



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Dottie Genatone
Benjamin Hedges
Karen Jacobs
Dr. Jon King

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, January 31, 2016

**Tone 2 / Eothinon 2; Thirty-Second Sunday of
Pentecost & Fifteenth Sunday of Luke
("Zacchaeus")**

Transfer of the commemoration of the Feast of the Three Hierarchs

Holy and Wonderworking Unmercenaries Cyrus and John
Martyrs Athanasia and her daughters Theodota, Theoktiste and Eudoxia
of Egypt; New-martyr Elias in the Peloponnesus;
Nikita of the Kiev Caves, Bishop of Novgorod



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, January 31-Commemoration of the Feast of the Three Hierarchs

9:00 a.m. Religious Education ages 3-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:00 p.m. Choir Rehearsal
4:00 p.m. St. Barbara Monastery Friends
Gathering: "Theology of the Icon"

Monday, February 1

6:45 a.m. Daily Matins
4:30 p.m. Outreach Meal at St. Michaels'
University Church in Isla Vista

Tuesday, February 2-Presentation of our Lord

3:30 p.m. Catechesis Level I
6:00 p.m. Divine Liturgy for Feast of the
Presentation of our Lord

Wednesday, February 3

6:45 a.m. Daily Matins
11:00 a.m. Shower Truck Ministry
12:00 p.m. Intercessory Prayer Group
at Carrillo Residence

Thursday, February 4

5:30 p.m. Daily Vespers
7:00 p.m. Choir Rehearsal

Friday, February 5

6:45 a.m. Daily Matins

Saturday, February 6

4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers/Confessions
7:00 p.m. High School Fire on Father

Sunday, February 7

9:00 a.m. Religious Education ages 3-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

January 31 Fr. Nicholas
February 7 M. Kern
February 14 Dn. G. Braun
February 21 C. Sieck

Coffee Hour

January 31 B. & L. Brunner
February 7 Alexander (for SS. Simeon & Anna)
February 14 Vander Laan
February 21 NEED A HOST

Greeters

January 31 D. Washburn, D. Lewis
February 7 K. & L. Jacobs
February 14 P. King/L. Baker
February 21 G. Shannon/K. King

Ushers

January 31 R. Barre, D. Lewis, C. Speier
February 7 J. King, D. Washburn, G. Shannon
February 14 S. Speier, P. Brunner, P. King
February 21 D. Meyer, R. Barre, D. Lewis

Readers

January 31 P. Braun
February 2 V. Gish (Feast of the Presentation)
February 7 M. Kern
February 14 T. Harris
February 21 H. Lange

LOST AND FOUND

All clothing, serving platters and other items left at the church over the holidays will be put out during Coffee Hour for the next two weeks. Please claim anything that is yours. All items not claimed by February 7th will be given to the homeless or taken to a thrift store. Thanks!

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
(“Glory to You, Who have shown us the light...”) followed by the Matins Dismissal
Troparion. Complete text is in front of Liturgy book.

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

THE LITURGY OF THE WORD

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses is sung by antiphonal choirs, the choir and congregation sing the refrain:
“Remember us, O Lord, when you come in your Kingdom.”

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

Troparion of the Resurrection

(Music on p. 42 of Liturgy book)

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy Hell with Thy Godly pow’r,
and when Thou didst raise the dead from beneath the earth,
all the pow’rs of heaven did cry aloud unto Thee.
O Christ, Thou art the Giver of life, Glory to Thee.

Tone 2 Byzantine melody
harmonized by Fr. J. Finley

Troparion for Saints Cyrus and John

O Christ God;
You have given us the miracles of Your martyrs Cyrus and John,
as an invincible rampart;
Through their prayers frustrate the plans of the heathens,
and strengthen the faith of the Orthodox Christian,
for You alone are good and love mankind.

Tone 5 Slavic chant

Troparion for the Synaxis of the Three Hierarchs

Let us who love their words come together
and honor with hymns the three great torch-bearers of the triune Godhead:
Basil the Great, Gregory the Theologian and John Chrysostom.
These men have enlightened the world with the rays of their divine doctrines.
They are sweetly flowing rivers of wisdom
filling all creation with springs of heavenly knowledge.//
Ceaselessly they intercede for us before the Holy Trinity!

Tone 1 Slavic chant

Troparion to St. Athanasius

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Kontakion of The Feast of the Presentation of Our Lord in the Temple

Tone 1

By Your Nativity You sanctified the Virgin's womb!

