



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-968-2448
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Parish Council:

Douglas Meyer, President
Dan Braun, Treasurer
Katie AbuGhazaleh, Secretary
Richard Barre
Catherine Braun
Dottie Genatone
Verne Gish
Benjamin Hedges
Kristi King

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, October 23, 2016

Tone 1 / Eothinon 7
The Holy Apostle James
the “Brother of the Lord” &
Sixth Sunday of Luke

Ignatius, Patriarch of Constantinople
James of Borovich, Wonderworker of Novgorod



WELCOME TO OUR VISITORS!

*We are glad you are with us this morning. If you are not Orthodox, we invite you to partake of the blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!*

Calendar for this Week

Sunday, October 23

9:00 a.m. Religious Education ages 6-18 yrs.
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal

Monday, October 24

6:45 a.m. Daily Matins in the new chapel

Tuesday, October 25

3:15 p.m. Catechesis Level I begins
5:30 p.m. Daily Vespers in the new chapel

Wednesday, October 26-St. Demetrios

6:45 a.m. Daily Matins in the new chapel
11 a.m.-1p.m. Shower of Blessings Ministry
12:00 p.m. Intercessory Prayer Group
5:45 p.m. Outreach Team Meeting
7:00 p.m. Parish Council Meeting

Thursday, October 27

5:30 p.m. Daily Vespers in the new chapel
7:00 p.m. Choir Rehearsal

6:00-7:30 p.m. Jr. High Group
6:30-8:30 p.m. High School Group

Friday, October 28

6:45 a.m. Daily Matins in the new chapel

Saturday, October 29

4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers/Confessions

Sunday, October 30

9:00 a.m. Religious Education ages 6-18 yrs.
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal

Sunday Morning Ministries Schedule

Eucharist Bread

October 23 Sieck
October 30 Dillon
November 6 Hedges
November 13 Braun

Coffee Hour

October 23 S. Wiley/L. Baker
October 30 G. & R. Moon
November 6 P. Brunner in memory of Cyrus Brunner
November 13 Subdn. S. Butler (Donut Sunday!)

Greeters

October 23 P. King,/L. Baker
October 30 G. Shannon/K. King
November 6 D. Genatone/P. Morrison
November 13 H. Lange/K. Fox

Ushers

October 23 R. Barre, D. Lewis, C. Speier
October 30 J. King, D. Washburn, C. Berari
November 6 G. Shannon, S. Speier, P. Brunner
November 13 P. King, D. Meyer, R. Barre,

Readers

October 23 T. Harris
October 30 H. Lange
November 6 D. Washburn
November 12 G. Wiley (Vespers)
November 13 D. Alexander

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be
incarnate of the holy Theotokos and ever-virgin Mary, who without change didst be-
come man and wast crucified, O Christ our God, trampling down death by death, who
art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses sung by antiphonal choirs, the choir and congregation sing the refrain:
“Remember us, O Lord, when you come in your Kingdom.”

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY

Troparion of the Resurrection

(Music on p. 40 of Liturgy book)

While the stone was sealed by the Jews,
and the soldiers were guarding Thy most pure body,
Thou didst arise on the third day,
O Savior, granting life to the world.
For which cause the heavenly pow'rs
cried aloud unto Thee, O Giver of life;
Glory to Thy resurrection, O Christ!
Glory to Thy kingdom!
Glory to Thy providence, O Thou
Who alone art the lover of mankind.

Tone 1 Byzantine melody
harmonized by Fr. J. Finley

Troparion for the Apostle Jame

As the Lord's disciple you received the Gospel, O righteous James;
as a martyr you have unfailing courage;
as God's brother, you have boldness;
as a hierarch, you have the power to intercede.//
Pray to Christ God that our souls may be saved.

Tone 4 Slavic Chant

Troparion to St. Athanasius

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Kontakion - Ordinary Sundays**Tone 4 Byzantine melody**

O undisputed intercessor of Christians,

harmonized by F. Karam

O mediatrix, who is unrejected by the creator.

Turn not away from the voice of our petitions, though we be sinners.

Come to us with aid in time, who cry unto thee in faith,

for thou art good. Hasten to us with intercessions, O Theotokos,

who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)**Tone 1**

Let Thy mercy, O Lord, be upon us, as we have set our hope on Thee. (Ps 32/33:22)

Verse: Rejoice in the Lord, O you righteous! Praise is becoming to the upright.
(Ps 32/33:1)

EPISTLE READING**Galatians 1:11-19**

Brethren, I would have you know that the Gospel which was preached by me is not man's gospel. For I did not receive it from man, nor was I taught it, but it came through a revelation of Jesus Christ. For you have heard of my former life in Judaism, how I persecuted the Church of God violently and tried to destroy it; and I advanced in Judaism beyond many of my own age among my people; so extremely zealous was I for the traditions of my fathers. But when He Who had set me apart before I was born, and had called me through His grace, was pleased to reveal His Son to me, in order that I might preach Him among the Gentiles, I did not confer with flesh and blood, nor did I go up to Jerusalem to those who were Apostles before me, but I went away into Arabia; and again I returned to Damascus. Then after three years I went up to Jerusalem to visit Cephas, and remained with him fifteen days. But I saw none of the other Apostles except James the Lord's brother.

