

ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane
Santa Barbara, CA 93111
Office hours: Tues-Fri.
12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Youth Coordinator

Tyler Speier tyler@stathanasius.org

Parish Council 2017-2018:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Laurie Baker
Corina Berari
David Dillon
Dottie Genatone
Verne Gish
Benjamin Hedges

LITURGY OF ST. JOHN CHRYSOSTOM Sunday, July 1, 2018

**Tone 4 / Eothion 5
Unmercenaries Cosmas and Damian, Martyrs in Rome
& Fifth Sunday of Matthew**
New-martyr Constantine in Cyprus;
Translation of Relics of Venerable John of Rila



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.
If you are not Orthodox, we invite you to partake of the
blessed bread during communion.
Please join us at Coffee Hour~ we'd love to meet you!

Calendar for this Week *Fr. Nicholas will be at the Diocesan Parish Life Conference from July 3-7.*

Sunday, July 1

9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:45 a.m. Coffee Hour
 12:00 p.m. Choir Rehearsal

Monday, July 2

6:45 a.m. Daily Matins
 8:45-11 a.m. Summer School
 5:00 p.m. Outreach Meal at St. Michael University Church in Isla Vista

Tuesday, July 3

8:45 am-2pm Summer School
 5:30 p.m. Daily Vespers

Wednesday, July 4—Independence Day

6:45 a.m. Daily Matins
NO SUMMER SCHOOL
 12:00 p.m. Intercessory Prayer Group

Thursday, July 5—Diocese Parish Life Conference

8:45 am-2pm Summer School—Field Trip
 11:00 a.m. Showers of Blessing
 5:30 p.m. Daily Vespers

Friday, July 6-Diocese Parish Life Conference

6:45 a.m. Daily Matins

Saturday July 7-Diocese Parish Life Conference

6:00 p.m. Vespers/Confession

Sunday, July 8-Diocese Parish Life Conference

9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:45 a.m. Coffee Hour

Valerie Yova, our parish Administrator, will be out of town from July 5-15. If you need to get into the church building, it is best to come during times when there are daily services or Summer School. Otherwise, you will need to set up a time with Fr. Nicholas or one of the ministry leaders who has a key.

Sunday Morning Ministries Schedule

Eucharist Bread

July 1 Kern
 July 8 Dn. G. Braun
 July 15 Hedges
 July 22 Jacobs

Coffee Hour

July 1 Gish
 July 8 Wiley/Baker/McIntire
 (Traditional Ethiopian Cuisine)
 July 15 S. & T. Speier
 July 22 NEED A HOST

Greeters

July 1 P. King/K.P. King
 July 8 D. Lewis/Deacon
 July 15 K. & L. Jacobs
 July 22 K. Fox/H. Lange

Ushers

July 1 P. King, D. Meyer, R. Barre
 July 8 D. Lewis, C. Speier, J. King
 July 15 D. Washburn, C. Berari, G. Shannon
 July 22 S. Speier, P. Brunner, P. King

Readers

July 1 T. Harris
 July 8 D. Meyer
 July 14 Rdr. M. Kern (Vespers)
 July 15 Rdr. H. Lange
 July 22 D. Washburn

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of Heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy.

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.

Blessed are you when men shall revile you and shall persecute you, and shall say all manner of
evil against you falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY**

**Troparion of the Resurrection
(Music on page 45 of Liturgy book)**

Having learned the joyful message
of the Resurrection from the angel,
the women disciples of the Lord cast from them
their parental condemnation,
and proudly broke the news to the disciples
saying death has been spoiled.
Christ God is risen, granting the world great mercy.

Tone 4 Byzantine melody
harmonized by Fr. J. Finley

**Troparion for Saints Cosmas & Damian
Holy Unmercenarys and Wonderworkers,
Cosmas and Damian, heal our infirmities!**

Freely you have received;
freely you give to us.

Tone 8 Slavic Chant

**Troparion to St. Athanasius
(Music on page 54 of Liturgy Book)**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Tone 3 Byzantine Melody

Kontakion - Ordinary Sundays**Tone 4 Byzantine melody**

O undisputed intercessor of Christians,
The mediatrix, who was unrejected by the Creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith, for thou art good.
Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!
People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm verses before the Epistle
(Music on page 59 of Liturgy book)****Tone 4** Byzantine melody
harmonized by Fr. J. Finley

O Lord, how manifold are Thy works, in wisdom Thou hast made them all.
(Ps 103/104:24)
Vs. Bless the Lord O my soul, O Lord my God, Thou art very great.

