



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

**Office hours:** Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York &  
Metropolitan of all N. America**

**Senior Pastor:**

Fr. Nicholas Speier

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frnicholas@stathanasius.org

**Assistant Pastors:**

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-770-3749

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached Priest

**Deacons:**

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

**Subdeacons:** Stephen Butler & Michael Easbey

**Music Director/Administrator:**

Valerie Yova

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**Parish Council 2018-2019:**

Kristi King, President

Dan Braun, Treasurer

Terri Speier, Secretary

Dorothy Alexander

Laurie Baker

Corina Berari

David Dillon

Mary Gish

Zak Landrum

## **DIVINE LITURGY OF ST. JOHN CHRYSOSTOM**

**Sunday, June 28, 2020**

**Tone 2 / Eothinon 3;**

### **Third Sunday after Pentecost & Third Sunday of Matthew**

Recovery of the Relics of Cyrus & John the Unmercenary;

Martyr Papios; Paul the Physician of Corinth;

Venerable Moses the Anchorite;

Venerable Sergios and Herman, Wonderworking Abbots of Valaam



**We welcome children of all ages in our worship.**

“Let the little children come unto Me for of such is  
the Kingdom of Heaven.” Luke 18:16

## **CALENDAR FOR THE WEEK**

**Sunday, June 28—FEAST OF SAINTS**  
**PETER & PAUL transferred from June 29**  
10:00 a.m. Divine Liturgy

**Monday, June 29—SS. Peter & Paul**  
6:45 a.m. Daily Matins

**Tuesday, June 30**  
5:30 p.m. Daily Vespers

**Wednesday, July 1**  
6:45 a.m. Daily Matins  
12:00 p.m. Intercessory Prayer Ministry

**Thursday, July 2—St. John Maximovich**  
10:00 a.m. Showers of Blessing  
(no refreshments served by our team yet)  
5:30 p.m. Daily Vespers  
6:00 p.m. Youth Group

**Friday, July 3**  
6:45 a.m. Daily Matins

**Saturday, July 4**  
6:00 p.m. Great Vespers/Confessions

**Sunday, July 5**  
10:00 a.m. Divine Liturgy

**Fr. Nicholas will continue to give Confession and/or Communion by appointment. Please read the pre-Communion prayers at home in preparation for receiving the Eucharist.**

## ***Sunday Morning Ministries Schedule***

### **Eucharist Bread**

June 28	Dillon
July 5	Jacobs
July 12	Sieck
July 19	Kern
July 26	Cocores
August 2	Fr. Nicholas

### **The Icon of the Holy Apostles Peter and Paul**

The Orthodox Church has a beautiful presentation of the importance and prominence of the Apostles Peter and Paul with the icon that shows both Apostles standing together holding an image of the Church. Both Apostles, being chosen by our Lord, were instrumental in the establishment and growth of the early Church through their boldness, spiritual strength, and wisdom. Thus they are recognized as "pillars" of the Church, having offered all even unto death for the sake of the Gospel of Christ. In the icon, the Apostle Paul, the great missionary of the early Church, is holding a Gospel book, while the Apostle Peter offers a blessing with his right hand. At the top of the icon is a semicircle, representing the divine realm. Rays extend in the semicircle representing the blessings and presence of God upon His two chosen heralds of the True Faith.

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

**THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

After each of the verses, the choir and congregation sing the refrain:

**“Remember us, O Lord, when you come in your Kingdom.”**

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL  
HYMNS FOR THE DAY:**

**Troparion of the Resurrection**

**Tone 2**

**(Music on p. 42 of Liturgy book)**

When Thou didst submit Thyself unto death,  
O Thou deathless and immortal One,  
then Thou didst destroy Hell with Thy Godly pow'r,  
and when Thou didst raise the dead from beneath the earth,  
all the pow'rs of heaven did cry aloud unto Thee.  
O Christ, Thou art the Giver of life, Glory to Thee.

**Troparion for Saints Peter & Paul**

**Tone 4**

First-enthroned of the Apostles,  
and teachers of the universe:  
entreat the Master of all  
to grant peace to the world, //  
and to our souls great mercy!

