

# St. Athanasius Antiochian Orthodox Church

300 Sumida Gardens Lane Santa Barbara, CA 93111 **Office hours:** Tues-Fri. 12:00—5:00 p.m.

# **Senior Pastor:**

Fr. Nicholas Speier 805-685-5495 frnicholas@stathanasius.org

# **Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903 Fr. John Carrillo 805-770-3749 Fr. Jon Braun, Attached Priest (retired) Fr. John Finley, Attached Priest

# **Deacons:**

Dn. Gary Braun Dn. Scott Jacobs Dn. Richard Easbey Dn. John Young

### Music Director/Administrator:

Valerie Yova Office phone: 805-685-5400 email: office@stathanasius.org

### **Youth Coordinator**

Tyler Speier tyler@stathanasius.org

# Parish Council 2017-2018:

Kristi King, President
Dan Braun, Treasurer
Benjamin Hedges, Secretary
Laurie Baker
Corina Berari
David Dillon
Dottie Genatone
Verne Gish
Terri Speier

# LITURGY OF ST. JOHN CHRYSOSTOM Sunday, November 19, 2017

Tone 7 / Eothinon 2; Twenty-fourth Sunday after Pentecost & Ninth Sunday of Luke

The Holy Prophet Obadiah; Martyr Barlaam of Antioch; Martyr Azi the Wonderworker of Isauria in Asia Minor and 150 soldiers with him;

Martyr Agapios of Caesarea in Palestine; Martyr Heliodoros of Magidum in Pamphylia; Venerable Abbot Barlaam of the Kiev Caves



# WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the blessed bread during communion.

Please join us at Coffee Hour~ we'd love to meet you!

# Calendar for this Week

# Sunday, November 19

9:00 a.m. Matins

9:00 a.m. Religious Ed for ages 6-18

10:00 a.m. Divine Liturgy 11:45 a.m. Coffee Hour

Presentation by DIRECT RELIEF 12:00 p.m.

# Monday, November 20

6:45 a.m. Daily Matins

4:30 p.m. St. Brigid Outreach Dinner

at St. Michael's in Isla Vista

Vesperal-Liturgy for Feast of the November 19 6:00 p.m.

Presentation of the Theotokos

# Tuesday, November 21

NO CATECHESIS

5:30 p.m. Daily Vespers

7:00 p.m. Men's Sticks Gathering

# Wednesday, November 22

6:45 a.m. **Daily Matins** 

12:00 p.m. **Intercessory Prayer Ministry** Akathist of Thanksgiving 6:00 p.m.

# Thursday, November 23-THANKSGIVING

NO Showers of Blessing Ministry

**NO VESPERS** 

NO YOUTH GROUP

# Friday, November 24—St. Catherine

**Daily Matins** 6:45 a.m.

# Saturday, November 25

NO ADULT CATECHISM

6:00 p.m. Great Vespers, Confessions

# Sunday, November 26

# NO RELIGIOUS EDUCATION CLASSES

9:00 a.m. Matins

10:00 a.m. Divine Liturgy

THANKSGIVING POTLUCK 11:45 a.m.

# The Nativity Fast began on November 15th.

Also referred to in the West as "Advent," the Nativity Fast is a time of preparation for the coming of our Lord through intensified prayer and fasting. The fast ends when we receive the Eucharist on the Feast of the Nativity.

# **Sunday Morning Ministries** Schedule

### **Eucharist Bread**

Kern November 26 Tinyayeva December 3 D. Washburn December 10 Meyer

# **Coffee Hour**

NO HOST—LIGHT SNACKS November 19 November 26 THANKSGIVING POTLUCK

December 3 NEED A HOST December 10 **NEED A HOST** 

### **Greeters**

November 19 Deacon/H. Lange November 26 D. Lewis/D. Washburn December 3 P. King/L. Baker December 10 Fox/Deacon

# <u>Ushers</u>

November 19 P. King, D. Meyer, R. Barre November 26 D. Lewis, C. Speier, J. King December 3 D. Washburn, C. Berar, G. Shannon S. Speier, P. Brunner, P. King December 10

### Readers

November 19 D. Washburn

November 20 M. Kern (Vesperal-Liturgy for feast

of Presentation of Theotokos)

