



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-770-3749

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

Teen Program Coordinator

Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2018-2019:

Kristi King, President

Dan Braun, Treasurer

Terri Speier, Secretary

Dorothy Alexander

Laurie Baker

Corina Berari

David Dillon

Mary Gish

Zak Landrum

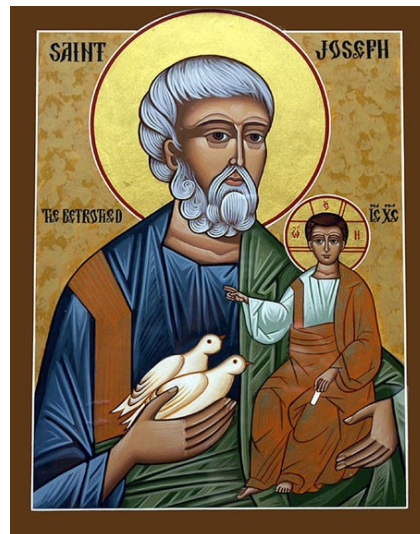
DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, December 29, 2019

Tone 3 / Eothinon 6

After-feast of & Sunday after the Nativity of Christ

Commemoration of Joseph the Betrothed, David the
Prophet and King, and James the brother of God



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during Communion.

Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

Calendar for this Week

Sunday, December 29

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. CHRISTMAS POTLUCK
1:00 p.m. Blessing of graves at
Goleta Cemetery

Monday, December 30

6:45 a.m. Daily Matins
4:30 p.m. Outreach dinner at St. Michael's
University Church in Isla Vista

Tuesday, December 31

NO VESPERS

6:00 p.m. Vespers Liturgy for Feasts of
St. Basil & Circumcision of
Christ

Wednesday, January 1—FEAST OF ST. BASIL & FEAST OF THE CIRCUMCISION

HAPPY NEW YEAR!!

Thursday, January 2—ST. SERAPHIM

10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6-8 p.m. Teen Christmas Party
6:00 p.m. Choir Rehearsal

Friday, January 3

6:45 a.m. Royal Hours of Epiphany

Saturday, January 4

6:00 p.m. Great Vespers of Epiphany

Sunday, January 5—Commemoration of the FEAST OF EPIPHANY (transferred from Jan. 6)

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:30 p.m. Bus leaves for the Harbor
1:00 p.m. Outdoor Blessing of the Water at
Santa Barbara Harbor

Sunday Morning Ministries Schedule

Eucharist Bread

December 29 Kern
January 5 Tinyayeva
January 12 Cocores
January 19 Sieck

Coffee Hour

December 29 CHRISTMAS POTLUCK
January 5 Lander
January 12 P. King
January 19 D. Washburn/K. Fox (for St. Xenia)

Greeters

December 29 K. & L. Jacobs
January 5 M. Loulias/P. Cocores
January 12 H. Lange/D. Washburn
January 19 K.P. King/L. Hoppe

Ushers

December 29 P. Brunner C. Berari, S. Speier
January 5 D. Washburn, D. Meyer, M. Loulias
January 12 D. Lewis, C. Speier, J. King
January 19 P. Brunner, C. Berari, S. Speier

Readers

December 29 Rdr. V. Gish
December 31 Rdr. M. Kern (St. Basil Liturgy)
January 3 All Readers available (Royal Hours)
January 4 D. Meyer (Great Vespers)
January 5 Rdr. H. Lange
January 12 D. Washburn
January 18 Rdr. M. Kern (Readers Matins)
January 18 D. Alexander (Lit. for St. Athanasius)
January 19 Rdr. J. Butler

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

First Antiphon for the Feast of the Nativity of Christ (Ps. 111)

Verse: I will give thanks to Thee, O Lord, with my whole heart; I will make all Thy wonders known. In the company of the upright, in the congregation, great are the works of the Lord!

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Verse: They are sought out according to His will. Full of honor and majesty is His work, and His righteousness endures forever. **[Refrain]**

Verse: Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen. **[Refrain]**

Second Antiphon for the Feast of the Nativity of Christ (Ps. 112)

Verse: Blessed is the man who fears the Lord, who greatly delights in His commandments. His descendants will be mighty in the land; the generation of the upright will be blessed.

Refrain: O Son of God, born of the Virgin, save us who sing to Thee: Alleluia!

Verse: Glory and wealth are in his house and his righteousness endures forever. **[Refrain]**

Verse: Light rises in the darkness for the upright; the Lord is merciful, compassionate and righteous. **[Refrain]**

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

Third Antiphon for the Feast of the Nativity of Christ (*Ps. 110*)

Chanter: The Lord said to my Lord: “Sit at my right hand, until I make Thine enemies Thy footstool.”

