



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America  
300 Sumida Gardens Lane, Santa Barbara, CA 93111  
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York &  
Metropolitan of all N. America**

**Senior Pastor:**

Fr. Nicholas Speier  
805-685-5495  
frnicholas@stathanasius.org

**Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903  
Fr. John Carrillo 805-770-3749  
Fr. Jon Braun, Attached Priest (retired)  
Fr. John Finley, Attached Priest

**Deacons:**

Dn. Gary Braun  
Dn. Scott Jacobs  
Dn. Richard Easbey  
Dn. John Young

**Subdeacons:** Stephen Butler & Michael Easbey

**Music Director/Administrator:**

Valerie Yova  
Office phone: 805-685-5400  
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**Teen Program Coordinator**

Michael Easbey: measbey@gmail.com

**College/Young Adult Coordinator**

Mitchell Denny: mitchdennyjr@gmail.com

**Parish Council 2018-2019:**

Kristi King, President  
Dan Braun, Treasurer  
Terri Speier, Secretary  
Dorothy Alexander  
Laurie Baker  
Corina Berari  
David Dillon  
Mary Gish  
Zak Landrum

## **DIVINE LITURGY OF ST. JOHN CHRYSOSTOM**

**Sunday, November 24, 2019**

**Tone 6 / Eothinon 1;**

**Twenty-third Sunday after Pentecost  
& Thirteenth Sunday of Luke**

After-Feast of the Entrance of the Theotokos  
Clement, Bishop of Rome; Hieromartyr Peter, Bishop of Alexandria;  
Hermogenes, Bishop of Agrigentum;  
Martyrs Philoumenos and Christopher; Martyr Alexander of Corinth



## **WELCOME TO OUR VISITORS!**

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the  
blessed bread during Communion.

Please join us at Coffee Hour~ we'd love to meet you!

## **We welcome children of all ages in our worship.**

“Let the little children come unto Me for of such is  
the Kingdom of Heaven.” Luke 18:16

## *Calendar for this Week*

### **Sunday, November 24**

9:00 a.m. Religious Education ages 6-12  
9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:30 a.m. Teen Religious Education  
(after the Eucharist)  
11:45 a.m. Coffee Hour  
12:15 p.m. Choir Rehearsal

### ***Sunday Morning Ministries Schedule***

### **Monday, November 25-Great Martyr Catherine**

6:45 a.m. Daily Matins  
5:00 p.m. St. Brigid outreach dinner at  
St. Michael's in Isla Vista

### **Eucharist Bread**

November 24 Jacobs  
December 1 Fr. Nicholas  
December 8 Cocores  
December 15 Kern

### **Tuesday, November 26**

3:45 p.m. Catechesis Level One  
5:30 P.M. Daily Vespers

### **Coffee Hour**

November 24 Harris/S. Hedges/K. Vogt  
December 1 THANKSGIVING POTLUCK  
December 8 Ballew/Young (in memory of  
Fr. Richard Ballew)

### **Wednesday, November 27**

6:45 a.m. Daily Matins  
12:00 p.m. Intercessory Prayer Ministry  
6:00 p.m. Akathist of Thanksgiving

December 15

### **Greeters**

November 24 H. Lange/D. Washburn  
December 1 D. Lewis/Deacon  
December 8 K. P. King/L. Hoppe  
December 15 D. Genatone/Deacon

### **Thursday, November 28- THANKSGIVING**

NO VESPERS  
NO YOUTH GROUP

### **Ushers**

November 24 S. Speier, D. Washburn, D. Meyer  
December 1 D. Lewis, C. Speier, J. King  
December 8 M. Loulias, C. Berari, S. Speier  
December 15 D. Washburn, D. Meyer, D. Lewis

### **Friday, November 29**

6:45 a.m. Daily Matins  
NO AKATHIST AT WESTMONT

### **Saturday, November 30—APOSTLE ANDREW**

6:00 p.m. Great Vespers

### **Readers**

November 24 D. Alexander  
December 1 Rdr. John Butler  
December 6 Rdr. M. Kern (St. Nicholas Liturgy)  
December 8 Rdr. V. Gish  
December 15 D. Meyer

### **Sunday, December 1**

NO RELIGIOUS EDUCATION CLASSES

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. POTLUCK

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**GREAT LITANY**

**First Antiphon—Verses for the Feast of the Presentation of the Theotokos with refrain:**

Vs. 1 Great is the Lord and greatly to be praised; in the city of our God and in His holy mountain. Glorious things are spoken of you, o city of God. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. 2 God is known in her palaces for a refuge. As we have heard, so have we seen in the city of the Lord of hosts, in the city of our God. [Refrain]

Vs. 3 Glory...now & ever...Amen. [Refrain]

**Second Antiphon for the Feast of the Presentation of the Theotokos with refrain:**

Vs. 1 The Most High hath sanctified His tabernacle. Holiness and majesty are in His sanctuary. [Refrain]

**Refrain: O Son Of God Who rose from the dead, save us who sing  
to Thee, Alleluia!**

Vs. 2 This is the gate of the Lord, by which the righteous shall enter. [Refrain]

Vs. 3 Holy is Thy temple, and wonderful in righteous. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,  
now and ever, and unto ages of ages. Amen.

