



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Parish Council:

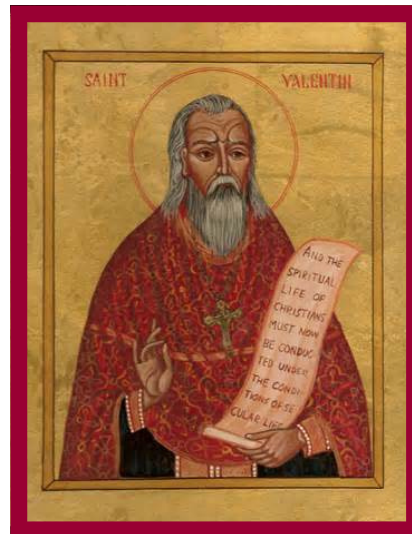
Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Dottie Genatone
Benjamin Hedges
Karen Jacobs
Dr. Jon King

LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, February 14, 2016

Tone 4 / Eothinon 4; Seventeenth Sunday after Pentecost & Seventeenth Sunday of Matthew

Venerable Auxentios the Priest of Bithynia;
Venerable Abraham and Maron of Syria;
New-martyrs Nicholas of Corinth and George the Tailor of Mitylene;
Venerable Cyril, Equal-to-the-Apostles and Enlightener of the Slavs



St. Valentine...

was a Roman priest martyred in 269 A.D. for encouraging and performing marriages during a time when the emperor Claudias forbade young people to marry because he thought unmarried men made better soldiers in the Roman army.

St. Valentine is commemorated in the Roman Catholic Church on Feb. 14.

WELCOME TO OUR VISITORS!

*We are glad you are with us this morning.
If you are not Orthodox, we invite you to
partake of the blessed bread during
Communion and to join us at Coffee Hour ~
we'd love to meet you!*

Calendar for this Week

Sunday, February 14—HAPPY BIRTHDAY, FR. NICHOLAS!

9:00 a.m. Religious Education ages 3-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Monday, February 15

6:45 a.m. Daily Matins
4:30 p.m. Outreach Meal at St. Michaels'
University Church in Isla Vista

Tuesday, February 16

3:30 p.m. Catechesis Level I
5:30 p.m. Daily Vespers

Wednesday, February 17

6:45 a.m. Daily Matins
11:00 a.m. Shower Truck Ministry
12:00 p.m. Intercessory Prayer Group
at Carrillo Residence
5:45 p.m. Outreach Team Meeting

Thursday, February 18

5:30 p.m. Daily Vespers
7:00 p.m. Parish Council Meeting

Friday, February 19

6:45 a.m. Daily Matins

Saturday, February 20

10:00 a.m. Prayer service at Planned
Parenthood
4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers/Confessions

Sunday, February 21—PUBLICAN & PHARISEE

Saints Constantine & Helen

9:00 a.m. Religious Education ages 3-18
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:00 p.m. Choir Rehearsal

FEBRUARY 21-27 is a FAST-FREE WEEK.

Sunday Morning Ministries Schedule

Eucharist Bread

February 14 Dn. G. Braun
February 21 C. Sieck
February 28 Dillon
March 6 Meyer

Coffee Hour

February 14 Vander Laan
February 21 NEED A HOST
February 28 S. & T. Speier
March 6 MEAT FARE PICNIC AT THE
CHURCH

Greeters

February 14 P. King/L. Baker
February 21 G. Shannon/K. King
February 28 P. Morrison/D. Genatone
March 6 K. Fox/H. Lange

Ushers

February 14 S. Speier, P. Brunner, P. King
February 21 D. Meyer, R. Barre, D. Lewis
February 28 C. Speier, J. King, D. Washburn
March 6 G. Shannon, S. Speier, P. Brunner

Readers

February 14 R. Barre
February 21 H. Lange
February 28 D. Meyer
March 5 D. Alexander (Soul Liturgy)
March 6 D. Washburn

AT THE END OF THE MATINS SERVICE, WE SING THE GREAT DOXOLOGY.
 (“Glory to You, Who have shown us the light...”) followed by the Matins Dismissal
Troparion. Complete text is in front of Liturgy book.

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

THE LITURGY OF THE WORD

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath
girded Himself.

**Refrain: O Son of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto
ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be in-
carnate of the holy Theotokos and ever-virgin Mary, who without change didst become
man and wast crucified, O Christ our God, trampling down death by death, who art one of
the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses is sung by antiphonal choirs, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

Troparion of the Resurrection (Music on page 45 of Liturgy book)

Having learned the joyful message
of the Resurrection from the angel,
the women disciples of the Lord cast from them
their parental condemnation,
and proudly broke the news to the disciples
saying death has been spoiled.
Christ God is risen, granting the world great mercy.

