



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier
805-685-5495
frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903
Fr. John Carrillo 805-770-3749
Fr. Jon Braun, Attached Priest (retired)
Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun
Dn. Scott Jacobs
Dn. Richard Easbey
Dn. John Young

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova
Office phone: 805-685-5400
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Teen Program Coordinator

Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

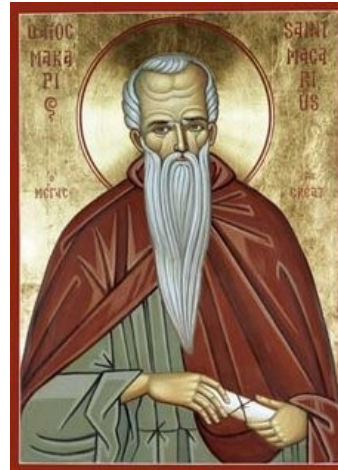
Parish Council 2018-2019:

Kristi King, President
Dan Braun, Treasurer
Terri Speier, Secretary
Dorothy Alexander
Laurie Baker
Corina Berari
David Dillon
Mary Gish
Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM Sunday, January 19, 2020

**Tone 6 / Eothinon 9;
Twenty-ninth Sunday after Pentecost
& Twelfth Sunday of Luke**

Venerable Makarios the Great of Egypt, the Anchorite
Venerable Makarios of Alexandria;
Arsenius, Bishop of Kerkyra;
Venerable Mark Eugenikos, Metropolitan of Ephesus,
Pillar of Orthodoxy



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during Communion.

Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

Calendar for this Week

Sunday, January 19

9:00 a.m. Religious Ed classes for ages 6-12
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal

Monday, January 20

6:45 a.m. Daily Matins
4:30 p.m. Outreach dinner at St. Michael's
University Church in Isla Vista
6:30 p.m. Men's Firepit

Tuesday, January 21—St. Maximus

2-6 p.m. Showers of Blessing Board Mtg.
3:45 p.m. Catechesis Level One

NO VESPERS

Wednesday, January 22

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Ministry

Thursday, January 23

10:00 a.m. Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Jr. High Youth Group
6:30 p.m. High School Youth Group
6:00 p.m. Choir Rehearsal

Friday, January 24—St. Xenia

6:45 a.m. Daily Matins
5:15 p.m. Akathist at Westmont College

Saturday, January 25

4:30 p.m. Adult Catechism
6:00 p.m. Great Vespers

Sunday, January 26

9:00 a.m. Religious Ed classes for ages 6-12
9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. Teen Religious Education
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal

*Fr. Nicholas will be away this week from
Monday through Wednesday.*

Sunday Morning Ministries Schedule

Eucharist Bread

January 19 Sieck
January 26 Cocores
February 2 Jacobs
February 9 Dillon

Coffee Hour

January 19 D. Washburn/K. Fox (for St. Xenia)
January 26 D. Genatone/Shackelford
(in memory of Al Genatone)
February 2 POTLUCK for Feast of Presentation
February 9 D. & D. Alexander
for Saints Simeon and Anna

Greeters

January 19 K.P. King/L. Hoppe
January 26 D. Genatone/L. Baker
February 2 D. Lewis/Deacon
February 9 K. Fox/H. Lange

Ushers

January 19 P. Brunner, C. Berari, S. Speier
January 26 D. Washburn, D. Meyer, M. Loulias
February 2 D. Lewis, C. Speier, J. King
February 9 P. Brunner, C. Berari, S. Speier

Readers

January 19 Rdr. J. Butler
January 26 M. Braun
February 1 D. Meyer (Vespers for Presentation)
February 2 Rdr. V. Gish
February 9 Rdr. H. Lange

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be
incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become
man and wast crucified, O Christ our God, trampling down death by death, who art one
of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

After each of the verses, the choir and congregation sing the refrain:

“Remember us, O Lord, when you come in your Kingdom.”