All:

Thy Nativity, O Christ our God,
has shone to the world the light of wisdom!
For by it, those who worshipped the stars,
were taught by a star to adore Thee,
the Sun of righteousness,
and to know Thee, the Orient from on high.//
O Lord, glory to Thee!

Chanter: The Lord will send Thee the scepter of power from Zion: “Rule in the midst of Thine enemies.”

People: Thy nativity, O Christ our God...

Chanter: With Thee is dominion on the day of Thy birth, in the radiance of holiness.

People: Thy nativity, O Christ our God...

**At the Little Entrance with the Gospel
we sing the following hymns for the day:**

Troparion of the Resurrection

(Music on p. 44 of Liturgy book)

Tone 3

Let the heavens rejoice and the earth be glad,
for the Lord hath done a mighty act with His own arm.
He hath trampled down death by death
and become the first born from the dead.
He hath delivered us from the depths of Hades,
granting the world the great mercy.

Troparion of the Nativity of Christ

Tone 4

Thy Nativity, O Christ our God,
hath given rise to the Light of knowledge in the world,
for they who did worship the stars
did learn from them to worship Thee, O Sun of Justice,
and to know that Thou didst come from the east of the Highest.
Glory to Thee O Lord!

Troparion for Sunday after Nativity of Christ

Tone 2

Proclaim the wonder, O Joseph,
to David, the ancestor of God;
You saw a Virgin great with child;
You gave glory with the shepherds;
You worshipped with the Magi;
You received the news from the Angel.
Pray to Christ God to save our souls!

Troparion to St. Athanasius (Music on p. 54 of Liturgy Book)

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Nativity of Christ

Tone 8

Today the Virgin gives birth to the Transcendent One,
and the earth offers a cave to the Unapproachable One.
Angels with shepherds glorify Him;
The wise men journey with the star,
since for our sakes the eternal God is born as a little child!

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength! People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Prokeimenon—Preparatory Psalm Verses before the Epistle

Tone 4

God is wonderful in His Saints, the God of Israel.

Verse: In the churches bless ye God the Lord, from the
Fountains of Israel.

EPISTLE READING

Galatians 1:11-19

Brethren, I would have you know that the Gospel, which was preached by me, is not man's gospel. For I did not receive it from man, nor was I taught it, but it came through a revelation of Jesus Christ. For you have heard of my former life in Judaism, how I persecuted the Church of God violently and tried to destroy it; and I advanced in Judaism beyond many of my own age among my people; so extremely zealous was I for the traditions of my fathers. But when He who had set me apart before I was born, and had called me through His grace, was pleased to reveal His Son to me, in order that I might preach Him among the Gentiles, I did not confer with flesh and blood, nor did I go up to Jerusalem to those who were apostles before me, but I went away into Arabia; and again I returned to Damascus. Then after three years I went up to Jerusalem to visit Cephas, and remained with him fifteen days. But I saw none of the other apostles except James the Lord's brother.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel **Tone 3** (Music on page 64 of Liturgy Booklet)

Chanter: Alleluia, Alleluia, Alleluia!

People: **Alleluia, Alleluia, Alleluia!**

Verse: In Thee, O Lord, I have hoped; let me never be ashamed. (*Ps 30/31:1*)

Verse: Be unto me a God and protector, and a house of refuge to save me. (*Ps 30/31:2*)

GOSPEL READING

Matthew 2:13-23

When the wise men had departed, behold, an angel of the Lord appeared to Joseph in a dream and said, "Rise, take the Child and His mother, and flee to Egypt, and remain there till I tell you; for Herod is about to search for the Child, to destroy Him." And he rose and took the Child and His mother by night, and departed to Egypt, and remained there until the death of Herod. This was to fulfill what the Lord had spoken by the prophet, "Out of Egypt have I called My Son."

Then Herod, when he saw that he had been tricked by the wise men, was in a furious rage, and he sent forth and killed all the male children in Bethlehem and in all that region, who were two years old or under, according to the time which he had ascertained from the wise men. Then was fulfilled what was spoken by the prophet Jeremiah: "A voice was heard in Ramah, wailing and loud lamentation, Rachel weeping for her children; she refused to be consoled, because they were no more."

But when Herod died, behold, an angel of the Lord appeared in a dream to Joseph in Egypt, saying, "Rise, take the Child and His mother, and go to the land of Israel, for those who sought the Child's life are dead." And he rose and took the Child and His mother, and went to the land of Israel. But when he heard that Archelaus reigned over Judea in place of his father Herod, he was afraid to go there, and being warned in a dream he withdrew to the district of Galilee. And he went and dwelt in a city called Nazareth, that what was spoken by the prophets might be fulfilled, "He shall be called a Nazarene."

