



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-770-3749

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova

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Teen Program Coordinator

Michael Easbey: measbey@gmail.com

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Parish Council 2018-2019:

Kristi King, President

Dan Braun, Treasurer

Terri Speier, Secretary

Dorothy Alexander

Laurie Baker

Corina Berari

David Dillon

Mary Gish

Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, May 3, 2020

Tone 2 / Eothinon 4

Third Sunday of Pascha:

**Sunday of Myrrh-Bearing Women,
Joseph of Arimathaea & Righteous Nicodemus**



CALENDAR FOR THE WEEK

Sunday, May 3— MYRRHBEARERS, JOSEPH & NICODEMAS **LIVE STREAMED ON FACEBOOK PAGE**

9:00 a.m. Matins

10:00 a.m. Divine Liturgy

Wednesday, May 6

12:00 p.m. Intercessory Prayer Ministry will meet by Zoom. (Contact Dorothy Alexander if you would like to participate: dotaalexander@westmont.edu)

Thursday, May 7

7-9 p.m. Youth Group will meet by Zoom.
(Contact Michael Easbey if you want the link and password: measbey@gmail.com)

Friday, May 8

5:00 p.m. Akathist to Our Sweetest Lord Jesus on Zoom (Contact Dorothy Alexander if you would like to participate: dotaalexander@westmont.edu)

Sunday, May 10—PARALYTIC **LIVE STREAMED ON FACEBOOK PAGE**

9:00 a.m. Matins

10:00 a.m. Divine Liturgy

Please note:

The latest instructions from Metropolitan JOSEPH have directed that only those conducting the services may be permitted in the building until further notice. There will be no confessions heard or Eucharist distributed at the church until further notice. If an emergency situation arises, please call Fr. Nicholas.

We will let the parish know AS SOON AS WE HAVE NEW INSTRUCTIONS FROM THE METROPOLITAN.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

The Priest begins Divine Liturgy with “Blessed is the Kingdom” and the choir responds “Amen.” Bearing the Paschal Candle, the Priest then leads the singing of the Paschal Apolytikion (“Christ is risen...”) and censes the west side of the Altar Table.

Priest: Blessed is the Kingdom of the Father and the Son and the Holy Spirit, now and ever and unto ages of age.

People: Amen.

Clergy: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life.

People: Christ is risen from the dead, trampling down death by death, and upon those in the tombs bestowing life. **(2 times)**

GREAT LITANY

FIRST ANTIPHON

Verse: Make a joyful noise to God, all the earth! Sing of His Name, give
glory to His praise!

Refrain: **Through the intercessions of the Theotokos, O Savior, save us.**

- Say to God: How awesome are Thy deeds! So great is Thy power that Thine enemies cringe before Thee. [Refrain]
- Let all the earth worship Thee and praise Thee. Let it praise Thy Name, O Most High! [Refrain]
- Glory to Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen. [Refrain]

SECOND ANTIPHON

Verse: God be bountiful to us and bless us! Show the light of Thy countenance upon us and have mercy on us!

**Refrain: O Son of God, Who rose from the dead,
save us who sing to Thee, Alleluia.**

- That we may know Thy way upon the earth, and Thy salvation among all nation! [Refrain]
- Let the people give thanks to Thee, O God! Let all the people give thanks to Thee! [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages. Amen

Only begotten Son...

THIRD ANTIPHON

Verse: Let God arise, Let His enemies be scattered; let those who hate Him flee from before His face.

**Refrain: Christ is risen from the dead trampling down death by death,
and upon those in the tombs bestowing life.**

- As smoke vanishes, so let them vanish; as wax melts before the fire. [Refrain]
- So the sinners will perish before the face of God; but let the righteous be glad. [Refrain]
- This is the day which the Lord has made. Let us rejoice and be glad in it. [Refrain]

LITTLE ENTRANCE

**In the gathering places bless ye God the Lord from the Springs of Israel.
O Son of God Who Rose From the dead, save us who sing to Thee, Alleluia!**

Troparion of the Resurrection

Tone 2

(Music on page 42 of Liturgy Booklet)

When Thou didst submit Thyself unto death,
O Thou deathless and immortal One,
then Thou didst destroy Hell with Thy Godly pow'r,
and when Thou didst raise the dead from beneath the earth,
all the pow'rs of heaven did cry aloud unto Thee.
O Christ, Thou art the Giver of life, glory to Thee.

