



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

Assistant Pastor:

Fr. Symeon Halsell

805-685-5400

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. Jon-Stephen Hedges 805-968-1903 (Chaplain)

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey (retired)

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2019-2020:

Kristi King, President

Dan Braun, Treasurer

Terri Speier, Secretary

Dorothy Alexander

Laurie Baker

Corina Berari

Mary Denny

David Dillon

Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, February 21, 2021

Tone 4 / Eothinon 4

Sunday of the Pharisee and Publican

Venerable Timothy of Symbola;

Eustathios, Archbishop of Antioch;

Zachariah, Patriarch of Jerusalem;

George, Bishop of Amastris



We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, February 21—Publican and Pharisee

9:00 a.m. Matins
10:00 a.m. Divine Liturgy

FAST-FREE WEEK

Monday, February 22

6:45 a.m. Daily Matins
5:00 p.m. Akathist by Zoom

Tuesday, February 23

5:30 p.m. Daily Vespers

Wednesday, February 24

6:45 a.m. Daily Matins
12:00 p.m. Intercessory Prayer Ministry

Thursday, February 25

7:45 a.m. Akathist by Zoom
9:00 a.m.-12 Showers of Blessing
5:30 p.m. Daily Vespers
6:00 p.m. Parish Council Meeting

Friday, February 26

6:45 a.m. Daily Matins
7-8:30 p.m. Pre-Lenten Seminar

Saturday, February 27

9-11:00 a.m. Pre-Lenten Seminar
6:00 p.m. Great Vespers/Confessions

Sunday, February 28 — Prodigal Son

9:00 a.m. Matins
10:00 a.m. Divine Liturgy

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

Feb. 21 Sieck
Feb. 28 D. Washburn
March 7 M. Kern
March 14 N. Tinyayeva

READERS

Feb. 21 D. Alexander
Feb. 28 Rdr. J. Butler
March 7 M. Braun
March 14 Rdr. V. Gish (Liturgy)
March 14 Rdr. M. Kern (Vespers)

USHERS

Feb. 21 P. King, J. King
Feb. 28 C. Berari, D. Meyer
March 7 S. Speier, C. Speier
March 14 M. Loulias, D. Washburn

REMINDER:
GREAT LENT BEGINS ON MARCH 15.

CELEBRATIONS THIS WEEK

Birthdays

★ 2/21 Erik Lawrence, Tyson Shackelford
★ 2/25 Athanasia (Asia) Ballew
★ 2/26 Anya Johnson

Patronal Feast Days

★ 2/26 St. Photini the Samaritan Woman Teri Lynn Palmer

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

THE GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father and to the Son and to the Holy Spirit,
now and ever, and unto ages of ages. Amen.

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate
of the holy Theotokos and ever-virgin Mary, who without change didst become man and wast
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

In Thy kingdom remember us, O Lord,
when Thou comest in Thy kingdom.
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.
Blessed are those who mourn, for they shall be comforted.
Blessed are the meek, for they shall inherit the earth.
Blessed are those who hunger and thirst after righteousness, for they shall be filled.
Blessed are the merciful, for they shall obtain mercy.
Blessed are the pure in heart, for they shall see God.
Blessed are the peacemakers, for they shall be called the sons of God.
Blessed are those who are persecuted for righteousness sake,
for theirs is the kingdom of Heaven.
Blessed are you when men shall revile you and shall persecute you, and shall say all manner of
evil against you falsely for my sake.
Rejoice and be exceedingly glad, for great is your reward in heaven.

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 4

Having learned the joyful message
of the Resurrection from the angel,
the women disciples of the Lord cast from them
their parental condemnation,
and proudly broke the news to the disciples
saying death has been spoiled.
Christ God is risen, granting the world great mercy.

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God that He may grant us abundant mercy.

Kontakion of the Publican & the Pharisee

Tone 3

Let us flee from the pride of the Pharisee!
Let us learn humility from the Publican's tears!
Let us cry to our Savior:
“Have mercy on us,
O only merciful One!”