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY**

Resurrectional Troparion

(Music on p. 49-50 of Liturgy book)

Tone 6

When Mary stood at Thy grave looking for Thy sacred body,
angelic pow'rs shone above Thy revered tomb,
and the soldiers who were to keep guard became as dead men.
Thou led Hades captive and wast not tempted there-by,
Thou did meet the Virgin and didst give life to the world.
O Thou Who art risen from the dead, O Lord, glory to Thee.

Troparion for St. Macarios of Egypt

Tone 1

Dweller of the desert and angel in the body

You were shown to be a wonder-worker, our

God-bearing Father Macarios.

You received heavenly gifts through fasting, vigil, and prayer;
healing the sick and the souls of those drawn to you by faith.

Glory to Him Who gave you strength!

Glory to Him Who granted you a crown!//

Glory to Him Who through you grants healing to all!

Troparion to St. Athanasius

Tone 3

(Music on p. 54 of Liturgy book)

Holy Bishop Athanasius,

you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.

Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.

O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion of The Feast of the Presentation of Our Lord in the Temple **Tone 1**

By Your Nativity You sanctified the Virgin's womb!

And blessed Simeon's hands, O Christ God.

Now You have come and saved us through love.

Grant peace to all Orthodox Christians, O only Lover of Man!

TRISAGION (THRICE-HOLY) HYMN (p. 13 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, Have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Preparatory Psalm verses before the Epistle (Prokeimenon) Tone 6
(Music on page 60 of Liturgy book)

O Lord save Thy people and bless Thine inheritance. (Ps. 28:9)

Verse: To Thee will I cry, O Lord, O my God, do not be silent unto me.

EPISTLE READING
Colossians 3:4-11

Brethren, when Christ, Who is our life, appears, then you also will appear with him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these, the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away: anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its Creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

Alleluia Refrain and Psalm verses before the Gospel
(Music on p. 65 of Liturgy Booklet)

Tone 6

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

He Who dwelleth in the help of the Most High shall abide under the shadow of the protection of the God of Heaven. *(Ps 90/91:1)* **Alleluia**

He will say to the Lord, Thou art my protector and my refuge, my God, in Him will I hope. *(Ps 90/91:2)* **Alleluia**

GOSPEL READING

Luke. 17:12-19

At that time, as Jesus entered a village, He was met by ten lepers, who stood at a distance and lifted up their voices and said, "Jesus, Master, have mercy on us." When He saw them He said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus' feet, giving Him thanks. Now he was a Samaritan. Then Jesus said, "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And He said to him, "Rise and go your way; your faith has made you well."

HOMILY

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without corruption you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the highest! (*Ps 148:1 Alleluia!*)

YEAR-END FINANCIAL SUMMARY

	<u>Gen. Operating</u>	<u>Building Fund</u>
Monthly Goal—December	\$ 39,750	\$ 14,120
Monthly Actual - December	\$ 64,282	\$ 19,457
Goal for Tithes January—December 2019	\$ 477,000	
Actual Tithes January-December 2019	\$ 463,997	
Building Fund Goal for January-December	\$ 169,440	
Actual Building Fund donations Jan.-Dec.	\$ 161,516	
GOLF TOURNAMENT PROCEEDS	\$ 101,467	
TOTAL GEN. OPERATING INCOME FOR 2019		\$ 535,255
TOTAL GEN. OPERATING EXPENSE FOR 2019		\$-519,589
		15,666
Off-budget (unexpected) expenses		- 9,777
TOTAL SURPLUS FOR 2019		\$ 5,889

(Surplus operating funds will enable us to complete several special projects in 2020, including icons which have been commissioned for the back wall of the altar.)

