
5:30 p.m. Daily Vespers

Wednesday, January 13

6:45 a.m. Daily Matins
11:00 a.m. Shower Truck Ministry

Thursday, January 14

12:00 p.m. Intercessory Prayer Group
5:30 p.m. Daily Vespers

Friday, January 15

6:45 a.m. Daily Matins

Saturday, January 16

4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers/Confessions

Sunday, January 17 Commemoration of Feast of St. Athanasius

9:00 a.m. Religious Education ages 3-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
5:00 p.m. High School Fire on Father

**Valerie will be out of town this coming
Thursday, January 14 through
Sunday, January 17.**

Sunday Morning Ministries Schedule

Eucharist Bread

January 10 Thomas
January 17 Washburn
January 24 Hedges
January 31 Fr. Nicholas

Coffee Hour

January 10 Robinson/L. & B. Brunner
January 17 Shackelford/Genatone in memory of Al Genatone
January 24 J. Wallerstedt/D. Washburn
January 31 NEED HOST

Greeters

January 10 G. Shannon, K. King
January 17 P. Morrison, D. Genatone
January 24 K. Fox, H. Lange
January 31 D. Washburn, D. Lewis

Ushers

January 10 D. Lewis, C. Speier, J. King
January 17 D. Washburn, G. Shannon, S. Speier
January 24 P. Brunner, P. King, D. Meyer
January 31 R. Barre, D. Lewis, C. Speier

Readers

January 10 D. Meyer
January 16 D. Alexander (Vespers)
January 17 D. Washburn
January 24 R. Barre
January 31 Peter Braun

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
(“Glory to You, Who have shown us the light...”) followed by the Matins Dismissal
Troparion. Complete text is in front of Liturgy book.

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

THE LITURGY OF THE WORD

THE GREAT LITANY

First Antiphon—Psalm Verses for the Feast with Refrain

Verse: When Israel went forth from Egypt, the house of Jacob from a people of strange language, Judah became his sanctuary, Israel his dominion.

Refrain: **Through the intercessions of the Theotokos,
O Savior, save us.**

Verse: The sea looked and fled, Jordan turned back. What ails you, o sea, that you flee? O Jordan, that you turn back? [refrain]

Verse: Glory....now and ever... [refrain]

Second Antiphon– Psalm Verses for the Feast with Refrain

Verse: I love the Lord because He has heard the voice of my supplication.
Because He inclined His ear to me, therefore I will call on Him as long as I live.

Refrain: **O Son of God baptized in the Jordan, save us who sing to Thee,
Alleluia!**

Verse: The snares of death encompassed me; the pangs of hell laid hold on me. I suffered distress and anguish, then I called on the name of the Lord. [refrain]

Verse: Gracious and righteous is the Lord, and our God is merciful. [refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—Psalm Verses with Troparion as refrain

Verse: O give thanks to the Lord, for He is good, For His mercy endures forever!

**Refrain: When You, O Lord, were baptized in the Jordan,
worship of the Trinity was made manifest!
For the voice of the Father bore witness to You,
calling You his beloved Son.
And the Spirit, in the likeness of a dove
confirmed the truth of His Word.
Christ our God, Who has appeared
and enlightened the world,
glory to You!**

Verse: Let the house of Israel say: for He is good,
For His mercy endures forever! [refrain]

Verse: Let the house of Aaron say: for He is good,
For His mercy endures forever! [refrain]

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY**

**Troparion of the Resurrection
(Music on p. 51 of Liturgy book)**

Thou didst shatter death by Thy Cross;
Thou didst open paradise to the thief;
Thou didst turn the sadness of the
ointment bearing women into joy,
and didst bid Thine apostles proclaim
a warning that Thou hast risen, O Christ,
granting the world the great mercy.

Tone 7 Byzantine melody
harmonized by Fr. J. Finley

Troparion of Epiphany**Tone 1** (Byzantine Chant)

When You, O Lord, were baptized in the Jordan,
worship of the Trinity was made manifest!
For the voice of the Father bore witness to You,
calling You his beloved Son.
And the Spirit, in the likeness of a dove
confirmed the truth of His Word.
Christ our God, Who has appeared
and enlightened the world, glory to You!