Troparion of Joseph of Arimathea

Tone 2

The noble Joseph,
when he had taken down Your most pure Body from the Tree,
wrapped it in fine linen and anointed it with spices,
and placed it in a new tomb.

But You rose on the third day, O Lord, //
granting the world great mercy.

Troparion of the Myrrh-bearing Women

Tone 2

The angel came to the myrrhbearing women at the tomb and said:
Myrrh is fitting for the dead;
But Christ has shown Himself a stranger to corruption!
So proclaim: The Lord is risen,
Granting the world great mercy.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
That He may grant us abundant mercy.

Kontakion for Pascha

Thou didst descend into the tomb O Immortal. Thou didst destroy the pow'r of death. In victory Thou didst arise, O Christ God, proclaiming rejoice to the myrrh-bearing women, granting peace to Thine apostles, and bestowing resurrection on the fallen.

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)
(Page 57 of Liturgy Book)**

Tone 2

The Lord is my strength and my song. He has become my salvation.

Verse.

The Lord has chastened me severely but He has not given
me over to death.

THE EPISTLE READING

Acts 6:1-7

In those days, when the disciples were increasing in number, the Hellenists murmured against the Hebrews because their widows were neglected in the daily distribution. And the Twelve summoned the body of the disciples and said, "It is not right that we should give up preaching the word of God to serve tables. Therefore, brethren, pick out from among you seven men of good repute, full of the Spirit and of wisdom, whom we may appoint to this duty. But we will devote ourselves to prayer and to the ministry of the word." And what they said pleased the whole multitude, and they chose Stephen, a man full of faith and of the Holy Spirit, and Philip, and Prochorus, and Nicanor, and Timon, and Parmenas, and Nicolas, a proselyte of Antioch. These they set before the Apostles, and they prayed and laid their hands upon them. And the word of God increased; and the number of the disciples multiplied greatly in Jerusalem, and a great many of the priests were obedient to the faith.

Alleluia before the Gospel

Tone 2

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: May the Lord hear you in the day of trouble!

May the name of the God of Jacob protect you! (Ps 19/20:1)

Verse: O Lord, save the King in the day we call on Thee! (Ps 19/20:9)

GOSPEL READING

Mark 15:43-16:8

At that time, Joseph of Arimathea, a respected member of the council, who was also himself looking for the Kingdom of God, took courage and went to Pilate, and asked for the body of Jesus. And Pilate wondered if he were already dead; and summoning the centurion, he asked him whether Jesus was already dead. And when he learned from the centurion that he was dead, he granted the body to Joseph. And he bought a linen shroud, and taking him down, wrapped him in the linen shroud, and laid him in a tomb, which had been hewn out of the rock; and he rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Jesus saw where he was laid.

And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, bought spices, so that they might go and anoint him. And very early on the first day of the week they went to the tomb when the sun had risen. And they were saying to one another, "Who will roll away the stone for us from the door of the tomb?" And looking up, they saw that the stone was rolled back -- it was very large.

And entering the tomb, they saw a young man sitting on the right side, dressed in a white robe; and they were amazed. And he said to them, "Do not be amazed; you seek Jesus of Nazareth, who was crucified. He has risen, He is not here; see the place where they laid Him. But go, tell his disciples and Peter that He is going before you to Galilee; there you will see Him, as He told you." And they went out and fled from the tomb; for trembling and astonishment had come upon them; and they said nothing to anyone, for they were afraid.