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist**. So that the priest is aware of this, please just say,
“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

with the blessing of His Eminence METROPOLITAN JOSEPH,
please join DLAW's Young Adult Ministry for our
2020 BIG BEAR RETREAT

ORTHODOXY 24/7: *NAVIGATING MODERN LIFE AS AN ORTHODOX CHRISTIAN*

featuring Keynote Speaker BISHOP ANTHONY of Toledo & the Midwest
+ other special guests!



FEBRUARY 15-17, 2020

EARLY BIRD RATES (UNTIL 1/21)

WITH LIFT TICKET: \$234
WITHOUT LIFT TICKET: \$139

REGULAR RATES (1/22-2/7)

WITH LIFT TICKET: \$249
WITHOUT LIFT TICKET: \$155

All registration includes lodging, meals, midnight bowling, & fun in the snow! Lift ticket includes ski/snowboard rentals.

register at dlawyoungadults.com

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.

On any page, click on **VIEW CALENDAR** at the bottom left.

HAPPY 52nd ANNIVERSARY AND MANY YEARS TO FR. NICHOLAS AND JAN tomorrow, January 20th!! They will be away this coming week from Monday through Wednesday.

PLEASE KEEP DN. JOHN YOUNG in your prayers. He will have heart surgery tomorrow to repair a valve.

THE MONTHLY MEN'S FIREPIT will be this Monday, January 20th at 6:30 p.m. at the home of Troy and Carla Harris. Please note the time change from 7:00 p.m. to 6:30 p.m. If you have any questions or need directions, see Howard Lange or Troy Harris.

HOUSE BLESSINGS: It is the time of year when we bless our dwellings again and pray for God's protection in the coming year. Don't forget to call one of our priests to set up a time to have your home blessed!

GARY MOON, a former member of our parish, will lead a retreat this Saturday, Jan. 25th, from 8:30 a.m.-2:30 p.m. at Westmont College in the Dallas Willard Center. The retreat is called: "Becoming Fully Human: A Contemplative Retreat inspired by the Life of Dallas Willard." To register, contact McKenna Donner at Westmont's Martin Institute at: mddonner@westmont.edu. Gary Moon is a Senior Fellow at the Martin Institute and will receive an award on January 22nd at Westmont for his recently published biography of Dallas Willard. Gary and his wife, Regina, currently live near Atlanta, Georgia.

WE NEED MORE VOLUNTEERS to be in the rotation for ushering and greeting on Sunday mornings. Please see Mike Loulias (for greeting) and Penny Brunner (for ushering) for more information if you are willing to help out. Currently, ushers and greeters serve about once a month. We would like to add at least 4 new volunteers to each of the teams.

PLEASE MARK YOUR CALENDAR WITH THE FOLLOWING UPCOMING SERVICES & ACTIVITIES

Sunday, February 2, 2020 **Feast of the Presentation of Our Lord in the Temple**

Festal Vespers on Saturday at 6:00 p.m.

Festal Matins on Sunday at 9:00 a.m.

Festal Liturgy on Sunday at 10:00 a.m.

CELEBRATIONS THIS WEEK

Wedding Anniversaries

1/20 Fr. Nicholas & Jan Speier

Birthdays

1/19 John Wallace
1/20 Evonne Chala
1/21 Isabel Kosic, Jody Wallace
1/24 Fay Young
1/25 Terri Speier