Troparion to St. Athanasius (Music on p. 54 of Liturgy Book)**Tone 3** (Byzantine

harmonized by Fr. J. Finley)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakian of Epiphany**Tone 4** (Slavic Chant)

Today You have shone forth to the world, O Lord,
and the light of Your countenance has been marked on us.
Knowing You, we sing Your praises:
“You have come and revealed Yourself, //
O unapproachable Light.”

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength! People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle
(Music on p. 56 of Liturgy book)****Tone 1** (Byzantine Chant
harmonized by Fr. J. Finley)

Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

Verse: Rejoice in the Lord, O you righteous! Praise is becoming to the upright.
(Ps 32/33:1)

EPISTLE READING

Ephesians. 4:7-13)

Brethren, grace was given to each of us according to the measure of Christ's gift. Therefore it is said, "When He ascended on high He led a host of captives, and He gave gifts to men." (In saying, "He ascended," what does it mean but that He had also descended into the lower parts of the earth? He who descended is He who also ascended far above all the heavens, that He might fill all things.) And His gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ.

Alleluia Refrain and Psalm verses before the Gospel

Tone 5

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: I will sing of the mercies of the Lord forever; with my mouth;
I will make known Thy faithfulness to all generations. (Ps 88/89:1)

Alleluia...

Verse: For Thou hast said: "Mercy shall be built up forever;
In the heavens shall Thy truth be established." (Ps 88/89:2) **Alleluia...**

GOSPEL READING

Matthew. (4:12-17)

At that time, when Jesus heard that John had been arrested, he withdrew into Galilee; and leaving Nazareth he went and dwelt in Capernaum by the sea, in the territory of Zebulon and Naphtali, so that what was spoken by the prophet Isaiah might be fulfilled: "The land of Zebulon and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles—the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to preach, saying, "Repent, for the kingdom of heaven is at hand."

LITURGY OF THE FAITHFUL

Meglynarion for the Feast of Epiphany

(Hymn to the Mother of God—p. 27 of Liturgy book)

Magnify, O my soul, the most-pure Virgin Theotokos,
more honorable than the heavenly hosts!

No tongue knows how to praise you worthily, O Theotokos;

even Angels are overcome with awe praising you.
But since you are good, accept our faith;
for you know our love inspired by God!
You are the defender of Christians, and we magnify you.

Communion of the Clergy (Liturgy Book page 32)

Praise the Lord from the heavens! Praise Him in the highest! (*Ps 148:1*)

The grace of God has appeared for the salvation of all. Alleluia. (*Titus 2:11*)

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

1/14 Kate and David Vander Laan
1/15 John and Liz Heiduk

Birthdays

1/10 Kalix Braun
1/11 Monica Brewer
1/14 Viktoria Hedges, Sabina Shackelford
1/15 Thomas Ballew, Sophia Johnson
1/16 Kent Jacobs

Patron Saint Commemorations

1/12	St. Tatiana the Martyr	Tatiana Speier
1/14	St. Nina	Gail Shannon
1/14	St. Mungo/Kentigern	Kent Fox

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

EPIPHANY CELEBRATION: TODAY WE WILL DO THE “OUT OF DOORS BLESSING OF THE WATER” at 1:00 p.m. at the Santa Barbara Harbor near the Yacht Club along with the parishioners of St. Barbara Greek Parish.

Because parking is sometimes a challenge at the harbor, we are offering bus transportation from the church for \$5/adults and free for kids 14 and younger. The bus is limited to the first 40 people. Those with reservations will be boarded first, and payment will be collected as you board the bus. We will leave the church at 12:30 p.m. sharp!

FEAST OF ST. ATHANASIUS

We will commemorate the feast of St. Athanasius, our beloved patron saint, on Sunday, January 17. There will be no services for the feast on Monday, January 18th besides Daily Matins.

