



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York &  
Metropolitan of all N. America**

**Senior Pastor:**

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

**Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-770-3749

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached Priest

**Deacons:**

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

**Subdeacons:** Stephen Butler & Michael Easbey

**Music Director/Administrator:**

Valerie Yova

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**Parish Council 2018-2019:**

Kristi King, President

Dan Braun, Treasurer

Terri Speier, Secretary

Dorothy Alexander

Laurie Baker

Corina Berari

David Dillon

Mary Gish

Zak Landrum

## **DIVINE LITURGY OF ST. BASIL THE GREAT**

Sunday, March 29, 2020

**Tone 8 / Eothinon 8**

**Fourth Sunday of Great Lent**

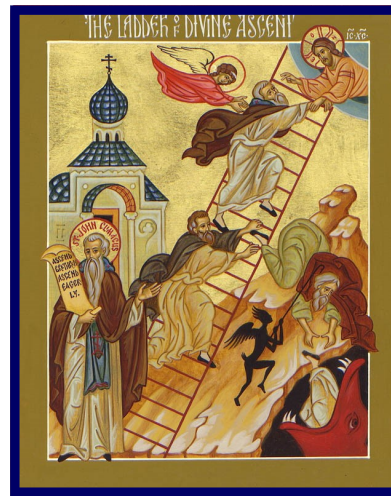
**Commemoration of John Climacus, Author of “The  
Ladder”**

Martyr Mark, Bishop of Arethusa,

Martyr Cyril the Deacon of Heliopolis and those with them;

Martyrs Jonah and Barachisios of Persia and those with them;

Eustathios the Confessor, Bishop of Bithynia



## **WELCOME TO OUR VISITORS!**

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the  
blessed bread during Communion.

Please join us at Coffee Hour~ we'd love to meet you!

**We welcome children of all ages in our worship.**

“Let the little children come unto Me for of such is  
the Kingdom of Heaven.” Luke 18:16

## ***CALENDAR FOR THE WEEK***

### **Sunday, March 29—St. John Climacus**

9:00 a.m. Matins

10:00 a.m. Divine Liturgy

**(CLERGY & CHANTERS ONLY)**

### **Monday, March 30**

5-7 p.m. Fr. Nicholas is available to  
distribute the Eucharist and/or  
hear Confessions.

### **Wednesday, April 1**

9-10:30 a.m. Fr. Nicholas is available to  
distribute the Eucharist and/or  
hear Confessions.

### **Friday, April 3**

5-6 p.m. Fr. Nicholas is available to  
distribute the Eucharist and/or  
hear Confessions.

6 p.m. Akathist to the Mother of God  
**(CLERGY & CHANTERS ONLY)**

### **Saturday, April 4**

9-10:30 a.m. Fr. Nicholas is available to  
distribute the Eucharist and/or  
hear Confessions.

### **Sunday, April 5—St. Mary of Egypt**

9:00 a.m. Matins

10:00 a.m. Divine Liturgy

**(CLERGY & CHANTERS ONLY)**

**If these times available to receive the Eucharist do not fit with your schedule, call Fr. Nicholas to make an appointment.**

All other services, meetings and activities are cancelled in response to the directives from Metropolitan Joseph and our civil authorities.

For those who come to the church to receive Eucharist, to pray or light candles, we ask that you wash your hands as soon as you enter the church building, and again before you exit.

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

## **THE DIVINE LITURGY**

### **GREAT LITANY**

#### **FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

#### **SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages  
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate  
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was  
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,  
glorified with the Father and the Holy Spirit: save us.

#### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

**AS THE CLERGY ENTER THE ALTAR AT THE LITTLE ENTRANCE,  
WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY**

**Troparion of the Resurrection**

**Tone 8**

**(Music on p. 53 of Liturgy book)**

From the heights Thou didst descend,  
O Compassionate One;  
and Thou didst submit to the three day burial,  
that Thou might deliver us from passion.  
Thou art our Life and our Resurrection,  
O Lord, glory to Thee.

**Troparion for St. John Climacus (of the Ladder)**

**Tone 1**

Dweller of the desert and angel in the body,  
you were shown to be a wonderworker, O our God-bearing Father John.  
You received heavenly gifts through fasting, vigil and prayer,  
healing the sick and the souls of those drawn to you by faith.  
Glory to Him Who gave you strength!  
Glory to Him Who granted you a crown!//  
Glory to Him Who through you grants healing to all!