Alleluia before the Gospel

Tone 1

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: It is God Who avenges me, and subdues people under me. (*Ps 17/18:47*)

Verse: He gives great deliverance to His King, and shows mercy to His anointed, to David and his seed forever. (*Ps 17/18:50*)

GOSPEL READING

Luke 8:26-39

At that time, Jesus arrived at the country of the Gadarenes, which is opposite Galilee. And as He stepped out on land, there met Him a man from the city who had demons; for a long time he had worn no clothes, and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What hast Thou to do with me, Jesus, Son of the Most High God? I beseech Thee, do not torment me." For Jesus had commanded the unclean spirit to come out of the man. [For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.] Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged Jesus not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged Jesus to let them enter these. So He gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned. When the herdsmen saw what had happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked Jesus to depart from them; for they were seized with great fear; so He got into the boat and returned. The man from whom the demons had gone begged that he might be with Jesus; but Jesus sent him away, saying, "Return to your home, and declare all that God has done for you." And he went away, proclaiming throughout the whole city all that Jesus had done for him.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
Their proclamation has gone out into all the earth, and their words to the
ends of the universe! (*Ps 63/64:10*)
Alleluia, Alleluia, Alleluia.

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist**. So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

PRAYER FOR THE SANCTITY OF LIFE

(Please consider incorporating this prayer into your daily devotions during the “40 Days for Life Vigil” - September 28-November 6, 2016)

O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

PLEASE PRAYERFULLY CONSIDER WHAT YOU ARE ABLE TO TITHE in the coming year to both the General Operating Fund and the Building Fund, and let the Treasurer know by filling out a commitment form. There are blank forms next to the tithe box, or you can fill it in online on the church website. <https://www.stathanasius.org/stewardship/>

YOUNG MAN LOOKING FOR TEMPORARY HOUSING & EMPLOYMENT

Darin Kranick, a young man in his 30s who was in our parish for several years, is moving back to Santa Barbara in November. He is looking for a place to stay and for temporary work. If you know of any possibilities, please contact Fr. Nicholas.

CELEBRATIONS for THIS WEEK

Wedding Anniversaries

10/28 Andy & Alyssa Simonsen

Birthdays

10/23 Zennia Braun

10/24 Amanda Simonsen, Fr. Jon Braun, Garrett Gish, Stephen Butler

10/25 Justin Brunner

10/26 Tiffany Van Wagoner

10/27 Ben Hedges

10/28 Penny Brunner

Patronal Feast Days

10/23 **St. James the Apostle**

Zavien Van Wagoner, Richard Barre,
Jim Morrison, Jacob Wallace

10/26 **St. Demetrios**

Jackson Stetler

10/28 **St. Paraskeva the Martyr**

Penny Brunner

**PLEASE MARK YOUR CALENDAR
WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES**

Saturday, Nov. 5 at 8:30 a.m.

Liturgy for St. Raphael

Friday, Nov. 11-Sunday, Nov. 13

Liturgical Arts Festival

Wednesday, Nov. 23 at 6:00 p.m.

Akathist of Thanksgiving followed by a reception—PLEASE INVITE FAMILY, FRIENDS, COLLEAGUES!

Thursday, Nov. 24

Thanksgiving outreach dinner hosted by Hollister Corridor churches; See sign-up list on bulletin board. They need help with set-up, clean-up and baking of turkeys.

December 2-4

Feast of St. Barbara (services at Monastery on Friday/Saturday)



*Thank you to all of our parishioners and friends for your contributions,
participation, and support for the
2016 Howard Shannon Golf Tournament!!*

*We raised **\$70,021** to help complete the next phase of our building project!!*

Glory and thanks be to God!

The Golf Tournament Committee

TEEN SCENE

OCTOBER

Unless specified otherwise, on Thursday evenings
the Jr. Highers meet from 6pm - 7:30pm
and High Schoolers meet from 6:30pm - 8:30pm.

