



ST. ATHANASIUS ANTIOCHIAN ORTHODOX CHURCH

A Parish of the Antiochian Orthodox Christian Archdiocese of North America

300 Sumida Gardens Lane, Santa Barbara, CA 93111

Office hours: Tues-Fri. 12:00—5:00 p.m.

**His Eminence Met. JOSEPH,
Archbishop of New York &
Metropolitan of all N. America**

Senior Pastor:

Fr. Nicholas Speier

805-685-5495

frnicholas@stathanasius.org

Assistant Pastor:

Fr. Symeon Halsell

805-685-5400

frsymeon@stathanasius.org

Priests attached to the parish:

Fr. John Carrillo 805-770-3749 (retired)

Fr. Jon Braun (retired)

Fr. John Finley (Archdiocese Dept. of Missions)

Deacons:

Dn. Gary Braun

Dn. Scott Jacobs

Dn. Richard Easbey (retired)

Dn. John Young (retired)

Subdeacons: Stephen Butler & Michael Easbey

Music Director/Administrator:

Valerie Yova

Office phone: 805-685-5400

email: office@stathanasius.org

Teen Program Coordinator

Subdn. Michael Easbey: measbey@gmail.com

College/Young Adult Coordinator

Mitchell Denny: mitchdennyjr@gmail.com

Parish Council 2021-2022:

Laurie Baker, President

Dan Braun, Treasurer

Terri Speier, Secretary

Dorothy Alexander

Mary Denny

David Dillon

Glenn Hoppe

Lara Jacobs

Zak Landrum

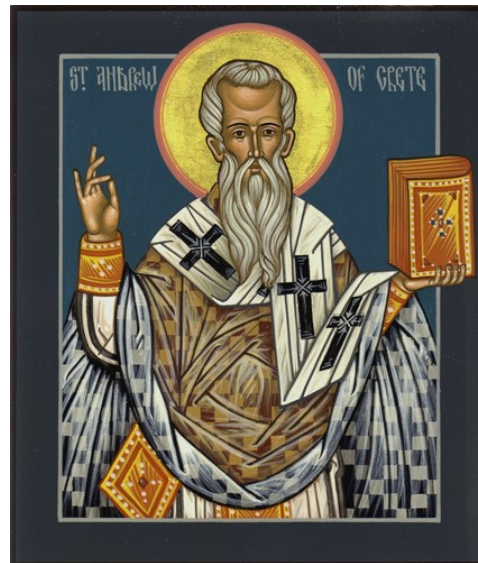
DIVINE LITURGY OF ST. JOHN CHRYSOSTOM

Sunday, October 17, 2021

Tone 8 / Eothinon 6

**Sunday of Holy Fathers of
Seventh Ecumenical Council
& Fourth Sunday of Luke**

Prophet Hosea; Venerable-martyr Andrew of Crete



WELCOME TO OUR VISITORS!

We are glad you are with us this morning.

If you are not Orthodox, we invite you to partake of the
blessed bread during Communion.

Please join us on the patio after the Liturgy for Coffee Hour.

We'd love to meet you!

We welcome children of all ages in our worship.

"Let the little children come unto Me for of such is
the Kingdom of Heaven." Luke 18:16

CALENDAR FOR THE WEEK

Sunday, October 17

9:00 a.m. Matins
 9:00 a.m. Religious Ed. Classes for ages 6-12
 10:00 a.m. Divine Liturgy
 11:30 a.m. Religious Ed for Teens
 11:45 a.m. Coffee Hour

Monday, October 18 — APOSTLE LUKE

6:45 a.m. Daily Matins
 7:00 p.m. Men's Fireside Gathering

Tuesday, October 19

5:30 p.m. Daily Vespers

Wednesday, October 20

6:45 a.m. Daily Matins
 8:30 a.m. Weekly Divine Liturgy
 12:00 p.m. St. Xenia Prayer Ministry
 5:30 p.m. Parish Council Meeting

Thursday, October 21

7:45a.m. St. Xenia Prayer Ministry (by Zoom)
 10:00 a.m. Showers of Blessing
 5:30 p.m. Daily Vespers
 6:00 p.m. Youth Group

Friday, October 22

6:45 a.m. Daily Matins

Saturday, October 23 — APOSTLE JAMES

9:00 a.m. Ministry Leaders Meeting
 4:30 p.m. Adult Catechism:
 "Feasts of the Church"
 6:00 p.m. Great Vespers/Confessions