Hymn to the Mother of God (Meglynarion)

The angel cried to the lady full of grace: Rejoice, O pure virgin! Again I say rejoice, O pure Virgin. Your son is risen from His three days in the tomb. With Himself He has raised all the dead. Rejoice all ye people. O Shine! Shine! Shine, O New Jerusalem! The glory, the glory of the Lord has shone on you. Exult, exult and be glad. Be glad, O Zion, be radiant, O Mother of God, in the resurrection of your Son, of your Son!

Communion of the Clergy—for Thomas Sunday

Receive the body of Christ. Taste the fountain of immortality. Alleluia! Alleluia! Alleluia!

Communion of the Faithful

Receive the body of Christ. Taste the fountain of immortality. Alleluia! Alleluia! Alleluia!

Instead of “We have seen the true light,” we sing “Christ is risen...”

At the end of the Liturgy, we will sing the **PHIMI FOR METROPOLITAN JOSEPH (in commemoration of his patron saint day):**

JOSEPH, the most devout, the most reverend, chosen by God as Archbishop of New York and the Metropolitan of all North America, our Father and Chief Shepherd, may God grant him many years!

ANNOUNCEMENTS

CHANGE IN DAILY TRISAGION PRAYERS:

1. From Pascha until Pentecost, omit “O Heavenly King...”
2. From Pascha until Ascension, replace “Holy God, Holy Mighty...” with “Christ is risen from the dead, trampling down death by death, and upon those in tombs bestowing life.” (3 times)

INTERCESSORY PRAYER MINISTRY

Here are some opportunities to join fellow parishioners in praying together online:

- This Wednesday at 12:00 Noon, regular Intercessory Prayer Group
- This Friday at 5:00 p.m. — Akathist to Our Sweetest Lord Jesus (This group was meeting at Westmont College prior to Social Distancing.

If you would like to join either or both of these sessions on ZOOM, contact Dorothy Alexander at dotaalexander@westmont.edu.

MITCHELL DENNY AND MARY GISH are looking for a place in Santa Barbara or Goleta to rent after they get married. They are looking to start small, so a studio or one-bedroom is acceptable, ideally starting in June, but Mitch could move in any time between now and June if earlier works better. If you have a rental space or know of one, please contact Mitch at mitchdennyjr@gmail.com.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH	Ryder H.	Elliott and Family
Mother Victoria	Kent F.	Mitch D. Sr.
Met. Paul & Abp. John	Bob N.	Lorena
Fr. Jacob	Fr. Jon-Stephen H.	Samantha S.
Mother Christophora	Cole K. (military)	Margie N.
Fr. Jon B.	Jeremiah H. (Airforce Academy)	
Joseph B.	Lauren K. (military)	The Ethiopian Orthodox Church
Dn. Richard E.	Chase K. (military)	All those suffering and
Kh. Diane C.	Jeff H.	in danger in Ukraine,
Greg & Margaret Y.	Steve T,	Africa, and the Middle East
Hoppe Family in Albania	Bonita M.	
Joseph Wm. B. in Kenya	Olga Marie G.	Please pray for the raising up and
Duane F.	Dn. John Y.	support of long-term missionaries from
Richard and Susan B.	Azalea, Dahlia, Dominic, Rose	our parish.
Zac B.	Roger R.	
Kh. Carla Z.	Glenn F.	
Vanessa K. and son Anthony	Loretta V.	
Monsignor J. Yanek		

For repose of the souls of:

Vera, Jeff H., Fuddah S

All who have died in the conflicts in Ukraine Africa & the Middle East

CELEBRATIONS THIS WEEK

Wedding Anniversaries:

5/07 Michael & Margaret Easbey

Birthdays:

5/8 Jane (Elizabeth) Meyer

Patronal Feast Days:

MISSED LAST SUNDAY FOR THOMAS SUNDAY: Thomas Ballew, Tom Johnson, Craig Speier

5/4	St. Monica (Mother of St. Augustine)	Monica Finley
5/5	St. Irene of Thessalonica	Karen Jacobs, Kyndal Vogt
5/8	St. John the Theologian	Johnny Heiduk, Erik Lawrence
5/9	St. Christopher of Lycia	Chris Robinson