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- 10/27 - Thursday Night Youth Group Dinner provided by Berari Family

Please help us to spread the word,
and invite your friends to attend our
Concert of Sacred Music
Sunday, November 13 at 3:00 p.m.
at St. Athanasius Orthodox Church

Including Gregorian Chant, Georgian Chant,
Orthodox Liturgical Music by Nazo Zakkak, Negro Spirituals and more!

featuring:

The St. Athanasius Parish Choir, Valerie Yova - Conductor
The Santa Barbara Catholic Mission Schola, Roy Spicer - Conductor
Adelfos Ensemble, Temmo Korisheli - Conductor

Reception following the concert.
(\$5 donation, no charge for children 12 yrs. and under, seating first-come/first-served)

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Kh. Mary Sue W.
Fr. Patrick and Vanessa K.
Greg & Margaret Y.
Hoppe Family
Gail S.
Dean & Penny B.
Kevin & Angel S.

Mary
Susan B.
Baby Christian F.
Duane F.
Galina, Nikolai & Nataliya
Olga Marie G.
Emily F.
Joan T.
Terri-Lynn & Hannah Rose H.
Silvia Y.
Jared E.

James
Alma G.
Carla H.
Carla B.
Dawn L.
Zamora Family
Michael L., Penny C. and Family
Greg Z.
All those suffering and
in danger in the Ukraine,
Africa, and the Middle East

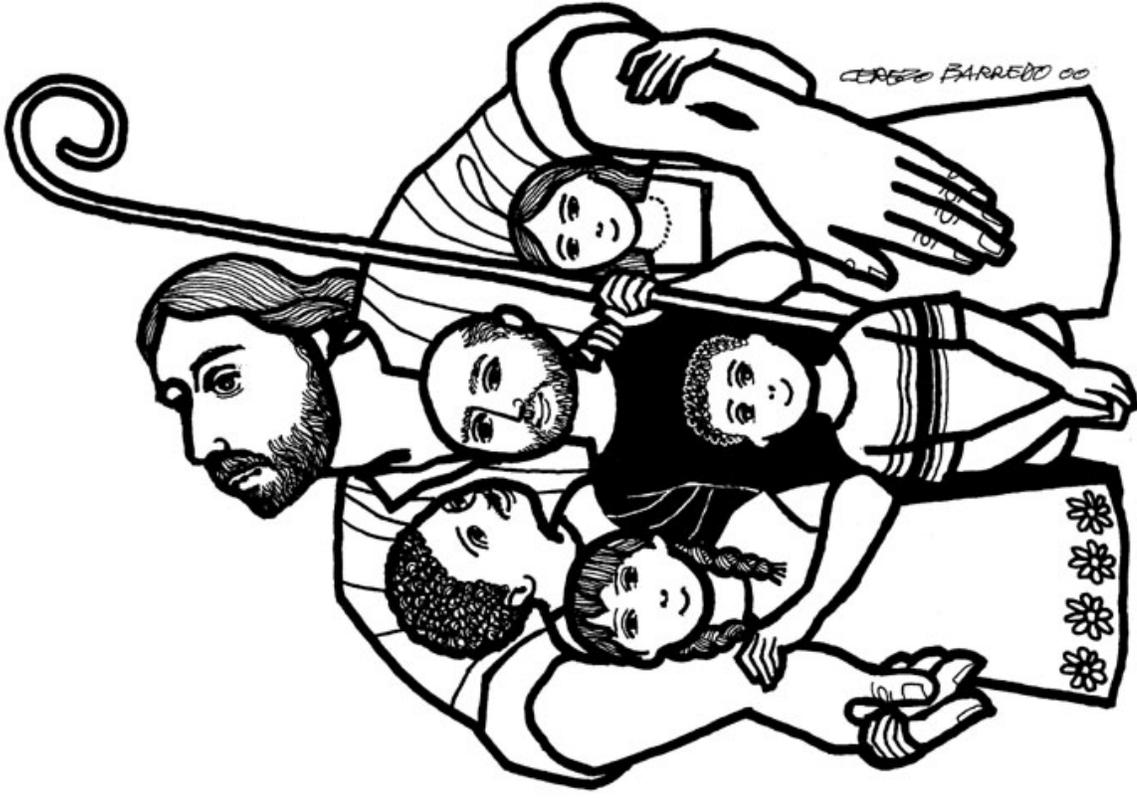
For repose of the souls of: Tony S., Gabriel Z., All who have died in the conflicts in the Ukraine, Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of

* **ST. ATHANASIUS BOOK CENTER** *
* The church bookstore is located in the foyer of the fellowship hall. The two *
* enclosed cabinets hold icons, books, and other items that are FOR SALE. *
* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay- *
* ment should be made at time of purchase and placed in the brown lockbox *
* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. *
* Athanasius Book Center." *
* **All proceeds go to the parish Building Fund.** *



For the children to color during the sermon or at home.