



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-770-3749

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

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Teen Program Coordinator

Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2018-2019:

Kristi King, President

Dan Braun, Treasurer

Terri Speier, Secretary

Dorothy Alexander

Laurie Baker

Corina Berari

David Dillon

Mary Gish

Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, February 9, 2020

Tone 1 / Eothinon 1

**Sunday of the Pharisee and the Publican &
Leave-taking of the Presentation (Meeting) of Christ**



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during Communion.

Please join us at Coffee Hour~ we'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

Calendar for this Week

Sunday, February 9—PUBLICAN & PHARISEE, LEAVE TAKING of the FEAST OF THE PRESENTATION OF OUR LORD

9:00 a.m. Religious Ed classes for ages 6-12
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy / Baptism of Juliette
 Macdonald/ Trisagion for Kevin
 Speier & Gail Shannon
 11:30 a.m. Teen Religious Education
 11:45 a.m. Coffee Hour
 12:00 p.m. Choir Rehearsal

Monday, February 10

6:45 a.m. Daily Matins
 4:30 p.m. Outreach dinner at St. Michael's
 University Church in Isla Vista

Tuesday, February 11—Hieromartyr Blaise

3:45 p.m. Catechesis Level One
 5:30 p.m. Daily Vespers

Wednesday, February 12

6:45 a.m. Daily Matins
 12:00 p.m. Intercessory Prayer Ministry
 6:00 p.m. Parish Council Meeting

Thursday, February 13

10:00 a.m. Showers of Blessing
 5:30 p.m. Daily Vespers
 6:00 p.m. Choir Rehearsal
 6:00 p.m. Jr. High Youth Group
 6:30 p.m. High School Youth Group

Friday, February 14

HAPPY BIRTHDAY, FR. NICHOLAS!

6:45 a.m. Daily Matins
 5:15 p.m. Akathist at Westmont College

Saturday, February 15

4:30 p.m. Adult Catechism
 6:00 p.m. Great Vespers

Sunday, February 16

9:00 a.m. Religious Ed classes for ages 6-12
 9:00 a.m. Matins
 10:00 a.m. Divine Liturgy
 11:30 a.m. Teen Religious Education
 11:45 a.m. Coffee Hour

Sunday Morning Ministries Schedule

Eucharist Bread

February 9 Dillon
 February 16 Fr. Nicholas
 February 23 Washburn
 March 1 Dn. G. Braun

Coffee Hour

February 9 D. & D. Alexander
 for Saints Simeon and Anna,
 C. Shannon in memory of Gail Shannon
 Macdonalds in honor of Juliette Iris
 February 16 J. Speier/P. Cocores
 February 23 MEATFARE BBQ
 March 1 PROJECT MEXICO MISSION TEAM
 FUNDRAISER for Summer 2020

Greeters

February 9 K. & L. Jacobs
 February 16 K. Fox/H. Lange
 February 23 Loulias/Cocores
 March 1 D. Washburn/Deacon

Ushers

February 9 P. Brunner, C. Berari, S. Speier
 February 16 D. Washburn, D. Meyer, M. Loulias
 February 23 D. Lewis, C. Speier, J. King
 March 1 P. Brunner, C. Berari, S. Speier

Readers

February 9 Rdr. H. Lange
 February 16 M. Braun
 February 22 D. Meyer (Soul Liturgy)
 February 23 D. Alexander
 March 1 Rdr. J. Butler

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—For the Feast of the Presentation

*(verse) My heart hath poured forth a good word; I speak of my works to the king.
My tongue is the pen of a swiftly writing scribe.*

**Refrain: Through the intercessions of the Theotokos,
O Savior, save us.**

*(verse) Grace hath been poured forth on Thy lips.
Wherefore God hath blessed Thee forever.*

(verse) Glory...& Both now...

SECOND ANTIPHON—For the Feast of the Presentation

*(verse) Gird Thy sword upon Thy thigh, O Mighty One, in Thy
comeliness and Thy beauty.*

**Refrain: O Son of God who was carried in the arms of Simeon the Righteous,
save us who sing to Thee, Alleluia!**

*(verse) Bend Thy bow, and proceed prosperously, and be king.
(verse) Thine arrows are sharp, O Mighty One, sharp in the heart of the
enemies of the king. A scepter of uprightness is the scepter of
Thy kingdom.*

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—For the Feast of the Presentation

*(verse) Hearken, O daughter, and see, and incline thine ear;
and forget thine own people and thy father's house.*

Refrain:

