



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

Assistant Pastors:

Fr. Jon-Stephen Hedges 805-968-1903

Fr. John Carrillo 805-770-3749

Fr. Jon Braun, Attached Priest (retired)

Fr. John Finley, Attached Priest

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey

Dn. John Young

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

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Parish Council 2018-2019:

Kristi King, President

Dan Braun, Treasurer

Terri Speier, Secretary

Dorothy Alexander

Laurie Baker

Corina Berari

Mary Denny

David Dillon

Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, August 2, 2020

**Tone 7 / Eothion 8; Eighth Sunday after Pentecost
& Eighth Sunday of Matthew**

Relics Translation of Proto-martyr Stephen the Archdeacon
Venerable Photini the wonderworker of Carpasia in Cyprus;
Blessed Basil the fool-for-Christ, wonderworker of Moscow



We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, August 2

9:00 a.m. Readers Matins **on the patio**
9:30 a.m. Divine Liturgy **on the patio**
AUDIO LIVE-STREAMED ON FACEBOOK

Tuesday, August 4

5:30 p.m. Paraklesis

Wednesday, August 5

12:00 p.m. Intercessory Prayer Ministry
by Facetime
6:00 p.m. Vesperal-Liturgy for Feast of the
Transfiguration on the patio

Thursday, August 5—TRANSFIGURATION

10:00 a.m. Showers of Blessing
(no refreshments served by our team yet)
5:30 p.m. Paraklesis
6:00 p.m. Parish Council Meeting
6:00 p.m. Youth Group **on the patio**

Saturday, August 7

6:00 p.m. Great Vespers **on the patio**

Sunday, August 9

9:00 a.m. Readers Matins **on the patio**
9:30 a.m. Divine Liturgy **on the patio**
AUDIO LIVE-STREAMED ON FACEBOOK

Fr. Nicholas will continue to give Confession and/or Communion by appointment. Please read the pre-Communion prayers at home in preparation for receiving the Eucharist.

Sunday Morning Ministries Schedule

EUCCHARIST BREAD

August 5 Hedges
August 9 Washburn
August 15 Morrison (Dormition)
August 16 Meyer

READERS

August 2 D. Washburn
August 5 M. Braun
(Vesp Lit. Transfiguration)
August 9 Rdr. M. Kern
August 15 Rdr. V. Gish (Dormition)
August 16 Rdr. H. Lange

DORMITION FAST August 1—14

So why do we fast before Dormition? In a close-knit family, word that its matriarch is on her deathbed brings normal life to a halt. Otherwise important things (parties, TV, luxuries, personal desires) become unimportant; life comes to revolve around the dying matriarch. It is the same with the Orthodox family; word that our matriarch is on her deathbed, could not (or at least should not) have any different effect than the one just mentioned. The Church, through the Paraklesis Service, gives us the opportunity to come to that deathbed and eulogize and entreat the woman who bore God, the vessel of our salvation and our chief advocate at His divine throne. And as, in the earthly family, daily routines and the indulgence in personal wants should come to a halt. Fasting, in its full sense (abstaining from food and desires) accomplishes this. Less time in leisure or other pursuits leaves more time for prayer and reflection on she who gave us Christ, and became the first and greatest Christian. In reflecting on her and her incomparable life, we see a model Christian life, embodying Christ's retort to the woman who stated that Mary was blessed because she bore Him: blessed rather are those who hear His word and keep it. Mary did this better than anyone. As Fr. Thomas Hopko has stated, she heard the word of God and kept it so well, that she of all women in history was chosen not only to hear His Word but give birth to it (Him). So while we fast in contemplation of her life, we are simultaneously preparing ourselves to live a life in imitation of her. That is the purpose of the Dormition Fast.
Source: <http://ww1.antiochian.org/node/20148>

**We will pray the Paraklesis Canon
on August 4, 6, 11 and 13 at 5:30 p.m.
instead of Vespers.**

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion.**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity, glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

**AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 7

Thou didst shatter death by Thy Cross;
Thou didst open paradise to the thief;
Thou didst turn the sadness of the
ointment bearing women into joy,
and didst bid Thine apostles proclaim
a warning that Thou hast risen, O Christ,
granting the world the great mercy.

Troparion of Protomartyr Stephen

Tone 4

Thy relics have risen from the depths of the earth,
like a treasury for the immortal life of all creation.
The Church, rejoicing in the grace that she receives from them,
duteously honors thee, O Protomartyr Stephen.//
Preserve us from error and heresy by thy intercession!

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
O mediatrix, who is unrejected by the creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith,
for thou art good. Hasten to us with intercessions, O Theotokos,
who dost always intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.
+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle Tone 7

The Lord will give strength to His people; the Lord will bless His people with peace.

Vs: Ascribe to the Lord, O sons of God, ascribe to the Lord honor and glory.

**THE EPISTLE READING
I Corinthians 1:10-17**

Brethren, I appeal to you, by the Name of our Lord Jesus Christ, that all of you agree and that there be no dissension among you, but that you be united in the same mind and the same judgment. For it has been reported to me by Chloe's people that there is quarreling among you, my brethren. What I mean is that each one of you says, "I belong to Paul," or "I belong to Apollos," or "I belong to Cephas," or "I belong to Christ." Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? I thank God that I baptized none of you except Crispos and Gaius; lest anyone should say that you were baptized in my name. (I did baptize also the household of Stephanas. Beyond that, I do not know whether I baptized anyone else.) For Christ did not send me to baptize but to preach the Gospel, and not with eloquent wisdom, lest the cross of Christ be emptied of its power.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel Tone 7

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: It is good to give thanks to the Lord, and to sing praises to Thy
Name, O Most High. **Alleluia...**

