



# ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

300 Sumida Gardens Lane  
Santa Barbara, CA 93111  
**Office hours:** Tues-Fri.  
12:00—5:00 p.m.

## Senior Pastor:

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

## Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-968-2448  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

## Deacons:

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

## Music Director/Administrator:

Valerie Yova  
Office phone: 805-685-5400  
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## Parish Council:

Douglas Meyer, President  
Dan Braun, Treasurer  
Katie AbuGhazaleh, Secretary  
Richard Barre  
Catherine Braun  
Dottie Genatone  
Verne Gish  
Benjamin Hedges  
Kristi King

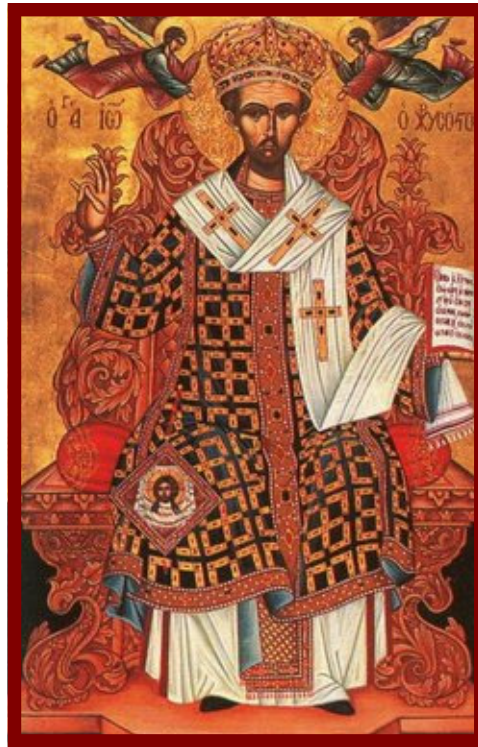
## LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, November 13, 2016

Tone 4 / Eothinon 10

## John Chrysostom, Abp. of Constantinople & Eighth Sunday of Luke

Venerable martyrs Damaskinos and  
Damian of the Great Lavra on Athos



## **WELCOME TO OUR VISITORS!**

*We are glad you are with us this morning. If you are not  
Orthodox, we invite you to partake of the  
blessed bread during communion.  
Please join us at Coffee Hour~ we'd love to meet you!*

# ***Calendar for this Week***

## **Sunday, November 13-ARTS FESTIVAL**

### **Feast day of St. John Chrysostom**

9:00 a.m.	Religious Education ages 6-18 yrs.
9:00 a.m.	Matins
10:00 a.m.	Hierarchichal Divine Liturgy
11:45 a.m.	Coffee Hour
2:00 p.m.	Choir warm-up
3:00 p.m.	Festival Concert & Reception

## **Monday, November 14**

6:45 a.m.	Daily Matins in the new chapel
4:30 p.m.	St. Brigid Outreach dinner at St. Michael's in Isla Vista

## **Tuesday, November 15-ADVENT BEGINS**

3:15 p.m.	Catechesis Level I
5:30 p.m.	Daily Vespers in the new chapel

## **Wednesday, November 16-St. Matthew**

6:45 a.m.	Daily Matins in the new chapel
11 a.m.-1p.m.	Shower of Blessings Ministry
12:00 p.m.	Intercessory Prayer Group
6:00 p.m.	Advent Paraklesis, Light Supper, Presentation by

## **Thursday, November 17**

5:30 p.m.	Daily Vespers in the new chapel
7:00 p.m.	Choir Rehearsal

## **Friday, November 18**

6:45 a.m.	Daily Matins in the new chapel
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## **Saturday, November 19**

7:30 A.M.	Clergy Meeting
4:30 p.m.	Adult Catechism
6:00 p.m.	Great Vespers

## **Sunday, November 20—Transference of the Feast of the Presentation of the Theotokos**

9:00 a.m.	Religious Education ages 6-18 yrs.
9:00 a.m.	Matins
10:00 a.m.	Festal Divine Liturgy
11:45 a.m.	Coffee Hour

## **WELCOME!!**

To His Grace, Bishop IRENEI  
of the Russian Orthodox Church  
Outside of Russia (ROCOR)!  
Bishop Irenei was consecrated last weekend  
as the bishop of Sacramento.

