



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Dottie Genatone
Benjamin Hedges
Karen Jacobs
Dr. Jon King

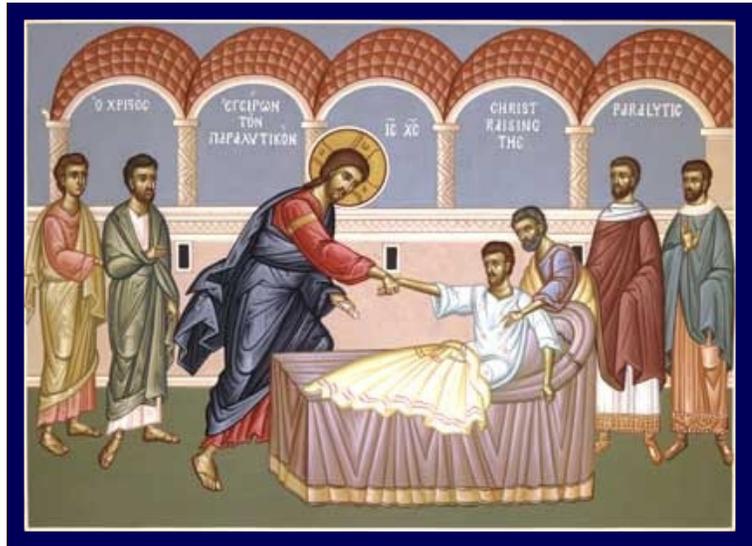
LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, May 22, 2016

Tone 3 / Eothinon 5; Fourth Sunday of Pascha

Sunday of the Paralytic

Martyr Basiliskos, Bishop of Comana;
John-Vladimir the Wonderworker, King of Serbia;
Venerable Martyr Paul of the Great Lavra
and the Russian Monastery on Athos



WELCOME TO OUR VISITORS!

We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us at Breakfast ~ we'd love to meet you!

Calendar for this Week

Sunday, May 22-Sunday of the Paralytic

9:00 a.m. Religious Education
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Monday May 23

6:45 a.m. Pascal Matins
5:00 p.m. Outreach Meal at St. Michael
University Church in Isla Vista

Tuesday, May 24

3:30 p.m. Level I Catechesis
5:30 p.m. Daily Vespers

Wednesday May 25

6:45 a.m. Pascal Matins
12:00 p.m. Intercessory Prayer Group
6:00 p.m. Liturgy for Mid-Feast of Pentecost

Thursday May 26

5:30 p.m. Daily Vespers

Friday May 27

6:45 a.m. Paschal Matins

Saturday May 28

6:00 p.m. Vespers/Confession

Sunday, May 29-Sunday of Samaritan Woman

9:00 a.m. Religious Education
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

May 22 Meyer
May 29 D. Washburn
June 5 Hedges
June 12 Fr. Nicholas

Coffee Hour

May 22 Lewis
May 29 NEED A HOST
June 5 NEED A HOST
June 12 D. & K. King/Braun Family in memory
of Mary Ellen—40 days

Greeters

May 22 P. Morrison/D. Genatone
May 29 K. Fox/H. Lange
June 5 D. Lewis/D. Washburn
June 12 K. & L. Jacobs

Ushers

May 22 P. King, D. Meyer, R. Barre
May 29 D. Lewis, C. Speier, J. King
June 5 D. Washburn, G. Shannon, S. Speier
June 12 P. Brunner, P. King, D. Meyer

Readers

May 22 D. Meyer
May 25 R. Barre (Mid-Pentecost Liturgy)
May 29 D. Washburn
June 5 D. Alexander
June 11 M. Kern (Vespers)
June 12 D. Meyer

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

Priest: Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and unto ages of age.

People: Amen.

Clergy: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

People: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. **(2 times)**

GREAT LITANY

FIRST ANTIPHON

Verse: Make a joyful noise to God, all the earth! Sing of His Name, give glory to His praise!

Refrain: **Through the intercessions of the Theotokos, O Savior, save us.**

- Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe before Thee. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

SECOND ANTIPHON

Verse: God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

Refrain: **O Son of God, Who rose from the dead,
save us who sing to Thee, Alleluia.**

- That we may know Thy way upon the earth, and Thy salvation among all nation! [Refrain]
- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages. Amen

Only begotten Son...

THIRD ANTIPHON

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

Refrain: **Christ is risen from the dead trampling down death by death, and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]

LITTLE ENTRANCE

Clergy: **In the gathering places bless ye God the Lord from the Springs of Israel.**

People: O Son of God Who Rose From the dead, save us who sing to Thee, Alleluia!

