



## ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,  
Archbishop of New York &  
Metropolitan of all N. America**

**Senior Pastor:**

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

**Assistant Pastor:**

Fr. Symeon Halsell

805-685-5400

frsymeon@stathanasius.org

**Priests attached to the parish:**

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

**Deacons:**

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey (retired)

Dn. John Young (retired)

**Subdeacons:** Stephen Butler & Michael Easbey

**Music Director/Administrator:**

Valerie Yova

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**Teen Program Coordinator**

Subdn. Michael Easbey: measbey@gmail.com

**College/Young Adult Coordinator**

Mitchell Denny: mitchdennyjr@gmail.com

**Parish Council 2019-2020:**

Kristi King, President

Dan Braun, Treasurer

Terri Speier, Secretary

Dorothy Alexander

Laurie Baker

Corina Berari

Mary Denny

David Dillon

Zak Landrum

## **DIVINE LITURGY OF ST. JOHN CHRYSOSTOM**

**Sunday, July 25, 2021**

**Tone 4 / Eothinon 5**

**Dormition of Righteous Anna,**

**Mother of the Theotokos**

**& Fifth Sunday of Matthew**

**Righteous Mother Olympias,**

**Deaconess of Constantinople; Eupraxia of Tabenna**



## **WELCOME TO OUR VISITORS!**

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the blessed bread during Communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

## **We welcome children of all ages in our worship.**

“Let the little children come unto Me for of such is the Kingdom of Heaven.” Luke 18:16

## ***CALENDAR FOR THE WEEK***

### **Sunday, July 25**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
Presentation by Hoppe Family—OCMC Missionaries

### **HIGHWAYS & HEDGES WEEK BEGINS**

### **Monday, July 26-St. Paraskeva**

6:45 a.m. Daily Matins

### **Tuesday, July 27-St. Panteleimon**

3:15pm St. Xenia Prayer Ministry (with  
Highways & Hedges group)

### **NO DAILY VESPERS**

### **Wednesday, July 28**

6:45 a.m. Daily Matins

### **Thursday, July 29**

7:45a.m. St. Xenia Prayer Ministry (by Zoom)  
10:00 a.m. Showers of Blessing  
5:30 p.m. Daily Vespers  
6:00 p.m. Parish Council Meeting

### **Friday, July 30**

6:45 a.m. Daily Matins

### **Saturday, July 31**

6:00 p.m. Great Vespers/Confessions

### **Sunday, August 1-Procession of Cross**

9:00 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:45 a.m. Coffee Hour  
12:15 p.m. Choir Rehearsal

## **THE DORMITION FAST BEGINS AUGUST 1st.**

## ***SUNDAY MORNING MINISTRIES SCHEDULE***

### **EUCCHARIST BREAD**

July 25	Tinyayeva
August 1	Meyer
August 5	Kern
August 8	Fr. Nicholas
August 15	Dn. G. Braun

### **READERS**

July 25	D. Alexander
August 1	M. Braun
August 5	Rdr. H. Lange
August 8	Rdr. J. Butler
August 14	D. Meyer
August 15	Rdr. V. Gish

### **USHERS**

July 25	D. Washburn, D. Alexander
August 1	J. King, P. King
August 8	C. Speier, S. Speier
August 15	M. Loulias, D. Meyer

**At the conclusion of Matins, we sing the Great Doxology  
followed by the Matins Dismissal Troparion:**

**THE DIVINE LITURGY  
OF ST. JOHN CHRYSOSTOM**

**FIRST ANTIPHON—Psalm verses with refrain**

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;  
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

**Refrain: Through the intercessions of the Theotokos, O Savior, save us.**

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

**SECOND ANTIPHON—Psalm verses with refrain**

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and  
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,  
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages  
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate  
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was  
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,  
glorified with the Father and the Holy Spirit: save us.

### **THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”**

In Thy kingdom remember us, O Lord,  
when Thou comest in Thy kingdom.  
Blessed are the poor in spirit, for theirs is the kingdom of Heaven.  
Blessed are those who mourn, for they shall be comforted.  
Blessed are the meek, for they shall inherit the earth.  
Blessed are those who hunger and thirst after righteousness, for they shall be filled.  
Blessed are the merciful, for they shall obtain mercy.  
Blessed are the pure in heart, for they shall see God.  
Blessed are the peacemakers, for they shall be called the sons of God.  
Blessed are those who are persecuted for righteousness sake,  
for theirs is the kingdom of Heaven.  
Blessed are you when men shall revile you and shall persecute you, and shall say all manner  
of evil against you falsely for my sake.  
Rejoice and be exceedingly glad, for great is your reward in heaven.

### **AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY:**

#### **Troparion of the Resurrection (Music on page 45 of Liturgy book)**

**Tone 4**

Having learned the joyful message  
of the Resurrection from the angel,  
the women disciples of the Lord cast from them  
their parental condemnation,  
and proudly broke the news to the disciples  
saying death has been spoiled.  
Christ God is risen, granting the world great mercy.