TRISAGION (THRICE-HOLY) HYMN

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Preparatory Psalm Verses before the Epistle

Tone 8 Byzantine melody

Pray and make your vows // before the Lord, our God! (*Ps 75/76:11*)

Verse: *God is known in Judah; His name is great in Israel. (Ps 75/76:1)*

EPISTLE READING

(For Sunday of the Pharisee and Publican)

Timothy 3:10-15

Timothy my son, you have observed my teaching, my conduct, my aim in life, my faith, my patience, my love, my steadfastness, my persecutions, and my sufferings; and what befell me at Antioch, at Iconium, and at Lystra. What persecutions I endured; yet from them all, the Lord rescued me. Indeed all who desire to live a godly life in Christ Jesus will be persecuted, while evil men and impostors will go on from bad to worse, deceivers and deceived. But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it and how from childhood you have been acquainted with the sacred writings which are able to instruct you for salvation through faith in Christ Jesus.

Alleluia Refrain and Psalm verses before the Gospel

Tone 4

Chanter: Alleluia, Alleluia, Alleluia!

People: **Alleluia, Alleluia, Alleluia!**

Verse: Draw Thy bow and prosper and reign, in the cause of truth, meekness, and righteousness. (*Ps 44/45:5*)

Verse: Thou hast loved righteousness and hated wickedness.
(*Ps 44/45:8*)

GOSPEL READING

Luke 8:10-14

The Lord spoke this parable: "Two men went up into the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, 'God, I thank Thee that I am not like other men, extortionists, unjust, adulterers, or even like this tax collector. I fast twice a week; I give tithes of all that I get.' But the tax collector, standing far off, would not even lift up his eyes to Heaven, but beat his breast, saying, 'God, be merciful to me a sinner!' I tell you, this man went down to his house justified rather than the other; for everyone who exalts himself will be humbled, but he who humbles himself will be exalted."

HYMN TO THE THEOTOKOS

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the highest! (*Ps 148:1*)
Alleluia, Alleluia, Alleluia!

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist**. So that the priest is aware of this, please just say,
"Father, bless" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

LOST & FOUND

Items left behind in the church, hallway, classrooms or on the patio are put in the little nook at the end of the long hallway, next to the sitting area with the sofas and library shelves. Lost and Found items are displayed every 4-6 months in the hallway or at Coffee Hour and if not claimed, given to the homeless or a thrift store. If you think you may have left something behind recently, check the Lost and Found.

UPCOMING LITURGICAL SERVICES & SEMINARS

Friday, February 26 7-8:30 p.m.	PRE-LENTEN SEMINAR
Saturday, February 27 9-11:00 a.m.	PRE-LENTEN SEMINAR
Saturday, March 6 8:30 a.m.	SOUL LITURGY
Sunday, March 7	MEATFARE SUNDAY
Sunday, March 14	CHEEEFARE SUNDAY FORGIVENESS VESPERS at 6:00 p.m.

**We will do Forgiveness Vespers a bit differently this year
in order to observe whatever health and safety protocols are in place by March 14.**

Monday, March 15	FIRST WEEK OF GREAT LENT All services at 6:00 p.m.: Monday—Great Compline with Canon of St. Andrew Tuesday—Little Compline with portion of Canon Wednesday— Presanctified Liturgy Thursday—Little Compline with portion of Canon Friday—Akathist to the Mother of God
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There will be no pan-Orthodox Vespers this year for the Sunday of Orthodoxy.

Wednesday, March 24 6:00 p.m.	Vesperal-Liturgy for Feast of Annunciation
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During Great Lent, we do not have Tuesday/Thursday Daily Vespers.

We pray the following services at 6:00 p.m.:
Great Compline on Mondays
Presanctified Liturgy on Wednesdays (except for March 24—Feast of Annunciation)
Akathist on Fridays

NEED SOME HELP PREPARING YOUR HEART FOR GREAT LENT?

Join us for our Pre-Lenten Seminar:

“Preparing to Enjoy the Waters of the Lenten Spring

Friday, February 26	7:-8:30 p.m. Fr. John Valadez, Presenter Pastor of St. Timothy Orthodox Church, Lompoc
Saturday, February 27	9-11:00 a.m. Fr. Symeon Halsell, Presenter

The seminars will be in the nave
of the church
with social distancing observed.
Participants may be
asked to wear masks.

No registration necessary.



ANNOUNCEMENTS

THIS COMING WEEK IS A COMPLETELY FAST-FREE WEEK, as we prepare to begin the Great Fast, which starts on March 15th.

BLESSING OF HOMES

Don't forget to call one of our priests to set up a time to have your home blessed!

PLEASE CONTINUE TO KEEP FR. JON-STEPHEN HEDGES IN YOUR PRAYERS.