Sunday, October 24

9:00 a.m. Matins
 9:00 a.m. Religious Ed. Classes for ages 6-12
 10:00 a.m. Divine Liturgy
 BLESSING OF MINISTRY LEADERS
 11:30 a.m. Religious Ed for Teens
 11:45 a.m. Coffee Hour

SUNDAY MORNING MINISTRIES SCHEDULE

EUCCHARIST BREAD

October 17 Meyer
 October 24 Fr. Nicholas
 October 31 Dn. G. Braun
 November 7 Dillon

READERS

October 17 Rdr. V. Gish
 October 24 D. Washburn
 October 31 Rdr. H. Lange
 November 7 Rdr. J. Butler

GREETERS

October 17 L. Baker/C. Fisher
 October 24 P. Cocores/M. Loulias
 October 31 K. King/D. Washburn
 November 7 G. & L. Hoppe

USHERS

October 17 D. Meyer/M. Loulias
 October 24 C. Berari, D. Washburn
 October 31 D. Alexander/K.L. King
 November 7 J. King/P. King

THURSDAY SHOWERS OF BLESSING HOSPITALITY TEAM

October 21 L. Ballew/F. Young
 October 28 M. Loulias/P. Cocores
 November 4 TBA
 November 11 TBA

COFFEE HOUR

Please consider signing up to bring the
snacks on a Sunday this fall.

To access the sign-up list:

<https://bit.ly/SAOCoffeehour>

**At the conclusion of Matins, we sing the Great Doxology
followed by the Matins Dismissal Troparion:**

**THE DIVINE LITURGY
OF ST. JOHN CHRYSOSTOM**

GREAT LITANY

FIRST ANTIPHON—Psalm verses with refrain

Vs. It is good to give praise unto the Lord, and to chant unto Thy name, O Most High;
To proclaim Thy mercy in the morning, and Thy truth by night. [Refrain]

Refrain: Through the intercessions of the Theotokos, O Savior, save us.

Vs. Upright is the Lord our God, and there is no unrighteousness in Him. [Refrain]

Vs. Glory...now & ever...Amen. [Refrain]

SECOND ANTIPHON—Psalm verses with refrain

Vs. The Lord is King, He is clothed with majesty; the Lord is clothed with strength and
hath girded Himself.

**Refrain: O Son Of God Who rose from the dead, save us who sing to Thee,
Alleluia!**

Vs. For He hath established the world which shall not be shaken. [Refrain]

Vs. Holiness befits Thy house, O Lord, forevermore. [Refrain]

**Glory to the Father and to the Son and to the Holy Spirit;
Now and ever and unto ages of ages. Amen.**

Only Begotten Son and immortal Word of God who for our salvation didst will to be incarnate
of the holy Theotokos and ever virgin Mary, who without change didst become man and wast
crucified, O Christ our God, trampling down death by death, who art one of the Holy Trinity,
glorified with the Father and the Holy Spirit: save us!

THIRD ANTIPHON—The Beatitudes or “Sermon on the Mount”

**AS THE CLERGY ENTER THE ALTAR AT THE
LITTLE ENTRANCE, WE SING THE FOLLOWING
HYMNS FOR THE DAY:**

Troparion of the Resurrection

Tone 8

From the heights Thou didst descend,
O Compassionate One;
and Thou didst submit to the three day burial,
that Thou might deliver us from passion.
Thou art our Life and our Resurrection,
O Lord, glory to Thee.

Troparion of the Holy Fathers

Tone 8

You are most glorious, O Christ our God!
You have established the Holy Fathers as lights on the earth.
Through them You have guided us to the true Faith.//
O greatly compassionate One, glory to You!

Troparion to St. Athanasius

Tone 3

Holy Bishop Athanasius,
you became a stronghold of Orthodoxy,
strengthening the Church through your divine teachings.
Opposing the heretical opinion of Arius,
you explained and taught that the Son is equal in nature with the Father.
O holy Father, intercede with Christ God
that He may grant us abundant mercy.

Kontakion - Ordinary Sundays

Tone 4

O undisputed intercessor of Christians,
The mediatrix, who was unrejected by the Creator.
Turn not away from the voice of our petitions, though we be sinners.
Come to us with aid in time, who cry unto thee in faith, for thou art good.
Hasten to us with intercessions, O Theotokos,
who dost ever intercede for those who honor thee.