#### **Troparion for Dormition of St. Anna the Mother of the Theotokos**

**Tone 4**

Divinely-wise Anna,  
you carried in your womb the pure Mother of God who gave life to our Life.  
Therefore, you are now carried joyfully to the inheritance of heaven,  
to the abode of those who rejoice in glory,//  
where you seek forgiveness of sins for those  
who faithfully honor you, O ever-blessed one.

**Troparion to St. Athanasius**  
**(Music on page 54 of Liturgy Book)**

**Tone 3**

Holy Bishop Athanasius,  
you became a stronghold of Orthodoxy,  
strengthening the Church through your divine teachings.  
Opposing the heretical opinion of Arius,  
you explained and taught that the Son is equal in nature with the Father.  
O holy Father, intercede with Christ God  
that He may grant us abundant mercy.

**Kontakion for Repose of St. Anna**

**Tone 2**

We celebrate the memory of the progenitors of Christ,  
and with faith we ask their help,  
that deliverance from every affliction be granted to those who cry out://  
“Be with us, O God, Who in Your good pleasure glorified them!”

**TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)**

Holy God, Holy Mighty, Holy Immortal, have mercy on us.  
+Glory to the Father and to the Son and to the Holy Spirit,  
now and ever and unto ages of ages. Amen.  
Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Prokeimenon before the Epistle**

**Tone 4**

God is wonderful in His saints, the God of Israel. (Ps. 68:35)

**VERSE:** *In the churches bless ye God the Lord, from the fountains of Israel.*

**EPISTLE READING (for St. Anna)**

**Galatians 4:22-27**

Brethren, Abraham had two sons, one by the handmaid, and one by the freewoman. But the one from the handmaid is born according to the flesh; whereas the one from the free-woman is through the promise. These things are an allegory, for these women are two covenants. One is from Mount Sinai, bearing children for bondage, which is Hagar. For Sinai, which corresponds to Hagar, is a mountain in Arabia, and resembles the present Jerusalem, for she is in bondage with her children. But the Jerusalem that is above is free, and she is the mother of us all. For it is written, “Rejoice, O barren one who does not bear; break forth and cry out, you who are not in travail: For many are the children of the desolate, much more than of her who has a husband.”

Chanter: Alleluia, Alleluia, Alleluia!  
**People:** Alleluia, Alleluia, Alleluia!

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)  
 Rejoice in the Lord, O you righteous; praise befits the just! (*Ps. 32:1*)  
 Alleluia, Alleluia, Alleluia!

### HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist**. So that the priest is aware of this, please just say,  
*“Father, bless” when you get to the chalice.*

### Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

## ANNOUNCEMENTS

**The St. Barbara Monastery Friends** will gather today (for the first time since February of 2020!) at 4 p.m. Fr. John Finley will speak on “Creating a False Utopia: St. Nikolai’s Words for us Today.”

**This Sunday has been designated as PRISON MINISTRY SUNDAY** by the Assembly of Canonical Orthodox Bishops. We will be sending a contribution from our Pastor’s Fund. If you would like to contribute towards this donation, feel free to put a check in the tithe box or donate online, and please be sure to include the memo: **PASTOR’S FUND for PRISON MINISTRY.**

## LOOKING AHEAD... August Feast Days

Thursday, August 5 at 6:00 p.m.	Vespers-Liturgy for <b>Feast of the Transfiguration &amp; Blessing of Grapes</b>
Saturday, August 14 at 6:00 p.m.	Festal Great Vespers for <b>Feast of the Dormition</b>
Sunday, August 15 at 9:00 a.m.	Festal Matins for <b>Dormition</b>
10:00 a.m.	Divine Liturgy for <b>Dormition</b>
11:45 a.m.	Fiesta Reception ( <b>Mexican Luncheon</b> )

# SAVE the DATE

## THE HOWARD SHANNON GOLF TOURNAMENT

SEPT 17, 2021

AT GLEN ANNIE GOLF CLUB

ST. ATHANASIUS ORTHODOX CHURCH



### ***CELEBRATIONS THIS WEEK***

#### **Wedding Anniversaries**

7/25 Zak & Kellie Landrum

7/27 Zach & Sarah Brasel

#### **Birthdays:**

7/29 Douglas Meyer, Phoebe Lenhart

7/30 Emily King, Jackson Stetler, Nikolai Rice

7/31 Jeremiah Hoppe

#### **Patron Saint Feast Days**

7/25 St. Anna (Dormition)

Anna Grace Butler

7/30 St. Angelina of Serbia

Angelina Speier

7/31 St. Benjamin of Petrograd

Terrell Armstrong

## WOMEN'S FELLOWSHIP CORNER

Some of the women of the parish gathered on July 17th at the home of Penny Cocores & Mike Loulias to learn to make Koliva, the wheat that is sometimes offered and blessed as part of our Trisagion/Memorial prayers for the departed.