Troparion of the Resurrection
(Music on p. 44 of Liturgy book)

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
That He may grant us abundant mercy.

Kontakion for the Paralytic**Tone 3**

By Your divine intercession, O Lord,
as You raised up the Paralytic of old,
so raise up my soul, paralyzed by sins and thoughtless acts;
so that being saved I may sing to You:
“Glory to Your power, O compassionate Christ!”

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle
(Page 58 of Liturgy Book)****Tone 3** Byzantine melody
harmonized by Fr. J. Finley

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

Verse: Clap your hands all you peoples!
Shout to God with a voice of joy! (*Ps 46/47:1*)

THE EPISTLE READING— Acts 9:32-42

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord.

Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments, which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 3

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

Verse: Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

GOSPEL READING—John 5:1-15

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethzatha, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water. For an angel of the Lord went down at certain seasons into the pool and troubled the water; whoever stepped in first, after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, He said to him, "Do you want to be healed?" The sick man answered Him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked.

Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the

Sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, `Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, `Take up your pallet, and walk?'" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

Hymn to the Mother of God (Meglynarion)

The angel cried to the lady full of grace: Rejoice! Rejoice O pure virgin! Again I say rejoice, your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice, rejoice, O ye people. Shine! Shine! Shine! O New Jerusalem. The glory of the Lord has shone on you. Exult, now exult and be glad, O Zion. Be radiant, O pure Theotokos, in the resurrection, the resurrection of your son!

Communion Hymn

Receive the Body of Christ; taste the fountain of immortality!

Instead of "We have seen the true light, we sing:" "Christ is risen" ONE time.

At the end of the dismissal prayer the service then continues with the typical Paschal dialogue, as follows:

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Christ is risen.

Faithful: Indeed He is risen

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Glory to His third-day Resurrection.

Faithful: Let us worship His third-day Resurrection.

Priest: Christ is risen from the dead, trampling down death by death, and upon those in the tombs

Faithful: bestowing life.

English: Christ is risen!

He is risen indeed!

Greek: Christos anesti!

Alithos anesti!

Arabic: El Messieh kahm!

Hakken kahm!

Slavonic: Christos voskrese!

Voistinu voskrese!

Romanian: Hristos a inviat!

Adeverat a inviat!

Spanish: Christo ha resucitado!

En verdad ha resucitado!

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

CONDOLENCES to Dn. Richard Easbey and his entire family on the passing of his brother, Jeff, on May 18th. May his memory be eternal. Trisagion Prayers will be said at the church this Tuesday, May 24th at 4:30 p.m.

ADULT BOOK STUDY from June 11-July 16, on Saturdays at 4:30 p.m.

On June 11th, Fr. Nicholas will begin an adult study group on the booklet, "A Wonderful Revelation to the World: A Conversation of St. Seraphim with Motovilov." If you would like to participate, please let Fr. Nicholas know before the first class session.

PLEASE PRAY FOR our parish member, **Chantél Cappuccilli**, who is leading her Westmont Women's Soccer Team, of which she is the Head Coach, on a trip to Uganda, East Africa. They left on Monday, May 9th and return on May 22nd. Blog site: <http://westmontwsoccer.com/>

40-DAYS MEMORIAL FOR MARY ELLEN BRAUN—SUNDAY, JUNE 12

On Sunday, June 12th, we will commemorate the 40 days since Mary Ellen's falling asleep in the Lord with the Trisagion Prayers.

SAVE THE DATE!! FAMILY PICNIC FOR PENTECOST/FATHER'S DAY

Save the date for a Pentecost/Father's Day celebration following Divine Liturgy on **Sunday June 19th**. Main dish & drinks provided. \$10 for adults and \$5 for children under 12. Bring your dad's favorite salad and/or dessert to share.

WE WILL HAVE OUR ANNUAL ALL-PARISH MEETING ON SUNDAY, JUNE 26 after Coffee Hour. Please plan to stay for this important informational meeting.

UPCOMING FEAST DAY SERVICES

Wed., May 25 at 6:00 p.m.

LITURGY FOR MID-PENTECOST

Wed., June 8 at 6:00 p.m.

