



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

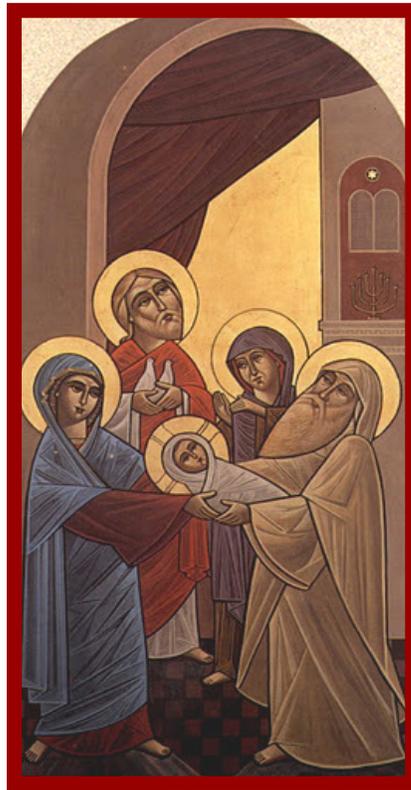
Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Dottie Genatone
Benjamin Hedges
Karen Jacobs
Dr. Jon King

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, February 7, 2016

**Tone 3 / Eothinon 3; Sixteenth Sunday after
Pentecost & Sixteenth Sunday of Matthew**



After-feast of the Presentation of our Lord in the Temple

Parthenios, Bishop of Lampsakos;
Venerable Luke of Hellas;
New-martyr George of Crete

WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

**Fr. Nicholas will be at the Diocesan Clergy
Retreat from February 8 - 11.**

Sunday, February 7

9:00 a.m. Religious Education ages 3-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Monday, February 8

6:45 a.m. Daily Matins
4:30 p.m. Outreach Meal at St. Michaels'
University Church in Isla Vista

Tuesday, February 9

3:30 p.m. Catechesis Level I
5:30 p.m. Daily Vespers
7:00 p.m. Women's Book Study

Wednesday, February 10

6:45 a.m. Daily Matins
11:00 a.m. Shower Truck Ministry
12:00 p.m. Intercessory Prayer Group
at Carrillo Residence

Thursday, February 11

5:30 p.m. Daily Vespers
7:00 p.m. Choir Rehearsal

Friday, February 12

HIGH SCHOOL WINTER CAMP

6:45 a.m. Daily Matins

Saturday, February 13

4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers/Confessions
7:00 p.m. High School Fire on Father

Sunday, February 14

9:00 a.m. Religious Education ages 3-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

February 7 M. Kern
February 14 Dn. G. Braun
February 21 C. Sieck
February 28 Dillon

Coffee Hour

February 7 Alexander (for SS. Simeon & Anna)
February 14 Vander Laan
February 21 NEED A HOST
February 28 NEED A HOST

Greeters

February 7 K. & L. Jacobs
February 14 P. King/L. Baker
February 21 G. Shannon/K. King
February 28 P. Morrison/D. Genatone

Ushers

February 7 J. King, D. Washburn, G. Shannon
February 14 S. Speier, P. Brunner, P. King
February 21 D. Meyer, R. Barre, D. Lewis
February 28 C. Speier, J. King, D. Washburn

Readers

February 7 M. Kern
February 14 T. Harris
February 21 H. Lange
February 28 D. Meyer

LOST AND FOUND

All clothing, serving platters and other items left at the church over the holidays will be put out during Coffee Hour for the next two weeks. Please claim anything that is yours. All items not claimed by February 7th will be given to the homeless or taken to a thrift store. Thanks!

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
(“Glory to You, Who have shown us the light...”) followed by the Matins Dismissal
Troparion. Complete text is in front of Liturgy book.