TRISAGION (THRICE-HOLY) HYMN (p. 9 of Liturgy Book)

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

+Glory to the Father and to the Son and to the Holy Spirit,
now and ever and unto ages of ages. Amen.

Holy Immortal have mercy on us.

Deacon: With strength!

People: Holy God, Holy Mighty, Holy Immortal, have mercy on us. **Preparatory**

Psalm Verses before the Epistle (Prokeimenon)

Tone 8

Chanter: *Blessed are You, O Lord, God of our fathers,
and praised and glorified is Your name forever.*

Verse: *For You are just in all that You have done for us.*

EPISTLE READING (for the Holy Fathers)

Titus (3:8-15)

Titus, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissension, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicus to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all. Amen.

Preparatory Psalm Verses with Alleluia Refrain Before the Gospel
(Music on page 64 of Liturgy Booklet)

Tone 8

Chanter: Alleluia, Alleluia, Alleluia!

People: Alleluia, Alleluia, Alleluia!

Verse: Come, let us rejoice in the Lord, let us shout with jubilation unto God our Savior.

Verse: Come before His countenance with thanksgiving, and with psalms let us shout in jubilation unto Him.

GOSPEL READING

Luke (8:5-15)

The Lord spoke this parable: “A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold.” And when His Disciples asked Him what this parable meant, Jesus said, “To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way, they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience.” As Jesus said this, He called out, “He who has ears to hear, let him hear.”

Meglynarion—Hymn to the Mother of God

It is truly meet to bless you, O Theotokos, ever blessed and most pure and the Mother of our God. More honorable than the Cherubim, and more glorious beyond compare than the Seraphim. Without defilement you gave birth to God the Word. True Theotokos, we magnify you.

Communion Hymn

Praise the Lord from the heavens; praise Him in the Highest!
Rejoice in the Lord, O you righteous; praise befits the just! (*Ps. 32:1*)
Alleluia, Alleluia, Alleluia!

HOLY COMMUNION

In the Orthodox Church, the sacrament of Communion is offered only to Christians who are baptized in the name of the Trinity and chrismated into the Orthodox Faith. Non-Orthodox believers **may approach the chalice for a blessing and the blessed bread instead of the Eucharist**. So that the priest is aware of this, please just say,

“Father, bless” when you get to the chalice.

Thanksgiving Prayers after Communion

At the end of the Divine Liturgy, we offer the prayers of thanksgiving for having received the Body and Blood of Christ. These beautiful prayers help us to reflect on the mystery in which we have just partaken, and prepare us for our transition back into the “world.” We invite you to listen to these beautiful prayers during and after the veneration of the cross at the end of the service, and ask that you show courtesy to those who are remaining to hear the prayers in their entirety by waiting until Coffee Hour to socialize.

ANNOUNCEMENTS

TODAY DURING COFFEE HOUR we will have a sale of extra silent auction items. We have lots and lots of jewelry, some vintage! Start your Christmas shopping now. We also have golf tournament tees and other auction items. We will take cash, check or credit card. All proceeds go to our temple fund.

ADULT CATECHISM is on Saturdays from 4:30-5:45 p.m. All are welcome! Next week's class, Oct. 23rd, will be: "Feasts of the Church."

THE MEN'S FIRESIDE GATHERING is tomorrow, October 18th at 7:00 p.m. at the home of Mike Loulias and Penny Cocores.

THIS SATURDAY THE MINISTRY LEADERS WILL MEET at 9:00 a.m. at the church. We will talk about how we can begin to revitalize all of our ministry teams after the past 18 months of being less active, and Fr. Symeon will share with us about his vision for the future of Orthodoxy and our parish.

HELP NEEDED with SHOWERS OF BLESSING

Thursday mornings from 9 a.m.—12:30 p.m.

The SAOC Showers of Blessing ministry needs two or three new volunteers to serve one or two Thursdays each month, from about 9:00am-12:30pm. Each Thursday the Showers of Blessing truck visits St. Athanasius Church to provide free showers to our homeless neighbors. SAOC volunteer duties include making and serving coffee, and making and serving friends. Contact the Church office or Howard Lange for more information. hman3000@verizon.net





Dear Friends of St. Barbara Monastery,

It isn't often that we have such wonderful news to share with you. Thanks be to God, a marvelous opportunity has opened up in front of us!