Patron Saint Commemorations

1/22 Timothy the Apostle Timothy Braun
1/24 St. Xenia Darbi Johnson

PARISH COUNCIL CORNER

- Financial Report: Thank you for being faithful in your donations! Boosted by healthy December tithe collections of \$64,282 we were able to make up some of our recent budget shortfall. Non-member donations of \$15,670 served to close the entire budget gap. We finished the year with a bit of a surplus, \$5,889 to be exact.
- Patio Update: We are loving our new patio and want it to be a place we all can gather. The PC approved additional patio furniture to be purchased : 5 umbrellas and stands, 5 folding tables and 11 outside round tables with seating. We are exploring the options for adding lighting so that we can get even more use out of the patio for parish events. Thank you to Jim Morrison (our electrician), Brian Sieck, Jenny Speier and Christie Robinson for your work on this project.
- Tot Lot: Richard Ballew is working on the Tot Lot. He revised the plans, based on input received from the Parish Council. Play equipment options will be selected next.
- Our Music Director, Valerie Yova, will attend the Artefact Institute from January 28-February 3 at St. Michael's Orthodox Church in Louisville, Kentucky. She will be participating in the Masterclass for choral conductors, under the direction of Benedict Sheehan, composer and Music Director of St. Tikhon's Orthodox Seminary in South Canaan, PA.
- PC started discussion on the start up of a couple of small groups, in response to requests from our members during the strategic planning process for more opportunities to get to know each other better. This will be explored more at the February meeting.

TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

1/23 Regular Youth Group
1/30 Regular Youth Group

CHURCH ETIQUETTE SOME PIOUS CUSTOMS

- **Crossing oneself**—It is always appropriate to cross oneself at the mention of the Holy Trinity—Father, Son, and Holy Spirit; whenever entering or leaving the church; at the beginning of the Liturgy; when passing in front of the altar; when venerating an icon, the Gospel, or the cross; and at times for personal petitions. **It is not necessary to cross oneself** when the priest is giving a blessing or censing the congregation. Instead, one should bow to receive the blessing.
- **Bowing**—Orthodox Christians bow when the Theotokos and Christ are petitioned. They also bow to the priest at his blessing, and when he asks forgiveness before the Great Entrance and again before Holy Communion. It is traditional for the Orthodox faithful to bow and cross themselves when they enter and leave the church, and when they pray before the icons.
- **Kneeling**—In some Orthodox traditions there are times when kneeling is a pious practice in the Liturgy, the most notable being at the Consecration of the Holy Gifts. However, kneeling is prohibited during the Paschal season—from Pascha until the Kneeling Vespers service on Pentecost—in honor of the Resurrection.

PLEASE MARK YOUR CALENDAR....

A VERY SPECIAL VISITOR — SUNDAY, FEBRUARY 23, 2020

On Sunday, February 23rd we will be hosting Joseph Black, a missionary from the Orthodox Church of Kenya, Diocese of Kisumu and Western Kenya. Joseph is a Senior Lecturer at St. Paul's University in Limuru, Kenya. He will speak to us briefly at the end of the Liturgy about his ministry in Africa. At 4:00 p.m. that afternoon he will speak at the St. Barbara Monastery Friends Gathering.

After the Liturgy that day, we will have our traditional MEAT FARE Barbecue on the patio. Please consider joining us for this very special day!

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH	Zac B.	Fr. Jon-Stephen H.
Mother Victoria	Lauren	Cole K. (military)
Met. Paul & Abp. John	Kh. Carla Z.	Jeremiah H. (Airforce Academy)
Bishop Neofitos (Diocese of Kenya)	Vanessa K. and son Anthony	Lauren K. (military)
Mother Christophora	Tom M.	Jeff H.
Fr. Jon B.	Dottie G.	Steve T, Kyle P. & Jeff P.
Joseph B.	Jerry J.	Bonita M.
Dn. Richard E.	Monsignor J. Yanek	Lorena F.
Kh. Diane C.	Neil	Olga Marie G.
Greg & Margaret Y.	Diana	Dn. John Y.
Hoppe Family	Tyler	
Duane F.	Phyllis M.	The Ethiopian Orthodox Church
Richard and Susan B.	Ryder H.	
Regina M.	Kent F.	All those suffering and
	Bob N.	in danger in Ukraine,

For repose of the souls of: Fr. Patrick K., Barbara B., Elder Ephraim
All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS CHURCH BOOKSTORE** *
* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)
* **All proceeds go to the parish Building Fund.** *



"Grace is given not to them who speak [their faith] but to those who live their faith."
— **St. Gregory the Theologian**
(commemorated on January 25th)