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

THE LITURGY OF THE WORD

GREAT LITANY

FIRST ANTIPHON—For the Feast of the Presentation

*(verse) My heart hath poured forth a good word; I speak of my works to the king.
My tongue is the pen of a swiftly writing scribe.*

**Refrain: Through the intercessions of the Theotokos,
O Savior, save us.**

*(verse) Grace hath been poured forth on Thy lips.
Wherefore God hath blessed Thee forever.*

(verse) Glory... & Both now...

SECOND ANTIPHON—For the Feast of the Presentation

*(verse) Gird Thy sword upon Thy thigh, O Mighty One, in Thy
comeliness and Thy beauty.*

**Refrain: O Son of God who was carried in the arms of Simeon the Righteous, save
us who sing to Thee, Alleluia!**

(verse) Bend Thy bow, and proceed prosperously, and be king.

*(verse) Thine arrows are sharp, O Mighty One, sharp in the heart of the
enemies of the king. A scepter of uprightness is the scepter of
Thy kingdom.*

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—For the Feast of the Presentation

*(verse) Hearken, O daughter, and see, and incline thine ear;
and forget thine own people and thy father's house.*

Refrain:

Rejoice, O Virgin Theotokos, Full of Grace!

**From you shone the Sun of Righteousness, Christ our God,
enlightening those who sat in darkness.**

**Rejoice and be glad, O righteous Elder,
you accepted in your arms the Redeemer of our souls,
Who grants us the Resurrection!**

(verse) The rich among the people shall entreat thy countenance. [Refrain]

(verse) I shall commemorate thy name in every generation. [Refrain]

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY**

Troparion of the Resurrection

(Music on p. 44 of Liturgy book)

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Troparion for the Feast of the Presentation of Our Lord

Rejoice, O Virgin Theotokos, who art full of grace;
for from thee arose the Sun of justice, Christ our God,
a light to those who dwell in darkness.
Rejoice and be glad, O righteous Simeon,
carrying in thine arms the Deliverer of our souls,
who grants us Resurrection.

Tone 1 (Byzantine chant)

Troparion to St. Athanasius
(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Kontakion of The Feast of the Presentation of Our Lord in the Temple **Tone 1**

By Your Nativity You sanctified the Virgin's womb!
And blessed Simeon's hands, O Christ God.
Now You have come and saved us through love.
Grant peace to all Orthodox Christians, O only Lover of Man!

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength! People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle
(Music on p. 58 of Liturgy book)

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

Verse: Clap your hands all you peoples!
Shout to God with a voice of joy! (*Ps 46/47:1*)

EPISTLE READING
Corinthians. (6:1-10)

Brethren, working together with Him, then, we entreat you not to accept the grace of God in vain. For He says, "At the acceptable time I have listened to you, and helped you on the day of salvation." Behold, now is the acceptable time; behold, now is the day of salvation. We put no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: through great endurance, in afflictions, hardships, calamities-

ties, beatings, imprisonments, tumults, labors, watching, hunger; by purity, knowledge, forbearance, kindness, the Holy Spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 3
(Music on p. 64 of Liturgy Booklet)

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

Verse: Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

GOSPEL READING

Matthew. (25:14-30)

The Lord spoke this parable: A man going on a journey called his servants and entrusted to them his property; to one he gave five talents, to another two, to another one, to each according to his ability. Then he went away. He who had received the five talents went at once and traded with them; and he made five talents more. So also, he who had the two talents made two talents more. But he who had received the one talent went and dug in the ground and hid his master's money. Now after a long time the master of those servants came and settled accounts with them. And he who had received the five talents came forward, bringing five talents more, saying: "Master, you delivered to me five talents; here I have made five talents more." His master said to him, "Well done, good and faithful servant; you have been faithful over a little, I will set you over much; enter into the joy of your master." And he also who had the two talents came forward, saying: "Master, you delivered to me two talents; here I have made two talents more." His master said to him, "Well done, good and faithful servant; you have been faithful over a little, I will set you over much; enter into the joy of your master." He also who had received the one talent came forward, saying: "Master, I knew you to be a hard man, reaping where you did not sow, and gathering where you did not winnow; so I was afraid, and I went and hid your talent in the ground. Here you have what is yours." But his master answered him, "You wicked and slothful servant! You knew that I reap where I have not sowed, and gather where I have not winnowed? Then you ought to have invested my money with the bankers, and at my coming I should have received what was my own with interest. So take the talent from him, and give it to him who has the ten talents. For to everyone who has will more be given, and he will have abundance; but from him who has not, even what he has will be taken away. And cast the worthless servant into the outer