LITURGY FOR ASCENSION

ST. ANDREW'S PARISH IN SAN LUIS OBISPO is hosting its **Greek Festival June 4-5** at Mission Plaza in S.L.O. For more information: www.GREEKFESTIVALSLO.com 805-546-8337

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

5/22 Beau & Leticia Brunner

Birthdays

5/23 Nataliya Tinyayeva

5/25 Alyssa Simonsen

5/25 Tatiana Speier

5/27 Adam King

INCOME FOR MARCH 2016

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$27,698	\$ 18,059

INCOME FOR APRIL 2016

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal	\$36,000	\$ 14,120
Monthly Actual	\$37,431	\$ 10,465

TEEN SCENE

Activities—Winter/Spring 2016

Junior High School

June End of year trip (Date TBA)

High School

Sunday, June 12 Graduation Party 5:00-7:00 p.m. Fr. Nicholas and Jan's
& Fire on Father

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Kh. Mary Sue W.
Greg & Margaret Y.
Hoppe Family

Gail S.
Dean & Penny B.
Kevin & Angel S.
Mary
Susan B.
Baby Christian F.
Duane F.
Galina, Nikolai & Nataliya
Olga Marie G.

Mike, Trevor & Adam
Emily F.
Joan
Terri-Lynn & Hannah Rose H.
Silvia Y.
Manny
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

For repose of the souls of: Jeff E., Kh. Mary Ellen, Milijana, All who have died in the conflicts in the Ukraine, Africa & the Middle East

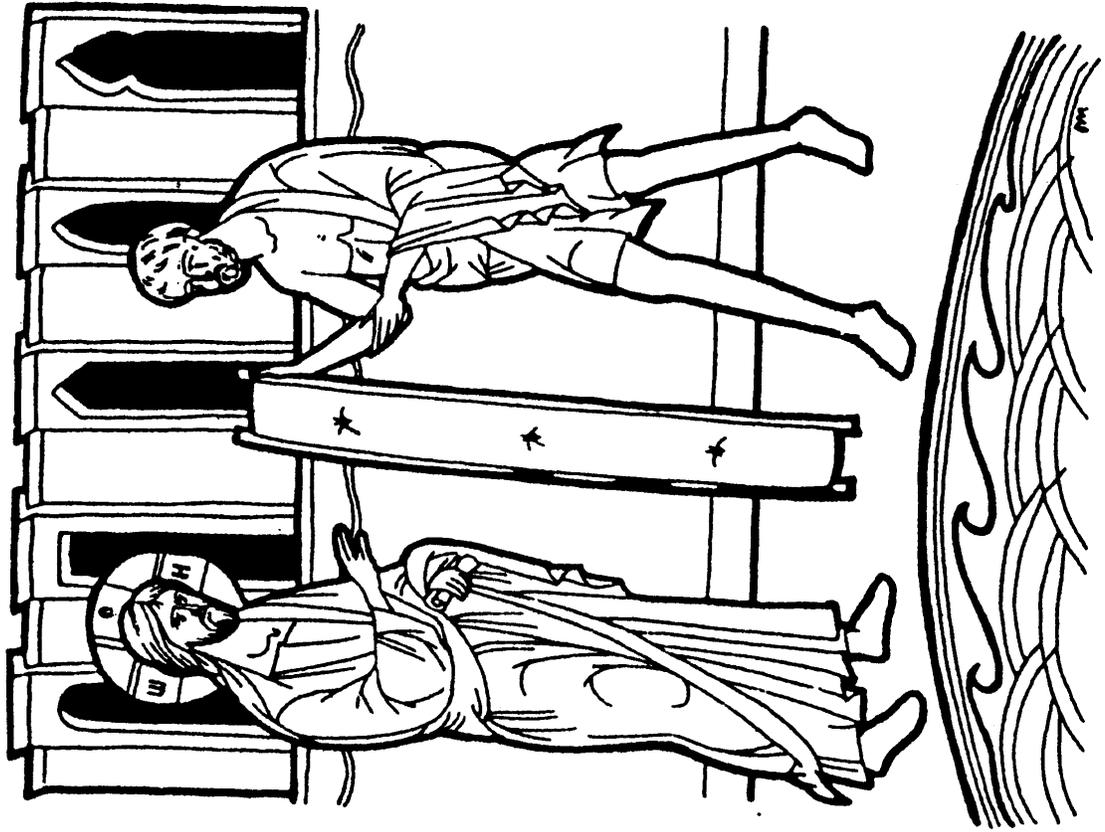
ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS BOOK CENTER** *
* The church bookstore is located in the foyer of the fellowship hall. The two *
* enclosed cabinets hold icons, books, and other items that are FOR SALE. *
* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay- *
* ment should be made at time of purchase and placed in the brown lockbox *
* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. *
* Athanasius Book Center." *
* **All proceeds go to the parish Building Fund.** *

HEALING OF THE PARALYTIC



- FOR THE CHILDREN TO COLOR DURING THE HOMILY OR AT HOME -