**THE EPISTLE READING
Corinthians 12:27-13:8**

Brethren, you are the body of Christ and individually members of it. And God has appointed in the Church first apostles, second prophets, third teachers, then workers of miracles, then healers, helpers, administrators, speakers in various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak with tongues? Do all interpret? But earnestly desire the higher gifts. And I will show you a still more excellent way. If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing. If I give away all I have, and if I deliver my body to be burned, but have not love, I gain nothing. Love is patient and kind; love is not jealous or boastful; it is not arrogant or rude. Love does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrong, but rejoices in the right. Love bears all things, believes all things, hopes all things, endures all things. Love never ends.

Alleluia Refrain and Psalm verses before the Gospel Tone 4
(Music on p. 64 of Liturgy book)

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Draw Thy bow and prosper and reign, in the cause of
truth, meekness, and righteousness. (*Ps 44/45:5*)

Verse: Thou hast loved righteousness and hated wickedness.
(*Ps 44/45:8*)

GOSPEL READING

Matthew 8:28-9:1

At that time, when Jesus came to the country of the Gergesenes, two demoniacs met Him, coming out of the tombs, so fierce that no one could pass that way. And behold, they cried out, "What have we to do to Thee, O Son of God? Art Thou come here to torment us before the time?" Now a herd of many swine was feeding at some distance from them. And the demons begged Him, "If Thou castest us out, send us away into the herd of swine." And He said to them, "Go." So they came out and went into the swine; and behold, the whole herd rushed down the steep bank into the sea, and perished in the waters. The herdsmen fled, and going into the city they told everything, and what had happened to the demoniacs. And behold, all the city came out to meet Jesus; and when they saw Him, they begged Him to leave their neighborhood. And getting into a boat He crossed over and came to His own city.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)
Alleluia, Alleluia, Alleluia!

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say, *“Father, bless” when you get to the chalice.*

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

CELEBRATIONS THIS WEEK

Birthdays:

7/4 Samantha Morrison Nalepa
7/5 Beau Brunner
7/7 Ekaterina Nikolov

Patron Saint Feast Days

7/2	St. John Maximovich	Lucas AbuGhazaleh, John Butler
7/5	St. Elizabeth the New Martyr	Adrienne Macdonald
7/8	Saints Priscilla and Aquila	Julie Gross

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On the homepage, click on **VIEW CALENDAR** at the bottom left.

Fr. Nicholas will be at the Diocesan Parish Life Conference from July 3-7.

Please keep in your prayers those from our parish who are traveling to the Parish Life Conference, including Fr. Nicholas and Kh. Jan, and our Bible Bowl team: Michael Easbey (coach), Thomas Ballew, Adam King, and Peter Speier.

Valerie Yova, our parish Administrator, will be out of town from July 5-15. If you need to get into the church building, it is best to come during times when there are daily services. Otherwise, you will need to set up a time with Fr. Nicholas or one of the ministry leaders who has a key.

PARISH COUNCIL ELECTIONS END TODAY. You may vote by ballot TODAY during Coffee Hour, or email your vote to Fr. Nicholas by midnight tonight: frnicholas@stathanasius.org. Three candidates are on the ballot: Dorothy Alexander, Zak Landrum and Jami Brunner Stetler. Each active member of the parish 18 years and older and in good standing may vote for ONE of the three candidates.

SINCERE CONDOLENCES to Fr. Nicholas, Kh. Jan and the entire Speier family on the falling asleep in the Lord of Father's mother, Marceen Speier, last Sunday evening. There will be a memorial to honor her in late July.

OUR DEEPEST SYMPATHY to the family of John De Bruin. John fell asleep in the Lord this past Monday, June 25th. The funeral will be tomorrow, July 2nd, at 12:30 p.m. at our church, followed by burial at Goleta Cemetery and then a light mercy meal back at the church.