HOUSE BLESSING APPOINTMENTS

The Grace of God is imparted to us in the holy water (“The Grace of Redemption). It is time, once again, to make an appointment for your home to be blessed. Please call one of the priests listed on the front of the bulletin to set up a time, preferably when all members of the household can be present.

YOUNG ADULT DINNER

The college students and young adults are invited to Fr. Nicholas and Jan’s house on Saturday, January 23rd after Vespers for dinner and conversation.

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.*

CONCERT THIS PAST FRIDAY NIGHT, JANUARY 8, 2016

Madeleine Meyer & John Butler

What a treat it was to hear Madeleine and John for a whole evening, and to have been able to do so in such a lovely venue as St. Barbara's, with a GREAT piano and fabulous acoustics. I am ever grateful for the amazing "machine" that is our church family: a huge THANK YOU to all of you who pitched in with so much love and enthusiasm to make it happen, on very short notice after a full and busy holiday season. Heartfelt thanks to Mad and John, who jumped at this idea from the start with great gusto, took it really seriously, clearly worked hard throughout the whole Christmas break, and presented a professional and classy show. We must do it again! Maybe this summer out on the patio with our newly-built stage! What an honor for us to be able to promote artistic talent at such a high level from within our own parish family. - Valerie Yova, Music Director



Get informed, get connected...

Website; with resources; about the Orthodox Faith:

- Antiochian Orthodox Christian Archdiocese of North America
<http://antiochian.org/>
- Antiochian Orthodox Diocese of Los Angeles and the West
www.antiochianladiocese.org/
- Orthodox Christian Information Center
<http://orthodoxinfo.com/>
- Monachos: Patristic, Monastic, Liturgical Study
<http://monachos.net/>
- Orthodoxy Today: Commentary on the moral and social issues of the day
<http://www.orthodoxytoday.org/>
- Ancient Faith Radio: Podcasts, Music, Videos, News & Information
<http://www.ancientfaith.com/>
- Assembly of Canonical Orthodox Bishops of the U.S.
Conversations with our Bishops
<http://www.assemblyofbishops.org/multimedia/conversations>
- Orthodox Christian Network
Podcasts, Music, Articles, Videos, Podcasts
<http://myocn.net/>
- Patristic Nectar Publications: Free downloads, lectures, homilies, other resources
<http://patristicnectar.org/>

PRAAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Dn. Richard E.
Kh. Diane Carrillo
Kh. Mary Sue W.
Greg & Margaret Y.
Hoppe Family
Kh. Mary Ellen B.
Gail S.
Dean & Penny B.
Kevin & Angel S.

Mary
Susan B.
Baby Christian F.
Duane F.
Stan and Donna F.
Angel, Helen and Family
Joy
Terri-Lynn H.
Hannah Rose H.
Holly C.
Temmo K.

Paige
Galina, Nikolai & Nataliya
Nikita
Marina
Olga Marie G.
Mike, Trevor & Adam
Emily F.
Joan, Jerry, Brenda
Kevin O.
Delaney N.
Sabina S.
Steve K.

For repose of the souls of: All who have died in the conflicts in the Ukraine,
Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, and other items that are FOR SALE. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF. Make checks payable to "St. Athanasius Book Center."

All proceeds go to the parish Building Fund.

THE MISSION AND VISION OF

ST. ATHANASIOS ORTHODOX CHRISTIAN CHURCH (Ephesians 3:14-21)

That we would be rooted and grounded in
FAITH, LOVE AND HUMILITY
so we might experience and manifest the
FULLNESS OF THE CHURCH

- in the WORSHIP of the Holy Trinity
- in the CARE AND GROWTH of the people
- in SERVING new members, catechumens,
inquirers and visitors
- In SHARING THE ANCIENT FAITH with our
community, the wayward and seekers
- In LOVING AND CARING FOR OUR COMMU-
NITY

Unto the inheritance of the KINGDOM OF HEAVEN



FOR THE CHILDREN TO COLOR
DURING THE HOMILY OR AT HOME -