



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-770-3749

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

Teen Program Coordinator

Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2018-2019:

Kristi King, President

Dan Braun, Treasurer

Terri Speier, Secretary

Dorothy Alexander

Laurie Baker

Corina Berari

David Dillon

Mary Gish

Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, May 31, 2020

Tone 6 / Eothinon 10

Sunday of the After-feast of the Ascension

**Commemoration of the Holy Fathers
of the First Ecumenical Council**

**Martyrs Hermias of Comana in Cappadocia
and the magician Marus who believed through him**



**WE HONOR OUR
GRADUATES
TODAY!!**

CALENDAR FOR THE WEEK

Sunday, May 31 — Fathers of First Ecumenical Council

LIVE STREAMED ON FACEBOOK PAGE

10:00 a.m. Divine Liturgy

Wednesday, June 3

12:00 p.m. Intercessory Prayer Ministry will meet by Zoom.
(Contact Dorothy Alexander if you would like to participate:
dotalexander@westmont.edu)

Thursday, June 4

7-9 p.m. Youth Group will meet by Zoom.
(Contact Michael Easbey if you want the link and password: measbey@gmail.com)

Friday, June 5

5:00 p.m. Akathist to Our Sweetest Lord Jesus on Zoom
(Contact Dorothy Alexander if you would like to participate:
dotalexander@westmont.edu)

Saturday, June 6

8:30 a.m. Soul Liturgy
6:00 p.m. Vespers of Pentecost

Sunday, June 7—PENTECOST

LIVE STREAMED ON FACEBOOK PAGE

10:00 a.m. Divine Liturgy and Kneeling Prayers

Fr. Nicholas will continue to give Confession and/or Communion by appointment this coming week. Please read the pre-Communion prayers at home in preparation for receiving the Eucharist.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON FOR FEAST OF ASCENSION

[Verse] Clap your hands, all peoples! Shout to God with loud songs of joy!

[Refrain] Through the intercessions of the Theotokos, O Savior, save us.

- For the Lord, the Most High is terrible; a great God over all the earth.
He subdued people under us, and nations under our feet. [Refrain]
- God has gone up with a shout, the Lord with the sound of a trumpet! [Refrain]
- Glory to the Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen.
[Refrain]

SECOND ANTIPHON FOR FEAST OF ASCENSION

[Verse] God is the Lord and greatly to be praised in the city of our God.

[Refrain] O Son of God, Who rose from the dead, save us who sing to Thee, Alleluia.

- Mount Zion in the far north, is the city of the Great King. Within her citadels God is known when He defends her. [Refrain]
- For lo, the kings assembled; they came on together. [Refrain]
- Glory to the Father and to the Son and to the Holy Spirit now and ever and unto ages of ages. Amen

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON FOR FEAST OF ASCENSION

[Verse] Hear this, all ye people; give ear, all ye inhabitants of the earth.

Refrain:

You ascended in glory,
O Christ our God,
granting joy to Your disciples by the
promise of the Holy Spirit.
Through the blessing they were assured
that You are the Son of God,
the Redeemer of the world!

[Verse] My mouth shall speak of wisdom; and the meditation of my heart shall be of understanding.

[Refrain]

[Verse] I will incline mine ear to a parable; I will unfold my problem on the harp. **[Refrain]**

LITTLE ENTRANCE

As the clergy enter the altar, we sing the following hymns of the day:

Resurrectional Troparion

Tone 6

When Mary stood at Thy grave looking for Thy sacred body,
angelic pow'rs shone above Thy revered tomb,
and the soldiers who were to keep guard became as dead men.
Thou led Hades captive and wast not tempted there-by,
Thou did meet the Virgin and didst give life to the world.
O Thou Who art risen from the dead, O Lord, glory to Thee.

Troparion of Ascension

Tone 4

You ascended in glory,
O Christ our God,
granting joy to Your disciples by the
promise of the Holy Spirit.
Through the blessing they were assured
that You are the Son of God,
the Redeemer of the world!

Troparion of the Holy Fathers

Tone 8

You are most glorious, O Christ our God!
You have established the Holy Fathers as lights on the earth.
Through them You have guided us to the true Faith.//
O greatly compassionate One, glory to You!

Troparion to St. Athanasius**Tone 3**

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for Ascension**Tone 6**

When You had fulfilled the
dispensation for our sake,
and united earth to heaven,
You ascended in glory, O Christ our God,
not being parted from those who love You,
But remaining with them and crying:
“I am with you and no one will
be against you!”

