



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America
300 Sumida Gardens Lane, Santa Barbara, CA 93111
Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Teen Program Coordinator

Michael Easbey: measbey@gmail.com
College/Young Adult Coordinator
Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Mary Gish
Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, December 1, 2019

**Tone 7 / Eothinon 2; Twenty-fourth Sunday after
Pentecost & Fourteenth Sunday of Luke**

The Holy Prophet Nahum;
Venerable Philaret the Almsgiver of Amnia;
Martyr Ananias the Persian;
Theoklitos, Archbishop of Lakedaemonia



GREAT MARTYR BARBARA—DEC. 4

WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during Communion.

Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

Calendar for this Week

Sunday, December 1

NO RELIGIOUS EDUCATION CLASSES

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. POTLUCK

Monday, December 2

6:45 a.m. Daily Matins
4:30 p.m. St. Brigid outreach dinner at
St. Michael's in Isla Vista

Tuesday, December 3—NO DAILY VESPERS

3:45 p.m. Catechesis Level One
4:00 p.m. Vigil for feast of St. Barbara
at St. Barbara Monastery
6:00 p.m. Vespers for feast of St. Barbara
at St. Barbara Greek Church

Wednesday, December 4—ST. BARBARA

6:45 a.m. Daily Matins
8:00 a.m. Matins at St. Barbara Church
9:00 a.m. Liturgy at St. Barbara Church
10:00 a.m. Liturgy at St. Barbara Monastery

Thursday, December 5

10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
NO YOUTH GROUP

Friday, December 6—ST. NICHOLAS

6:45 a.m. Daily Matins
6:00 p.m. Liturgy for St. Nicholas
7:30 p.m. High School Youth Group

Saturday, December 7

4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers

Sunday, December 8

9:00 a.m. Religious Education ages 6-12
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
(after the Eucharist)
11:45 a.m. Coffee Hour
12:15 p.m. St. Nicholas Program Rehearsal
4:00 p.m. St. Nicholas Celebration

Sunday Morning Ministries Schedule

Eucharist Bread

December 1 Fr. Nicholas
December 8 Dillon
December 15 D. Washburn
December 22 Dn. G. Braun
December 24 Kern

Coffee Hour

December 1 THANKSGIVING POTLUCK
December 8 Ballew/Young (in memory of
Fr. Richard Ballew)
December 15 NEED A HOST
December 22 NEED A HOST

Greeters

December 1 D. Lewis/Deacon
December 8 K. P. King/L. Hoppe
December 15 D. Genatone/L. Baker
December 22 K. Fox/Deacon

Ushers

December 1 D. Lewis, C. Speier, J. King
December 8 M. Loulias, C. Berari, S. Speier
December 15 P. Brunner, D. Washburn, D. Meyer
December 22 D. Lewis, C. Speier, J. King

Readers

December 1 Rdr. John Butler
December 6 Rdr. M. Kern (St. Nicholas Liturgy)
December 8 Rdr. V. Gish
December 15 D. Meyer
December 21 D. Washburn (Great Vespers)
December 22 Rdr. H. Lange
December 24 Royal Hours—any readers available
December 24 Rdr. J. Butler-Festal Liturgy

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be
incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become
man and wast crucified, O Christ our God, trampling down death by death, who art one
of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness, for they shall be filled.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the pure in heart, for they shall see God.
Blessed are the peacemakers, for they shall be called the sons of God.
Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.
Blessed are you when men shall revile you and shall persecute you, and shall say all manner of
evil against you falsely for my sake.
Rejoice and be exceedingly glad, for great is your reward in heaven.

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

**Troparion of the Resurrection
(Music on p. 51 of Liturgy book)**

Tone 7

Thou didst shatter death by Thy Cross;
Thou didst open paradise to the thief;
Thou didst turn the sadness of the
ointment bearing women into joy,
and didst bid Thine apostles proclaim
a warning that Thou hast risen, O Christ,
granting the world the great mercy.

**Troparion to St. Athanasius
(Music on p. 54 of Liturgy book)**

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Preparation of Christ’s Nativity

Tone 3

The virgin cometh today to the cave
to give birth, ineffably to bring forth the Word eternal.
Therefore, rejoice, O earth, at the message;
with the angels and shepherds give glory to Him
Who shall appear by His own will as a young child,
He who is from eternity God.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!
People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle Tone 7

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

EPISTLE READING
Ephesians 2:14-22

Brethren, Christ is our peace, Who has made us both one, and has broken down the dividing wall of hostility, by abolishing in His flesh the law of commandments and ordinances, that He might create in Himself one new man in place of the two, so making peace, and might reconcile us both to God in one body through the Cross, thereby bringing the hostility to an end. And He came and preached peace to you, who were far off, and peace to those who were near; for through Him we both have access in one Spirit to the Father. So then you are no longer strangers and sojourners, but you are fellow citizens with the saints and members of the household of God, built upon the foundation of the apostles and prophets, Christ Jesus Himself being the cornerstone, in Whom the whole structure is joined together and grows into a holy temple in the Lord; in Whom you also are built into it for a dwelling place of God in the Spirit.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel

Tone 7

Chanter: Alleluia, Alleluia, Alleluia!
People: Alleluia, Alleluia, Alleluia!