**Only Begotten Son** and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

**Third Antiphon for the Feast of the Presentation of the Theotokos with refrain:**

Vs. 1 Even the rich among the people shall entreat thy favor.

**Refrain:**

**Today is the prelude of the good will of God,  
of the preaching of the salvation of mankind.  
The Virgin appears in the Temple of God,  
in anticipation proclaiming Christ to all.  
Let us rejoice  
and sing to her://  
“Rejoice, O Fulfillment of the Creator’s dispensation!”**

Vs. 2 The King’s daughter is all glorious within: her clothing is of wrought gold. [Refrain]

Vs. 3 Virgins shall be brought to the King after her: her companions shall be brought unto Thee. [Refrain]

**AS THE CLERGY ENTER THE ALTAR AT THE  
LITTLE ENTRANCE, WE SING THE FOLLOWING  
HYMNS FOR THE DAY:**

**Resurrectional Troparion**

**(Music on p. 49-50 of Liturgy book)**

**Tone 6**

When Mary stood at Thy grave looking for Thy sacred body,  
angelic pow’rs shone above Thy revered tomb,  
and the soldiers who were to keep guard became as dead men.  
Thou led Hades captive and wast not tempted there-by,  
Thou did meet the Virgin and didst give life to the world.  
O Thou Who art risen from the dead, O Lord, glory to Thee.

**Troparion of Presentation of the Theotokos in the Temple**

**Tone 4**

Today is the prelude of the good will of God,  
of the preaching of the salvation of mankind.  
The Virgin appears in the Temple of God,  
in anticipation proclaiming Christ to all.  
Let us rejoice and sing to her://  
“Rejoice, O Fulfillment of the Creator’s dispensation!”

**Troparion to St. Athanasius**

**Tone 3**

**(Music on p. 54 of Liturgy book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion for the Presentation of the Theotokos**

**Tone 4**

The most pure Temple of the Savior;  
the precious Chamber and Virgin;  
the sacred Treasure of the glory of God,  
is presented today to the house of the Lord.  
She brings with her the grace of the Spirit,  
therefore, the Angels of God praise her,

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm verses before the Epistle (Prokeimenon)**  
**(Music on page 60 of Liturgy book)**

**Tone 6**

O Lord save Thy people and bless Thine inheritance. (Ps. 28:9)

**Verse:** *To Thee will I cry, O Lord, O my God, do not be silent unto me.*

**EPISTLE READING**  
**Ephesians 2:4-10**

Brethren, God, Who is rich in mercy, out of the great love with which He loved us, even when we were dead through our trespasses, made us alive together with Christ (by grace you have been saved), and raised us up with Him, and made us sit with Him in the heavenly places in Christ Jesus, that in the coming ages He might show the immeasurable riches of His grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith; and this is not your own doing, it is the gift of God—not because of works, lest any man should boast. For, we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

**Alleluia Refrain and Psalm verses before the Gospel**  
**(Music on p. 65 of Liturgy Booklet)**

**Tone 6**

**Chanter:** Alleluia, Alleluia, Alleluia!  
**People:** Alleluia, Alleluia, Alleluia!

- Vs. 1 He Who dwelleth in the help of the Most High shall abide under the shadow of the protection of the God of Heaven. *(Ps 90/91:1)* **Alleluia**
- Vs. 2 He will say to the Lord, Thou art my protector and my refuge, my God, in Him will I hope. *(Ps 90/91:2)* **Alleluia**

**GOSPEL READING**  
**Luke 18:18-27**

At that time, a man came testing Jesus and asking, “Good Teacher, what shall I do to inherit eternal life?” And Jesus said to him, “Why do you call Me good? No one is good but God alone. You know the commandments: ‘Do not commit adultery. Do not kill. Do not steal. Do not bear false witness. Honor your father and mother.’” And the man said, “All these I have observed from my youth.” And when Jesus heard it, he said to him, “One thing you still lack. Sell all that you have and distribute to the poor, and you will have treasure in heaven; and come, follow Me.” But when the man heard this he became sad, for he was very rich. Jesus, seeing him sad, said, “How hard it is for those who have riches to enter the kingdom of God! For it is easier for a camel to go through the eye of a needle than for a rich man to enter the kingdom of God.” Those who heard it said, “Then who can be saved?” Jesus said, “What is impossible with men is possible with God.”