TRISAGION HYMN

Holy God, Holy Mighty, Holy Immortal, Have mercy on us. (3 times)

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle (Prokeimenon)**Tone 8**

Blessed are You, O Lord, God of our fathers, and praised and glorified is Your
name forever.

Verse: *For You are just in all that You have done for us.*

THE EPISTLE READING

Acts 20:16-18, 28-36

In those days, Paul had decided to sail past Ephesus, so that he might not have to spend time in Asia; for he was hastening to be at Jerusalem, if possible, on the day of Pentecost. And from Miletus he sent to Ephesus and called to him the elders of the church. And when they came to him, he said to them:

“Take heed to yourselves and to all the flock, in which the Holy Spirit has made you overseers, to care for the Church of God which He obtained with the blood of His own Son. I know that after my departure fierce wolves will come in among you, not sparing the flock; and from among your own selves will arise men speaking perverse things, to draw away the disciples after them. Therefore be alert, remembering that for three years I did not cease night or day to admonish everyone with tears. And now I commend you to God and to the word of His grace, which is able to build you up and to give you the inheritance among all those who are sanctified. I coveted no one's silver or gold or apparel. You yourselves know that these hands ministered to my necessities, and to those who were with me. In all things I have shown you that by so toiling one must help the weak, remembering the words of the Lord Jesus, how He said, ‘It is more blessed to give than to receive.’”

And when he had spoken thus, he knelt down and prayed with them all.

Alleluia before the Gospel Tone 1

Chanter: Alleluia, Alleluia, Alleluia

People: Alleluia, Alleluia, Alleluia

Verse: The Lord, the God of gods, speaks and summons the earth from the rising of the sun to its setting. (Ps 49/50:1)

Verse: Gather to Me, My venerable ones, who made a covenant with Me by sacrifice! (Ps 49/50:5)

THE GOSPEL READING

John 17:1-13

At that time, Jesus lifted up His eyes to heaven and said, "Father, the hour has come; glorify Thy Son that the Son may glorify Thee, since Thou hast given Him power over all flesh, to give eternal life to all whom Thou hast given Him. And this is eternal life, that they know Thee the only true God, and Jesus Christ whom Thou hast sent. I glorified Thee on earth, having accomplished the work which Thou gavest Me to do; and now, Father, glorify Thou Me in Thy own presence with the glory which I had with Thee before the world was made."

"I have manifested Thy Name to the men whom Thou gavest Me out of the world; Thine they were, and Thou gavest them to Me, and they have kept Thy word. Now they know that everything that Thou hast given Me is from Thee; for I have given them the words which Thou gavest Me, and they have received them and know in truth that I came from Thee; and they have believed that Thou didst send Me. I am praying for them; I am not praying for the world but for those whom Thou hast given Me, for they are Thine; all Mine are Thine, and Thine are Mine, and I am glorified in them. And now I am no more in the world, but they are in the world, and I am coming to Thee. Holy Father, keep them in Thy Name, which Thou hast given Me, that they may be one, even as We are one. While I was with them, I kept them in Thy Name, which Thou have given Me; I have guarded them, and none of them is lost but the son of perdition, that the Scripture might be fulfilled. But now I am coming to Thee; and these things I speak in the world, that they may have My joy fulfilled in themselves."

HYMN TO THE MOTHER OF GOD (Meglynarion)

9th Ode of the Canon for Ascension:

Magnify, O my soul, Christ the Giver of Life, Who has ascended from earth to heaven!
We magnify the Mother of God, who beyond reason and understanding gave birth in time to the Timeless One.

Hymns for Communion of the Clergy:

Praise the Lord from the heavens! Praise Him in the highest! Alleluia! (*Ps 148:1*)

God has gone up with a shout; the Lord with the sound of a trumpet! (*Ps. 47:5*)

Instead of “We have seen the true light,” we sing the Troparion for Ascension:

You ascended in glory, O Christ our God,
granting joy to Your disciples by the
promise of the Holy Spirit.
Through the blessing they were assured
that You are the Son of God,
the Redeemer of the world!

ANNOUNCEMENTS

SAYING THE TRISAGION DAILY PRAYERS

On Ascension we eliminate “Christ is risen” from the Trisagion Prayers and add Holy God back into them. We do not include “O Heavenly King,” again until Pentecost, which is June 7th.