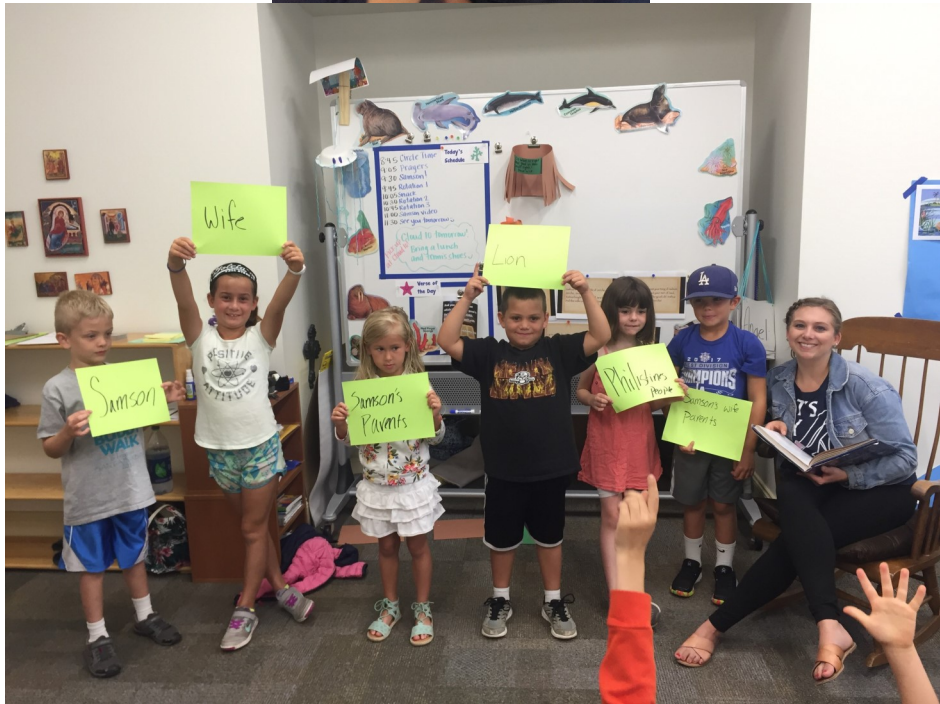
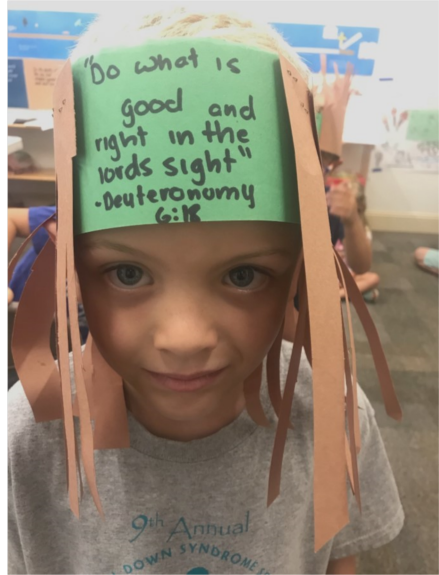
NEXT SUNDAY, JULY 8th, Papu McIntire and some of her friends and family will treat us to an Ethiopian Coffee Hour. There will be some of the old familiar items for children, as well.

COFFEE HOUR HOSTS ARE STILL NEEDED FOR THE FOLLOWING SUNDAYS.
July 22 August 19 and 26

Please go online and sign up if you have not hosted yet this year, or talk to Suzi Wiley.
<http://www.stathanasius.org/coffee-hour/>

THE JUNE WOMEN'S FELLOWSHIP GATHERING was rescheduled for Friday, July 13 at 5:30 p.m. at Jan Speier's home. Ladies, look for an Evite from Christie Robinson.

Summer School 2018—Week 2



TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

7/5 NO YOUTH GROUP (Magic Mountain Day)
7/12 Summer Youth Group—Both groups 6-8 p.m.
7/19 Summer Youth Group—Both groups 6-8 p.m.
7/26 Family BBQ at the park

SAVE THE DATES!

St. Athanasius Summer Family Barbecues
More information to follow.



**Thursday, July 26, 2018
Thursday, August 16, 2018**



SAVE THE DATE!

Friday evening, July 27 & Saturday, July 28
Deacon Rico Paul Monge
will be with us all weekend to teach several sessions
on “Post Modernism & Christianity: Friends or Foes?”
More details to follow soon.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

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|--------------------------------------|--------------------------|---------------------------------------------------------------------------------|
| Metropolitan JOSEPH | Ethan & Cole K. | All those suffering and
in danger in Ukraine,
Africa, and the Middle East |
| Mother Victoria | Tony E. | |
| Met. Paul & Abp. John | Fr. Dimitrie V. | |
| Fr. Romanos (O.C.M.C. priest, Congo) | Monsignor John Y. | |
| Mother Christophora | Gaylen C. | |
| Fr. Jon B. | Zac B. | |
| Dn. Richard E. | Terri Lynn & Hannah Rose | |
| Kh. Diane C. | Lauren | |
| Greg & Margaret Y. | Cheryl G. | |
| Hoppe Family | Jerry J. | |
| Gail S. | Elka | |
| Dean & Penny B. | Elizabeth J. | |
| Duane F. | Jimmy | |
| Joan and Steve T. | Phoebe L. | |
| Friesen family | Gabriel M. | |

For repose of the souls of: John D., Marceen S., Jacqueline M., Pat W., Jeffery L., Wayne H., Dn. Mark
All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

 * **ST. ATHANASIUS BOOK CENTER** *
 * The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, *
 * etc. The bookshelf has books for sale, arranged alphabetically by book title. Children’s books *
 * are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or *
 * chain. Payment should be made at time of purchase and placed in brown lockbox on wall next *
 * to Fr. Nicholas’ office. Make checks payable to St. Athanasius Book Center.. (The pamphlets in *
 * the rack are FREE, as are the 12-month liturgical calendars.) *
 *
 * **All proceeds go to the parish Building Fund.** *
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