And blessed Simeon's hands, O Christ God.

Now You have come and saved us through love.

Grant peace to all Orthodox Christians, O only Lover of Man!

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength! People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle
(Page 57 of Liturgy Book)**

Tone 2 Byzantine melody
harmonized by Fr. J. Finley

The Lord is my strength and my song. He has become my salvation.

Vs. The Lord has chastened me severely but He has not given
me over to death.

EPISTLE READING

Timothy. (4:9-15)

Timothy, my son, the saying is sure and worthy of full acceptance. For to this end we toil and strive, because we have our hope set on the living God, Who is the Savior of all men, especially of those who believe. Command and teach these things. Let no one despise your youth, but set the believers an example in speech and conduct, in love, in faith, in purity. Until I come, attend to the public reading of scripture, to preaching, to teaching. Do not neglect the gift you have, which was given you by prophetic utterance when the council of elders laid their hands upon you. Practice these duties; devote yourself to them, so that all may see your progress.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel **Tone 2**
(Music on page 64 of Liturgy Booklet)

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: May the Lord hear you in the day of trouble!
May the name of the God of Jacob protect you! (Ps 19/20:1)

Verse: O Lord, save the King in the day we call on Thee! (Ps 19/20:9)

GOSPEL READING

Luke. (19:1-10)

At that time, Jesus entered Jericho and was passing through. And there was a man named Zacchaeus; he was a chief tax collector, and rich. And he sought to see Who Jesus was, but could not, on account of the crowd, because he was small of stature. So he ran on ahead and climbed up into a sycamore tree to see Jesus, for He was to pass that way. And when Jesus came to the place, He looked up and said to him, “Zacchaeus, make haste and come down; for I must stay at your house today.” So he made haste and came down, and received Him joyfully. And when they saw it they all murmured, “He has gone in to be the guest of a man who is a sinner.” And Zacchaeus stood and said to the Lord, “Behold, Lord, the half of my goods I give to the poor; and if I have defrauded anyone of anything, I restore it fourfold.” And Jesus said to him, “Today salvation has come to this house, since he also is a son of Abraham; for the Son of man came to seek and to save the lost.”

LITURGY OF THE FAITHFUL

Meglynarion (Hymn to the Mother of God)

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion of the Clergy (Liturgy Book page 32)

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.*

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

CELEBRATIONS for THIS WEEK

Birthdays

1/31 Gloria Morrison
2/3 Velislava Nikolov
2/4 Hannah Sieck

Feast Day Celebrations

2/1	St. Brigid of Kildaire	Regina Moon
2/3	St. Anna the Prophetess	Dorothy Alexander, Leslee Kinmann
2/3	St. Simeon the God-Receiver	Dana Alexander, Tyler Speier

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

ST. BARBARA MONASTERY FRIENDS GATHERING is today at **4:00 p.m.** Heather MacKean, Master Iconographer, will speak on the “Theology of the Icon,” followed by Vespers and a potluck. You can view Heather’s icons at www.heathermackean.com.

HOUSE BLESSING APPOINTMENTS

The Grace of God is imparted to us in the holy water (“The Grace of Redemption”). It is time, once again, to make an appointment for your home to be blessed. Please call one of the priests listed on the front of the bulletin to set up a time, preferably when all members of the household can be present.

INTERCESSORY PRAYER GROUP is moving their meeting time back to Wednesdays at 12:00 Noon, but they will be meeting at the home of Fr. John and Diane Carrillo for now. If you are interested in joining them, contact Dorothy Alexander. 805-563-1446.

UPCOMING FEAST DAY—MARK YOUR CALENDAR

Tuesday, February 2, 2016 Feast of the Presentation of our Lord in the Temple
Divine Liturgy at 6:00 p.m. followed by Blessing of Candles

**FEEL FREE TO BRING CANDLES FROM HOME
TO BE BLESSED AFTER THE LITURGY.**

Thursday, March 24, 2016 Feast of the Annunciation
Vesperal-Liturgy at 6:00 p.m.

LADIES: SAVE THE DATE! Annunciation Tea, Saturday, March 26th at 9:30 a.m.
This year’s Tea will be in the morning. More details to follow.