darkness; there men will weep and gnash their teeth.” As Jesus said these things He cried out: “He who has ears to hear, let him hear!”

LITURGY OF THE FAITHFUL

Meglynarion (Hymn to the Mother of God)

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion of the Clergy (Liturgy Book page 32)

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, “Father, bless” when you get to the chalice.*

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

Service booklets at home?

We are missing quite a few of the ivory colored, bound Liturgy booklets. If you have inadvertently taken one home, could you please bring it back with you next week? If you have handouts or inserts from feast days, it is fine to keep those at home. Thanks so much!

CELEBRATIONS for THIS WEEK

Anniversaries

2/13 Tom & Darbi Johnson

Birthdays

2/7 Stan Friesen

2/9 Zavien Van Wagoner

2/12 Ginger Gillquist

Feast Day Celebrations

2/10 **St. Anna of Novgorod** Anya Johnson, Anya Madrigal

2/11 **St. Theodora the Empress** Sydney Theodora Hedges

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

Fr. Nicholas will be at the Diocesan Clergy Retreat from February 8 through February 11.

ADULT CATECHISM: All are welcome! Join the class any Saturday at 4:30 p.m. if you are interested in learning about Orthodoxy, or just want a refresher. This week:

Divine Liturgy Part II—Why we do what we do!

“40 DAYS FOR LIFE” VIGIL—Prayer service on Sat., Feb. 20 in front of Planned Parenthood

Please join us in prayer for God’s mercy and an end to abortion. We will carpool from the church at 9:30 a.m. and the brief service will begin at 10:00 a.m. in front of the Planned Parenthood building at 518 Garden Street in Santa Barbara. To read more: <https://40daysforlife.com/>

HOUSE BLESSING APPOINTMENTS

The Grace of God is imparted to us in the holy water (“The Grace of Redemption”). It is time, once again, to make an appointment for your home to be blessed. Please call one of the priests listed on the front of the bulletin to set up a time, preferably when all members of the household can be present.

UPCOMING FEAST DAY—MARK YOUR CALENDAR

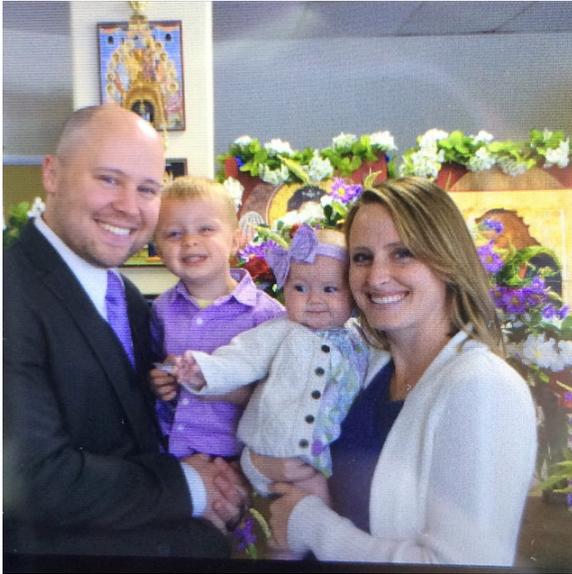
Thursday, March 24, 2016 Feast of the Annunciation
Vesperal-Liturgy at 6:00 p.m.