**Troparion to St. Athanasius**

**Tone 3**

**(Music on p. 54 of Liturgy book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion of Annunciation**

**Tone 8**

To thee, our Queen, leader in battle and defender.  
We thy people delivered from all peril,  
offer hymns of vict'ry and thanksgiving, O Theotokos.  
Since thou dost possess invincible power,  
set us free from ev'ry calamity.  
That we may cry unto thee: Hail O bride without bridegroom.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle      Tone 7**

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs:      Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

**EPISTLE READING**

**Hebrews 6:13-20**

Brethren, when God made a promise to Abraham, since He had no one greater by whom to swear, He swore by Himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by one greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of His purpose, He interposed with an oath. So that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest forever after the order of Melchizedek.

**Preparatory Psalm Verses with Alleluia Refrain Before the Gospel**

**Tone 8**

**(Music on page 64 of Liturgy Booklet)**

Chanter: Alleluia, Alleluia, Alleluia!

**People: Alleluia, Alleluia, Alleluia!**

**Verse:**            Come, let us rejoice in the Lord, let us shout with jubilation unto God  
our Savior.

**Verse:**            Come before His countenance with thanksgiving, and with psalms let  
us shout in jubilation unto Him.

## GOSPEL READING

### Mark. (9:16-30)

At that time, a man came to Jesus, kneeling down and saying unto him, "Teacher, I brought my son to you, for he has a dumb spirit. And wherever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked Thy Disciples to cast it out, and they were not able." And Jesus answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to Me." And they brought the boy to Him; and when the spirit saw Jesus, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if Thou canst do anything, have pity on us and help us." And Jesus said to him, "If you can believe, all things are possible to him who believes." Immediately the father of the child cried out and said with tears, "Lord, I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when Jesus had entered the house, His Disciples asked Him privately, "Why could we not cast it out?" And Jesus said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And Jesus would not have anyone know it; for He was teaching His Disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill Him; and after He is killed, He will rise on the third day."

### Meglynarion—Hymn to the Mother of God

All of creation rejoices in you, O Full of Grace: the assembly of Angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child – our God before the ages: He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

### Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

The righteous shall be in everlasting remembrance. He shall not fear evil tidings. (*Ps 111/112:6b-7a*)  
Alleluia, Alleluia, Alleluia!

### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist**. So that the priest is aware of this, please just say,  
*"Father, bless" when you get to the chalice.*

### Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## ***CELEBRATIONS THIS WEEK***

### **Birthdays:**

3/28 Kyndal Vogt (Missed it last week!)  
3/30 Ginny Braun, Amelia Rose Macdonald  
4/2 Christina Shackelford  
4/3 Donna Friesen  
4/4 Duane Franzen

### **Patronal Saint Feast Days**

4/1 **St. Mary of Egypt** Corina Berari, Kristen Roberts, Corie Sieck, Valerie Yova

### **PRAYER FOR THE SANCTITY OF LIFE**

(Please consider incorporating this prayer into your daily devotions during the “**40 Days for Life Vigil**” - February 26-April 5, 2020)

*O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.*

**PRAYER REQUESTS**

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Jacob  
Mother Christophora  
Fr. Jon B.  
Joseph B.  
Dn. Richard E.  
Kh. Diane C.  
Greg & Margaret Y.  
Hoppe Family in Albania  
Joseph Wm. B. in Kenya  
Duane F.  
Richard and Susan B.  
Zac B.  
Kh. Carla Z.

Vanessa K. and son Anthony  
Monsignor J. Yanek  
Ryder H.  
Kent F.  
Bob N.  
Fr. Jon-Stephen H.  
Cole K. (military)  
Jeremiah H. (Airforce Academy)  
Lauren K. (military)  
Chase K. (military)  
Jeff H.  
Steve T.  
Bonita M.  
Olga Marie G.

Dn. John Y.  
Azalea, Dahlia, Dominic, Rose  
Roger R.  
Glenn F.  
Loretta V.  
  
The Ethiopian Orthodox Church  
All those suffering and  
in danger in Ukraine,  
Africa, and the Middle East  
  
Please pray for the raising up and  
support of long-term missionaries from  
our parish.

**For repose of the souls of:** Jeff H. Fuddah S., Elder Pavlos of Sinai, Adolfo & Mary Jane  
All who have died in the conflicts in Ukraine Africa & the Middle East

**ABOUT OUR PRAYER LISTS:**

Prayer requests in the bulletin are prayed out loud during the deacons' litanies and should be submitted to the church office—[office@stathanasius.org](mailto:office@stathanasius.org).

Prayer requests put into the **wooden box in the narthex** will be said silently at the altar at most services. During the **Great Entrance of the Divine Liturgy**, only Orthodox Christians are commemorated, and that list is comprised of the sick, those celebrating special occasions listed in the bulletin, and those who prepared the Eucharist bread. (Others are prayed for during the Preparation of the Bread and Wine for Communion).

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**ST. ATHANASIUS CHURCH BOOKSTORE**

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Building Fund.**

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