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

November 13	Braun
November 20	Fr. Nicholas
November 27	Kern
December 4	Sieck

### **Coffee Hour**

November 13	Subdn. S. Butler (Donut Sunday!)
November 20	NEED A HOST
November 27	Thanksgiving Potluck
December 4	Berari

### **Greeters**

November 13	L. Baker/K. Fox
November 20	C. Berari, D. Washburn
November 27	H. Lange/D. Lewis
December 4	K. & L. Jacobs

### **Ushers**

November 13	P. King, D. Meyer, R. Barre
November 20	D. Lewis, C. Speier, J. King
November 27	D. Washburn, C. Berari, G. Shannon
December 4	S. Speier, P. Brunner, P. King

### **Readers**

November 12	G. Wiley (Vespers)
November 13	D. Alexander
November 19	R. Barre (Vespers)
November 20	V. Gish
November 27	Kern
December 4	Harris

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be  
incarnate of the holy Theotokos and ever-virgin Mary, who without change didst be-  
come man and wast crucified, O Christ our God, trampling down death by death, who  
art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

## **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

After each of the verses sung by antiphonal choirs, the choir and congregation sing the refrain:  
**“Remember us, O Lord, when you come in your Kingdom.”**

### **AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY**

#### **Troparion of the Resurrection (Music on page 45 of Liturgy book)**

Having learned the joyful message  
of the Resurrection from the angel,  
the women disciples of the Lord cast from them  
their parental condemnation,  
and proudly broke the news to the disciples  
saying death has been spoiled.  
Christ God is risen, granting the world great mercy.

**Tone 4** Byzantine melody  
harmonized by Fr. J. Finley

#### **Troparion to St. John Chrysostom**

Grace shining forth from your lips like a beacon  
has enlightened the universe.  
It has shown to the world the riches of poverty.  
It has revealed to us the heights of humility.  
Teaching us by your words O Father John Chrysostom,  
intercede before the Word Christ our God, to save our souls!

**Tone 8**

#### **Troparion to St. Athanasius (Music on p. 54 of Liturgy book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Tone 3** Byzantine melody  
harmonized by Fr. J. Finley

#### **Kontakion for the Presentation of the Theotokos**

The most pure Temple of the Savior;  
the precious Chamber and Virgin;  
the sacred Treasure of the glory of God,  
is presented today to the house of the Lord.  
She brings with her the grace of the Spirit,  
therefore, the Angels of God praise her:  
“Truly this woman is the abode of Heaven!”

**Tone 4** Slavic Chant

## **TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)**

[People] Holy God, Holy Mighty, Holy Immortal, have mercy on us.

[Clergy]: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

[People] Holy God, Holy Mighty, Holy Immortal, have mercy on us.

[Clergy]: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

[People] Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen. Holy Immortal, have mercy on us.

Holy God;

[Archbishop] Look down from heaven O Lord and behold and visit this vineyard which Thou hast made with Thy right hand.

[People] Many years to you, O master. Holy Mighty;

[Archbishop] Look down from heaven O Lord and behold and visit this vineyard which Thou hast made with Your right hand.

[People] Many years to you, O master. Holy Immortal;

[Archbishop] Look down from heaven O Lord and behold and visit this vineyard which Thou hast made with Your right hand.

[People] Many years to you, O master. Have mercy on us.

[Deacon] With strength!

[People] Holy God, Holy Mighty, Holy Immortal, have mercy on us.

[Deacon] O Lord save the faithful

[People] O Lord save the faithful.

[Deacon] O Lord save those of true worship.

[People] O Lord save those of true worship.

[Deacon] And hear us!

[People] And hear us!

**Prokeimenon (Preparatory Psalm verses)****Tone 1** Znamenny Chant

My mouth shall speak wisdom, the meditation of my heart shall be understanding. (*Ps 48/49:3*)

*Verse: Hear this, O people! Give ear, all inhabitants of the world!*

**EPISTLE READING****Hebrews 7:26-8:2**

Brethren, it was fitting that we should have such a High Priest, holy, blameless, unstained, separated from sinners, exalted above the heavens. He has no need, like those high priests, to offer sacrifices daily, first for his own sins and then for those of the people; He did this once for all when He offered up Himself. Indeed, the law appoints men in their weakness as high priests, but the word of the oath, which came later than the law, appoints a Son Who has been made perfect forever. Now the point in what we are saying is this: we have such a High Priest, one Who is seated at the right hand of the throne of the Majesty in heaven, a minister in the sanctuary and the true tent which is set up not by man but by the Lord.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel****Tone 4**

Chanter: Alleluia, Alleluia, Alleluia!