LADIES: SAVE THE DATE! Annunciation Tea, Saturday, March 26th at 9:30 a.m.

This year’s Tea will be in the morning. Ladies, your daughters of all ages are welcome!

Welcome BACK to our Church Family!

Zak & Kellie Landrum Elijah and Keira



Welcome back “home” to Zak and Kellie Landrum. They both attended Westmont College and converted to Orthodoxy during that time, graduated in 2008, and returned to St. Athanasius in 2010 to be married. They have stayed connected to the parish during a move to the Bay area, where Zak completed a Master’s Degree in Nonprofit Administration in 2012, and then while he was employed by Fuller Seminary as Director of Advancement Services, responsible for data and business systems that helped the school raise funds more effectively. In January of this year Zak accepted a parallel position with Westmont College’s Development Department. A gifted writer, Kellie has been focusing most of her energy for the past three years on their two beautiful children, Elijah and Keira. Zak and Kellie helped to design and taught our very first Summer in the Arts program for teens in 2011. Zak accompanied our Project Mexico mission team as videographer in 2013 and led the team’s fundraising campaign, and he designed our new, portable stage for this past December’s St. Nicholas Program. (A member of the Theatrical Stagehand Union, Zak has built and installed hundreds of theatre and movie sets, including for San Francisco Opera.) It has been their heart’s desire to be back in Santa Barbara and at St. Athanasius parish, and we are thrilled to welcome the Landrum family back! Elijah’s godparents, Dana and Dorothy Alexander, and Keira’s godpapa Mitchell Denny, are especially joyful to have them back in the area!

TEEN SCENE

Activities—Winter/Spring 2016

Junior High School

Saturday, February 27	Broomball 9-10 p.m.
March	Movie Night (Date TBA)
Friday, April 1	Retreat at St. Barbara Monastery
Friday, May 13	Pool Party and Barbecue
June	End of year trip (Date TBA)

High School

Fri.-Mon., February 12-15	Winter Camp	4 day weekend	Camp St. Nicholas
Saturday, February 27	Broomball with GPC (\$10 per student)	9:00-10:00 pm	Ice in Paradise
Sunday, February 28	Progressive Dinner	5:00-7:00 pm	Downtown
Sunday, March 6	Fire on Father	5:00-7:00 p.m.	Fr. Nicholas and Jan's
Sunday, April 3	Taco Bell, S'mores, Game Night Extravaganza	5:00-7:00 p.m.	Jon and Kristin King's
Sunday, April 10	Fire on Father	5:00-7:00 p.m.	Fr. Nicholas and Jan's
Good Friday April 29	All Night Vigil:	8:30 pm-10:00 a.m.	at the church
Saturday, May 21	St. Barbara's Monastery Day Trip	Time TBA	
Sunday, May 22	Fire on Father	5:00-7:00 p.m.	Fr. Nicholas and Jan's
Sunday, June 12	Graduation Party & Fire on Father	5:00-7:00 p.m.	Fr. Nicholas and Jan's

PRAAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Dn. Richard E.
Kh. Diane Carrillo
Kh. Mary Sue W.
Greg & Margaret Y.
Hoppe Family
Kh. Mary Ellen B.
Gail S.
Dean & Penny B.
Kevin & Angel S.
Mary

Susan B.
Baby Christian F.
Duane F.
Temmo K
Paige
Galina, Nikolai & Nataliya
Olga Marie G.
Mike, Trevor & Adam
Emily F.
Joan, Jerry, Brenda
Kevin O.
Steve K.