**Rejoice, O Virgin Theotokos, Full of Grace!
From you shone the Sun of Righteousness, Christ our God,
enlightening those who sat in darkness.
Rejoice and be glad, O righteous Elder,
you accepted in your arms the Redeemer of our souls,
Who grants us the Resurrection!**

(verse) The rich among the people shall entreat thy countenance. [Refrain]

(verse) I shall commemorate thy name in every generation. [Refrain]

**AS THE CLERGY GO IN PROCESSION TO THE BAPTISMAL FONT, WE SING
THE FOLLOWING HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 1

(Music on p. 40 of Liturgy book)

While the stone was sealed by the Jews,
and the soldiers were guarding Thy most pure body,
Thou didst arise on the third day,
O Savior, granting life to the world.
For which cause the heavenly pow'rs
cried aloud unto Thee, O Giver of life;
Glory to Thy resurrection, O Christ!
Glory to Thy kingdom!
Glory to Thy providence, O Thou
Who alone art the lover of mankind.

Troparion for the Feast of the Presentation of Our Lord

Tone 1

Rejoice, O Virgin Theotokos, who art full of grace;
for from thee arose the Sun of justice, Christ our God,
a light to those who dwell in darkness.
Rejoice and be glad, O righteous Simeon,
carrying in thine arms the Deliverer of our souls,
who grants us Resurrection.

Troparion to St. Athanasius
(Music on p. 54 of Liturgy book)

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion of The Feast of the Presentation of Our Lord in the Temple **Tone 1**

By Your Nativity You sanctified the Virgin's womb!
And blessed Simeon's hands, O Christ God.
Now You have come and saved us through love.
Grant peace to all Orthodox Christians, O only Lover of Man!

BAPTISM OF JULIETTE IRIS MACDONALD

The clergy circle the font 3 times and then enter the altar as we sing:

ANTI-TRISAGION (for Baptism)

As many as have been baptized into Christ have put on Christ. Alleluia.

Preparatory Psalm Verses before the Epistle (Prokeimenon)

Tone 3

Chanter: My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior.

People: My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior.

Vs. For He hath regarded the low estate of His handmaiden; for, behold, henceforth
all generations shall call me blessed.

EPISTLE READING

(For Sunday of the Pharisee and Publican)

The Reading from the Second Epistle of St. Paul to St. Timothy. (3:10-15)

Timothy my son, you have observed my teaching, my conduct, my aim in life, my faith, my patience, my love, my steadfastness, my persecutions, and my sufferings; and what befell me at Antioch, at Iconium, and at Lystra. What persecutions I endured; yet from them all, the Lord rescued me. Indeed all who desire to live a godly life in Christ Jesus will be persecuted, while evil men and impostors will go on from bad to worse, deceivers and deceived. But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it and how from childhood you have been acquainted with the sacred writings which are able to instruct you for salvation through faith in Christ Jesus.

Alleluia before the Gospel

Tone 1

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: It is God Who avenges me, and subdues people under me. (*Ps 17/18:47*)

Verse: He gives great deliverance to His King, and shows mercy to His anointed, to David and his seed forever. (*Ps 17/18:50*)

THE GOSPEL READING

(For Sunday of the Pharisee and Publican)

The Reading from the Holy Gospel according to St. Luke. (18:10-14)

The Lord spoke this parable: "Two men went up into the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, 'God, I thank Thee that I am not like other men, extortionists, unjust, adulterers, or even like this tax collector. I fast twice a week; I give tithes of all that I get.' But the tax collector, standing far off, would not even lift up his eyes to Heaven, but beat his breast, saying, 'God, be merciful to me a sinner!' I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be humbled, but he who humbles himself will be exalted."

HOMILY

HYMN TO THE THEOTOKOS for the Feast of the Presentation of Our Lord

O Virgin Theotokos, hope of all Christians, protect, preserve, and save those who hope in you! We faithful saw the figure in the shadow of the Law and the Scriptures: Every male child that opened the womb was holy to God! Therefore, we magnify the first-begotten Son of the unoriginated Father, the first-born Son of the unwedded Mother!

COMMUNION HYMNS

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

I will receive the cup of salvation and call on the name of the Lord. Alleluia! (*Ps 115/116:13*)

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist**. So that the priest is aware of this, please just say,
"Father, bless" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

Wondering where your gifts and talents can be best utilized in the parish?

We have many active ministry teams and we are always adding new ones, as need arises and leadership comes forward. If you feel led to offer your gifts and expertise by serving in one of the parish ministries, talk to Fr. Nicholas and he can guide you to the appropriate person.