Tone 4 Byzantine melody
harmonized by Fr. J. Finley

Troparion to St. Athanasius (Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Kontakion - Ordinary Sundays

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten unto us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

Tone 4

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength! People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm verses before the Epistle
(Music on page 59 of Liturgy book)**

Tone 4 Byzantine melody
harmonized by Fr. J. Finley

O Lord, how manifold are Thy works, in wisdom Thou hast made them all. (*Ps 103/104:24*)

Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

EPISTLE READING

2 Corinthians. (6:16-7:1)

Brethren, you are the temple of the living God; as God said, "I will live in them and move among them, and I will be their God, and they shall be My people. Therefore, come out from them, and be separate from them," says the Lord, "and touch nothing unclean; then I will welcome you, and I will be a father to you, and you shall be My sons and daughters," says the Lord Almighty. Since we have these promises, beloved, let us cleanse ourselves from every defilement of body and spirit, and make holiness perfect in the fear of God.

**Alleluia Refrain and Psalm verses before the Gospel
(Music on p. 64 of Liturgy book)**

Tone 4

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Draw Thy bow and prosper and reign, in the cause of
truth, meekness, and righteousness. (*Ps 44/45:5*)

Verse: Thou hast loved righteousness and hated wickedness. (*Ps 44/45:8*)

GOSPEL READING

Matthew. (15:21-28)

At that time, Jesus went to the district of Tyre and Sidon. And behold, a Canaanite woman from that region came out and cried, "Have mercy on me, O Lord, Son of David; my daughter is severely possessed by a demon." But He did not answer her one word. And His disciples came and begged Him, saying, "Send her away, for she is crying after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before Him, saying, "Lord, help me." And He answered, "It is not fair to take the children's bread and throw it to the dogs." She said,

“Yes, Lord, yet even the dogs eat the crumbs that fall from their master’s table.” Then Jesus answered her, “O woman, great is your faith! Be it done for you as you desire.” And her daughter was healed instantly.

LITURGY OF THE FAITHFUL

Meglynarion (Hymn to the Mother of God)

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion of the Clergy (Liturgy Book page 32)

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, “Father, bless” when you get to the chalice.*

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

Service booklets at home?

We are missing quite a few of the ivory colored, bound Liturgy booklets. If you have inadvertently taken one home, could you please bring it back with you next week? If you have handouts or inserts from feast days, it is fine to keep those at home. Thanks so much!

CELEBRATIONS for THIS WEEK

Anniversaries

2/14 Paul & Kirsten Franzen
2/19 Ben & Viktoria Hedges

Birthdays

2/14 Fr. Nicholas Speier
2/15 John Heiduk, Margaret Easbey
2/16 Lee Jacobs
2/19 Jan Finley
2/20 Noelle Ballew

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

HAPPY BIRTHDAY, FR. NICHOLAS!!

THERE WILL BE A VALENTINE CONCERT TODAY at Goleta Presbyterian Church at 4:00 P.M. to benefit Isla Vista Youth Projects (founded by Tyler Speier). The concert features operatic tenor Eduardo Villa and pianist Nathan Maurer in "Love Songs." A free-will offering will be taken and seating is first-come/first-served.

ADULT CATECHISM: All are welcome! Join the class any Saturday at 4:30 p.m. if you are interested in learning about Orthodoxy, or just want a refresher. This Saturday's class (Feb. 20) will be taught by Valerie Yova and will be about "Music in the Divine Liturgy."

"40 DAYS FOR LIFE" VIGIL—Prayer service on Sat., Feb. 20 in front of Planned Parenthood: Please join us in prayer for God's mercy and an end to abortion. We will carpool from the church at 9:30 a.m. and the brief service will begin at 10:00 a.m. in front of the Planned Parenthood building at 518 Garden Street in Santa Barbara. To read more: <https://40daysforlife.com/>

UPCOMING FEAST DAY—MARK YOUR CALENDAR

Thursday, March 24, 2016 Feast of the Annunciation
Vespers-Liturgy at 6:00 p.m.

ANNUNCIATION TEA FOR WOMEN AND GIRLS

This year's Tea will be March 26th at 9:30 am. We will enjoy a short program to honor the Theotokos and a light brunch will follow. There will be an Evite sent by Christie Robinson in early March.