**People:** Alleluia, Alleluia, Alleluia!

**Verse:** Draw Thy bow and prosper and reign, in the cause of truth, meekness, and righteousness. (*Ps 44/45:5*)

**Verse:** Thou hast loved righteousness and hated wickedness. (*Ps 44/45:8*)

**GOSPEL READING****Luke 10:25-37**

At that time, a lawyer stood up to put Jesus to the test, saying, "Teacher, what shall I do to inherit eternal life?" Jesus said to him, "What is written in the Law? How do you read?" And the lawyer answered, "You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbor as yourself." And Jesus said to him, "You have answered right; do this, and you will live." But the lawyer, desiring to justify himself, said to Jesus, "And who is my neighbor?" Jesus replied, "A man was going down from Jerusalem to Jericho, and he fell among robbers, who stripped him and beat him, and departed, leaving him half dead. Now by chance a priest was going down that road; and when he saw him he passed by on the other side. So likewise a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan, as he journeyed, came to where he was; and when he saw him, he had compassion, and went to him and bound up his wounds, pouring on oil and wine; then he set him on his own beast and brought him to an inn, and took care of him. And the next day he took out two denarii and gave them to the innkeeper, saying, 'Take care of him; and whatever more you spend, I will repay you when I come back.' Which of these three, do you think, proved neighbor to the man who fell among the robbers?" The lawyer said, "The one who showed mercy on him." And Jesus said to him, "Go and do likewise."

### **Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### **Communion Hymns**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)  
The righteous shall be in everlasting remembrance. He shall not fear evil  
tidings. (*Ps 111/112:6*) Alleluia, Alleluia, Alleluia.

### **HOLY COMMUNION**

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,  
*“Father, bless” when you get to the chalice.*

### **Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## **A Celebration of Sacred Choral Music**

**TODAY! November 13 at 3:00 p.m.**

**at St. Athanasius Orthodox Church**

Including Gregorian Chant, Georgian Chant,  
Orthodox Liturgical Music by Nazo Zakkak, Negro Spirituals and more!

**featuring:**

**The St. Athanasius Adult Choir & Girls’ Choir, Valerie Yova - Conductor**

**The Mission Schola of St. Barbara Parish, Old Mission Santa Barbara,**

**Roy Spicer - Conductor**

**Adelfos Ensemble, Temmo Korisheli - Conductor**

Reception following the concert.

(\$5 donation, no charge for children 12 yrs. and under, seating first-come/first-served)

## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).

**A heartfelt welcome to His Grace, Bishop Irenei**, who is celebrating the Divine Liturgy with us today, after participating as the Keynote Speaker in our Liturgical Arts Festival this weekend. His Grace was just consecrated a bishop last weekend for ROCOR (The Russian Church Outside of Russia). We are honored to have him with us! *Axios!* Many years, Master!

### **SANTA'S HELPERS—ST. INNOCENT ORPHANAGE**

Dearest church family,

Thank you so much for your overwhelming response! We collected enough last week to purchase the items on Andres' Christmas Wish List! If you would still like to make a donation to brighten up the holidays for the boys and young men at St. Innocent Orphanage in Tijuana, go ahead and drop a check or cash in the tithe box, with a notation: "Santa's Helpers" or donate through the parish website. In addition to the gifts for Andres, we will make a donation towards the Christmas and New Years dinners/celebrations for the boys. God bless you for your generosity!



- Nancy Mary Magdalene Gilbert

### **ADVENT PARAKLESIS SERVICES will be prayed on the Wednesdays of Advent at 6:00 p.m.:**

- November 16 (followed by a light supper and a talk by Frederica Mathewes-Green)
- November 23 (We will pray the Akathist of Thanksgiving instead of Paraklesis on this evening, followed by a brief reception. Bring your friends & family!)
- November 30
- December 7
- December 14 (Followed by Soup Dinner. We will invite the Hollister Corridor churches to join us.)
- December 21



## *CELEBRATIONS* for THIS WEEK

### **Birthdays**

11/13	Farley Easbey, James Morrison, Leticia Brunner
11/14	Sophia Roberts
11/15	Anna Grace Butler
11/16	Cole Keller
11/17	Catherine Braun, John Heiduk
11/19	Atalia Finley, Kristen Roberts

### **Patron Saint Commemorations**

11/13	<b>St. John Chrysostom</b>	John (Chuck) Sasala, Dn. John Young
11/14	<b>St. Philip the Apostle</b>	Dn. Gary Braun, Gary Braun Jr., Philip Friesen
11/16	<b>St. Matthew the Apostle</b>	Alec de Bruin, Mateo Finley, Larry Lander, Galen Wiley
11/17	<b>St. Gregory the Wonderworker</b>	Cole Keller

### **GOLETA THANKSGIVING DINNER FOR THOSE IN NEED: THERE ARE MANY WAYS TO HELP!**

This year our parish, along with Christ the King Episcopal Church and Jubilee Church will be participating again in the Goleta Vineyard's Annual Thanksgiving Dinner for the poor and needy. It will be held at the Goleta Valley Community Center just down the street at 5679 Hollister Ave. This has become a wonderful expression of God's love in action towards the Goleta community. You don't have to be present to participate, although the interaction with other Christians and those being served is a wonderful blessing to experience. Even an hour of your time is a wonderful way to show Christ's love for the people of this community.