**HOMILY**

**Meglynarion—Hymn to the Mother of God (Liturgy Book, Page 27)  
(For the Feast of the Presentation of the Theotokos)**

The Angels beheld the Entrance of the Pure One and were amazed.  
How has the Virgin entered into the Holy of Holies?  
Since she is a living Ark of God  
let no profane hand touch the Theotokos.  
But let the lips of believers unceasingly sing to her,  
praising her in joy with the Angel's song:  
"Truly, you are more exalted than all, O pure Virgin!"

**Communion Hymns (sung as the clergy receive the Eucharist)**

Praise the Lord from the heavens; praise Him in the Highest! Alleluia! (Ps. 148)  
I will receive the cup of salvation and call on the name of the Lord! Alleluia! (Psalm 116:13)

**HOLY COMMUNION**

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest is aware of this, please just say,  
*"Father, bless" when you get to the chalice.*

**Thanksgiving Prayers after Communion**

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

***CELEBRATIONS THIS WEEK***

**Birthdays**

11/24 Maryana Moskalyk  
11/25 Dee Kern, Elizabeth Butler, Elleney King  
11/26 Judy Braun  
11/27 Shirley Dillon, Wyatt West

**Patron Saint Commemorations**

11/24-25 **St. Catherine the Martyr**  
Katie Abughazaleh, Catherine Braun, Diane Carrillo, Melissa Hedges,  
Gloria Morrison, Delaney Newhouse, Ekaterina Nikolov,  
Amanda Simonsen, Jami Stetler, Kate Vander Laan

11/27 **St. James of Persia** James Dillon

11/30 **St. Andrew the Apostle** Johannes De Bruin, Ryan Franzen,  
Andrew Macdonald, Andy Simonsen

## **ANNUAL STEWARDSHIP COMMITMENT**

**PLEASE PRAYERFULLY CONSIDER WHAT YOU ARE ABLE TO TITHE** in the coming year to both the General Operating Fund and the Building Fund, and also how you can best offer to God and the parish your time and talent in one of the many ministry groups of the parish.

It is extremely helpful to the Budget Committee and the Parish Council to know your intentions, with the understanding that things can happen during the course of the year to change your ability to give and/or your availability. None of us can predict what might happen in our lives and families in the next 12 months. We can only base our decision on what we know right now, and pray that God will help us to fulfill our desire to keep our commitment, or even to exceed it.

The Stewardship Commitment Forms have been distributed with the bulletin today. There will also be blank forms next to the tithe box until the end of the year. Commitment forms may be put in the tithe box, or handed to Fr. Nicholas.

You can also fill it in online on the church website.

<https://www.stathanasius.org/stewardship/time-talent-treasure-commitment/>

**THE PARISH COUNCIL ASKS THAT YOU SUBMIT YOUR COMMITMENT FORM  
BY **Sunday, NOVEMBER 24th**  
so that we can use the information  
in preparing the 2020 budget.**

## **A GUIDE TO PARISH ETIQUETTE**

In the coming months, we will be sharing information from a booklet on Parish Etiquette, published by our Archdiocese through Ancient Faith Publishing. The information is a guide meant for personal reflection, not as a means of judging others. Keep in mind that there are different traditions even among the Orthodox faithful. We come to church to pray and worship God above all else, and that should be our only focus.

### **STANDING IN CHURCH**

It is the custom of some Orthodox Christians to stand throughout the Divine Liturgy, as well as during other services. If you choose to stand in a church that has pews or chairs, please do so near the back or sides so that the view of the altar is not blocked for those who are seated. If you are accustomed to sitting during the Divine Liturgy, remember to stand at these times: When the Liturgy begins and the priest gives the blessing; during the Little and Great Entrances (during processions); when the priest is censuring the icons and congregation; during the Gospel reading; at the Anaphora (right after the Creed, beginning with "A mercy of peace..."); for Holy Communion; and at the final Blessing. Whenever a hierarch (bishop) is visiting the parish, out of respect follow his example and stand and sit when he does.



## **ANNOUNCEMENTS & CALENDAR HIGHLIGHTS**

You can access a complete calendar of services and other parish activities on our website: [www.stathanasius.org](http://www.stathanasius.org).  
On any page, click on **VIEW CALENDAR** at the bottom left.

**CONGRATULATIONS AND MANY YEARS TO KEN GOMEZ**, who was chrismated into the Orthodox Faith last Sunday, November 17th. Welcome to our family, Ken!

**CONGRATULATIONS AND MANY YEARS to Drew and Adrienne Macdonald** on the birth of their daughter, Juliette Iris, this past Tuesday, November 19th! If you would like to provide a meal for their family in the next few weeks, contact Margaret Easbey at [mveasbey@gmail.com](mailto:mveasbey@gmail.com).