Verse: It is good to give thanks to the Lord, and to sing praises to Thy Name, O Most High. **Alleluia...**

Verse: To declare Thy mercy in the morning, and Thy truth in the night. **Alleluia...**

GOSPEL READING

Luke 18:35-43

At that time, when Jesus drew near to Jericho, a blind man was sitting by the roadside begging; and hearing a multitude going by, he inquired what this meant. They told him, "Jesus of Nazareth is passing by." And he cried, "Jesus, Son of David, have mercy on me!" And those who were in front rebuked him, telling him to be silent; but he cried out all the more, "Son of David, have mercy on me!" And Jesus stopped, and commanded him to be brought to him; and when he came near, Jesus asked him, "What do you want me to do for you?" He said, "Lord, let me receive my sight." And Jesus said to him, "Receive your sight; your faith has made you well." And immediately he received his sight and followed Jesus, glorifying God; and all the people, when they saw it, gave praise to God.

HOMILY

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest! Alleluia! (Ps. 148)

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist.** So that the priest

is aware of this, please just say,
"Father, bless" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

CELEBRATIONS THIS WEEK

Birthdays

12/1 Anya Madrigal, Lydia Sieck
12/3 David McCalmont
12/5 Elizabeth (Lisa) Ballew

Patron Saint Commemorations

11/24	St. Clement of Rome	Farley Clementine Easbey (missed it last week!)
12/4	St. Barbara the Martyr	Cheryl Washburn-Lander
12/4	St. Juliana	Juliana Shackelford
12/6	St. Nicholas the Wonderworker	Nicholas Berari, Nicole Berari, Nicholas Butler, Nikolay Nikolov, Fr. Nicholas Speier, Nikolai Rice

UPCOMING SERVICES & ACTIVITIES

Tues. Dec. 3/Wed., Dec. 4 (Barring heavy wind, fire threat or power loss) (Depending upon the Cave fire status)	FEAST OF ST. BARBARA Monastery —4:00 p.m. Vigil on 12/3 10:00 a.m. Liturgy on 12/4 St. Barbara Greek parish 6:00 p.m. Vespers on 12/3 8:00 a.m. Matins/9:00 a.m. Liturgy on 12/4
Friday, December 6 6:00 p.m.	Liturgy for St. Nicholas
SUNDAY, DEC. 8 4:00 P.M.	ST. NICHOLAS PROGRAM Changed from Dec. 15!!
Tuesday, December 24 9:00 a.m. 8:00 p.m.	Royal Hours of Nativity Nativity of our Lord & Savior Jesus Christ Matins and Liturgy
Wednesday, December 25 10:00 am.	Outreach Breakfast in Isla Vista
Tuesday, December 31 6:00 p.m.	Vesperal Liturgy for St. Basil/Circumcision
Friday, January 3, 2020 6:45 a.m.	Royal Hours of Epiphany
Sunday, January 5, 2020	Celebration of Epiphany (transferred from Jan. 6, including Outdoor Blessing of Water)

A GUIDE TO PARISH ETIQUETTE

In the coming months, we will be sharing information from a booklet on Parish Etiquette, published by our Archdiocese through Ancient Faith Publishing. The information is a guide meant for personal reflection, not as a means of judging others. Keep in mind that there are different traditions even among the Orthodox faithful. We come to church to pray and worship God above all else, and that should be our only focus.

STANDING IN CHURCH

It is the custom of some Orthodox Christians to stand throughout the Divine Liturgy, as well as during other services. If you choose to stand in a church that has pews or chairs, please do so near the back or sides so that the view of the altar is not blocked for those who are seated. If you are accustomed to sitting during the Divine Liturgy, remember to stand at these times: When the Liturgy begins and the priest gives the blessing; during the Little and Great Entrances (during processions); when the priest is censing the icons and congregation; during the Gospel reading; at the Anaphora (right after the Creed, beginning with “A mercy of peace...”); for Holy Communion; and at the final Blessing. Whenever a hierarch (bishop) is visiting the parish, out of respect follow his example and stand and sit when he does.

