



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
email: office@stathanasius.org

Youth Coordinator

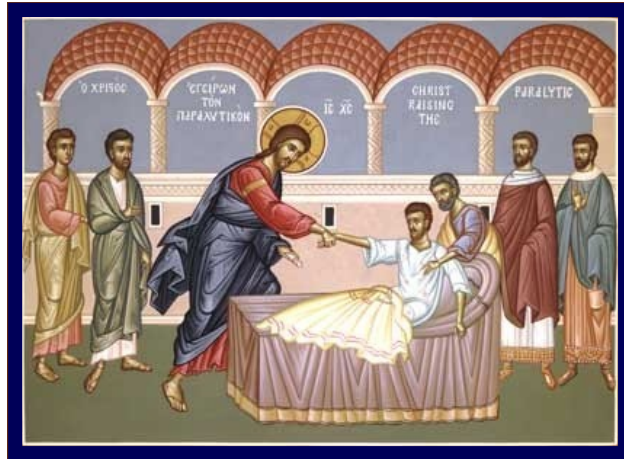
Tyler Speier tyler@stathanasius.org

Parish Council 2017-2018:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Laurie Baker
Corina Berari
David Dillon
Dottie Genatone
Verne Gish
Benjamin Hedges

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, April 29, 2018 Tone 3 / Eothinon 5; Fourth Sunday of Pascha Sunday of the Paralytic

Apostles Jason and Sosipater of the Seventy;
Martyr Kerkyra of Corfu;
John the New Almsgiver, Metropolitan of Thebes;
Martyr John of Romania;
Basil of Ostrog, Metropolitan of Zakhum in Serbia



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week

Sunday, April 29-Sunday of the Paralytic

9:00 a.m. Religious Education 6-18 yr. olds
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:45 a.m. Coffee Hour
 12:00 p.m. Choir Rehearsal
 4:00 p.m. St. Barbara Monastery Friends
 Gathering—Mother Melania,
 guest speaker, followed by
 Vespers and potluck

Monday, April 30

6:45 a.m. Daily Paschal Matins
 5:00 p.m. Outreach Meal at St. Michael
 University Church in Isla Vista

Tuesday, May 1

2:30 p.m. Level I Catechesis
 5:30 p.m. Daily Vespers

Wednesday, May 2

6:45 a.m. Daily Paschal Matins
 12:00 p.m. Intercessory Prayer Group
 6:00 p.m. Liturgy for Mid-feast of
 Pentecost

Thursday, May 3

11:00 a.m. Showers of Blessing
 5:30 p.m. Daily Vespers
 6-8 p.m. Youth Group Activity—all teens

Friday, May 4

6:45 a.m. Daily Paschal Matins

Saturday May 5

6:00 p.m. Vespers/Confession

Sunday, May 6—Sun. of Samaritan Woman

9:00 a.m. Religious Education 6-18 yr. olds
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

April 29 Kern
 May 6 Hedges
 May 13 Jacobs
 May 20 Tinyayeva

Coffee Hour

April 29 Angelina Speier in memory of
 Kevin Speier
 May 6 Dn. Scott & Karen Jacobs
 in honor of St. Irene
 May 13 Michael & Margaret Easbey
 May 20 David Lewis

Greeters

April 29 D. Lewis/Deacon
 May 6 H. Lange/M. Andonian
 May 13 P. Morrison/D. Genatone
 May 20 P. King/K.P. King

Ushers

April 29 D. Lewis, C. Berari, G. Shannon
 May 6 S. Speier, P. Brunner, P. King
 May 13 D. Meyer, R. Barre, D. Lewis
 May 20 C. Speier, J. King, D. Washburn

Readers

April 29 R. Barre
 May 2 Rdr. V. Gish (Liturgy for Mid-Feast)
 May 6 T. Harris
 May 13 D. Meyer
 May 16 Rdr. M. Kern (Ascension Vesp-Lit.)
 May 19 D. Washburn (Great Vespers)
 May 20 Rdr. M. Kern

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

*The Priest begins Divine Liturgy with “Blessed is the Kingdom” and the choir responds
“Amen.” Bearing the Paschal Candle, the Priest then leads the singing of the Paschal
Troparion and censes the west side of the Altar Table.*

Priest: Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and
unto ages of age.

People: Amen.

Clergy: Christ is risen from the dead, trampling down death by death, and upon those in the
tombs bestowing life.

People: Christ is risen from the dead, trampling down death by death, and upon those in the
tombs bestowing life. **(2 times)**

GREAT LITANY

FIRST ANTIPHON

Verse: Make a joyful noise to God, all the earth! Sing of His Name, give
 glory to His praise!

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

- Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe
before Thee. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High!
[Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

SECOND ANTIPHON

Verse: God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

**Refrain: O Son of God, Who rose from the dead,
save us who sing to Thee, Alleluia.**

- That we may know Thy way upon the earth, and Thy salvation among all nation! [Refrain]
- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages.
Amen

Only begotten Son...