As Great Lent 2016 approaches,
please keep the following dates for Lenten services in mind:

Saturday, March 5	8:30 a.m.	Soul Liturgy (commemorating the dead)
Sunday, March 6	After Liturgy	Meatfare Picnic at the church *This year we will be changing things up a bit. We will be having our lunch right at the Church instead of going to the park. All food & beverages will be provided. The cost is \$8 for adults \$4 for children 6 years and younger. Please be on the lookout for the EVITE from Christie Robinson.
Friday, March 11	7-9:00 p.m.	Lenten Seminar
Saturday, March 12	9-11:00 a.m.	Lenten Seminar
Sunday, March 13	6:00 p.m.	Forgiveness Vespers

FIRST WEEK OF GREAT LENT

Monday, March 14	6:00 p.m.	Great Compline with Canon of St. Andrew
Tuesday, March 15	6:00 p.m.	Little Compline with Canon of St. Andrew
Wednesday, March 16	6:00 p.m.	Presanctified Liturgy
Thursday, March 17	6:00 p.m.	Little Compline with Canon of St. Andrew
Friday, March 18	6:00 p.m.	Akathist
Sunday, March 20	6:00 p.m.	Central Coast Inter-Orthodox Vespers for Sunday of Orthodoxy

We are hosting the Vespers this year. We will need some help with set-up, clean-up, and a few food items. Christie Robinson will be sending out an online sign-up.



“The St. Nicholas Oratorio”

by Steven Butler will premiere

on Sunday, March 6th at 3:00 p.m.

Westmont College’s Choral Masterworks Concert

First Presbyterian Church, 21 E Constance Ave, Santa Barbara, CA 93105

Admission: \$10 /Adults Students admitted for free.

MORE INFORMATION ON TICKETS TBA!

INCOME FOR DECEMBER 2015

	Gen. Operating	Building Fund
Monthly Goal	\$33,000	\$14,120
Monthly Actual	\$60,981	\$26,148

INCOME FOR JANUARY 2016

	Gen. Operating	Building Fund
Monthly Goal	\$36,000	\$14,120
Monthly Actual	\$35,872	\$17,357

PRAYER FOR THE SANCTITY OF LIFE

(Please consider incorporating this prayer into your daily devotions during the “40 Days for Life Vigil” - February 10-March 20, 2016)

O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.

TEEN SCENE

Activities—Winter/Spring 2016

Junior High School

Saturday, February 27	Broomball 9-10 p.m.
March	Movie Night (Date TBA)
Friday, April 1	Retreat at St. Barbara Monastery
Friday, May 13	Pool Party and Barbecue
June	End of year trip (Date TBA)

High School

Fri.-Mon., February 12-15	Winter Camp	4 day weekend	Camp St. Nicholas
Saturday, February 27	Broomball with GPC (\$10 per student)	9:00-10:00 pm	Ice in Paradise
Sunday, February 28	Progressive Dinner	5:00-7:00 pm	Downtown
Sunday, March 6	Fire on Father	5:00-7:00 p.m.	Fr. Nicholas and Jan's
Sunday, April 3	Taco Bell, S'mores, Game Night Extravaganza	5:00-7:00 p.m.	Jon and Kristin King's
Sunday, April 10	Fire on Father	5:00-7:00 p.m.	Fr. Nicholas and Jan's
Good Friday April 29	All Night Vigil:	8:30 pm-10:00 a.m.	at the church
Saturday, May 21	St. Barbara's Monastery Day Trip	Time TBA	
Sunday, May 22	Fire on Father	5:00-7:00 p.m.	Fr. Nicholas and Jan's
Sunday, June 12	Graduation Party & Fire on Father	5:00-7:00 p.m.	Fr. Nicholas and Jan's

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Dn. Richard E.
Kh. Diane Carrillo
Kh. Mary Sue W.
Greg & Margaret Y.
Hoppe Family
Kh. Mary Ellen B.
Gail S.
Dean & Penny B.
Kevin & Angel S.
Mary

Susan B.
Baby Christian F.
Duane F.
Temmo K
Paige
Galina, Nikolai & Nataliya
Olga Marie G.
Mike, Trevor & Adam
Emily F.
Joan, Jerry, Brenda
Kevin O.
Steve K.

Terri-Lynn & Hannah Rose H.
Scott
Rachel D. and family
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Christine, Michel C., All who have died in the conflicts in the Ukraine, Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS BOOK CENTER

* The church bookstore is located in the foyer of the fellowship hall. The two enclosed cabinets hold icons, books, and other items that are FOR SALE. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in the brown lockbox mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. Athanasius Book Center."

All proceeds go to the parish Building Fund.

**THE MISSION AND VISION OF
ST. ATHANASIUS
ORTHODOX
CHRISTIAN CHURCH
(Ephesians 3:14-21)**

That we would be rooted and grounded in
FAITH, LOVE AND HUMILITY
so we might experience and manifest the
FULLNESS OF THE CHURCH

- in the WORSHIP of the Holy Trinity;
- in the CARE AND GROWTH of the people;
- in SERVING new members, catechumens,
inquirers and visitors;
- In SHARING THE ANCIENT FAITH with our
community, the wayward and seekers;
- In LOVING AND CARING FOR OUR COMMUNITY;

**Unto the inheritance of the
KINGDOM OF HEAVEN.**



FOR THE CHILDREN TO COLOR

DURING THE HOMILY OR AT HOME -