November 26 V. Gish December 3 T. Harris

H. Lange (St. Nicholas Liturgy) December 6

December 10 D. Meyer

# At the conclusion of Matins, we sing the Great Doxology followed by the Matins Dismissal Troparion.

# THE DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

### **GREAT LITANY**

### FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High; To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]
- Vs. Glory...now & ever...Amen. [Refrain]

### SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and hath girded Himself.

# Refrain: O Son Of God Who rose from the dead, save us who sing to Thee, Alleluia!

- Vs. For He hath established the world which shall not be shaken. [Refrain]
- Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

# THIRD ANTIPHON—The Beatitudes or "Sermon on the Mount"

In Thy kingdom remember us, O Lord,

when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,

for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

# FOLLOWING THE PROCESSION WITH THE GOSPEL, THE CLERGY ENTER THE ALTAR AS WE SING THE FOLLOWING HYMNS FOR THE DAY:

# **Troparion of the Resurrection** (Music on p. 51 of Liturgy book)

Thou didst shatter death by Thy Cross; Thou didst open paradise to the thief; Thou didst turn the sadness of the ointment bearing women into joy, and didst bid Thine apostles proclaim a warning that Thou hast risen, O Christ, granting the world the great mercy.

# Troparion to St. Athanasius (Music on p. 54 of Liturgy book)

Holy Bishop Athanasius, you became a stronghold of Orthodoxy, strengthening the Church through your divine teachings. Opposing the heretical opinion of Arius, you explained and taught that the Son is equal in nature with the Father.

O holy Father, intercede with Christ God that He may grant us abundant mercy.

**Tone 7** Byzantine melody harmonized by Fr. J. Finley

**Tone 3** Byzantine melody harmonized by Fr. J. Finley

### **Kontakion for the Presentation of the Theotokos**

**Tone 4** Slavic Chant

The most pure Temple of the <u>Savior</u>; the precious Chamber and <u>Virgin</u>; the sacred Treasure of the <u>glory</u> of God, is presented today to the <u>house</u> of the <u>Lord</u>. She brings with her the grace of the <u>Spirit</u>, therefore, the Angels of God <u>praise</u> her:

# TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle** Tone 7 Byzantine melody

harmonized by Fr. J. Finley

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

# **EPISTLE READING Ephesians 2:14-22**

Brethren, Christ is our peace, Who has made us both one, and has broken down the dividing wall of hostility, by abolishing in His flesh the law of commandments and ordinances, that He might create in Himself one new man in place of the two, so making peace, and might reconcile us both to God in one body through the Cross, thereby bringing the hostility to an end. And He came and preached peace to you, who were far off, and peace to those who were near; for through Him we both have access in one Spirit to the Father. So then you are no longer strangers and sojourners, but you are fellow citizens with the saints and members of the household of God, built upon the foundation of the apostles and prophets, Christ Jesus Himself being the cornerstone, in Whom the whole structure is joined together and grows into a holy temple in the Lord; in Whom you also are built into it for a dwelling place of God in the Spirit.

# Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 7

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

**Verse:** It is good to give thanks to the Lord, and to sing praises to Thy

Name, O Most High. Alleluia...

**Verse:** To declare Thy mercy in the morning, and Thy truth

in the night. Alleluia...

# GOSPEL READING Luke 12:16-21

The Lord spoke this parable: "The land of a rich man brought forth plentifully; and he thought to himself, 'What shall I do, for I have nowhere to store my crops?' And he said, 'I will do this: I will pull down my barns, and build larger ones; and there I will store all my grain and my goods. And I will say to my soul, Soul, you have ample goods laid up for many years; take your ease, eat, drink, be merry.' But God said to him, 'Fool! This night your soul is required of you; and the things you have prepared, whose will they be?' So is he who lays up treasure for himself, and is not rich toward God." As He said this, Jesus called out, "He who has ears to hear, let him hear."

# Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

# **Communion Hymn**

Praise the Lord from the heavens; praise Him in the Highest! Alleluia! (Ps. 148)

PLEASE NOTE THE FOLLOWING CHANGE:
Metropolitan JOSEPH will be with us on
SUNDAY, FEBRUARY 11th (Meatfare Sunday)
for a hierarchical Liturgy and pastoral visit!
(instead of February 4th)

### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers may approach the chalice for a blessing and the blessed bread instead of the Eucharist. So that the priest is aware of this, please just say,

"Father, bless" when you get to the chalice. **Thanksgiving Prayers after Communion** 

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

# PLEASE MARK YOUR CALENDAR WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES

Wednesdays during Advent 6:00 p.m. **Advent Paraklesis** 

Nov. 29 Dec. 13 & 20

Monday, November 20 at 6:00 p.m. Vesperal-Liturgy for the Feast of the

**Presentation of the Theotokos** 

in the Temple

Wednesday, Nov. 22 at 6:00 p.m. **Akathist of Thanksgiving** 

Bring the whole family! What a great

way to start the Thanksgiving Weekend!

Sunday, Dec. 3/Monday, Dec. 4 Feast of St. Barbara

Monastery—4:00 p.m. Vigil on 12/3

10:00 a.m. Liturgy on 12/4

Wednesday, December 6 6:00 p.m. **Liturgy for St. Nicholas** 

Friday, December 22 9:00-10:30 a.m. **Royal Hours of Nativity (Complete)** 

Sunday, December 24 10:00 a.m. **Divine Liturgy (NO MATINS)** 

> 10:00 p.m. **Feast of the Nativity of Christ**

**Matins & Liturgy** 

8:30 a.m. Saturday, Jan 6 Liturgy for Feast of Epiphany

and Great Blessing of the Water

# **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

On the homepage, click on VIEW CALENDAR at the bottom left.

**TODAY during Coffee Hour**, we will have a brief presentation by Dean Axelrod of Direct Relief. Founded and based in Santa Barbara since the 1950s, Direct Relief provides medical supplies and equipment to clinics and hospitals where there are natural disasters or extreme need, including in all 50 states and 115 countries around the world. They are our neighbors, and are in the process of building a brand new headquarters on Hollister Ave. right across from the airport. Come and learn about the amazing work they do!

NO ONE SIGNED UP TO HOST COFFEE HOUR TODAY. LIGHT SNACKS ARE PROVIDED BY THE COFFEE HOUR TEAM. Please consider signing up to take your turn in the coming year.

**THE MEN'S STICKS GATHERING** will be THIS <u>Tuesday</u>, Nov. 21st, not on Monday, due to the Liturgy for the Feast of the Presentation of the Theotokos on Monday evening.

THERE WILL BE NO RELIGIOUS EDUCATION CLASSES NEXT SUNDAY, NOV. 26.

**CONGRATULATIONS AND MANY YEARS** to Chris and Claire Dillon on the birth of their son, Isaiah Ignatius, who was born in New York on November 10th. Many years to Isaiah and the whole family, including grandparents Dave and Shirley Dillon! Chris is currently enrolled in the MDiv. program at St. Vladimir's Seminary.

### ROOM FOR RENT at St. Tikhon's House (for Christian men)

St. TIKHON'S HOUSE has a large bedroom being readied for one or two men of college age men, quiet for prayer and study, low rents----Contact David: 308-0381or davidlewis525@hotmail.com.

# SHOWERS OF BLESSING—IN NEED OF CLOTHING

Each Thursday from 11 a.m.-1 p.m. we host the Showers of Blessing, a mobile trailer that offers showers and clean clothing to our neighbors who do not have housing. The folks who transport the shower trailer and run the actual showering process are in need of clean clothing in good condition. Here is what is needed:

Men's: jeans and t-shirts (\*\*MOST NEEDED)
Women's clothing
Coats, hoodies, thermal long underwear for both men and women
Blankets and sleeping bags
Scarves and gloves

IF YOU HAVE ITEMS TO DONATE, PLEASE PUT THEM IN FRONT OF THE CHURCH OF-FICE DOOR WITH A NOTE. Please do not just drop clothing in the hallway.

THANKS TO ALL WHO HAVE DONATED CLOTHING IN THE PAST FEW WEEKS!!

TIM BRAUN IS PERFORMING IN THE NUTCRACKER WITH Santa Barbara Festival Ballet at the Arlington Theatre on December 9 (2:30 p.m. & 7:30 p.m.) and December 10 at 2:30 p.m. Discounted group tickets are available at this link: <a href="https://goo.gl/forms/oNNbgS7s228K84so2">https://goo.gl/forms/oNNbgS7s228K84so2</a> or for individual tickets call 805-963-4408. Discounts available through GROUPON.