St. Athanasius Ministry Teams

Clergy
Music (Choir & Chanters)
Readers
Acolytes
Parish Council
Teen Ministry
College/Young Adult Fellowship
Religious Education
St. Brigid Fellowship (Monday night meal & Thursday Showers of Blessing)
Festal Decorating
Temple Maintenance
Landscaping Maintenance
Evangelism
Bookstore
Icon Guild
Website (including photography)
Sound System
St. Lucia Visitation Ministry to the Sick and House-bound
Take-them-a Meal (for families of newborns, and those recovering from illness)
Coffee Hour
Celebrations/Social
Men's Firepit Gathering
Women's Fellowship
Intercessory Prayer Ministry
Wedding Coordinators
Funeral Coordinators
Orthodox Christians for Life
Inter-faith Coalition Against Human Trafficking

ANNOUNCEMENTS & CALENDAR HIGHLIGHTS

You can access a complete calendar of services and other parish activities on our website: www.stathanasius.org.
On any page, click on **VIEW CALENDAR** at the bottom left.

WE NEED MORE VOLUNTEERS to be in the rotation for ushering and greeting on Sunday mornings. Please see Mike Loulias (for greeting) and Penny Brunner (for ushering) for more information if you are willing to help out. Currently, ushers and greeters serve about once a month. We would like to add at least 4 new volunteers to each of the teams.

YEAR-END DONATION STATEMENTS are being sent by e-mail this year. If you have not received yours yet, please check your SPAM folder. If you are unable to find the statement, please contact Carla Brunstead at: carla@stathanasius.org to confirm that we sent it to the correct e-mail address. If you do not have access to a printer and would like to receive a hard copy, we are happy to mail one. Just let us know.

Looking ahead...

Friday, 2/21	7-8:30 p.m.	Pre-Lenten Seminar — Fr. John Valadez on Monitoring One's Time on the Internet and Social Media
Saturday, 2/22	8:30 a.m.	Soul Liturgy with Baptism of Camila Mary Aviles
Sunday, 2/23		Meatfare Sunday — Visit by Joseph Black, missionary to Kenya, Meatfare BBQ after Liturgy
Sunday, 3/1		Cheesefare Sunday — Coffee Hour will be provided by our Project Mexico Mission Team as a fundraiser for their August work trip.
Monday, March 2		Forgiveness Vespers at 6:00 p.m. GREAT LENT BEGINS

CELEBRATIONS THIS WEEK

Wedding Anniversaries

2/14 Paul & Kirsten Franzen

Birthdays

2/9 Zavien Van Wagoner
2/11 Nora Schumacher
2/14 Fr. Nicholas Speier
2/15 John Heiduk, Margaret Easbey

Patronal Feast Days

2/10	St. Anna of Novgorod	Anya Madrigal
2/11	St. Theodora the Empress	Sydney Hedges
2/13	St. Priscilla	Julie Gross

With the blessing of His Eminence, Metropolitan JOSEPH

THE MOTHER OF GOD IN OUR LIVES

LENTEN RETREAT

March 20 – 22

St. Andrew Orthodox Church
Riverside, CA

Presenters:

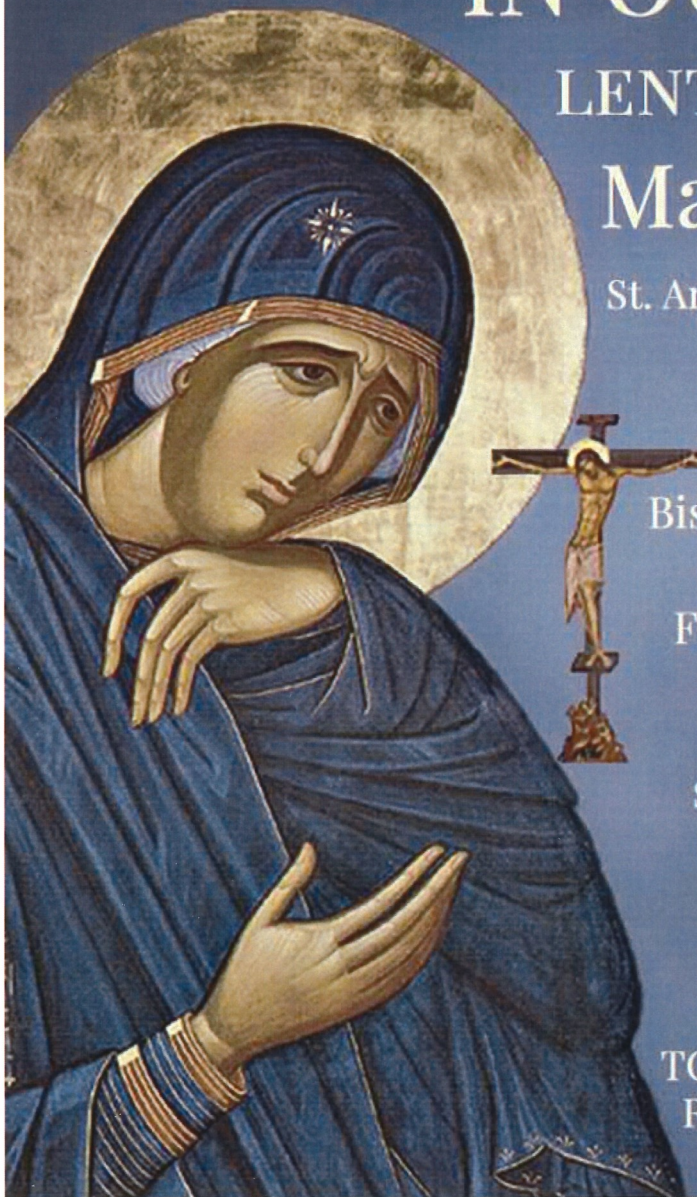
Bishop Irenei Steenberg
Father Calinic Berger
Father Josiah Trenham

