



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

Assistant Pastor:

Fr. Symeon Halsell

805-685-5400

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey (retired)

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2019-2020:

Kristi King, President

Dan Braun, Treasurer

Terri Speier, Secretary

Dorothy Alexander

Laurie Baker

Corina Berari

Mary Denny

David Dillon

Zak Landrum

DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, August 1, 2021

**Tone 5 / Eothinon 6; Sixth Sunday after Pentecost
& Sixth Sunday of Matthew**

Procession of the Precious and Life-Giving Cross

The seven Maccabean youths, their mother Solomonia
and Eleazar their teacher



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during Communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

We welcome children of all ages in our worship.

“Let the little children come unto Me for of such is
the Kingdom of Heaven.” Luke 18:16

CALENDAR FOR THE WEEK

Sunday, August 1

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal

**THE DORMITION FAST BEGINS
THIS EVENING & LASTS
THROUGH THE LITURGY
ON AUGUST 15th.**

Monday, August 2

6:45 a.m. Daily Matins

Tuesday, August 3

5:30 p.m. Paraklesis Canon

Wednesday, August 4

6:45 a.m. Daily Matins
12:00 p.m. St. Xenia Prayer Ministry

Thursday, August 5

7:45 a.m. St. Xenia Prayer Ministry (by Zoom)
10:00 a.m. Showers of Blessing
6:00 p.m. Vespers-Liturgy for Feast of the
Transfiguration & Blessing of
the Grapes

Friday, August 6

6:45 a.m. Daily Matins

Saturday, August 7

8:30 a.m. Men's Fellowship of St. John
6:00 p.m. Great Vespers/Confessions

Sunday, August 8

9:00 a.m. Matins
10:00 a.m. Divine Liturgy
11:45 a.m. Coffee Hour
12:15 p.m. Choir Rehearsal

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

August 1	Meyer
August 5	Kern
August 8	Fr. Nicholas
August 15	Dn. G. Braun
August 22	Dillon

READERS

August 1	M. Braun
August 5	Rdr. H. Lange
August 8	Rdr. J. Butler
August 14	D. Meyer
August 15	Rdr. V. Gish
August 22	D. Washburn

USHERS

August 1	J. King, P. King
August 8	C. Speier, S. Speier
August 15	M. Loulias, D. Meyer
August 22	C. Berari, D. Washburn

SHOWERS OF BLESSING

August 5	H. Lange/D. Alexander
August 12	F. Young/S. Saunders
August 19	L. Ballew/J. Jones
August 26	M. Loulias/P. Cocores

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion:**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages
of ages. Amen.

Only begotten Son and immortal Word of God, who for our salvation didst will to be incarnate
of the Holy Theotokos and ever-virgin Mary, who without change didst become man and was
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us.

THIRD ANTIPHON — PROCESSION WITH THE CROSS

Troparion of the Cross

Tone 1

O Lord save Thy people, and bless Thine inheritance,
granting victory over all adversaries.
And by the power of Thy Cross protect us.

AT THE LITTLE ENTRANCE, WE SING THE FOLLOWING SPECIAL HYMNS FOR THE DAY:

Troparion of the Resurrection

Tone 5

(Music on p. 47-48 of Liturgy book)

Let us believers praise and worship the Word,
co-eternal with the Father and the Spirit,
born of the Virgin for our salvation.
For He took pleasure in ascending the Cross in the flesh
to suffer death and to raise the dead by His glorious resurrection.

Troparion of the Cross

Tone 1

O Lord save Thy people, and bless Thine inheritance,
granting victory over all adversaries.
And by the power of Thy Cross protect us.

Troparion to St. Athanasius

Tone 3

(Music on page 54 of Liturgy Book)

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion for the Feast of the Transfiguration of Our Lord

Tone 7

Thou wast transfigured on the mount, and Thy disciples,
in so far as they were able, beheld Thy glory, O Christ God;
So that, when they should see Thee crucified,
they would remember that Thy suffering was voluntary,
and could declare to all the world
that Thou art truly the effulgent Splendour of the Father.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us.

**Preparatory Psalm Verses before the Epistle
(Page 60 of Liturgy book)**

Tone 5

Thou, O Lord, shall keep us and preserve us from this generation forever. (*Ps 11/12:7*)

Verse: Save me, O Lord, for there is now no saint. (*Ps 11/12:1*)

THE EPISTLE READING

Romans. 12:6-14

Brethren, having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; if service, in our serving; he who teaches, in his teaching; he who exhorts, in his exhortation; he who contributes, in liberality; he who gives aid, with zeal; he who does acts of mercy, with cheerfulness. Let love be genuine; hate what is evil, hold fast to what is good; love one another with brotherly affection; outdo one another in showing honor. Never flag in zeal, be aglow with the Spirit, and serve the Lord. Rejoice in your hope, be patient in tribulation, be constant in prayer. Contribute to the needs of the saints, practice hospitality. Bless those who persecute you; bless and do not curse them.