Terri-Lynn & Hannah Rose H.
Scott
Rachel D. and family
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Michel C., All who have died in the conflicts in the Ukraine,
Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

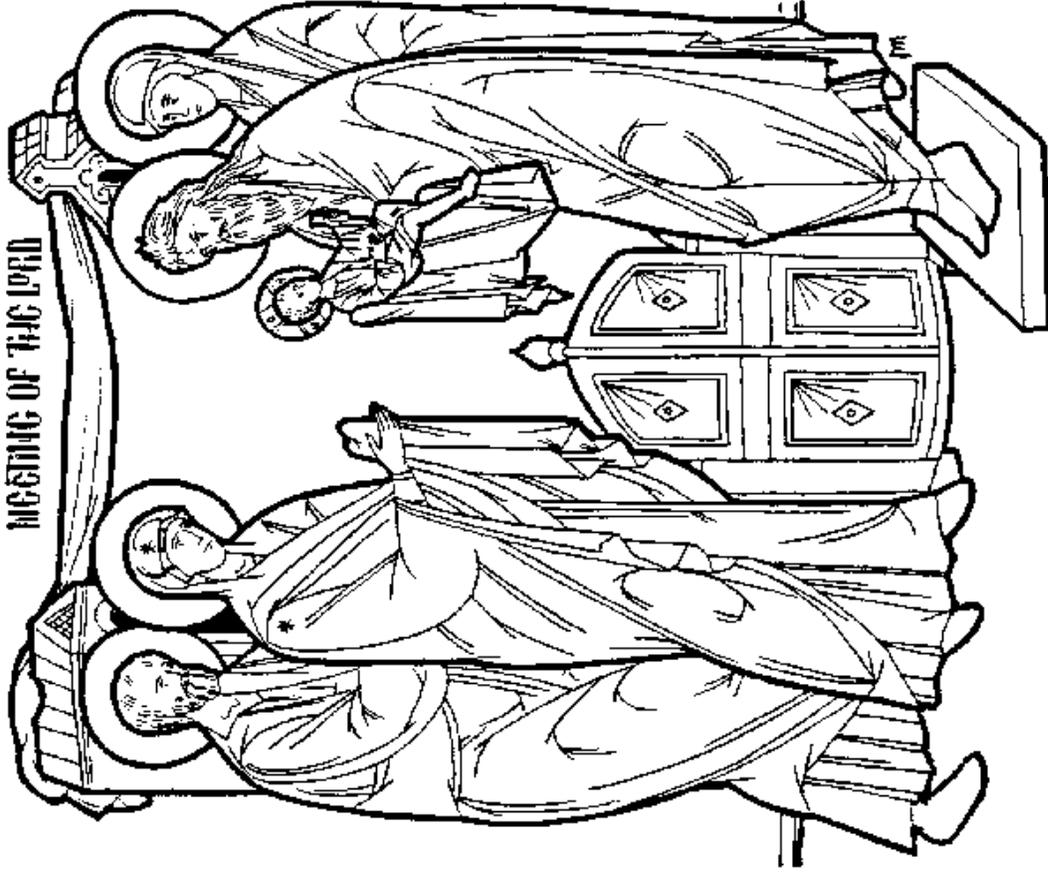
Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

The church bookstore is located in the fellowship hall. The two enclosed cabinets hold icons, books, and other items that are FOR SALE. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in the brown lock box ON THE BOOKSTORE SHELF. Make checks payable to "St. Athanasius Book Center."

All proceeds go to the parish Building Fund.

MEETING OF THE LORD



**THE MISSION AND VISION OF
ST. ATHANASIUS
ORTHODOX
CHRISTIAN CHURCH
(Ephesians 3:14-21)**

That we would be rooted and grounded in
FAITH, LOVE AND HUMILITY
so we might experience and manifest the
FULLNESS OF THE CHURCH

- in the WORSHIP of the Holy Trinity;
- in the CARE AND GROWTH of the people;
- in SERVING new members, catechumens,
inquirers and visitors;
- In SHARING THE ANCIENT FAITH with our
community, the wayward and seekers;
- In LOVING AND CARING FOR OUR COMMUNITY;

**Unto the inheritance of the
KINGDOM OF HEAVEN.**

FOR THE CHILDREN TO COLOR

DURING THE HOMILY OR AT HOME -