DOROTHY ALEXANDER has written a lovely article about the Icon Guild to which she and several of our parishioners belong. You can read the article here:

<https://americanassociationoficonographers.com/>

FAREWELL FOR AWHILE...

to Sydney Hedges, who is heading to Loma Linda University to start a Masters Degree program in Occupational Therapy. Sydney has been a faithful members of the choir for several years. Her vibrant energy, sense of humor and love for God have endeared her to all of us and we will miss her greatly. Go with God, Sydney, and visit us often!



ST. ATHANASIUS ORTHODOX CHURCH 2020 GRADUATES HALL OF FAME

HIGH SCHOOL GRADUATIONS

THOMAS BALLEW

I am graduating from Dos Pueblos High School. I have decided to spend my gap year traveling to different monasteries across the country. I hope to find the right monastic community that will receive me as a postulant. I wish follow in my brother Joe's footsteps and maybe stay with him for awhile until God sees fit to move me forward or wills my stay. God bless you all.

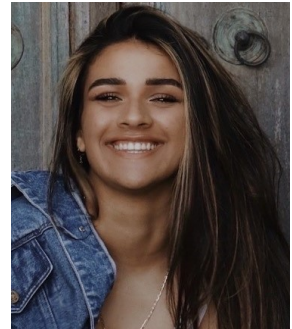


ANNA GRACE BUTLER

I'm graduating from La Cuesta High School and will continue at SBCC in the automotive technology program in which I'll get my two-year degree and then continue to work in the automotive field.

YSABELLA SOPHIA (BELLA) MADRIGAL

I am graduating from Providence High School. I plan to attend Santa Barbara City College for two years and then transfer to Westmont College.



PETER SOLOMON SPEIER

I am graduating from Dos Pueblos High School. I ran Cross Country and Track and was a Cross Country Captain and a leader in Fellowship of Christian Athletes. I will attend Santa Barbara City College in the fall and will major in Biology and run cross country. I plan to eventually teach high school biology and coach. Awards: National Honor Society, National Merit Scholar, Dos Pueblos Male Scholar-Athlete of the Year

SABINA SHACKELFORD

I am graduating from Dos Pueblos High School. While in high school, I was a starting Varsity Water polo player all 4 years and earned all Channel league and all CIF honors. I am thankful to have earned a scholarship to my top choice college, UC Irvine, to continue my education and water polo career.



COLLEGE GRADUATIONS



JOHN BUTLER

I graduated from Westmont College with a B.A. in Music and plan to continue to pursue my musical endeavors in both performance and music technology/recording.

(We have been blessed to have John as our Assistant Choir Director for the past 7 years, and as a chanter and tonsured reader.)

ISABEL KOSIC

I graduated from Westmont College with a B.S. in Physics. Other than being a full-time official nerd, I was involved with the Women's A Cappella group on campus, the St. Athanasius Choir, and enjoyed hiking and exploring the Santa Barbara area, and immediately perked up at any mention of soccer. My plan right now is mainly job-searching.



MADELEINE MAYI MEYER

I graduated with a BM in popular music performance with a Minor in music industry. My plans are to continue pursuing music and other art forms via my personal project. Things have been altered due to Covid-19 in terms of live performances, but I plan on finding creative ways to connect with people through art. I also teach piano lessons via FaceTime (if anyone is interested!)

CORIE SIECK

It always bothered me that I never finished college. It was something that always felt incomplete, so I decided to finish it. I just received an Associates Degree in Behavioral and Communication Sciences from Santa Barbara City College. I am very happy to be able to say it is finished!



JESSE SPEIER

I am graduating from Santa Clara University, Summa Cum Laude, with a bachelor's degree in marketing from the Leavey School of Business. In the next 6 months I'm planning to move back to Santa Barbara, to continue my job search for a marketing position in the Santa Barbara or San Jose Area.

**JORDAN WILLIAMS**

I am graduating from Sonoma State University with a BA in mathematics. I currently work at Santa Barbara Orthopedic Associates. I have just started my online credentialing program, working toward my credential to teach math at the high school level. While in college, I was on the SAAC (student-athlete advisory committee), Vice President of community service, and a 2 Time All-American and 3 Time All-Conference WWPA (water polo).

GRADUATE DEGREES**FR. CHRIS DILLON**

Seminary has truly been a humbling and spiritually enriching experience. By the grace of God, I have completed three rigorous years and have been ordained to the Holy Priesthood. I look forward to serving Christ and his Holy Church in this new capacity. Words fail to express my gratitude to my family who went through the process along with me, as well as all of you for your love, support, and prayers.