The Blessing of Candles

On the feast of the Presentation of the Our Lord in the Temple (Feb. 2) it is customary to bless candles. At the end of Divine Liturgy on February 2nd, Fr. Nicholas will bless our current stock of candles for use in church, but you are also encouraged to bring candles from home for blessing – candles to be used in the your icon corners, but also those candles that give warmth to the family table, as well as those kept on hand provide safety when the electric lights go out.

Fr. John McGuckin writes in his “Prayer Book of the Early Christians”:

“When Christians pray, from time immemorial they have lit candles. The candle is a sign of the fire of the Holy Spirit. Their cheerful radiance (especially if at the time of prayer one dims the lights a little) becomes a little sacrament of the Resurrection grace of Christ. The flame also serves to remind us of how pure and heartfelt our prayer is meant to be, even if, at times, we are praying in a doldrum and may hardly feel any grace at all. The candle reminds us that Christ and his Holy Spirit pray in and through us, unflinching. They see the heart’s intent and always draw close in time of prayer. Their prayer (in us, through us, over us) is never dim, always luminous.”

St. Simeon the New Theologian (+1022) writes:

“The candles which you light reveal to you the intelligible light. Just as the church, that house of great beauty, is full of light from many candles, so the house of your soul, which is more precious than that church, should be illumined and full of light in a noetic sense – that is to say, that within you all the spiritual virtues should burn with divine fire... The multitude of burning lamps signify the illumined thoughts which should shine within you like lamps, so that there should be no dark thought in the house of your soul, but that all should be aflame and shining with the light of the Holy spirit.”

In the book of Revelation, St. John gives us a wonderful image of Christ as both Lamb and Lamp of God. As Lamp He bears the divine light which is the glory of God:

“And the city has no need of sun or moon to shine upon it, for the glory of God is its light, and its lamp is the Lamb.” (21:23)

Welcome to our Church Family!

NEW MEMBER PROFILE



Kirsten Jaqua is a first year graduate student at UCSB studying Classical Philology (Ancient Greek and Latin). She was born in Tucson, Arizona, but grew up in Arvada, Colorado. She converted to Orthodoxy in 2003 at St. Luke Antiochian Church in Erie, Colorado.



Junior High Ice Skating
Party 01.23.16

TEEN SCENE

Activities—Winter/Spring 2016

Junior High School

Saturday, February 27	Broomball 9-10 p.m.
March	Movie Night (Date TBA)
Friday, April 1	Retreat at St. Barbara Monastery
Friday, May 13	Pool Party and Barbecue
June	End of year trip (Date TBA)

High School

Saturday, February 6	Fire on Father	7:00-8:30 p.m.	Fr. Nicholas and Jan's
Fri.-Mon., February 12-15	Winter Camp	4 day weekend	Camp St. Nicholas
Saturday, February 27	Broomball with GPC (\$10 per student)	9:00-10:00 pm	Ice in Paradise
Sunday, February 28	Progressive Dinner	5:00-7:00 pm	Downtown
Sunday, March 6	Fire on Father	5:00-7:00 p.m.	Fr. Nicholas and Jan's
Sunday, April 3	Taco Bell, S'mores, Game Night Extravaganza	5:00-7:00 p.m.	Jon and Kristin King's
Sunday, April 10	Fire on Father	5:00-7:00 p.m.	Fr. Nicholas and Jan's
Good Friday April 29	All Night Vigil:	8:30 pm-10:00 a.m.	at the church
Saturday, May 21	St. Barbara's Monastery Day Trip	Time TBA	
Sunday, May 22	Fire on Father	5:00-7:00 p.m.	Fr. Nicholas and Jan's
Sunday, June 12	Graduation Party & Fire on Father	5:00-7:00 p.m.	Fr. Nicholas and Jan's

PRAAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Dn. Richard E.
Kh. Diane Carrillo
Kh. Mary Sue W.
Greg & Margaret Y.
Hoppe Family
Kh. Mary Ellen B.
Gail S.
Dean & Penny B.
Kevin & Angel S.
Mary

Susan B.
Baby Christian F.
Duane F.
Temmo K
Paige
Galina, Nikolai & Nataliya
Olga Marie G.
Mike, Trevor & Adam
Emily F.
Joan, Jerry, Brenda
Kevin O.
Steve K.