# CELEBRATIONS THIS WEEK

# Birthdays11/19Atalia Finley, Kristen Roberts11/21Dexton Daniel Braun11/22Jami Stetler11/25Dee Kern, Elizabeth Butler, Elleney King

# **Patron Saint Commemorations**

11/21 T	he Theotokos	(Feast of Presentation)	Lauren Shackelford
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11/23 **St. Alexander Nevsky** Alexander Nikolov, Brett Williams

# 11/24 St. Catherine the Martyr

Katie Abughazaleh, Catherine Braun, Kh. Diane Carrillo, Melissa Hedges, Gloria Morrison, Ekaterina Nikolov, Amanda Simonsen, Jami Stetler, Kate Vander Laan

11/24 St. Clement of Rome

Farley Easbey

# WOULD YOU LIKE TO BE A SANTA'S HELPER THIS CHRISTMAS?

Help us to bring some Christmas joy to one of the boys living at St. Innocent Orphanage in Mexico.
Our parish will be **Ángel Brian's** Santa's Helper this year.
See the bulletin board in the hallway for more information and to sign up to provide one of the items on Ángel Brian's wish list.

Questions? Contact Cheryl Washburn Lander at cherylynn.sb@gmail.com.

# We have no Coffee Hour Hosts for the following dates from now through the end of this year: December 3, 17, 31

If you have not signed up yet for the 2017-18 Liturgical Year, please consider stepping up to host on one of these Sundays.

You can sign up online at: http://www.stathanasius.org/coffee-hour
Or you can contact Suzi Wiley at: suziwiley@cox.net



# Love, Death, Resurrection

in the Musical Vision of Philip Glass, Franz Liszt, and Ancient Chant.

A RECITAL BY PIANIST AND CHANTER Paul Barnes

TUESDAY, NOVEMBER 28, 2017 7:30PM, CYPRESS RECITAL HALL, CAL STATE NORTHRIDGE

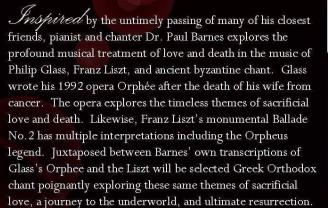
















PLEASE PRAYERFULLY CONSIDER WHAT YOU ARE ABLE TO TITHE in the coming year to both the General Operating Fund and the Building Fund, and also how you can best offer to God and the parish your time and talent in one of the many ministry groups of the parish.

There will be blank forms next to the tithe box until the end of the year. Commitment forms may be put in the tithe box, or handed to Fr. Nicholas.

You can also fill out the form online on the church website. https://www.stathanasius.org/stewardship/time-talent-treasure-commitment/

# THE PARISH COUNCIL ASKS THAT YOU SUBMIT YOUR COMMITMENT FORM BY TODAY—NOVEMBER 19

so that we can use the information in preparing the 2018 budget.

# A PRAYER FOR ADVENT

Lord, Jesus Christ, at your holy birth you deemed a lowly cave to be a fit dwelling place, so in your mercy make our souls and bodies temples worthy to contain you, the uncontainable God.

And as we make our Advent journey, open our ears to heed the prophets' warning to "Prepare the way of the Lord!"

For we glorify you along with the angels and shepherds, Father, Son and Holy Spirit.

Amen.

# SERVANTS QUIETLY AT WORK for the good of the parish

In addition to the many ministry teams we have within the parish, there are also many individual volunteers who do specific tasks, week after week, to help keep things running smoothly. They are folks who see something that needs to be done, and make it their personal ministry to do it. If you see a need that you can help fill and you have a few minutes or hours each week to give, let Fr. Nicholas know.

# THANK YOU TO THOSE WHO SERVE IN THESE ONGOING WAYS:

Icon cleaning
Watering of outdoor flower pots
Towel and table cloth washing
Tidying of nave, chair straightening

Providing rides to or from church

Sound system & recording

Dottie Genatone, Laurie Baker, Fay Young Richard Barre, Kent Fox, David Washburn Carla Brunstead, Suzi Wiley Duane Franzen, Dave Dillon, David McCalmont Richard Ballew, Lisa Ballew, John Butler, Subdn. Stephen Butler, Jerry Jones Fay Young

Ben Hedges



# "Chair Straightening" Ministry

Did you ever wonder who sets things right every week after Liturgy?