Alleluia Refrain and Psalm verses before the Gospel

Tone 5

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: I will sing of the mercies of the Lord forever; with my mouth;
I will make known Thy faithfulness to all generations. (*Ps 88/89:1*)

Verse: For Thou hast said: "Mercy shall be built up forever;
In the heavens shall Thy truth be established." (*Ps 88/89:2*)

GOSPEL READING

Matthew 9:1-8

At that time, Jesus got into a boat, crossed over and came to His own city. And behold, they brought to Him a paralytic, lying on his bed; and when Jesus saw their faith He said to the paralytic, "Take heart, my son; your sins are forgiven." And behold, some of the scribes said to themselves, "This man is blaspheming." But Jesus, knowing their thoughts, said, "Why do you think evil in your hearts? For which is easier, to say, 'Your sins are forgiven,' or to say, 'Rise and walk'? But that you may know that the Son of man has authority on earth to forgive sins"—He then said to the paralytic—"Rise, take up your bed and go home." And he rose and went home. When the crowds saw it, they marveled, and they glorified God, Who had given such authority to men.

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymns

Praise the Lord from the heavens, praise Him in the highest! (*Ps 148:1*)

The light of Thy countenance has shone on us, O Lord. (*Ps 4/5:6*)

Alleluia, Alleluia, Alleluia!

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist**. So that the priest

is aware of this, please just say,
"Father, bless" when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the "world." We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

CELEBRATIONS THIS WEEK

Birthdays

8/3 David Vander Laan
8/4 Lauren Shackelford
8/7 Howard Lange

Patronal Feast Days

8/3 St. Lydia, Seller of the Purple Cloth - Lydia Sieck

ANNOUNCEMENTS

The Dormition Fast begins this evening and lasts through the Liturgy on August 15th.

We will pray the PARAKLESIS Canon to the Mother of God on the following days during the Dormition Fast instead of Daily Vespers. We will do it as a “stand-alone” Canon, and not the full Paraklesis service.

Tuesday, August 3	Paraklesis Canon
Tuesday, August 10	Paraklesis Canon
Thursday, August 12	Paraklesis Canon

August Feast Days

Thursday, August 5 at 6:00 p.m.	Vespers-Liturgy for Feast of the Transfiguration & Blessing of Grapes
Saturday, August 14 at 6:00 p.m.	Festal Great Vespers for Feast of the Dormition
Sunday, August 15 at 9:00 a.m.	Festal Matins for Dormition
10:00 a.m.	Divine Liturgy for Dormition
11:45 a.m.	Fiesta Reception (Mexican Luncheon)

A NEED IN OUR COMMUNITY—SUSIE’S CLOSET

Susie's Closet offers clothes, baby equipment, books and children's items to moms and children in our community. Those in need are referred to Susie's by Cottage nurses, IV Youth Projects and social workers.

Currently they need to restock some of their shelves. If you are doing spring cleaning or have some items sitting unused in your garage, please consider making a donation. Or if you would like to make a monetary donation, please see Terri Speier (stspeier@cox.net) and she will buy the items most needed.

Susie's Closet - Items Needed August 2021

Boys' clothing sizes 2T-5T, especially sweatshirts, pants and pajamas
Size 7 boys' shoes
2T girls' clothes
Swimmer diapers - 3/4 medium

Equipment needed urgently: single strollers, Pack 'n Plays, high chairs, potty seats

Other needs: double stroller, nursing covers, baby towels & wash cloths,
books, board books, sippy cups

HIGHWAYS & HEDGES 2021

What an amazing week it was!

Thank you to our planning team:

Fr. Nicholas & Fr. Symeon
Subdn. Michael Easbey, Youth Coordinator
Asia Ballew—Highways & Hedges Coordinator
Valerie Yova

Thanks, also to:

- Kh. Jan Speier & Christie Robinson for coordinating and providing the meals.
- Nataliya Tinyayeva, our photographer
- The ministry team leaders who taught sessions on In-reach Day:
 - Fr. Symeon & Subdn. Michael (Liturgical Ministry)
 - Valerie Yova (Music Ministry)
 - Kh. Cayce-Marie Halsell & Dorothy Alexander (Iconography)
 - Fay Young (St. Xenia Prayer Ministry)
 - Kate Vander Laan (Catechesis of the Good Shepherd)
 - Lisa Ballew (Festal Decorating)
 - Suzi Wiley (Coffee Hour)
- Our amazing presenters:

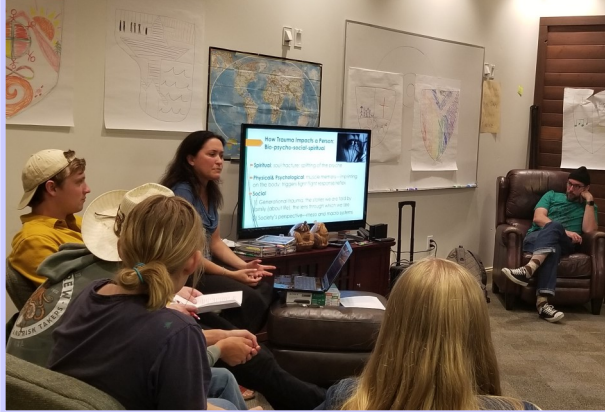
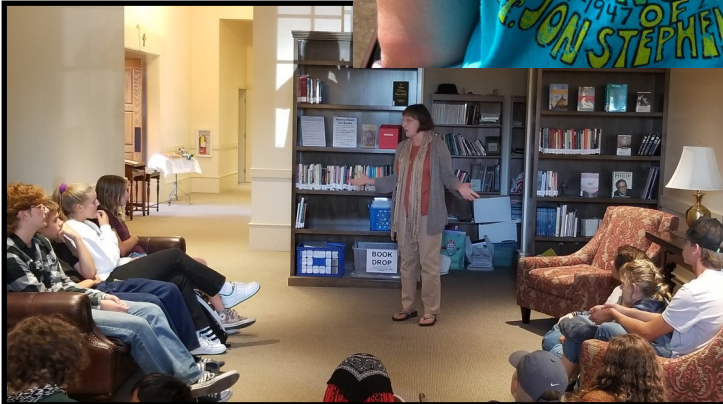
Jennifer Ferraez (on Poverty & Homelessness)	Sally Cook (Hope Refuge)
Wade Volk (Showers of Blessing)	Betsy Gray (Network Medical)
Nathan & Gabriel Hoppe (The Mission Field)	

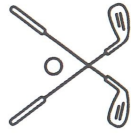
And thanks to our beautiful young people who gave up a week of their summer vacation to learn about service to their parish and community!

Ben Ballew	Erik Lawrence
Julianna Ballew	Nikolai Rice
Jessica Berari	Nora Schumacher
Tati Calhoun	Lucy Speier
Timothy Braun	Iona West
Luke Hoppe	Brennan West
Justina King	

HIGHWAYS & HEDGES

Lots of photos on the website soon!





ST. ATHANASIOS
ORTHODOX CHURCH

THE HOWARD SHANNON

GOLF TOURNAMENT AND DINNER

SEPTEMBER 17
TWO THOUSAND TWENTY ONE

GLEN ANNIE GOLF CLUB
SANTA BARBARA, CALIFORNIA

WWW.STATHANASIOS.ORG

SPONSORS & TICKETS

CORPORATE SPONSOR: \$10,000

Full advertising throughout tournament, 4 golfers,
& a reserved table for 10 at dinner

DIAMOND SPONSOR: \$5,000

Advertisement at tournament, 4 golfers
& 4 additional dinner guests

PLATINUM SPONSOR: \$2,500

Advertising at tournament, includes 2 golfers
& 2 additional dinner guests

GOLD SPONSOR: \$1,000

Sponsor a hole at the tournament,
includes 1 golfer & 1 additional dinner guest

SILVER SPONSOR: \$500

Share a hole with 1 other sponsor,
includes 2 dinner tickets

BRONZE SPONSOR: \$300

Share a sign with 3 other sponsors

FOURSOME: \$650

Includes lunch and dinner

SINGLE GOLFER: \$175

Includes lunch and dinner

DINNER ONLY: \$65

Dinner, auction, music & fun!

We are **COLLECTING DONATIONS NOW** for
SILENT AUCTION! Our goal is to have **EACH HOUSEHOLD**
contribute one item or gift card or solicit one business for a donation.

Contact **TERRI SPEIER** stspeier@cox.net

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)

Chase K. (military)
Nick & Kristine J. (military)
Steve T,
Nina
Dasha
Bev R.
Phyllis M.
Lee Family
Audrey
Scott L.
Dan A.
John S.
Earle L.
Barbara W.
Phoebe L.
Abp. Benjamin
Kris F.
John N., Samantha & Chris
Harvey G.

Temmo K.
Dr. Andrew G.
Mark K.
Sarah B.
Evonne C.

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and
support of long-term missionaries from
our parish.

For repose of the souls of: David (Father of Mother Paraskeva), Peter R., Augusta J.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