Sessions:

Friday 7:00pm – 8:30pm
Saturday: 9:00am – 2:30pm
Sunday: 12:30pm – 2:00pm

To register online and to
view full schedule go to:
saintandrew.net

TO RECEIVE CHILDCARE
REGISTER BY MARCH 15



TEEN SCENE

**Junior High teens meet from 6:00-7:30 p.m.
and High School teens meet from 6:30-8:30 p.m.
on Thursdays in the Teen Room at the church, unless noted otherwise.**

February 13 Regular Youth Group
February 20 Regular Youth Group
February 27 Regular Youth Group

CHURCH ETIQUETTE SOME ADDITIONAL PIOUS CUSTOMS

- **Prostrations**—Prostrations are a pious custom for many Orthodox faithful. Prostrations are liturgically appropriate in various services throughout the Church year, most especially during the weekday services of Great Lent. (A prostration is when one gets down on one's knees and touches the ground with one's head. A metania is when we bend down to touch the ground while making the sign of the cross. Both are common gestures of veneration.)
- **Touching the priest's vestments**—It is a tradition in some parishes to touch the hem of the priest's vestment or phelonion as he passes by in the Great Entrance with the Holy Gifts. This custom imitates the woman who was healed by touching the hem of Christ's robe. Since the priest has a unique role as the icon of Christ, touching his robe is symbolic of reaching out to Christ for healing and asking that our personal petitions be carried to the altar. When touching the hem of the priest's phelonion, one should be careful not to step in front of the procession, to pull or tug on the garment, or to push anyone away.

LOST & FOUND

Items left behind in the church, hallway, classrooms or on the patio and put in the little nook at the end of the hallway, next to the sitting area with the sofas. If you have left something behind, that is the first place to look. Lost and Found items are displayed every 4-6 months during Coffee Hour, and if not claimed, given to the homeless or a thrift store. We have quite a collection of reading glasses on the book shelf back by the Lost & Found clothing rack! Did you lose some recently?

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH	Zac B.	Fr. Jon-Stephen H.
Mother Victoria	Lauren	Cole K. (military)
Met. Paul & Abp. John	Kh. Carla Z.	Jeremiah H. (Airforce Academy)
Bishop Neofitos (Diocese of Kenya)	Vanessa K. and son Anthony	Lauren K. (military)
Mother Christophora	Tom M.	Chase K. (military)
Fr. Jon B.	Dottie G.	Jeff H.
Joseph B.	Jerry J.	Steve T, Kyle P. & Jeff P.
Dn. Richard E.	Monsignor J. Yanek	Bonita M.
Kh. Diane C.	Neil	Lorena F.
Greg & Margaret Y.	Diana	Olga Marie G.
Hoppe Family	Tyler	Dn. John Y.
Duane F.	Phyllis M.	The Ethiopian Orthodox Church
Richard and Susan B.	Ryder H.	All those suffering and
Regina M.	Kent F.	in danger in Ukraine,
	Bob N.	Africa, and the Middle East

For repose of the souls of:

Fr. Patrick K., Barbara B., Elder Ephraim

All who have died in the conflicts in Ukraine Africa & the Middle East

ABOUT OUR PRAYER LISTS:

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—office@stathanasius.org.

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

* **ST. ATHANASIUS CHURCH BOOKSTORE** *
* The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.) *
* **All proceeds go to the parish Building Fund.** *