Many of you know that the house next door to the monastery is for sale. (Perhaps you have seen it: the red house across the creek from the area of the tire swing.) We are delighted—and humbled—to announce that we are close to being able to buy it! The house is to the south of the monastery, and the two are literally connected across Sisar Creek by a footbridge that goes from one backyard to the other (as illustrated on the cover).

The house has 3 bedrooms and 2 baths, a lovely and spacious living area that could be subdivided to create additional rooms, a new kitchen and even additional areas that could be dedicated to such tasks as making lavender products and sewing. The front and back yards are planted with grapevines, fruit trees and berries. The owner is leaving his small bird aviary and his chickens for us. He is also leaving the house fully furnished!

As you know from our previous Newsletters, because of our need for more living space to accommodate new sisters as well as guests, we considered adding a wing onto the current house or even building a smaller house on our property as a stop gap measure. Each of these options would be more costly in the end than buying the house next door. Moreover, owning the property insures it will not be put to some use that would compromise the peace and integrity of our current monastery property. Another benefit is that we can refinance all of our debt at a lower interest rate as part of a new home loan.

But, how much will this cost? The property costs \$930,000, and we will secure a loan that will refinance our current debt at a lower interest rate as well as contribute \$400,000 to the sale price of the new house. This leaves us with a fundraising goal of \$530,000.

Now for the Good News: Between donations and pledges, we have already raised more than \$350,000 of our goal!

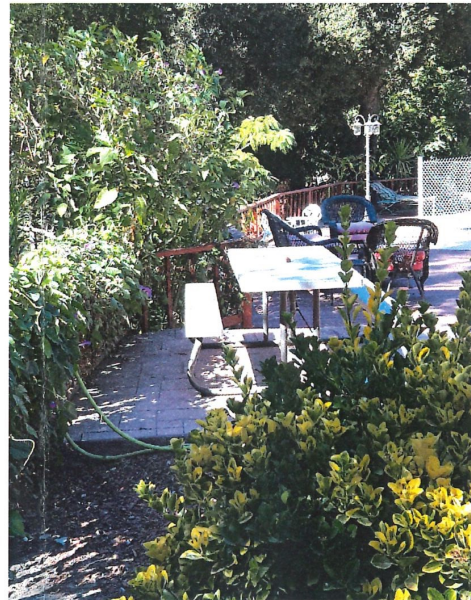
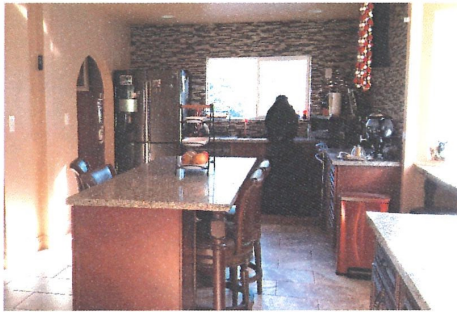
If you are able to make a donation of any size, you will be helping us “cross the finish line” to secure this house for the future of the monastery. Please feel free to make a donation via Paypal on our website or by sending a check.

How grateful we are to God for your continued friendship and faithful support through the years! Without you, there simply would be no St. Barbara Monastery!

Abbess Victoria
and the sisters
of St. Barbara Monastery

Please make checks payable to St. Athanasius Orthodox Church
and include in the memo: St. Barbara Monastery House Purchase.
You can also donate online at: <https://www.stathanasius.org/donation/>
Select the earmark: St. Barbara Monastery and add a note: "House Purchase"

PHOTOS OF THE PROPERTY NEXT DOOR



CELEBRATIONS THIS WEEK

Wedding Anniversaries

10/17 Tyson & Sherie Shackelford

Birthdays

10/18 Oleg Moskalyk, Jordan Williams

10/19 Steven Gross

10/20 Noah Hedges

10/21 Diane Carrillo

10/22 Kyle Petersilia

10/23 Zak Landrum

Patronal Feast Days

10/18 **St. Luke the Apostle** Steven Gross, Luke Hedges, Luke Palmer, Luke Speier

10/19 **St. John of Kronstadt** (birth of) Zak Landrum, David Lewis, Jill Wallerstedt

10/23 **St. James (Apostle & Brother of the Lord)**
James Arnold, Richard Barre, Jacob Wallace, Jim Morrison

PRAYER FOR THE SANCTITY OF LIFE

(Please consider incorporating this prayer into your daily devotions during the “40 Days for Life Vigil” - **September 22-October 31, 2021**)