Thank you, Penny, for hosting and teaching this class!



NETWORK MEDICAL ANNUAL FUNDRAISER

Finally, together again  
this year at the  
**MARJORIE LUKE THEATRE**

# SEALED

MY STORY

LIVE MUSIC AT 6:30pm WITH

**DOMINIC BALLI**

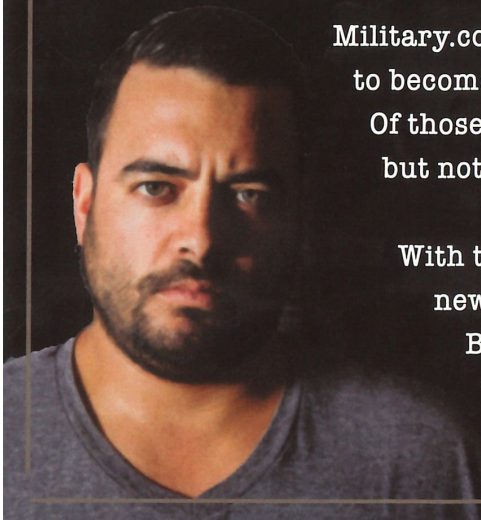
SATURDAY • JULY 31, 2021 • 6:30 pm - 8:30 pm

MASTER OF CEREMONIES: **KATHY IRELAND**

**ADMISSION FREE**

805 967-9096

## FORMER NAVY SEAL **CHAD WILLIAMS**



Military.com states of the 20,000 annual applicants to become SEALs, only 6% meet the requirements. Of those who do make the training, 75% drop out, but not Williams. Against huge odds, he made it!

With that same fierce tenacity, he now serves a new Commander & Chief: the Lord Almighty.

But it wasn't always this way for Williams.

Bold to broken, his story is gripping.

You won't want to miss it!

## PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

**Send prayer requests for the bulletin to: [office@stathanasius.org](mailto:office@stathanasius.org).**

**Please pray for the health of:**

Metropolitan JOSEPH  
Mother Victoria  
Met. Paul & Abp. John  
Fr. Markos  
Fr. Jon B.  
Dn. Richard E.  
Kh. Diane C.  
Greg & Margaret Y.  
Hoppe Family in Albania  
Joseph Wm. B. in Kenya  
Duane F.  
Richard and Susan B.  
Monsignor J. Yanek  
Bob N.  
Kh. Melissa H.  
Cole K. (military)  
Jeremiah H. (Airforce Academy)  
Lauren & Fernando J. (military)

Chase K. (military)  
Nick & Kristine J. (military)  
Steve T,  
Nina  
Dasha  
Bev R.  
Phyllis M.  
Lee Family  
Audrey  
Scott L.  
Dan A.  
John S.  
Earle L.  
Barbara W.  
Phoebe L.  
Abp. Benjamin  
Kris F.  
John N., Samantha & Chris  
Harvey G.

Temmo K.  
Dr. Andrew G.  
Mark K.  
Sarah B.

The Ethiopian Orthodox Church  
The Church & people in Lebanon  
All those suffering and  
in danger in Ukraine,  
Africa, and the Middle East

Please pray for the raising up and  
support of long-term missionaries from  
our parish.

**For repose of the souls of:** David (Father of Mother Paraskeva), Peter R., Augusta J.

## ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

**All proceeds go to the parish Building Fund.**

**Please pray**  
for our  
**Highways & Hedges**  
youth participants, and for the presenters,  
that they will have an edifying week!

July 25-31, 2021

**Sunday, July 25**

Dinner

Introduction to the program

Understanding poverty & homelessness – Jennifer Ferraez, MSW

**Monday, July 26**

A morning with Nathan & Gabriela Hoppe: Life as Orthodox missionaries

**Tuesday, July 27**

In-reach Day

Learning about some of our parish ministries:

Liturgical/Clergy, Music, Coffee Hour, Iconography,

Catechesis of the Good Shepherd,

Festal Decorating, St. Xenia Prayer Ministry

**Wednesday, July 28**

Presentation by Sally Cook of Hope Refuge:

The Tragedy of Human Trafficking & What we can do to help end it

**Thursday, July 29**

History of our St. Brigid Fellowship – Jill Wallerstedt

Morning with our Showers of Blessing team

Afternoon presentation by Betsy Gray of Network Medical

Shopping & assembling of New Mom Bags for Network Medical

**Friday, July 30**

All-day work trip to St. Barbara Monastery

**Saturday, July 31**

**MAGIC MOUNTAIN**

**This program was conceived in memory of Fr. Jon-Stephen Hedges.  
May his memory be eternal!**