Consider volunteering as a family project on Thanksgiving Day!

8:30 a.m.-2:00 p.m.	Prep Cooking
11:00 a.m.-2:00 p.m.	Beverage/Dessert Table, Greeters/Servers
2:30-5:00 p.m.	Clean-up

If you are unable to physically participate, you can make a donation toward the purchase of food. Donations can be put in our tithe box.

**If you are able to bake and deliver a turkey, please sign up on the large bulletin board in the foyer. If you have any questions, contact David Washburn at:**

david.washburn64@gmail.com or 615-428-3427 .

# TEEN SCENE

## NOVEMBER, 2016

Unless specified otherwise, on Thursday evenings the Jr. Highers meet from 6pm - 7:30pm and High Schoolers meet from 6:30pm - 8:30pm.

- Wed. November 16    Teens & their parents will attend Paraklesis at 6 p.m. followed by light supper and a presentation by Frederica Mathewes-Green
- Mon. November 21    Thanksgiving Community Service Project, 3pm - 4:30pm at The Isla Vista Youth Projects (6842 Phelps Road).
- Thurs. November 24    Thanksgiving—NO YOUTH GROUP

### PLEASE MARK YOUR CALENDAR WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES

- Wednesday, Nov. 16 at 6:00 p.m.    Paraklesis service, light supper, **Frederica Mathewes Green** will speak on “The Incarnational Stream: The Sacramental Life,” sponsored by the Martin Institute (Westmont College).
- Wednesday, Nov. 23 at 6:00 p.m.    **Akathist of Thanksgiving** followed by a reception—PLEASE INVITE FAMILY, FRIENDS, COLLEAGUES!
- Thursday, Nov. 24    **Thanksgiving outreach dinner** hosted by Hollister Corridor churches; See sign-up list on bulletin board. They need help with set-up, clean-up and baking of turkeys.
- December 2-4    **Feast of St. Barbara** (services at Monastery on Friday/Saturday)
- Sunday, December 11    **St. Nicholas Family Night**

## PRAAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Jon Braun  
Dn. Richard E.  
Kh. Diane C.  
Kh. Mary Sue W.  
Fr. Patrick and Vanessa K.  
Greg & Margaret Y.  
Hoppe Family  
Gail S.  
Dean & Penny B.  
Kevin & Angel S.

Mary  
Susan B.  
Baby Christian F.  
Duane F.  
Galina, Nikolai & Nataliya  
Olga Marie G.  
Emily F.  
Joan T.  
Terri-Lynn & Hannah Rose H.  
Jared E.  
James  
Alma G.

Carla H.  
Carla B.  
Dawn L.  
Zamora Family  
Michael L., Penny C. and Family  
Greg Z.  
All those suffering and  
in danger in the Ukraine,  
Africa, and the Middle East

**For repose of the souls of:** Silvia Y., Tony S., Gabriel Z.,  
All who have died in the conflicts in the Ukraine, Africa & the  
Middle East

### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Proskomedia (Preparation of the Bread and Wine for Communion).

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\* **ST. ATHANASIUS BOOK CENTER** \*  
\* The church bookstore is located in the foyer of the fellowship hall. The two \*  
\* enclosed cabinets hold icons, books, and other items that are FOR SALE. \*  
\* See Terri Speier if you are looking for jewelry such as a cross or chain. Pay- \*  
\* ment should be made at time of purchase and placed in the brown lockbox \*  
\* mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. \*  
\* Athanasius Book Center." \*  
\* **All proceeds go to the parish Building Fund.** \*  
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# the incarnational stream: *the sacramental life*



**MARTIN INSTITUTE**  
Dallier Willard Center  
WESTMONT COLLEGE

## **AN EVENING WITH FREDERICA MATHEWES-GREEN**

**WEDNESDAY, NOVEMBER 16 | 7:00PM  
ST. ATHANASIUS ORTHODOX CHURCH**

**FROM CAMPUS:** A shuttle will leave from Kerrwood Circle at 6:15pm  
To reserve seating, please email [mvelasquez@westmont.edu](mailto:mvelasquez@westmont.edu)

Frederica Mathewes-Green is a wide-ranging author, whose work has appeared in diverse nationally-recognized publications. She has published 10 books, including *Welcome to the Orthodox Church*, *The Jesus Prayer*, and *The Illumined Heart: The Ancient Christian Path of Transformation*. She has also published over 700 essays.