LITURGY OF THE FAITHFUL

Meglynarion for the Feast of the Nativity—Hymn to the Mother of God

O my soul, magnify her who is more hon'orable and who is more glorious than the heav'nly host. A mystery I behold which is strange and wondrous, the cave is heav'n, and the virgin is the throne of the Cherubim, in the confines of the manger is laid the infinite, Christ our god, whom we praise and magnify.

Communion of the Clergy (Liturgy Book page 32)

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

The Lord has sent redemption to His people, Alleluia!

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist**. So that the priest is aware of this, please just say,

"Father, bless" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

UPCOMING SERVICES & ACTIVITIES

Sunday, December 29	1:00 p.m.	Blessing of graves at Goleta Cemetery
Tuesday, December 31	6:00 p.m.	Vesperal Liturgy for St. Basil/Circumcision
Friday, January 3, 2020	6:45 a.m.	Royal Hours of Epiphany
Sunday, January 5, 2020		Celebration of Epiphany (transferred from Jan. 6.) Outdoor Blessing of Water at 1:00 p.m. The bus will leave the church at 12:30 for the harbor, where we will join St. Barbara's parish.

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On any page, click on **VIEW CALENDAR** at the bottom left.

JOIN US THIS TUESDAY EVENING as we begin the New Year together in prayer and celebrate the feasts of St. Basil and the Circumcision of Christ. Vespers-Liturgy is at 6:00 p.m., followed by light refreshments.

IF YOU HAVE AN ITEM YOU WOULD LIKE TO DONATE TO THE CHURCH...

Please take a photo of it and email the photo to the church office. The Interior Design Committee will be notified and will determine if the item can be utilized. **PLEASE DO NOT BRING FURNITURE AND OTHER ITEMS TO THE CHURCH AND LEAVE THEM** without going through this process. Thanks!

DIRECTORY OF MEMBERS WHO OWN A BUSINESS OR PROVIDE A SERVICE

If you are an active member of our parish and own your own business, or have a service or skill to offer, and you would like to be listed in the parish's directory, please send your information to Valerie at valerie@stathanasius.org. (Your name, name of the company, brief description, contact information.)

CELEBRATIONS THIS WEEK

Wedding Anniversaries

12/31 Penny and Michael Loulias

Birthdays

12/29 Karen Jacobs, Ruslan Moskalyk, Tyler Speier

1/1 Nikolay Nikolov

Patronal Feast Days

12/29 (Sunday after the Nativity of Christ)

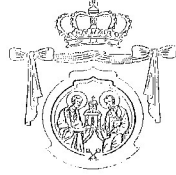
St. Joseph the Betrothed Joseph Ballew, Dn. Scott Jacobs

King David David Dillon, Jon King, David Lewis, David McCalmont, David Washburn

St. James, the Brother of Jesus Richard Barre, Jim Morrison, Zavien Van Wagoner

1/1	St. Gregory of Nazianzus	Glenn Hoppe
1/1	St. Emmelia, Mother of St. Basil	Amelia Rose Macdonald
1/2	St. Juliana of Lazarevo	Julianna Ballew, Alyssa Simonsen,
1/2	St. Seraphim of Sorov	Seraphima Butler
1/3	St. Genevieve of Paris	Violet Gray
1/4	St. Jason the Apostle of the 70	Jason Wallace

His Eminence
The Most Reverend
Metropolitan JOSEPH



Archbishop of New York and
Metropolitan of
All North America

ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE
OF NORTH AMERICA

Nativity 2019

O the depth of riches both of the wisdom and knowledge of God! The instrument of sin that had brought death upon all flesh is become the first fruit of salvation for the whole world through the Theotokos. For the All-Perfect God is born of her as a babe; by His birth he setteth the seal on her virginity, while loosing cords of sin with his swaddling bands. And by becoming a child, He healeth Eve's travailing in sorrows. Wherefore let all creation dance and leap for joy, for Christ is come to call it back again and to save our souls.

Aposticha Doxastikon by St. John of Damascus

May our All-Perfect God grant to you and your loved ones all the joy, grace, and peace graciously bestowed to those who come to worship and glorify Him at the cave now become a heaven and the manger now become a cherubic throne. Let us join all of creation in dancing and leaping for joy at this feast, and may this joy carry us into the new year renewed spiritually for the holy labors that lay ahead of us.

With prayers and best wishes for a feast filled with God's grace and a new year replete with both heavenly and earthly blessings, I remain,

Yours in the service of Christ,

+JOSEPH
Archbishop of New York and Metropolitan of all North America

"The disciples were first called Christians in Antioch" (Acts 11: 26)

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TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

1/2 Teen Christmas Party 6-8 p.m. all teens

Winter Camp is Feb. 14-16, 2020 (President's Weekend). It is filling up fast, so if you plan to go, please register ASAP: <https://www.campstnicholas.com/site/home/>

Women's Window

WOMEN'S FELLOWSHIP UPCOMING ACTIVITY

Drum Circle Fun With Suzi Wiley

Saturday January 18, 2020

10:00 am to 11:30 am

Immediately following the Liturgy for St. Athanasius Feast Day
In the Teen Room

Please watch your e-mail for an Evite from Christie Robinson



Thank you to SAOC Women's Fellowship. As a result of our Christmas project, we collected \$700!!!! Six girls living at the safe house were given a Body Shop Care Kit to open on Christmas morning as well as a treat bag with a personalized note and gift card.