Verse: To declare Thy mercy in the morning, and Thy truth
in the night. **Alleluia...**

**GOSPEL READING (for 8th Sunday of Matthew)
Matthew 14:14-22**

At that time, when Jesus went ashore he saw a great throng; and he had compassion on them, and healed their sick. When it was evening, the disciples came to Him and said, "This is a lonely place, and the day is now over; send the crowds away to go into the villages and buy food for themselves." Jesus said, "They need not go away; you give them something to eat." They said to Him, "We have only five loaves here and two fish." And He said, "Bring them here to Me." Then He ordered the crowds to sit down on the grass; and taking the five loaves and the two fish He looked up to Heaven, and blessed, and broke and gave the loaves to the disciples, and the disciples gave them to the crowds. And they all ate and were satisfied. And they took up twelve baskets full of the broken pieces left over. And those who ate were about five thousand men, besides women and children. Then Jesus made the disciples get into the boat and go before Him to the other side, while He dismissed the crowds.

HOMILY

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

ANNOUNCEMENTS

CONGRATULATIONS AND MANY YEARS to Johnny and Liz (Easbey) Heiduk. The adoption of their daughter, Kaya Christine, was finalized on July 24th. (Coincidentally, the feast day of St. Christina!)

WE WILL CELEBRATE THE FEAST OF THE TRANSFIGURATION OF OUR LORD this Wednesday, August 5th, at 6 p.m. with Vespers Liturgy on the patio.

IF YOU ARE UNABLE TO HEAR THE SERVICES OUTSIDE, please move closer to one of the large black speakers. **If the sound is too loud for you**, try moving further away from the speakers, or to the center of the area under the patio structure.

A FEW REMINDERS ABOUT SAFETY ...

- All are asked to wear a **protective mask** during services, inside the building, on the patio and around the building and that you keep a 6 ft. distance before, during and after services.
- We ask, for now, that singing by the congregation be minimal and very soft.
- To receive Holy Communion, all should allow the priest to pour the Body and Blood by opening their mouths wide and **not closing their lips on the spoon**.
- For now, there will be **no service books available during services**.
- Bulletin inserts should be taken home or thrown away as you leave the property. Please do not leave them, or any personal belongings behind.
- Unfortunately, there will be **no shared books, coloring supplies or toys for now**.
- We cannot offer **Coffee Hour** at this time. Enjoy conversations outside in the fresh air after the service, but please maintain social distancing.
- We ask that everyone **limit their activity in the building to the restrooms for now**.

The Holy Protomartyr and Archdeacon Stephen was the eldest of the seven deacons, appointed by the Apostles themselves, and therefore he is called “archdeacon.” He was the first Christian martyr, and he suffered for Christ when he was about thirty. In the words of Asterias, he was “the starting point of the martyrs, the instructor of suffering for Christ, the foundation of righteous confession, since Stephen was the first to shed his blood for the Gospel.”

Filled with the Holy Spirit, Saint Stephen preached Christianity and defeated Jewish teachers of the Law in debate. The Jews maligned Saint Stephen, saying that he had uttered blasphemy against God and against Moses. Saint Stephen came before the Sanhedrin and the High Priest to answer these charges. He gave a fiery speech, in which he recounted the history of the Jewish nation, and denounced the Jews for persecuting the prophets, and also for executing the promised Messiah, Jesus Christ (Acts ch. 7).

During his speech, Saint Stephen suddenly saw the heavens opened and Jesus Christ standing at the right hand of God. The Jews shouted and covered their ears, and rushed at him. They dragged him out of the city and stoned him, but the holy martyr prayed for his murderers. Far off on the heights stood the Mother of God with the holy Apostle John the Theologian, and She prayed fervently for the martyr. Before his death Saint Stephen said, “Lord Jesus, receive my spirit. O Lord, lay not this sin to their charge.” Then he joyfully gave up his pure soul to Christ.

The body of the holy Protomartyr Stephen, left to be eaten by beasts, was secretly taken up by the Jewish teacher Gamaliel and his son Habib, who buried Stephen on his estate. They both believed in Christ, and later received holy Baptism.

In the year 415 the relics of the saint were uncovered in a miraculous manner and solemnly transferred to Jerusalem by Bishop John and the bishops Eutonius of Sebaste and Eleutherius of Jericho. From that time healings took place from the relics.

During the reign of holy Emperor Theodosius the Younger (408-450), the **relics of the holy Protomartyr Stephen were transferred from Jerusalem to Constantinople** and placed in the church of the holy deacon Laurence. When a church dedicated to the Protomartyr Stephen was built, the relics were transferred there on August 2. Saint Stephen’s right hand is preserved in the Serapionov chamber of the Trinity-Sergius Lavra.

CELEBRATIONS THIS WEEK

Birthdays

8/3 David Vander Laan
8/4 Lauren Shackelford
8/7 Howard Lange
8/8 Oliver Palmer, Steve Thomas

Patronal Feast Days

8/3 St. Lydia, Seller of the Purple Cloth - Lydia Sieck

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Jacob
Mother Christophora
Fr. Jon B.
Joseph B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Zac B.
Monsignor J. Yanek
Kent F.
Bob N.

Fr. Jon-Stephen H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren K. (military)
Chase K. (military)
Steve T,
Olga Marie G.
Dn. John Y.
Glenn F.
Mitch D. Sr.
Samantha & Chris S. & family
Jeff
Tate & Anna F.
Nick & Kristine J. (military)
Michael K.
David W.
Harvey G.

Gary B. Jr.
Bonita M.
Stephen B.
Kris F.

The Ethiopian Orthodox Church

All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and
support of long-term missionaries from
our parish.

For repose of the souls of:

E. Moon, J. Barre
All who have died in the conflicts in Ukraine Africa & the Middle East

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.