## **UPCOMING SERVICES & ACTIVITIES**

### **ADVENT BEGAN ON NOVEMBER 15**

*Advent is one of the four fasting periods of the Orthodox Church year, and a time for reflection, increased spiritual discipline and effort, acts of mercy and charity, and preparation of our hearts for the coming of our Lord.*

- Wednesday, November 27 at 6:00 p.m. Akathist of Thanksgiving
- Tues. Dec. 3/Wed., Dec. 4
  - FEAST OF ST. BARBARA**
  - Monastery—4:00 p.m. Vigil on 12/3  
10:00 a.m. Liturgy on 12/4
  - St. Barbara Greek parish**
  - 6:00 p.m. Vespers on 12/3  
8:00 a.m. Matins/9:00 a.m. Liturgy on 12/4
- Friday, December 6 6:00 p.m. **Liturgy for St. Nicholas**
- **SUNDAY, DEC. 8 4:00 P.M. ST. NICHOLAS PROGRAM**  
**Changed from Dec. 15!!**

### **PROJECT MEXICO SANTA'S HELPER**

We will be Angel Brian's Santa's Helper again this year for Project Mexico/St. Innocent Orphanage. You can sign up to provide one of the items on his wish list at this link:

<https://www.signupgenius.com/go/20f0a48afab29a2ff2-santas>

**THE YOUNG ADULT FELLOWSHIP** will gather to celebrate the season on Sunday, December 1st from 5-7 p.m. at the Dillon home. Bring a White Elephant gift that costs you **NO MORE THAN \$5**. Dinner will be provided. Christmas attire encouraged but not required. **Please R.S.V.P.** to Mitch Denny at [mitchdennyjr@gmail.com](mailto:mitchdennyjr@gmail.com).

## **TEEN SCENE**

**Junior High teens meet from 6:00-7:30 p.m.  
and High School teens meet from 6:30-8:30 p.m.  
on Thursdays in the Teen Room at the church, unless noted otherwise.**

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|--------------|---|
| <b>11/28</b> | <b>THANKSGIVING (no Youth Group)</b>                                  |
| 12/6         | Liturgy for St. Nicholas 6:00 p.m. followed<br>by High School lock-in |
| 12/12        | Regular Youth Group   |
| 12/19        | Regular Youth Group   |
| <b>12/26</b> | <b>NO YOUTH GROUP</b>   |

## **Ethnic Food Faire**

Culinary treats from Russia, Ukraine, Romania,  
Greece, Poland and Syria

**Saturday, December 7, 2019**

**10:00 am-2:00 pm**

**Orthodox Church of the Annunciation  
877 Francine Lane, Santa Maria**

Party trays and frozen items also available in limited quantities.

Other gifts and items from around the world available  
just in time for Holiday gift-giving.

For more information, call 938-7877 or

Luci Fetzko 264-2128

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: office@stathanasius.org.**

**Please pray for the health of:**

- |                                    |                            |                                |
|------------------------------------|----------------------------|--------------------------------|
| Metropolitan JOSEPH                | Zac B.                     | Fr. Jon-Stephen H.             |
| Mother Victoria                    | Lauren                     | Cole K. (military)             |
| Met. Paul & Abp. John              | Kh. Carla Z.               | Jeremiah H. (Airforce Academy) |
| Bishop Neofitos (Diocese of Kenya) | Fr. Patrick and Vanessa K. | Lauren K. (military)           |
| Mother Christophora                | Tom M.                     | Jeff H.                        |
| Fr. Jon B.                         | Dottie G.                  | Steve T, Kyle P. & Jeff P.     |
| Joseph B.                          | Jerry J.                   | Bonita M.                      |
| Dn. Richard E.                     | Monsignor J. Yanek         | Lorena F.                      |
| Kh. Diane C.                       | Neil                       |                                |
| Greg & Margaret Y.                 | Diana                      | The Ethiopian Orthodox Church  |
| Hoppe Family                       | Tyler                      |                                |
| Duane F.                           | Phyllis M.                 | All those suffering and        |
| Richard and Susan B.               | Ryder H.                   | in danger in Ukraine,          |
| Regina M.                          | Kent F.                    | Africa, and the Middle East    |
|                                    | Bob N.                     |                                |

**For repose of the souls of:** Alma G., Angela, Joan T.  
All who have died in the conflicts in Ukraine Africa & the Middle East

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

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**ST. ATHANASIUS CHURCH BOOKSTORE**

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas’ office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Building Fund.**

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## A PRAYER FOR ADVENT

*Lord, Jesus Christ, at your holy birth you deemed a lowly cave to be a fit dwelling place,  
so in your mercy make our souls and bodies temples worthy to contain you,  
the uncontainable God.*

*And as we make our Advent journey, open our ears to heed the  
prophets' warning to "Prepare the way of the Lord!"  
For we glorify you along with the angels and shepherds,  
Father, Son and Holy Spirit.*

*Amen.*