Our representative at the DA's office will have small treat bags with personalized notes and gift cards to give to those she works with who are on the streets, those in the process of getting off the streets. I would like to thank all of you who participated and contributed and a special THANK YOU to Terri Speier for making sure they were given to those in need and for all the hard work she does for this cause.

— Christie Robinson

DAY RETREAT FOR ORTHODOX MOMS

Fr. Nicholas and Jan will be leading a retreat for Orthodox moms on **SATURDAY, JANUARY 11th** at St. Luke Antiochian Orthodox Church in Garden Grove. For more information, go to: <https://www.antiochianladiocese.org/women>

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

- | | | |
|------------------------------------|----------------------------|--------------------------------|
| Metropolitan JOSEPH | Zac B. | Fr. Jon-Stephen H. |
| Mother Victoria | Lauren | Cole K. (military) |
| Met. Paul & Abp. John | Kh. Carla Z. | Jeremiah H. (Airforce Academy) |
| Bishop Neofitos (Diocese of Kenya) | Fr. Patrick and Vanessa K. | Lauren K. (military) |
| Mother Christophora | Tom M. | Jeff H. |
| Fr. Jon B. | Dottie G. | Steve T, Kyle P. & Jeff P. |
| Joseph B. | Jerry J. | Bonita M. |
| Dn. Richard E. | Monsignor J. Yanek | Lorena F. |
| Kh. Diane C. | Neil | Olga Marie G. |
| Greg & Margaret Y. | Diana | Dn. John Y. |
| Hoppe Family | Tyler | |
| Duane F. | Phyllis M. | The Ethiopian Orthodox Church |
| Richard and Susan B. | Ryder H. | |
| Regina M. | Kent F. | All those suffering and |
| | Bob N. | in danger in Ukraine, |

For repose of the souls of: Elder Ephraim, Alma G., Angela
All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons’ litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children’s books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas’ office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

This year we will support Fr. Jacob through our monthly donation of \$50 to O.C.M.C.'s "Support a Mission Priest" program.



India

Fr. Jacob Samanta



Fr. Jacob Samanta was born on June 12, 1968. He lives in Ghoshpur, which is a village of about 5,000 people who are mainly farmers. Fr. Jacob currently serves the parishes of St. John the Baptist in Ghoshpur and St. Phanourios in Singhpour.

India is a country whose population is 80% Hindu and 13% Muslim; the remaining 7% belong to the Christian, Bahai, Sikh, Buddhist, Jain, and tribal religions. According to tradition, the Apostle Thomas introduced Christianity into India in AD 52. By the year AD 200, the Orthodox Church was firmly established in the southern part of India as a minority religion. Today, the Orthodox, along with all Christians, suffer various degrees of persecution in India.

Christianity is not evenly distributed in India. The greatest concentration of Christians is in the southern states of Kerala, Tamil Nadu, and Andhra Pradesh, which accounts for 60% of all Christians in India. In addition, Syrian, Greek, and Armenian Orthodox Churches exist in India, many of them built by expatriate communities.

In 1982, Fr. Athanasios Antheles began an immense task in the northern area of India to help alleviate the suffering he saw among the Indian people and to offer them comfort and hope.

After the death of Fr. Athanasios, Fr. Ignatios Sennis continued this work in 1991. Many young energetic Indian men and women who learned and passed on the truth of Orthodoxy to their fellow brothers and sisters began spreading the gospel. Calcutta, in northeast India, became the center of this effort and includes outreach to both the physical and spiritual needs of the people.



The Support a Mission Priest (SAMP) Program of the Orthodox Christian Mission Center (OCMC) offers monthly financial assistance to indigenous priests in the world's poorest areas. These funds make it possible for priests to minister and serve their growing communities.

In 1996, the Orthodox Metropolitanate of Hong Kong was established by the Ecumenical Patriarchate to oversee the growing Orthodox communities in Southeast Asia, such as those in India. Over the next 12 years, more people embraced Orthodoxy and communities continued to flourish. In 2008, an additional Metropolitanate of Singapore was created to assist with administering to the faithful, including India. His Eminence Metropolitan Konstantinos was elected on November 3, 2011, as the first Metropolitan of Singapore. Since 1998, His Eminence has served the churches of Southeast Asia in various capacities, bringing with him a vibrant missionary spirit.