O Lord, Jesus Christ, the only begotten Son of the Father, Who was pleased to be conceived in the womb of the Virgin Mary for the salvation of our souls by the power of Your All-Holy Spirit. O Master, we ask You to enlighten the minds and hearts of those blinded to the truth that life begins at conception, and that the unborn in the womb are already adorned with Your image and likeness; enable us to guard, cherish and protect the lives of all those who are unable to care for themselves. For You are the Bestower of Life, bringing each person from non-being into being, sealing each person with divine and infinite love. Be merciful, O Lord, to those who, through ignorance or willfulness, affront Your divine goodness and providence through the evil act of abortion. May they, and all of us, come to the light of Your Truth and glorify You, the Giver of Life, together with your Father and Your All-Holy and Life-Giving Spirit, now and ever, and unto ages of ages.

PRAYER REQUESTS

Prayer requests received through the parish office will be printed in the bulletin and will be prayed for during the litanies at the daily services. Prayer requests received in the box at the church will be prayed for quietly at the altar at all services. Prayer requests remain for 40 days unless requested otherwise.

Send prayer requests for the bulletin to: office@stathanasius.org.

Please pray for the health of:

Metropolitan JOSEPH
Mother Victoria
Met. Paul & Abp. John
Fr. Markos
Fr. Jon B.
Dn. Richard E.
Kh. Diane C.
Greg & Margaret Y.
Hoppe Family in Albania
Joseph Wm. B. in Kenya
Duane F.
Richard and Susan B.
Monsignor J. Yanek
Bob N.
Kh. Melissa H.
Cole K. (military)
Jeremiah H. (Airforce Academy)
Lauren & Fernando J. (military)

Chase K. (military)
Nick & Kristine J. (military)
Steve T,
Bev R.
Phyllis M.
Scott L.
Abp. Benjamin
Kris F.
John N., Samantha & Chris
Temmo K.
Dr. Andrew G.
Mark K.
Sarah B.
Coleman Family (Lori, Abby,
Matt)
Dn. Nicholas D. and family
Jerry J.
Chuck S.
Mat. Trudi & Richter Family

Linda Gish & Family
Kevin F.

The Ethiopian Orthodox Church
The Church & people in Lebanon
All those suffering and
in danger in Ukraine,
Africa, and the Middle East

Please pray for the raising up and
support of long-term missionaries from
our parish.

For repose of the souls of: Doris J., Harvey G., Fr. Anastasy (Stacey) R., Archpriest Sergei G.,
Roxy & Kaleo Coleman, Tresja D., Maria M.

ST. ATHANASIUS CHURCH BOOKSTORE

The church bookstore is located in the foyer of the fellowship hall - two enclosed cabinets containing items that are FOR SALE. One cabinet holds icons, crosses, incense, prayer ropes, etc. The bookshelf has books for sale, arranged alphabetically by book title. Children's books are on the bottom shelf. See Terri Speier if you are looking for jewelry such as a cross or chain. Payment should be made at time of purchase and placed in brown lockbox on wall next to Fr. Nicholas' office. Make checks payable to **S.A.O.C. Bookstore**. (The pamphlets in the rack are FREE, as are the 12-month liturgical calendars.)

All proceeds go to the parish Building Fund.

A Prayer to Start the day:

O Lord, grant me to greet the coming day in peace. Help me in all things to rely upon Your holy will. In every hour of the day reveal Your will to me. Bless my dealings with all who surround me. Teach me to treat all that comes to me throughout the day with peace of soul and with firm conviction that Your will governs all. In all my deeds and words guide my thoughts and feelings. In unforeseen events let me not forget that all are sent by You. Teach me to act firmly and wisely, without embittering and embarrassing others. Give me strength to bear the fatigue of the coming day with all that it shall bring. Direct my will, teach me to pray. Pray You Yourself in me.

Most Holy God, I pray and beseech you, give me a pure heart, a way of speaking that befits the faith I profess. Grant me uprightness of purpose, powers of reasoning unhindered by passions, conduct that becomes those who fear you, and perfect knowledge of your commandments. May I enjoy health in body and in spirit.

Grant me a life of peace, genuine faith and living hope, sincere charity and bountiful generosity, patience that knows no bounds and the light of Your truth to proclaim Your goodness to me, that forever and in all things placing my trust only in You, I may abound in every good work, and that in Christ Your gifts may increase in every soul.

For to You belong all glory, honor and majesty, Father, Son and Holy Spirit, now and ever and unto ages of ages. Amen.