REQUEST FROM THE D.A.'S OFFICE in their fight against Human Trafficking

The Interfaith Collaborative Against Human Trafficking, of which we are a member, has been asked by the D.A.'s office to assist in their crack down on trafficking here in Santa Barbara. They are asking for Walmart gift cards to be used in a sting operation in the amount of \$25 or \$50 each. If you would like to donate towards this effort, you can do so in one of the following ways:

- Purchase a card and give it to Terri Speier or leave it for her in the church office.
- Leave cash in an envelope or a check in the tithe box **made out to Terri Speier**. ANY AMOUNT is appreciated. Please be sure to include a note that says "Walmart Gift Card Project."
- The goal is to purchase 10 gift cards.

PREPARATION FOR HOLY COMMUNION

Some Reminders

Our journey to Church is actually a journey to heaven and thus we need to appropriately prepare ourselves. If possible, one should attend the services preceding the Liturgy (Great Vespers and Sunday Matins) and make an effort to be on time.

It is important to have a time of reflection to examine ourselves, to determine if there are sins that need to be confessed, and to attempt to be at peace with everyone (to the degree possible).

We should have no food or drink before Communion and read the prayers designated for "before Communion" in the little red prayer book.

The grace received in this sacrament of sacraments is the very life of Christ given for our salvation.

NEEDS IN OUR COMMUNITY

NETWORK MEDICAL

Network Medical gives out "Welcome New Baby" bags to moms who come into Network Medical and decide to keep their babies. They have gone through their supply and are **currently in need of 5 neutral bags (items that can be for a boy or girl.)**

If you would like to contribute a full bag, an item in a bag or \$ toward these items, please contact Terri Speier. Welcome New Baby bags **contain a onesie, baby outfit, blanket, book, booties, etc. and some small care items for the mother (chap stick, lotion, fuzzy socks.)**

SUSIE'S CLOSET

Susie's Closet (sponsored by Network Medical) is a place in the Santa Barbara area that provides baby and toddler clothes for families in need. Families are referred from Cottage Nurses, IV Youth Projects or Social Workers. Currently, Susie's is out of some sizes and so have nothing to give to those families requesting these sizes. Perhaps you have some to share?

Urgently needed at Susie's Closet are clothing items in these sizes:

Boys 3T, Boys 4T, boys baby and toddler bibs.

If you have items to contribute toward these needs, or would like to give a cash donation (and Terri will go shopping), please contact Terri Speier or leave items or donations in the church office. (stspeier@cox.net)

Starting on March 6th: 7-week Orthodox Study on "Spirituality"

Saturdays 5:00-6:00 p.m. at St. Athanasius Church in the nave

March 6	The Aim of the Spiritual Life
March 13	Great Lent: Prayer, Fasting, Almsgiving
March 20	The Role of the Church in the Spiritual Life
March 27	Living the Beatitudes
April 3	Practice of Virtue
April 10	The Lord's Prayer
April 17	Practical Aspects of Spirituality in Life and Death

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Fr. Jon-Stephen & Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)

Chase K. (military)
Nick & Kristine J. (military)
Steve T,
Dn. John Y.
Mitch D. Sr.
Dn. Gary B.
Harvey G.
Stephen B.
Kh. Erin K.
Nina
Dasha
Wendy R.
Bev R.
Phyllis M.
Christina & Anthony
Lee Family
Fr. Wayne W.
Audrey
Sarah G. and Family

Zack
Keith
Kent F.

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and
support of long-term missionaries from
our parish.

For repose of the souls of:

Jim R., Betty, Lynn S.
All who have died in the conflicts in Ukraine Africa & the Middle East
Those who lost their lives in the explosion in Lebanon

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

**Thanks to all who contributed treats last Sunday
for the impromptu birthday celebration
for Fr. Nicholas (Feb. 14)
and Fr. Symeon (Feb. 15) last Sunday!
What a joy to be together in celebration to
honor our priests!**



SAFETY PROTOCOLS

Metropolitan Joseph has given us a blessing to continue to do our services inside the nave. The Parish Council asks the members of the parish to adhere to the following:

- During services, please maintain at least 6 ft. of distance on all sides, including in the Communion line, and wear a mask that covers both **YOUR MOUTH AND NOSE**. (Families may sit together but should have six feet of space in front and behind them.)
- The Sunday Divine Liturgy is being broadcast in the hallway and on the patio for overflow crowd and for those who are not comfortable sitting inside the nave.
- **There will be no COFFEE HOUR for now. Please do not linger inside the building after the services unless you are buying something from the Bookstore.**