**Troparion to St. Athanasius**

**Tone 3**

**(Music on page 54 of Liturgy Book)**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion for Saints Peter and Paul**

**Tone 2**

O Lord, You have taken up to eternal rest  
and to the enjoyment of Your blessings  
the two divinely inspired preachers, the leaders of the Apostles,  
for You have accepted their labors and deaths as a sweet-smelling  
sacrifice, //  
for You alone know what lies in the hearts of men.

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle (Prokeimenon)****Tone 8**

Their proclamation has gone out into all the earth,  
and their words to the ends of the universe! (*Ps 18/19:4*)

*v: The heavens are telling the glory of God, and the firmament proclaims His handiwork. (Ps 18/19:1)*

**THE EPISTLE READING — SS. Peter & Paul  
2 Corinthians 11:21-12:9**

Brethren, whatever anyone dares to boast of -- I am speaking as a fool -- I also dare to boast of that. Are they Hebrews? So am I. Are they Israelites? So am I. Are they descendants of Abraham? So am I. Are they servants of Christ? I am a better one -- I am talking like a madman -- with far greater labors, far more imprisonments, with countless beatings, and often near death. Five times I have received at the hands of the Jews the forty lashes less one. Three times I have been beaten with rods; once I was stoned. Three times I have been shipwrecked; a night and a day I have been adrift at sea. On frequent journeys, in danger from rivers, danger from robbers, danger from my own people, danger from Gentiles, danger in the city, danger in the wilderness, danger at sea, danger from false brethren. In toil and hardship, through many a sleepless night, in hunger and thirst, often without food, in cold and exposure! And, apart from other things, there is the daily pressure upon me of my anxiety for all the Churches. Who is weak, and I am not weak? Who is made to fall, and I am not indignant?

If I must boast, I will boast of the things that show my weakness. The God and Father of the Lord Jesus, he who is blessed forever, knows that I do not lie. At Damascus, the governor under King Aretas guarded the city of Damascus in order to seize me, but I was let down in a basket through a window in the wall, and escaped his hands.

I must boast; there is nothing to be gained by it, but I will go on to visions and revelations of the Lord. I know a man in Christ who fourteen years ago was caught up to the third heaven -- whether in the body or out of the body I do not know, God knows. And I know that this man was caught up into Paradise -- whether in the body or out of the body I do not know, God knows -- and he heard things that cannot be told, which man may not utter. On behalf of this man I will boast, but on my own behalf I will not boast, except of my weaknesses. Though if I wish to boast, I shall not be a fool, for I shall be speaking the truth. But I refrain from it, so that no one may think more of me than he sees in me or hears from me. And to keep me from being too elated by the abundance of revelations, a thorn was given me in the flesh, a messenger of Satan, to harass me, to keep me from being too elated. Three times I besought the Lord about this, that it should leave me; but he said to me, "My grace is sufficient for you, for My power is made perfect in weakness." I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me.

**Alleluia before the Gospel with Psalm Verses****Tone 1**

**Chanter:** Alleluia, Alleluia, Alleluia!

**All:** Alleluia, Alleluia, Alleluia!

*Verse: The heavens will praise Your wonders, O Lord; and Your truth in the congregation of the saints. (Ps 88/89:5)*

*Verse: God is glorified in the council of the saints. (Ps. 88/89:7)*

## **GOSPEL READING —SS. PETER & PAUL**

### **Matthew 16:13-19**

At that time, when Jesus came into the district of Caesarea Philippi, He asked His disciples, "Who do men say that I, the Son of Man, am?" And they said, "Some say John the Baptist, others say Elijah, and others Jeremiah or one of the prophets." Jesus said to them, "But who do you say that I am?" Simon Peter replied, "You are the Christ, the Son of the living God." And Jesus answered him, "Blessed are you, Simon Barjona! For flesh and blood has not revealed this to you, but My Father who is in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of hell shall not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth shall be bound in heaven, and whatever you loose on earth shall be loosed in heaven."