Congratulations to Erik Lawrence, a member of our choir, on a beautiful graduate piano recital on November 16th at UCSB!
We had a great turnout of fans from our St. Athanasius family!



ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On any page, click on **VIEW CALENDAR** at the bottom left.

THE YOUNG ADULT FELLOWSHIP will gather to celebrate the season on Sunday, December 1st from 5-7 p.m. at the Dillon home. Bring a White Elephant gift that costs you **NO MORE THAN \$5**. Dinner will be provided. Christmas attire encouraged but not required. **Please R.S.V.P.** to Mitch Denny at mitchdennyjr@gmail.com.

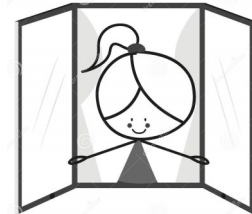
UPDATED PARISH PHOTO DIRECTORY

Just a heads up that we will be updating the parish photo directory in January. Please keep this in mind over the holidays when you have family together, and consider taking a family photo that we can use. We particularly need updated photos from families with children and teens. They grow SO fast! A couple of years makes a huge difference. You can email updated photos to: valerie@stathanasius.org.

ST. ANDREW'S ORTHODOX CHURCH in Riverside is hosting an Advent Retreat December 13-14, 2019. Fr. Ted Pulcini will speak on "Breaking the Twin Shackles: Overcoming Anger and Despair in the Spiritual Struggle." Friday 7-9 p.m., Saturday 8am-12pm. For more information email to: info@standrew.net

Women's Window

All the women and girls of the parish are invited to the
Women's Fellowship Annual Christmas Brunch
SATURDAY, DECEMBER 14TH from 9:30-11:00 a.m.
\$5 per person to cover the cost of the food.



We will also be collecting donations for Christmas gift bags to be given to the D.A.'s office for their "FRESH START" kits which are given to girls who are trying to break free from the world of human trafficking. If you did not receive the Evite, you can R.S.V.P. directly to Christie Robinson: christie.d.robinson@gmail.com



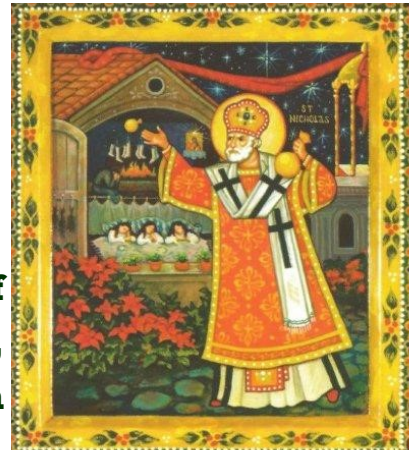
**Chrismation of Ken Gomez,
November 10, 2019
Peter Braun, Sponsor
MANY YEARS!**

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

12/6	Liturgy for St. Nicholas 6:00 p.m. followed by High School lock-in
12/12	Regular Youth Group
12/19	Regular Youth Group
12/26	NO YOUTH GROUP

ST. NICHOLAS FAMILY NIGHT NEXT SUNDAY, DECEMBER 8, 2019 4:00 p.m.



**We will celebrate the life of
St. Nicholas of Myra with story telling,
music, a carol sing-a-long, and a fun
for the whole family.**

**A lenten reception and visit from St. Nicholas will follow the
program. Children ages 3-12 will be invited to leave their
shoes in the chapel during the program so that St. Nicholas
can fill them with treats, and all of the children will partici-
pate in welcoming St. Nicholas at the end of the program.**

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH	Zac B.	Fr. Jon-Stephen H.
Mother Victoria	Lauren	Cole K. (military)
Met. Paul & Abp. John	Kh. Carla Z.	Jeremiah H. (Airforce Academy)
Bishop Neofitos (Diocese of Kenya)	Fr. Patrick and Vanessa K.	Lauren K. (military)
Mother Christophora	Tom M.	Jeff H.
Fr. Jon B.	Dottie G.	Steve T, Kyle P. & Jeff P.
Joseph B.	Jerry J.	Bonita M.
Dn. Richard E.	Monsignor J. Yanek	Lorena F.
Kh. Diane C.	Neil	
Greg & Margaret Y.	Diana	The Ethiopian Orthodox Church
Hoppe Family	Tyler	
Duane F.	Phyllis M.	All those suffering and
Richard and Susan B.	Ryder H.	in danger in Ukraine,
Regina M.	Kent F.	Africa, and the Middle East
	Bob N.	

For repose of the souls of:

Alma G., Angela, Joan T.

All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS CHURCH BOOKSTORE** *
* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)
* **All proceeds go to the parish Building Fund.** *



blessed
grateful
thankful