THIRD ANTIPHON

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

**Refrain: Christ is risen from the dead trampling down death by death,
and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages.
Amen

LITTLE ENTRANCE

**In the gathering places bless ye God the Lord from the Springs of Israel.
O Son of God Who Rose From the dead, save us who sing to Thee, Alleluia!**

Troparion of the Resurrection

(Music on p. 44 of Liturgy book)

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Tone 3 Byzantine melody
harmonized by Fr. J. Finley

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
That He may grant us abundant mercy.

Kontakion for the Paralytic**Tone 3**

By Your divine intercession, O Lord,
as You raised up the Paralytic of old,
so raise up my soul, paralyzed by sins and thoughtless acts;
so that being saved I may sing to You:
“Glory to Your power, O compassionate Christ!”

Kontakion for Pascha

Thou didst descend into the tomb O Immortal.
Thou didst destroy the pow'r of death.
In victory Thou didst arise, O Christ God,
proclaiming rejoice to the myrrh-bearing women,
granting peace to Thine apostles,
and bestowing resurrection on the fallen.

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle
(Page 58 of Liturgy Book)****Tone 3** Byzantine melody
harmonized by Fr. J. Finley

Sing praises to our God, sing praises. Sing praises to our King, sing praises. (*Ps 46/47:6*)

Verse: Clap your hands all you peoples!
Shout to God with a voice of joy! (*Ps 46/47:1*)

THE EPISTLE READING

Acts 9:32-42

In those days, as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aeneas, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aeneas, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord.

Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments, which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 3

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

Verse: Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

GOSPEL READING—John 5:1-15

At that time, Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethzatha, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water. For an angel of the Lord went down at certain seasons into the pool and troubled the water; whoever stepped in first, after the troubling of the water was healed of whatever disease he had. One man was there, who had been ill for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, He said to him, "Do you want to be healed?" The sick man answered Him, "Sir, I have no man to put me into the pool when the water is troubled, and while I am going another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked.

Now that day was the Sabbath. So the Jews said to the man who was cured, "It is the Sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet, and walk?'" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

Hymn to the Mother of God (Meglynarion)

The angel cried to the lady full of grace: Rejoice, O pure virgin! Again I say rejoice, O pure Virgin. Your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice all ye people. O Shine! Shine! Shine, O New Jerusalem! The glory, the glory of the Lord has shone on you. Exult, exult and be glad. Be glad, O Zion, be radiant, O Mother of God, in the resurrection of your Son, of your Son!

Communion of the Clergy and Communion of the Faithful

Receive the body of Christ. Taste the fountain of immortality.
Alleluia! Alleluia! Alleluia!

HOLY COMMUNION

*In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, "Father, bless" when you get to the chalice.*

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

Instead of "We have seen the true light, we sing: "Christ is risen" ONE time.

At the end of the dismissal prayer the service then continues with the typical Paschal dialogue, as follows:

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Christ is risen.

Faithful: Indeed He is risen

Priest: Christ is risen.

Faithful: Indeed He is risen.

Priest: Glory to His third-day Resurrection.

Faithful: Let us worship His third-day Resurrection.

Priest: Christ is risen from the dead, trampling down death by death, and upon those in the tombs

Faithful: bestowing life.

English: Christ is risen!

Greek: Christos anesti!

Arabic: El Messieh kahm!

Slavonic: Christos voskrese!

Romanian: Hristos a inviat!

Spanish: Christo ha resucitado!

Georgian: Kriste aghsdga!

Amharic: Kristos tenestwal!

He is risen indeed!

Alithos anesti!

Hakken kahm!

Voistinu voskrese!

Adeverat a inviat!

En verdad ha resucitado!

Cheshmaritad aghsdga!

Bergit tenestwal!

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On the homepage, click on **VIEW CALENDAR** at the bottom left.

CHANGE IN DAILY TRISAGION PRAYERS

1. From Pascha until Pentecost, do not say, "O Heavenly King..."
2. From Pascha until Ascension, replace "Holy God, Holy Mighty..." with "Christ is risen from the dead, trampling down death by death, and upon those in tombs bestowing life."

THE "MEALS FOR NEW MOMS" MINISTRY is now being headed by Margaret Easbey. If you know of a new mom in the parish who could use some help with meals during the first few weeks after giving birth, please let Margaret know: cell 805-266-9110 or mveasbey@gmail.com.

ON WEDNESDAY, MAY 16 at 6:00 p.m. we will celebrate the Feast of the Ascension of our Lord with Vespers Divine Liturgy.

PARISH COUNCIL CORNER

- The Parish Council approved a landscaping clean-up and plant replacement project, based on recommendations made by our landscape designer. She is working with our Festal Decorating team to plant some things that we will be able to use in decorating for feast days.
- It was suggested that we create a page on the parish website describing our landscaping in detail, since all of the trees and shrubs are not only drought tolerant but many were chosen because of their connection to the Holy Land or because of some spiritual significance.
- The Council will research the cost of glass protection over the large icons on the iconostasis, as a means of protecting our newly restored icons from future damage.
- The Council will research and take into consideration the hiring of a person to lead the College & Young Adult Ministry.
- The design/plan for the enlarged patio with a shade structure has gone back to the County with the modifications they required us to make. We are awaiting approval to begin construction.