(Please help them out by taking your liturgy books and bulletins when you go, and by cleaning up your own area.)



# GLORY TO GOD FOR ALL THINGS!

Join us for the

# AKATHIST OF THANKSGIVING

Wednesday, Nov. 22, 2017 at 6:00 p.m.

Bring the whole family. Bring your out-of-town guests. Bring your friends and neighbors!

A beautiful way to begin the Thanksgiving Weekend!

# TEEN SOENE

Junior High teens meet from 6:00-7:30 p.m. and High School teens meet from 6:30-8:30 p.m. on Thursdays in the Teen Room at the church, unless noted otherwise.

# November 2017

11/23	Thanksgiving Day - NO YOUTH GROUP
11/30	Thursday Night Youth Group

# December 2017

12/7	Thursday Night Youth Group
12/14	Thursday Night Youth Group (Fire on Father)
12/21	Christmas Party with White Elephant Gift Exchange
12/28	Thursday Night Youth Group - Movie Night/Hangout

# January 2018

TEEN SOENE				
Junior High teens meet from 6:00-7:30 p.m. and High School teens meet from 6:30-8:30 p.m. sdays in the Teen Room at the church, unless noted otherwise.				
November 11/23 11/30	r 2017 Thanksgiving Day - NO YOUTH GROUP Thursday Night Youth Group			
December 12/7 12/14 12/21 12/28	Thursday Night Youth Group Thursday Night Youth Group (Fire on Father) Christmas Party with White Elephant Gift Exchange Thursday Night Youth Group - Movie Night/Hangout			
January 2 1/4 1/7 1/11 1/18 1/25	O18 Thursday Night Youth Group Outdoor Blessing of the Water (Dive for the Cross) Thursday Night Youth Group Thursday Night Youth Group (Fire on Father) Thursday Night Youth Group			

# **REVISED ADULT CATECHISM SCHEDULE:**

11/4	The Music of Liturgy	12/9	Sacraments
11/11	NO CLASS—Advent Seminar	12/16	Cycle of Prayers, pp. 60-68
11/18	Holy Spirit	12/23	NO CLASS
11/25	NO CLASS (Thanksgiving Weekend)	12/30	NO CLASS
	Church Art & Architecture		The Church Year I, pp. 70-117
			The Church Year II, pp. 117-151

# PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

# Send prayer requests for the bulletin to: office@stathanasius.org. Please pray for the health of:

Metropolitan JOSEPH Mother Victoria

Met. Paul & Abp. John Fr. Jon Braun

Dn. Richard E. Kh. Diane C.

Fr. Patrick and Vanessa K.

Greg & Margaret Y. Hoppe Family

Gail S.

Dean & Penny B.

Angelina, Jase & Alina S. Rich and Susan B.

Duane F.

Galina, Nikolai & Nataliya

Joan T.

Bette Friesen & Family

Ethan K. Tony C.

Paul F. and Family

Justin B.

Fr. Anthony Y. and Family Bill & Robin H. and Family

Tony E. Clifford Y. Alma G. Guadalupe Phyllis M. John D.

Michael A. & Edward S., who are

studying in Russia

Lynn & Fr. Wayne W. & Family

Dan & Athena W.

Drew, Stephanie & Parker W.

All those suffering and in danger in the Ukraine, Africa, and the Middle East

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*For repose of the souls of:* Mary, James P., Victims of Las Vegas shooting; All who have died in the conflicts in the Ukraine Africa & the Middle East

### **ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the wooden box in the narthex will be said silently at the altar at most services. During the Great Entrance of the Divine Liturgy, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Preparation of the Bread and Wine for Communion).

# ST. ATHANASIUS BOOK CENTER \* The church bookstore is located in the fover of the fellowship hall. The two

enclosed cabinets hold icons, books, and other items that are FOR SALE. See Terri Speier if you are looking for jewelry such as a cross or chain. Pay-\*\*\*\*\* ment should be made at time of purchase and placed in the brown lockbox mounted on wall next to Fr. Nicholas' office. Make checks payable to "St. Athanasius Book Center."

All proceeds go to the parish Building Fund.

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