## **GOSPEL READING—3rd SUNDAY OF MATTHEW**

### **Matthew. (6:22-33)**

The Lord said, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is evil, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore, I tell you, do not be anxious about your life, what you shall eat or what you shall drink; nor about your body, what you shall put on. Is not the soul more than food, and the body more than clothing? Look at the birds of heaven: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his stature? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon himself in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will He not much more clothe you, O men of little faith? Therefore, do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek all these things; and your heavenly Father knows that you need them all. But seek first His kingdom and His righteousness, and all these things shall be yours as well."

## **HOMILY**

### **Meglynarion—Hymn to the Mother of God**

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

### **Communion Hymns**

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

Their proclamation has gone out into all the earth, and their words to the ends of the universe! (*Ps. 19:4*) Alleluia, Alleluia, Alleluia!

## ANNOUNCEMENTS

**CONGRATULATIONS & MANY YEARS TO LARRY & CHERYL LANDER AND TO DAVID WASHBURN** on the birth of their grandchild, Blake Harper Washburn, born on May 13 to Drew and Stephanie Washburn.

### REGARDING THE LIVE-STREAMING OF SERVICES...

We have stopped live-streaming the Divine Liturgy for the time being, but we have heard from a number of our parishioners who are not comfortable going out into crowds yet. We are re-searching some options for setting up streaming equipment that does not take up as much space in the nave, and we will keep you posted.

### A FEW REMINDERS ABOUT SAFETY ...

- All are asked to wear a **protective mask** in the building and during services.
- We ask, for now, that singing by the congregation be minimal and very soft.
- To receive Holy Communion, all should allow the priest to pour the Body and Blood by opening their mouths wide and **not closing their lips on the spoon**.
- It is strongly suggested that you either **wash your hands or use hand sanitizer upon entering** and leaving the building. Hand sanitizer stations are set up at each entrance.
- For now, there will be **no service books available during services**.
- Bulletin inserts should be taken home or thrown away on your way out of the building. Please do not leave them, or any personal belongings behind.
- Unfortunately, there will be **no shared books, coloring supplies or toys for now**.
- We cannot offer **Coffee Hour** at this time, and we ask that you do not linger in the building after receiving the final blessing at the end of services. Enjoy conversations outside in the fresh air.
- We ask that everyone **limit their activity in the building to the nave and the restrooms for now**.

## ***CELEBRATIONS THIS WEEK***

### **Birthdays**

6/28	Taylor Speier
6/29	Dorian Easbey, Seraphima Boatwright
6/30	Joanne Gish

### **Patronal Feast Days**

6/29	<b>The Apostle Paul</b>	Josh Dillon, Paul Franzen, Stan Friesen, Robert Kinman, Chris Seaman, Paul Wintz
6/29	<b>The Apostle Peter</b>	Peter Braun, Ivan de Bruin, Peter Speier, Hudson Zidek
7/2	<b>St. John Maximovich</b>	John Butler

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH

Mother Victoria

Met. Paul & Abp. John

Fr. Jacob

Mother Christophora

Fr. Jon B.

Joseph B.

Dn. Richard E.

Kh. Diane C.

Greg & Margaret Y.

Hoppe Family in Albania

Joseph Wm. B. in Kenya

Duane F.

Richard and Susan B.

Zac B.

Kh. Carla Z.

Vanessa K. and son Anthony

Monsignor J. Yanek

Ryder H.

Kent F.

Bob N.

Fr. Jon-Stephen H.

Cole K. (military)

Jeremiah H. (Airforce Academy)

Lauren K. (military)

Chase K. (military)

Jeff H.

Steve T.

Bonita M.

Olga Marie G.

Dn. John Y.

Azalea, Dahlia, Dominic, Rose

Roger R.

Glenn F.

Loretta V.

Elliott and Family

Mitch D. Sr.

Lorena

Samantha & Chris S. & family

Margie N.

Jeff

Tate & Anna F.

Nick & Kristine J. (military)

Michael K.

David W.

The Ethiopian Orthodox Church

All those suffering and

in danger in Ukraine,

Africa, and the Middle East

Please pray for the raising up and  
support of long-term missionaries from  
our parish.

**For repose of the souls of:**

J. Barre, Fr. Elias B. Diane L, Fr. Paul L.

All who have died in the conflicts in Ukraine Africa & the Middle East

## ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Building Fund.**