Terri-Lynn & Hannah Rose H.
Scott
Rachel D. and family
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Michel C., All who have died in the conflicts in the Ukraine, Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

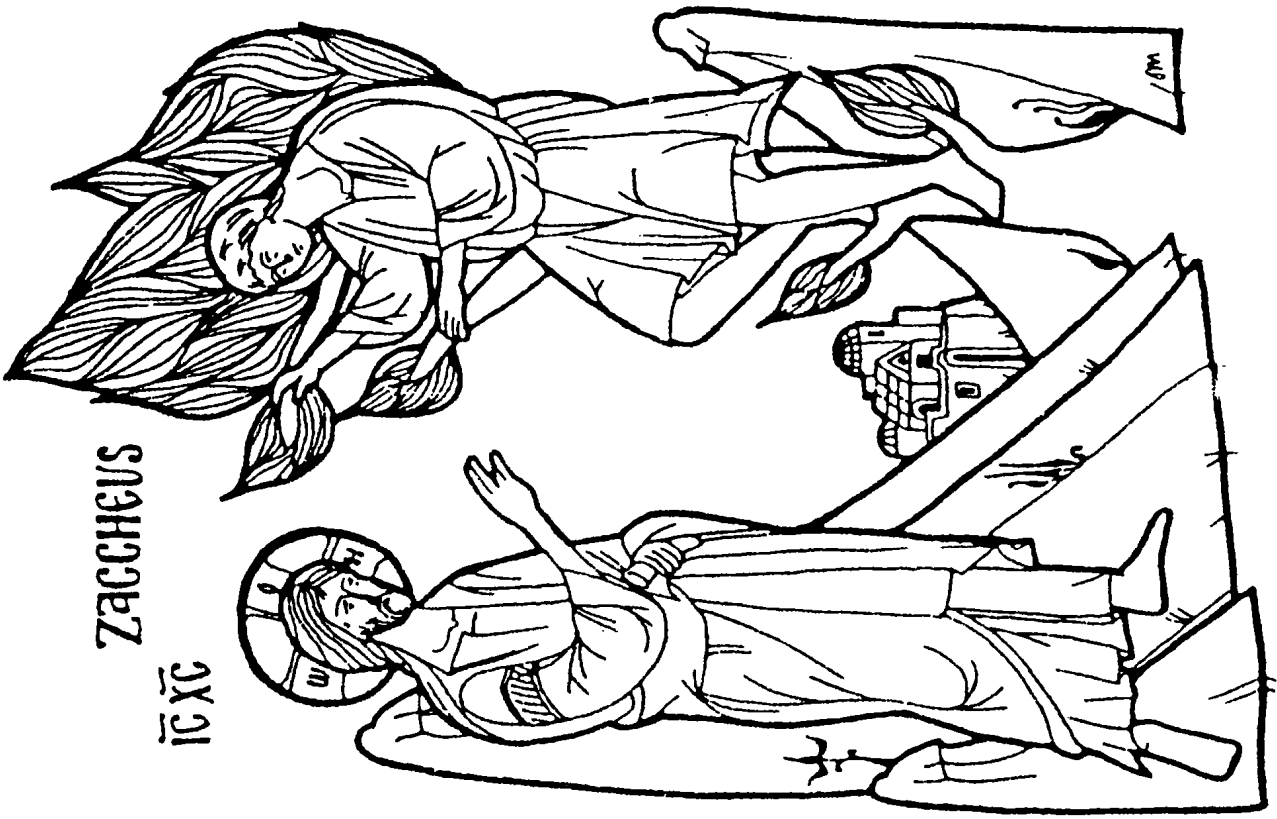
ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, and other items that are FOR SALE. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF. Make checks payable to "St. Athanasius Book Center."

All proceeds go to the parish Building Fund.

ZACCHEUS

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**THE MISSION AND VISION
OF
ST. ATHANASIUS
ORTHODOX
CHRISTIAN CHURCH
(Ephesians 3:14-21)**

That we would be rooted and grounded in
FAITH, LOVE AND HUMILITY
so we might experience and manifest the
FULLNESS OF THE CHURCH

- in the WORSHIP of the Holy Trinity
- in the CARE AND GROWTH of the people
- in SERVING new members, catechumens,
inquirers and visitors
- In SHARING THE ANCIENT FAITH with our
community, the wayward and seekers
- In LOVING AND CARING FOR OUR COMMU-
NITY

**Unto the inheritance of the
KINGDOM OF HEAVEN**

FOR THE CHILDREN TO COLOR
DURING THE HOMILY OR AT HOME -