**MARK KERN**

I recently received my Masters Degree in Theology from Antiochian House of Studies. Back in about 2005, then Bishop Joseph asked me to enroll in the St. Stephen's Course. I did, but I had to drop out, since I couldn't work full time and keep up with the reading. Once I retired in 2017, I had time for the reading so I re-enrolled. I specialized in Church History and found the history and my Thesis was on the Seventy Apostles. I will be presenting a talk on this topic whenever the St. Barbara Monastery Friends gatherings resume.

TRAINING PROGRAMS

CHEYENNE WILCOX BRAUN

I recently graduated from the Allan Hancock Fire Academy and was voted most improved by the instructors and training cadre. I felt very honored being one of two females to graduate out of 21 cadets in the academy. My goals for the coming months/years are to get hired as a full time professional firefighter. Before COVID, I was offered an internship with Santa Barbara City Fire Department where I was “working” with a crew and getting to learn all of the ins and outs of the everyday tasks an firefighter does. That’s been put on hold due to this virus. I hope to earn a degree in Fire Technology through Allan Hancock College. I thank first and foremost God for blessing me with all of the opportunities He has presented in front of me.

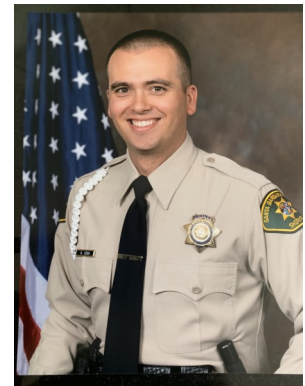


GARY BRAUN, JR.

On May 1st I graduated from the Santa Barbara County Fire academy. Now that it is over, I will be spending the next year training and being evaluated while I work as a firefighter paramedic.

GARRETT GISH

I graduated with 14 other peace officers from the Law Enforcement Academy at the Allan Hancock College Public Safety Training Complex on Wednesday, May 20 after completing a rigorous 751-hour training program. I was sworn in by the Santa Barbara County Sheriff's Department as a Sheriff's Deputy that day and I am already on the job working in our community.



LAUREN KING

After graduating basic training in October, I was sent to Keesler Air Force Base for weather tech school. Throughout the past eight months I've learned about what causes different types of weather to occur, how to understand satellite and radar, and the basics of forecasting. It was a very tough and fast paced course that was a struggle to get through at times. After graduation from weather tech school, I'll head to Offutt Air Force base in Nebraska where I'll be forecasting for the next few years. Due to the current travel bans I won't be able to come home as planned, so my fiancé and our wonderful families will be coming to Nebraska where Fernando and I will get married!

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH	Ryder H.	Elliott and Family
Mother Victoria	Kent F.	Mitch D. Sr.
Met. Paul & Abp. John	Bob N.	Lorena
Fr. Jacob	Fr. Jon-Stephen H.	Samantha S.
Mother Christophora	Cole K. (military)	Margie N.
Fr. Jon B.	Jeremiah H. (Airforce Academy)	Jeff
Joseph B.	Lauren K. (military)	Diane L.
Dn. Richard E.	Chase K. (military)	Tate & Anna F.
Kh. Diane C.	Jeff H.	Nick & Kristine J. (military)
Greg & Margaret Y.	Steve T.	
Hoppe Family in Albania	Bonita M.	The Ethiopian Orthodox Church
Joseph Wm. B. in Kenya	Olga Marie G.	All those suffering and
Duane F.	Dn. John Y.	in danger in Ukraine,
Richard and Susan B.	Azalea, Dahlia, Dominic, Rose	Africa, and the Middle East
Zac B.	Roger R.	
Kh. Carla Z.	Glenn F.	Please pray for the raising up and
Vanessa K. and son Anthony	Loretta V.	support of long-term missionaries from
Monsignor J. Yanek		our parish.

For repose of the souls of:

Fr. Elias B. Fr. Paul L.

All who have died in the conflicts in Ukraine Africa & the Middle East

CELEBRATIONS THIS WEEK

Wedding Anniversaries:

6/2	Corie and Brian Sieck
6/4	Douglas & Jane Meyer
6/5	Richard & Lisa Ballew

Birthdays:

5/31	Dana Alexander
6/2	Jill Wallerstedt
6/4	Nadine de Bruin
6/6	Violet Gray

Patron Saint Feast Days

6/3	St. Kiva (Kevin of Glendalough)	Rowyn West
6/4	St. Martha, Sister of Lazarus	Dottie Genatone