CELEBRATIONS THIS WEEK

Birthdays:

4/29	Kristi King
4/30	John Butler
5/1	Chantél Cappuccilli
5/2	Kristin King

Patronal Feast Days:

4/30	St. James, Son of Zebedee	Ethan Keller
5/4	St. Monica, Mother of Augustine	Monica Finley
5/5	St. Irene of Thessalonica	Karen Jacobs, Hailey Parodi

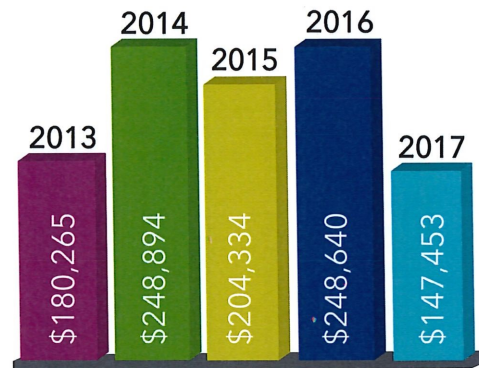
ANNUAL REPORT

2017

SAOC BUILDING FUND

2017 ACCOMPLISHMENTS

- \$76,836 principle paid
- Preserved \$100K in reserve
- Successful golf tournament
- Raised \$150,000 for kitchen from last 2 golf fundraisers
- Committee formed to explore options for our property



BUILDING FUND CONTRIBUTIONS

2018 GOALS

For 2018, our goals are to complete the patio improvements and submit plans for our kitchen build-out.

Many thanks to all who gave to the building fund last year. Please remember the building fund for 2018!

GOLF INCOME

2017

\$82,237

for more information visit
www.stathanasius.org

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

5/3/18	All teens 6-8 p.m. (GAME NIGHT)
5/10/18	Regular Youth Group times (Fire on Father)
5/17/18	Regular Youth Group times
5/24/18	All teens from 6-8 p.m. (SPECIAL ACTIVITY)
5/31/18	Regular Youth Group times

ANNOUNCING SUMMER SCHOOL 2018 June 18-July 5

for children in grades K–6th grade
(Those who have COMPLETED one of those grades.)

Teaching staff: Fr. Nicholas, Mary Gish, Elleney King

Teens who would like to be Teacher's Aids this year
must fill out an application form.

More details to follow soon. Forms will be available on the parish website.

The Fourth Sunday after Pascha is dedicated to Christ's healing of the **Paralytic** (*John 5*). The man is healed by Christ while waiting to be put down into the pool of water. Through baptism in the church we too are healed and saved by Christ for eternal life. Thus, in the church, we are told, together with the paralytic, to "sin no more that nothing worse befall you" (*John 5:14*). Our Lord's question to the man, "Do you want to be healed?" is directed to us as well, reminding us that the gift of life and illumination through the Resurrection brings with it responsibilities. It must be nurtured and shared with others.

In the middle of the Fourth Week, there is a day which is called by the **Church, the Feast of Mid-Pentecost**. On this day we recall that Christ, "in the middle of the feast" teaches men of His saving mission and offers to all "the waters of immortality" (*John 7:14*). Again we are reminded of the Master's presence and His saving promise: "*If anyone is thirsty let him come to Me and drink*" (*John 7:37*).

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Romanos (O.C.M.C. priest, Congo)
Fr. Jon Braun
Dn. Richard E.
Kh. Diane C.
Fr. Patrick and Vanessa K.
Greg & Margaret Y.
Hoppe Family
Gail S.
Dean & Penny B.
Angelina, Jase & Alina S.
Rich and Susan B.
Duane F.
Galina, Nikolai & Nataliya

Joan T.
Friesen family
Ethan & Cole K.
Tony C.
Paul F. and Family
Justin B.
Fr. Anthony Y. and Family
Tony E.
Alma G.
Guadalupe
Phyllis M.
John D.
Fr. Wayne W. & Family
Fr. Dimitrie V.
Monsignor John Y.

Antonio
Steve
Gaylen C.
Zac B.
Dotte G.
Fay Y.
Terri Lynn & Hannah Rose
Lauren
Cheryl G.
Jerry J.
Elka

All those suffering and
in danger in Ukraine,
Africa, and the Middle East

For repose of the souls of: Bette F., Merrily M., Alyson, Dawn
All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. Others are prayed for during the Preparation of the Bread and Wine for Communion).

 * **ST. ATHANASIUS BOOK CENTER** *
 * The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)
 *
 * **All proceeds go to the parish Building Fund.** *
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:HEALING OF THE PARALYTIC:

